

Thursday, August 21

12:00 pm	Registration in Astor Foyer	
2:30 – 4:15 pm	Let Anatomy Be Your Guide to Safe, Effective, and Natural-looking Injections Moderated by Sebastian Cotofana, MD, PhD <i>Cosmetic Bootcamp's hallmark cadaver lab focuses on anatomy and injection techniques to maximize safety and enhance results. Injections are shown side-by-side to the relevant anatomical region of the cadaver specimen.</i>  Jawline/Chin – Rod Rohrich, MD Lips – Ava Shamban, MD Nose – Michael Somenek, MD Periocular – José R. Montes, MD Forehead – Ivona Percec, MD Temples – 2 approaches: Deep Injection – José R. Montes, MD Superficial Injection – Ivona Percec, MD Mid-face – 2 approaches: Hyaluronic Acid – Jeanine Downie, MD Biostimulation Agent – José R. Montes, MD	
4:15 – 4:45 pm	Break	
PROMOTIONAL SESSION - not Eligible for CME		
4:45 – 5:30 pm	TBD <i>Sponsored by Allergan Aesthetics, an AbbVie company</i>	
5:30 – 6:30 pm	Welcome Reception with the Exhibitors Kick off Bootcamp in style and visit the exhibitors and catch up with friends and colleagues.	

Friday, August 22

7:00 – 8:00 am	Breakfast with the Exhibitors	
7:30 – 7:35 am	Welcome remarks from Kenneth Beer, MD & José R. Montes, MD	
Aging: Everyone is Doing It! Moderated by Ava Shamban, MD		
7:35 – 7:45am	Healthy Aging in a Youth-Centric World	Ava Shamban, MD
7:45 – 7:55 am	Bedside Manner Matters - Tips to Connect with Your Patients and Earn Their Trust and Loyalty	Sandra Lee, MD
7:55 – 8:05 am	Skin Aging in Skin of Color Patients	Valerie Callender, MD
8:05 – 8:20 am	Panel: Aging Prevention and Correction, Moderated by Ava Shamban Panel: Sandra Lee, MD, Valerie Callender, MD, José R. Montes, MD	
Safety and Anatomy, Moderated by Rod Rohrich, MD		
8:20 – 8:30 am	Using Anatomy as a Guide to Maximum Efficiency and Effect	Sebastian Cotofana, MD, PhD
8:30– 8:40 am	Complications: The Worst and How to Avoid Them	Jeanine Downie, MD
8:40– 8:50 am	Complication Management of Fillers	Rod Rohrich, MD
8:50 – 9:05 am	Panel: Safety Concerns through the Lens of Different Specialties Moderated by Sebastian Cotofana, MD, PhD Panel: Jeanine Downie, MD, Ivona Percec, MD, José R. Montes, MD, Kenneth Beer, MD	

Friday, August 22, cont.

Neurotoxins: How to Choose, Moderated by José R. Montes, MD

9:05 – 9:15 am	Neuromodulators for Aesthetic Use: Addressing the Myths of Longevity and Duration	Steven Fagien, MD
9:15 – 9:30 am	Panel: Why Not Have More than One on your Menu? Moderated by José R. Montes, MD Panel: Gaurav Bharti, MD, Steven Fagien, MD, Sandra Lee, MD, Michael Somenek, MD	
9:30 – 9:50 am	Break with exhibitors	

Live Patient Demos with Neurotoxins, Moderated by Steve Fagien, MD

9:50 – 10:20 am	Lower Face – David Funt, MD Masseter and Jawline- Ivona Percec, MD Glabellar – Ivona Percec, MD	Mid Face – Ivona Percec, MD Platysmal Bands – Wendy Mendez, PA 
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Filler Fundamentals, Moderated by José R. Montes, MD

10:20 – 10:30 am	Fillers from Around the World	Ava Shamban, MD
10:30– 10:40 am	A New "Cool" Lip Filler	Steven Fagien, MD
10:40 – 10:50 am	How to Create an Illusion of an Improved Neckline with Fillers	Wendy Mendez, PA

