



Franco – Israeli Congress on Sleep & Sleep Apnea

27 - 31 October 2019 | Jerusalem, Israel

Sunday, 27 October 2019

17:00-19:00 Registration

19:00 Opening Ceremony

19:00 **Welcome Address:**
Prof. Frederic Chabolle, Congress Co-Chair and Prof. Jean Yves Sichel, Congress Co-Chair

19:10 **Opening Lecture:**
Migrating Birds Know No Boundaries: The Middle East Test Case
Prof. Yossi Leshem, Tel Aviv University & Society for the Protection of Nature in Israel

19:40 Welcome Cocktail

Monday 28 October 2019

08:00-09:00 Registration, Exhibition Visit

09:00-11:00 **S1: Sleep Apnea Syndrome and Women**
Chairs: Marie Françoise Vecchierini, France; Lilach Kamer, Israel

09:00 **Obstructive Sleep Apnea (OSA) in Women**
Marc Blumen, France

09:25 **Sleep Health in Pregnancy**
Rivi Tauman, Israel

09:40 **Sleep during Menopause.**
Toni Quera-Salva, France

10:05 **Maternal Sleep-Related Cognition and Young Children's Sleep: A Comparaison between Three Different Arab Societies in Israel**
Zreik Ghadir, Israel

10:30 **Gender Differences in Predicting Daytime Sleepiness using Polysomnographic Parameters**
Elya Honig, Israel

11:00-11:20 Coffee Break, Exhibition Visit

11:20-13:30 **S2: High Risk OSAS: What's New?**
Chairs: Dr. Claudio Rabec, France; Dr. David Attias, France; Yaacov Gozal, Israel

11:20 **Implications of OSA on the Respiratory System: OSA-COPD and OSA-Obesity Hypoventilation Syndrome**
Claudio Rabec, France

11:45 **OSA Increases the Patient's Cardiovascular Risk**
Ari Chaouat, France

12:10 **Metabolic implications of OSA**
TBD

12:35 **Neurologic Implications of OSA: Stroke, Cognitive Impairment**
Yves Dauvilliers, France

13:00 **OSA and Perioperative Management**
Yaacov Gozal, Israel

13:25-13:55 Workshop Sponsored by ResMed (in French)

L'orthèse Narval 100% Numérique un Nouveau Process au Service de vos Patients
Nathalie Aisenberg, France

13:50-14:45 Lunch

14:45- 18:45 Développement Professionnel Continu (DPC) :

"SAS : diagnostic par lecture de polygraphie et suivi de patients sous PPC" - Première Partie, valorisable au titre du DPC sous réserve de sa publication, action organisée par ORL 75, organisme DPC N°1969

Experts : Dr. Marc Blumen et Pr. Pierre Escourrou

Animateur : Dr Alexandre Claude Timsit

***Numéro du DPC : 19691900006

(The DPC is managed by ORL75, in order to participate, pre-registration is mandatory through ORL75@ll-conseil.fr)

Tuesday 29 October 2019

08:00-09:00 Registration, Exhibition Visit

09:00-09:15 Welcome Presentation from Prof. Daniel Kaplan, President of the Israeli Society of Otolaryngology-Head and Neck Society

09:15-10:45 S3: Best Papers and Evidence Based Medicine for Non-Surgical OSAS Treatment
Chairs: Danielle Sadoun, France; Aviv Goldbart, Israel

09:15 **Evidence Base Medicine and Positional OSAS Treatment**
TBD

09:45 **"New Hopes for a Drug Treatment of Obstructive Sleep Apnea"**
Pierre Escourrou, France

10:15 **Evidence based Medicine on CPAP Therapy of OSA, 2020**
Lilach Kamer, Israel

10:45-11:15 Coffee Break, Exhibition Visit

11:15-12:45 S4: Sleep Deprivation
Chairs: Sarah Hartley, France; Iris Haimov, Israel

11:15 **Sleepiness and Sleep Deprivation (Keynote Lecture)**
Yves Dauvilliers, France

11:35 **Reduction of Sleep Time in Children and the Potential Consequences**
Lilach Kamer, Israel

11:50 **Sleep Deprivation in Adolescents**
Sylvie Royant Parola, France

12:05 **Smartphone Use in the Sleeping Environment among Students**
Dorit Hadar-Shoval, Israel

12:20 **Sleep Deprivation and Attention Deficit Hyperactivity Disorder (ADHD)**
Ami Cohen, Israel

12:45-13:45 Lunch

13:45-15:45 S5: Best Papers and Evidence Based Medicine in OSAS Surgery
Chairs: Marc Blumen, France; Guideon Bachar, Israel; Uri Alkan, Israel

