

Congress Day One, Friday 19 April 2019

08:00 - 08:40	Registration, coffee and networking
08:40 - 08:45	Welcome from Maarefah Management
08:45 - 08:50	Welcome note from chairman and opening remarks Dr. Talaat Matar
08:50 - 09:00	Welcome note from the president of RAK Medical and Health Sciences University
09:00 - 09:30	Official inauguration and keynote speech

Session I:

09:30 - 10:00	Psychiatry in UAE Dr. Talaat Matar
10:00 - 10:30	The myth about schizophrenia Dr. Samer Makhoul
10:30 - 11:00	Networking coffee break

Session II:

11:00 - 11:30	Challenges of gender dysphoria Dr. Alaa Haweel
11:30 - 12:00	Neuroplasticity implications in psychiatric rehabilitation Dr. Medhat Elsabbahy
12:00 - 13:30	Networking lunch break, and Friday prayers

Session III:

13:30 - 14:00	Updates on the management of depression
14:00 - 14:45	Scope of psychosocial rehabilitation in a changing world Dr. Thyloth Murali
14:45 - 15:15	Psychocutaneous disorders Dr. Fatma Mostafa Shaban
15:15 - 15:45	Networking coffee break

Session IV:

15:45 - 16:15	Depression & epilepsy: Is there a link? Dr. Taoufik Alsaadi
16:15 - 17:15	Interactive panel discussion: Fighting the stigma Moderator: Dr. Talaat Matar Panelists: Dr. Medhat Elsabbahy Dr. Ossama T. Osman Dr. Riadh J. Khudhier Dr. Samer Makhoul Dr. Tarek Darwish
17:00	Closing remarks and end of day one
16:00 - 17:30	Workshop I: Ethics in Psychotherapy Dr. Samir Mohamed Fouad Abo El-Magd

Congress Day Two, Saturday 20 April 2019

08:00 - 08:40	Registration, coffee and networking
08:40 - 08:50	Welcome from Maarefah Management
08:50 - 09:00	Welcome note from chairman and opening remarks Dr. Talaat Matar

Session V:

09:00 - 09:30	Games Addiction in Children and Adolescents Dr. Amany Haroun
09:30 - 10:00	Effects of video games and social media on children and adolescents; The good the bad and the unknown Dr. Ateeq Ahmed Qureshi
10:00 - 10:30	Eating disorders in young people Dr. Nadia Taysir Dabbagh
10:30 - 11:00	Networking coffee break
11:00 - 11:30	Psychiatric stigma among young people Dr. Joseph Guirguis

Session VI:

11:30 - 12:00	Clinical skills in medical education: Essential psychiatric skills for the future Dr. Ossama T. Osman
12:00 - 12:30	Migraine & mental health: A well apt who first story of chicken or egg? Dr. Sweta Adatia
12:30 - 13:30	Networking lunch break
13:30 - 14:00	ICD 11 update on gaming disorder and gambling disorder Dr. Tarek Abdul Gawad

Session VII:

14:00 - 14:30	Stigma and psychiatry Dr. Hala Fakhry A Ibrahim
14:30 - 15:00	Geriatric mental health issues
15:00 - 15:30	Networking coffee break
15:30 - 16:00	Study about drug abuse in Ras Al Khaima community sample Dr. Riadh J. Khudhier
16:00 - 16:30	Parkinson's disease psychosis: What mental health professionals need to know? Dr. Ahmed EL Boraie
16:30 - 17:00	New technology in mental health
17:00	Closing remarks and end of day two
16:00 - 17:30	Workshop II : Dignity in elderly care Dr. George Tadros