Controversies Panel Talk, Moderated by Rod Rohrich, MD

10:50 – 11:10 am	Controversies in Surgical vs. Non-surgical Management of Facial Aging Steven Fagien, MD, Sandra Lee, MD, Gaurav Bharti, MD, Ava Shamban, MD, Ivona Percec, MD, José R. Montes, MD	
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Live Patient Demos – 3 Perspectives, Moderated by Rod Rohrich, MD

11:10 am – 12:15 pm	Gaurav Bharti, MD Arisa Ortiz, MD José R. Montes, MD	
12:15 – 1:10 pm	Lunch with Exhibitors	

LUNCH AND LEARN NON CME SESSIONS - Bring your lunch and keep on learning! - Not eligible for CME

12:30 – 12:40 pm	Sculptra and the Shape Up HIT as a treatment protocol for patients with facial volume loss associated with medication - driven weight loss José R. Montes, MD <i>Sponsored by Galderma</i>
12:40 – 12:50 pm	TBD TBD <i>Sponsored by VICHY DERCOS</i>
12:50 – 1:00 pm	TBD Michael Somenek, MD <i>Sponsored by Merz Aesthetics</i>
1:00 – 1:10 pm	Reversing Glycation and Improving Skin Quality with BioRewind Skin Health Dietary Supplement Valerie Callender, MD <i>Sponsored by skinbetter science</i>
1:10 – 1:20 pm	New Innovation by SkinCeuticals: Advanced RGN-6 José R. Montes, MD <i>Sponsored by SkinCeuticals</i>

Friday, August 22, cont.

1:20 – 1:50 pm

*Dessert in Exhibit Hall – stretch your legs before you settle in for the afternoon sessions.
RAFFLES GIVEN AWAY IN THE EXHIBIT HALL!*

Regenerative Medicine, Moderated by Rod Rohrich, MD

1:50 – 2:00 pm

Regenerative Effects of CaHa Injections: Mechanisms of Action, Techniques, and Indications

David Funt, MD

2:00 – 2:10 pm

Do Fillers and Biostimulators Diminish Facelift Outcomes

Rod Rohrich, MD

2:10 – 2:20 pm

Regenerative Medicine

Carolyn Jacob, MD

2:20 – 2:30 pm

Platelet Derived Growth Factor: The Next Regenerative Frontier

Michael Somenek, MD

2:30 – 2:40 pm

Regenerative Medicine : The Path to Aesthetics of the Future

Ivona Percec, MD

Hair and There: Moderated by Arisa Ortiz, MD

2:40 – 2:50 pm

Ethnic Issues in Hairloss

Valerie Callender, MD

2:50 – 3:00 pm

Getting into Hair Transplantation: Brows, Lashes and Scars, Skin Seeding and Verteporfin

Melissa Toyos, MD

3:00 – 3:10 pm

Surgical Hair Restoration: A Permanent Solution?

Arisa Ortiz, MD

3:10 – 3:20 pm

Panel Talk, Moderated by Arisa Ortiz, MD
Valerie Callender, MD, Jeanine Downie, MD, Kenneth Beer, MD

3:20 – 3:40 pm

Break with Exhibitors

Hot Topics, Moderated by TBD

Learn about the newest and most cutting edge developments in the field

3:40 – 4:00 pm

- Efficacy of a New HA Injectable for Age-Related Volume Deficit in the Mid-Face: A Prospective, Controlled, Double Blind Pivotal Trial Results
- PGDF in Aesthetics

