

Overview



Instead of a paper syllabus, you will receive a flash drive syllabus and we encourage you to bring a laptop.

This course is designed for practicing endocrinologists and primary care providers. The topics selected are common clinical problems that have resisted clear resolution. Leading experts have been gathered to discuss these issues in a casual atmosphere in order to promote open debate and clarification of the issues. All participants, including faculty and trainees, should benefit.

At the conclusion of the program, participants should have enhanced knowledge of current clinical problems in metabolic and endocrine disorders.

Objectives

At the conclusion of this course participants will:

- Name three options for intensifying therapy in patient with poor diabetes control on basal insulin.
- Describe the mechanism of action of the newer weight loss medications.
- Distinguish uncomplicated thyrotoxicosis from thyroid storm and review management principles.
- Outline the differential diagnosis of amenorrhea and oligoamenorrhea.

Accreditation and Credit

Accreditation: Oregon Health & Science University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Maintenance of Certification: Successful completion of this CME activity enables the participant to earn up to 12.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points. Participants' personal information will be shared with the ACCME and the ABIM.

AAFP approval: This Live activity, Ashland Endocrine Conference, with a beginning date of 08/03/2017, has been reviewed and is acceptable for up to 12.50 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Credit: OHSU School of Medicine designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Top: Poins (Michael Gabriel Goodfriend) and Mistress Quickly (Michele Mais) are unconvinced by Sir John Falstaff's (G. Valmont Thomas) account of his bravery during a robbery.



Bottom: A cast of 20-plus characters (ensemble) join Will Shakespeare (William DeMeritt) on his path to becoming one of the world's greatest writers. Photos by Jenny Graham.

General Information

Location/Accommodations

The course will be held at the **Ashland Hills Hotel and Suites** (2525 Ashland Street, Ashland, tel. 855-482-8310). Rooms have been reserved there, at the **Ashland Springs Hotel** (212 E Main St., Ashland, tel. 888-795-4545) and at **Windsor Inn** (2520 Ashland Street, Ashland, tel. 541-488-2330). Be sure to mention your attendance at the OHSU Endocrine Conference and ask for a room from the block. Room blocks will be released on June 26. All are subject to sell-out prior to these dates. Additional accommodations can be found at www.ashlandchamber.com. Airlines serve Ashland through the Rogue Valley International-Medford Airport (MFR) in Medford, Oregon, a 30 minute drive from Ashland.

If you require reasonable accommodations in order to participate in this event, or for general questions, please call Breanna Patton at 503-494-5766 or email pattonbr@ohsu.edu. Special requests will require contact at least 30 days prior to the activity.

Tuition/Registration

The tuition fee is \$495 for physicians and \$295 for physicians-in-training and allied health professionals (\$450/\$250 before June 15, 2017 with early registration discount). This includes all course materials and the Thursday reception. To attend only a portion of the conference, a daily pass is available for \$200. Enrollment will be limited. A \$35 service charge will be assessed on all refund requests received by June 15, 2017; no refunds can be issued after that date. The sponsors reserve the right to cancel this program with a full tuition refund.



Ashland Plaza, Ashland, Oregon. ©Christopher Briscoe
Please visit the Ashland Chamber of Commerce web site for details about all that Ashland has to offer: www.ashlandchamber.com.



Disguised as a male actor, Viola (Jamie Ann Romero) sneaks a moment of tenderness with Will (William DeMeritt). Photo by Jenny Graham.



Play tickets may be picked up at conference registration desk anytime during conference hours.

Ticket orders will not be processed after June 15, 2017. If your order is not received by this date, you may still be able to obtain tickets by contacting the Oregon Shakespeare Festival directly at 800-219-8161 or 541-482-4331.

You may also visit www.osfashland.org for more information on plays or to order tickets directly.

