

**Ohio River Regional Chapter of the
American Association of Clinical Endocrinologists
20th Annual Meeting**

**Hyatt Regency Indianapolis
1 S Capitol Ave
Indianapolis, IN 46204**

July 27-28, 2018

FRIDAY, JULY 27, 2018

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| 6:00 – 7:00 pm | Hot Topics in Diabetes |
| 6:00 – 6:15 pm | SGLT-2 Inhibition and Cardiovascular Disease
Robert Zimmerman, MD, FACE
Objectives: <ol style="list-style-type: none">1. Understand the cardiovascular outcomes of recent SGLT2 inhibitor outcome studies2. Review the differences between these studies3. Consider the implications of these studies in patient care |
| 6:15 – 6:30 pm | Identifying Biomarkers That Can Predict the Development of T1D
Emily Sims, MD
Objectives: <ol style="list-style-type: none">1. Understand a need for better biomarkers to predict development of T1D2. Identify proinsulin C-peptide ratios as a potential biomarker of beta cell stress in T1D |
| 6:30 – 6:45 pm | Diabetes and Depression: What every clinician needs to know
Mary DeGroot, PhD
Objectives: <ol style="list-style-type: none">1. Review the literature on the prevalence and impact of depression in adults with type 1 and type 2 diabetes.2. Review the literature on screening for depression in adults with type 1 and type 2 diabetes.3. Review the literature on empirically validated interventions for depression in adults with diabetes. |
| 6:45 – 7:00 pm | New Insulins
Kieren Mather, MD
Objectives: <ol style="list-style-type: none">1. Understand medical features of new insulins2. Understand market features of new insulins3. Understand practical uses of new insulins |
| 7:00 – 7:15 pm | Break / Buffet Dinner |
| 7:15 – 7:30 pm | Business Meeting |
| 7:30 – 8:30 pm | Oral Abstract Presentations |
| 8:30 – 9:15 pm | Welcome Reception |

SATURDAY, JULY 28, 2018

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| 7:00 – 7:45 am | Registration & Breakfast |
| 7:45 – 8:15 am | Welcome & Pre-Meeting Assessment
Objectives: <ol style="list-style-type: none">1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices. |

8:15 – 8:55 am	Transgender Medicine Josh Safer, MD, FACP Objectives: 1. Articulate the change in understanding regarding the underlying explanation for transgender identity 2. Outline transgender hormone strategies 3. Consider transgender hormone monitoring strategies
8:55 – 9:05 am	Q & A
9:05 – 9:45 am	Reproductive Endocrinology in Daily Clinical Practice Jennifer Glueck, MD Objectives: 1. Describe the evaluation and management of irregular periods and amenorrhea in a range of ovarian diagnoses including PCOS, premature ovarian insufficiency, ovarian failure, natural/surgical menopause and hypothalamic amenorrhea 2. Update on treatment options for dermatologic and metabolic complications of PCOS and hyperandrogenism 3. Recommend basic work up and outline treatment options for fertility in women with PCOS and special considerations in women with other forms of hyperandrogenism such as NCCAH and CAH
9:45 – 9:55 am	Q & A
9:55 – 10:30 am	Break
10:30 – 11:10 am	X-linked Hypophosphatemic Rickets Across the Lifespan Erik Imel, MD Objectives: 1. Describe the clinical features and pathophysiology of hypophosphatemic rickets 2. Discuss the clinical diagnosis of hypophosphatemic rickets 3. Discuss medical management of X-linked hypophosphatemic rickets
11:10 – 11:20 am	Q&A
11:20 – 12:00 pm	Thyroid & Pregnancy Elizabeth Pearce, MD, FACE Objectives: 1. Understand the interpretation of thyroid function tests in pregnant women 2. diagnose and treat hypothyroidism in pregnancy 3. diagnose and treat hyperthyroidism in pregnancy
12:00 – 12:10 pm	Q & A
12:10 – 1:10 pm	Lunch
1:10 – 1:50 pm	Pituitary Causes of Infertility Lisa Nachtigall, MD Objectives: 1. Identify the pituitary disorders associated with infertility 2. Understand how to manage functioning pituitary tumors in patients who seek fertility 3. Understand how to manage nonfunctioning tumors and hypopituitarism in patients who desire fertility
1:50 – 2:00 pm	Q & A

2:00 – 2:40 pm	Lipodystrophy Syndromes: Diagnosis and treatment Elif A. Oral, MD Objectives: 1. Understand the clinical presentation of lipodystrophy syndromes 2. Understand the steps that need to be taken to reach the clinical diagnosis of lipodystrophy 3. Understand the current treatment options as well as treatments in development for lipodystrophy
2:40 – 2:50 pm	Q & A
2:50 – 3:20 pm	Break
3:20 – 4:00 pm	Bariatric Surgery TBD
4:00 – 4:10 pm	Q & A
4:10 – 4:50 pm	Non-Nutritive-Sweetened Beverages, Obesity, and Diabetes: Efficacy or harm? Mark Pereira, PhD Objectives: 1. Define non-nutritive-sweetened beverages and their characteristics 2. Describe mechanisms through which non-nutritive-sweetened beverages may impact body weight and glycemic control 3. Summarize the human experimental evidence on the impact of non-nutritive-sweetened beverages on obesity, diabetes, and cardiovascular disease
4:50 – 5:00 pm	Q & A
5:00 – 5:15 pm	Post Meeting Assessment Objectives: 1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.
5:15 pm	Adjourn