Gilly Munavalli, MD

TBD

Skin Deep, Moderated by Ava Shamban, MD

4:00 – 4:10 pm

Anti-aging and Cosmeceuticals

Jeanine Downie, MD

4:10 – 4:20 pm

Mega Combination Treatments: A Personal Approach

Tina Alster, MD

4:20 – 4:30 pm

Optimize Outcomes for Complex Conditions by Combination Procedures

Ava Shamban, MD

4:30 – 5:15 pm

Panel: 5 in 5: My Top Five Skincare Products and Supplements in 5 Minutes
Moderated by Ivona Percec, MD
Panel: Tina Alster, MD, Jeanine Downie MD, David Funt, MD, José R. Montes, MD, Ava Shamban, MD, Arisa Ortiz, MD, David Weir, NP



5:15 – 6:15 pm

Reception with Exhibitors

Saturday, August 23

7:00 – 7:45 am

Breakfast with the Exhibitors

Cosmetic Implications of Medical Dermatologic Conditions, Moderated by Valerie Callender, MD

7:30 - 7:40 am

Advances in Treating Melasma and Post-inflammatory Hyperpigmentation in Skin of Color

Seemal Desai, MD

Saturday, August 23, cont.

7:40 – 7:50 am	The Causes and Management of Hypopigmentation	Valerie Callender, MD
7:50 – 8:00 am	Advancements in Vitiligo Treatment: Integrating Topical, Phototherapeutic, and Surgical Approaches	Seemal Desai, MD
8:00 – 8:10 am	What's New in the Treatment of Androgenetic Alopecia	Arisa Ortiz, MD
8:10 – 8:20 am	Prescription Skincare: What's Available?	TBD
8:20 – 8:30 am	Panel: Managing the Medical Patient in the Framework of a Cosmetic Practice, Moderated by Valerie, Callender, MD Panel: Arisa Ortiz, MD, Seemal Desai, MD, Ivona Percec, MD	
The Future is Now: Scientific Advances that are Impacting Aesthetic Medicine, Moderated by José R. Montes, MD		
8:30 – 8:40 am	The Future of AI in Our Field	Ashish Bhatia, MD
8:40 – 8:50 am	Beyond the Ozempic Face - Can GLP-1 Agonists Actually Help Us Look Younger	Ivona Percec, MD
8:50 – 9:00 am	Addressing Facial Volume Loss in the Semaglutide Patient: Results of a Controlled Study Cohort	Michael Somenek, MD
Beyond the Needle: Devices and Novel Techniques to Enhance Skin Tone, Texture and Laxity Moderated by Jeanine Downie, MD		
9:00 – 9:10 am	Off the Face Rejuvenation with Energy-based Devices	E. Victor Ross, MD
9:10 – 9:20am	Structural Adipose Filler to Augment Body Shaping	Gaurav Bharti, MD
9:20 – 9:30 am	The Art and Science of Treating Acne with Devices	Ashish Bhatia, MD
9:30– 9:40 am	Approach to Dorso-cervical Fat Pad Reduction	Sandra Lee, MD
9:40– 9:50 am	Microcoring: A Nonsurgical Option to Treat Wrinkling in the Mid and Lower Face	Gaurav Bharti, MD
9:50 – 10:05 am	KEYNOTE SPEAKER Ethics in Aesthetics Humberto Antunes	
10:05 – 10:20 am	Break with Exhibitors – stretch your legs, see the exhibitors, and re-caffeinate!	
10:20 – 10:30 am	Enhancing Outcomes with Light Therapy: Does CO2 Work?	Rod Rohrich, MD
10:30 – 10:40 am	Best Ways to Involve Multiple Noninvasive Therapies for Energy-based Rejuvenation of Facial Skin	E. Victor Ross, MD
10:40 – 10:50 am	Enhanced Wound Healing Role of PGDF in Laser Resurfacing	Rod Rohrich, MD
10:50 – 11:00 am	Laser Coring vs. Mechanical Micro Coring	David Weir, NP
Body Contouring, Moderated by Carolyn Jacob, MD		
11:00 – 11:15 am	HIFEM (High-Intensity Focused Electromagnetic) Muscle Growth for Body Shaping	Carolyn Jacob, MD
11:15 – 11:25 am	Heat and Energy for Body Shaping	Jeanine Downie, MD
Live Patient Demos for Facial and Body Rejuvenation, Moderated by Carolyn Jacob, MD		
11:25 am – 12:00 pm	TBD	
12:00 – 1:15 pm	Lunch with Exhibitors	

Saturday, August 23, cont.