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Conference Registration Form

Ashland Endocrine Conference

August 3–5, 2017

Tuition fee\$ _____

\$495 Physician, \$295 Physician-in-Training and Allied Health Professionals (\$450/\$250 before 6/15/17)

Performances listed by day (please indicate requested number of tickets)

THURSDAY	QTY	FRIDAY	QTY	SATURDAY	QTY
1:30 <i>Hannah and the Dread Gazebo</i>		1:30 <i>UniSon</i>		8:00 <i>Beauty and the Beast</i>	
1:30 <i>Shakespeare in Love</i>		1:30 <i>Henry IV, Part One</i>		8:00 <i>Hannah and the Dread Gazebo</i>	
8:00 <i>Henry IV, Part One</i>		8:00 <i>Henry IV, Part Two</i> <i>Limited seats, call before sending order</i>		8:00 <i>UniSon</i>	
8:00 <i>Julius Caesar</i>		8:00 <i>Shakespeare in Love</i>			
8:00 <i>The Merry Wives of Windsor</i>		8:00 <i>The Odyssey</i>			

Total number of play tickets x \$73 \$ _____

We are unable to process credit card payments for play tickets.

Payment method

☐ I have enclosed my check for tuition and/or play tickets made payable to **Oregon Endocrine Educational Fund** (indicate play tickets above) \$ _____
Registration and play tickets totals can be paid with one check

Thursday reception ☐ We will be a party of _____ ☐ No, I cannot attend

If paying tuition by credit card, please go to www.ohsu.edu/som/cme and select the Ashland Endocrine Conference to complete online registration.

NAME	PROFESSIONAL DEGREE
ADDRESS	
CITY, STATE, ZIP	
DAY PHONE	PRACTICE
EMPHASIS	E-MAIL ADDRESS
If requesting MOC points we will need: _____	
YOUR DATE OF BIRTH	ABIM I.D. #

Please clip this portion and return completed form to
OHSU Harold Schnitzer Diabetes Health Center, ATTN: Breanna Patton,
3181 SW Sam Jackson Park Road, OPO5-DC, Portland OR, 97239

Oregon Shakespeare Festival®

Hannah and the Dread Gazebo

Aug. 3, 1:30 p.m. and Aug. 5, 8 p.m.

Hannah is two weeks away from becoming a board-certified neurologist when she receives a strange package from her grandmother, who may—or may not—have just ended her life in a most flamboyant fashion. The mystery leads Hannah and her family on a surreal, funny, heartbreaking adventure back to their roots in South and North Korea and the forbidden Demilitarized Zone that divides them. This startling new comedy—with guest appearances by the ghost of Kim Jong-Il, subway mystics and a talking tiger—twists together creation myths and family histories to explore what it means to walk the edge between cultures.

Shakespeare in Love

Aug. 3, 1:30 p.m. and Aug. 4, 8 p.m.

Poor Will is stuck. He's overdue with his new play—a half-baked mess called Romeo and Ethel, the Pirate's Daughter—and he's having a colossal case of writer's block. His patrons want a comedy, but he hungers for something more . . . more . . . well, even he can't come up with the word. Then he meets Viola, a smart beauty who loves his work and ignites his creative flame. But Viola has a secret, and Romeo is turning out to be anything but a laugh fest. Christopher Liam Moore directs this adaptation of the Academy Award-winning screenplay, a witty, romantic feast with music.

Henry IV, Part One

Aug. 3, 8 p.m. and Aug. 4, 1:30 p.m.

Prince Hal is biding his time. His father, Henry IV, wants to tutor him in the cruel art of ruling the realm, but Hal would rather study the bottom of a beer stein in a seedy tavern, surrounded by his carousing friends. His gang's charismatic leader, Falstaff—larger than life, debauched and allergic to all authority—has been more of a teacher than Hal's father ever was. Then, when a young rival threatens the kingdom, it's time for Hal to step up and take on the family troubles. But how does a reckless son become a true prince?

At right: Prince John (Jeremy Gallardo) and Prince Hal (Daniel José Molina) experience the horrors of war during the battle at Shrewsbury. Photo by Jenny Graham.

Julius Caesar

Aug. 3, 8 p.m.

War hero Julius Caesar is a marked man. Adoring commoners want to make him king, but those higher up the Roman political ladder worry and scheme. On a stormy night full of alarming sights and ominous portents, Brutus and Cassius reach an unthinkable conclusion: Caesar must die so the Republic can live. Yet death doesn't stop Caesar, whose influence and ghost live on, tormenting his assassins and threatening the republican ideal they murdered him for. Shakespeare's political thriller shows what happens to powerbrokers—honorable and not—when their motives and means lead to unexpected consequences they cannot control.