13:45 **DISE**
Émilie Bequignon, France

13:55 **Nasal Surgery**
Uri Peleg, Israel

14:05 **Palate Surgery**
Uri Alkan, Israel

14:15 **Base of Tongue and Epiglottis**
Itzhak Braverman, Israel

14:25 **Tongue Stimulation**
Frederic Chabolle, France

14:35 **Maxillofacial Surgery**
Rizan Nashef, Israel

14:45 **Expert Panel on Sleep Apnea**
Moderator– Gideon Bachar, Israel
Experts: Marc Blumen, Itzhak Braverman, Emilie Bequignon, Eran Regev, Nathalie Aisenberg, Jean Baptiste Maldent

15:45-16:00 Coffee Break, Exhibition Visit

16:00-17:00 S6: Genetics, Nutrition and Positional Therapy in Sleep
Chairs: Pierre Escourrou, France; Joel Reiter, Israel

16:00 **Sleep and Genetics**
Sara Hartley, France

16:20 **The Association of Gut Microbiota with Sleep Timing and Quality in Older Adults with Insomnia**
Iris Haimov, Israel

16:40 **Positional Therapy in OSA**
Nico de Vries, Netherlands

17:00-18:15 S7: Free Papers 1
Chairs: Jean Baptiste Maldent, France; Itshack Braverman, Israel

17:00 **Sleep Apnea Patients Exhibit Increased Nocturnal Plasma Levels of IL-6 and TNF- α . Effects of Oxygen CPAP and Antioxidants**
Theodoros Vassilakopoulos, Greece

17:10 **Common Characteristics among OSA Patients who are Predicted to Tolerate Maxillo- Mandibular Advancement, based on Delaire's Analysis**
Rizan Nashef, Israel

17:20 **Intranasal leptin Approach to Treat Obesity and Sleep-Disordered Breathing**
Slava Berger, Israel

17:30 **The Correlation between Computed Tomography vs Naso-Pharyngoscopy with Muller Manoeuvre for Pharyngeal Narrowing Assessment, in Adult Obstructive Sleep Apnea Patients**
Rizan Nashef, Israel

17:40 **The Effects of Cannabis on Mice Activity and Sleep Architecture: Is it all about THC and CBD?**
Slava Berger, Israel

17:50 **Natural History of Idiopathic Pulmonary Fibrosis Associated with Obstructive Sleep Apnea with or without Continuous Positive Airway Pressure**
Danielle Sadoun, France

20:00 Gala Dinner (Optional)

08:00-09:00 Registration, Exhibition Visit

09:00-10:30 S8: OSAS: Younger and Older
Chairs: Patricia Franco, France; Riva Tauman, Israel

09:00 Keynote Lecture:
Understanding Maxillofacial and Upper Airway Pharyngeal Growth Patterns in Children, "Are your Children and Grandchildren at Risk?"
Larry Z. Lockerman, USA

09:30 **OSA from Infancy to Adolescence**
Patricia Franco, France

09:50 **OSA from Young Adults to Middle Age and Old Age**
TBD

10:10 **Surgical Treatment for OSA across Life Span**
Pierre David Attal, Israel

10:30-11:00 Workshop Sponsored by Lowenstein (in French)

L'intérêt de la Détection des Hypoponées Centrales et faut-il les Traiter ?
Yaning Louarn, France

11:00-11:30 Coffee Break, Exhibition Visit

11:30-12:30 S9: Free Papers 2
Chairs: Pierre David Attal, Israel

11:30 **The Role of Speech & Language Pathologist (SLP) in the Treatment of OSA in Children and Adults: A Multidisciplinary Approach**
Dolev Braverman, Israel

11:40 **The Effect of Nasal Dilator Strips on Obstructive Sleep Apnea-Hypopnea in Pregnant Women**
Noa Goldscher Minerbi, Israel

11:50 **Effects of Night Shifts on the Performance and Driving Skills of Medical Residents**
Raz Tenenbaum, Israel

12:00 **Evolution and Predictive Factors of Improvement of Obstructive Sleep Apnea-Hypopnea Syndrome in an Obese Population after Bariatric Surgery**
Fanny Magne, France

12:10 **Effects of Surgery for OSA on the Cognitive Function and Driving Skills Performance on OSAS Patients**
Uri Alkan, Israel

12:20 **Q&A**

12:30-13:00 Workshop Sponsored by Philips (in French)

Technologies Philips au Service de la Prise en Charge du Patient SAOS
Déborah Melloul, France

13:00-14:00 Lunch

14:00-18:00 Développement Professionnel Continu (DPC) :

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