12:00 – 12:30 pm Not eligible for CME	Luncheon Symposium - – Demystifying the skin-specific secretome, why source and fetuin-A matter. Learn about the innovation driving PROVOQUE™ regenerative facial serum. Jeanine Downie, MD Sponsored by LevEllis, Inc. <i>Registration required</i>
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LUNCH AND LEARN NON CME SESSION - Bring your lunch and keep on learning! - Not eligible for CME

12:30 – 1:00 pm Not eligible for CME	TBD <i>Sponsored by Evolus</i>
1:00 – 1:30 pm	Dessert with Exhibitors
1:30 – 1:50 pm	Injectable: Beyond the Face – Fast Fire Live demos, Moderated by Kenneth Beer, MD Hands – Jeanine Downie, MD Knees – Gaurav Bharti, MD Decolletage – Carolyn Jacob, MD Earlobes – José R. Montes, MD

A Medley of Medical Mishaps and Opportunities, Moderated by Tina Alster, MD

1:50 – 2:00 pm	Malar Edema: Anatomy and Treatment Update	David Funt, MD
2:00 – 2:10 pm	Tear Trough Filling: A Bad Idea that Keeps Getting Worse	Steven Fagien, MD
2:10 – 2:20 pm	Delayed Complications in Diverse Populations	Valerie Callender, MD
2:20 – 2:30 pm	How to Avoid Complications with Different Lasers	E. Victor Ross, MD
2:30 – 2:50 pm	A “balanced” formula for a succesful tear through injection	José R. Montes, MD

Non-traditional Techniques for Rejuvenation, Moderated by Michael Somenek, MD

2:50 – 3:00 pm	Mechanical Microneedling: Practical Tips for Success	Tina Alster, MD
3:00 – 3:10 pm	Key Approaches to a Liquid Lift	Wendy Mendez, PA
3:10 – 3:20 pm	Filter Not Filler Microdroplet Technique	Ava Shamban, MD

Live Patient demos, Moderated by José R. Montes, MD

3:20 – 3:40 pm	Thread Lift Update – Ava Shamban, MD Microneedling – Tina Alster, MD
3:40 – 4:00 pm	Break – Final Chance to see the exhibitors – enjoy a healthy smoothie and make those last-minute connections with industry! RAFFLES GIVEN AWAY IN THE EXHIBIT HALL!!
4:00 – 4:30 pm	Rate my Result: View before and after’s and rate the result Moderated by José R. Montes, MD

Diversity, Equity and Inclusion Panel, Moderated by TBD

4:30 – 5:00 pm	Exploring Patient Consultation Among Populations
5:00 – 6:00 pm	Reception in the Courtyard Sponsored by Nutrafol

Sunday, August 24

7:00 – 8:00 am

Breakfast

Sunday Morning Wrap Up – Blending Business and Ethics for a Successful Practice, Moderated by Kenneth Beer, MD

8:00 – 8:20 am

How, When and What to Delegate

Ava Shamban, MD

8:20 – 8:40 am

Integrating Clinical Trials into your Practice

José R. Montes, MD

8:40 – 9:00 am

Adding Technology: Maximizing your investment

Tina Alster, MD

9:00 – 9:30 am

Staying Competitive in an Evolving Aesthetic Market: Market Trends, Margin Pressures & Smart Purchasing

Kyndra Lee

9:30 – 9:50 am

Finesse in Facial Assessment: Does a signature feature matter?

José R. Montes, MD

9:50 – 10:10 am

Success Through Results and Quality, Not Price

TBD

10:10 – 11:00 am

Panel Discussion: Best Practices to Make your Practice the Best
Moderated by Ava Shamban, MD, Kenneth Beer, MD, José R. Montes, MD