This production of Julius Caesar is part of Shakespeare in American Communities, a national program of the National Endowment for the Arts in partnership with Arts Midwest.

The Merry Wives of Windsor

Aug. 3, 8 p.m.

Sir John Falstaff—Prince Hal's amoral drinking buddy from the Henry IVs—and his entourage are wearing out their welcome in Windsor. The quiet little burg isn't big enough for his antics and appetites, especially when he sets his lecherous sights on Mistresses Page and Ford and their money. Meanwhile, Mistress Page's winsome daughter, Anne, is under romantic siege from several local admirers. It's a hilarious battle of wits as the merry wives and their neighbors go to town on Falstaff and try to make rubes of him and his city slickers.

August Wilson's poetry in UniSon

Aug. 4, 1:30 p.m. and Aug. 5, 8 p.m.

This high-energy, multimedia, music-filled theatrical experience explores the poetry of August Wilson (Fences, Two Trains Running) in a one-of-a-kind production by one of the nation's leading ensembles of color, UNIVERSES (Party People, Ameriville). Granted access to Wilson's poetry catalogue, UNIVERSES bring their signature aesthetic fusing poetry, theatre, dance and music in this world premiere that explores the reconstruction of collective memory, interweaving an American master's words with their own poetry and storytelling for a new century, a new generation.



Henry IV, Part Two

Aug. 4, 8 p.m.

King Henry IV is not long for this world. And neither is his kingdom, swirling with conspiracies and threatened by armies advancing on two borders. Henry's son, Prince Hal, still doesn't seem up to the task of becoming king. And Hal's friend, the notorious Falstaff, looks forward to unleashing his own brand of anarchy when the old king dies and Hal assumes the throne. Shakespeare's tale of damaged friendships and hard choices, bridging the gap between the youthful abandon of Henry IV, Part One and the war-tempered Henry V, illuminates the making of a most unlikely monarch.

This production of Henry IV, Part Two is part of Shakespeare in American Communities, a national program of the National Endowment for the Arts in partnership with Arts Midwest.

The Odyssey

Aug. 4, 8 p.m.

The Trojan War is over, but Odysseus has not returned. Back home, his wife Penelope, plagued by suitors, promises to remarry as soon as she has finished her husband's shroud—which she unravels every night. Meanwhile, Odysseus is stranded on islands, caught in storms, trapped by a Cyclops and a sorceress, and impeded by other monsters and gods. Will he ever make it home to his wife and fatherless son? Adapter and director Mary Zimmerman (Guys and Dolls, The White Snake) weaves her own spell on Homer's classic tale of adventure, trials and steadfast love.

Beauty and the Beast

Aug. 5, 8 p.m.

Belle is lovely, but her bookishness and longing for a life beyond her provincial village set her apart from everyone she knows. Gaston, the town heartthrob, wants her because she's the most beautiful girl around. But when her father runs afoul of a terrifying beast—a cursed prince who must win a woman's love if he's ever to become human again—Belle embarks on a strange, bittersweet journey. Think you know the Disney musical? Think again. Expect originality, surprises and ingenuity in OSF's gorgeous and powerful new rendition.

Program Schedule

Thursday, August 3rd, 2017 Obesity and Metabolism Moderator — Jonathan Purnell

- 7:15 Registration
- 7:30 Breakfast
- 7:55 Welcome and Introduction to the Course, **Jessica Castle, M.D.**
- 8:00 Causes of Oligomenorrhea: From Menarche to Perimenopause, **Sarah Berga, M.D.**
- 9:00 Update on obesity management: The latest recommendations for lifestyle and weight-loss medications, **Ken Fujioka, M.D.**
- 10:00 Break
- 10:20 Managing Patients after Bariatric Surgery: an Endocrinologist's perspective, **Allison Goldfine, M.D.**
- 11:20 Panel Discussion **Drs. Berga, Fujioka, Goldfine**
- 12:30 Adjourn
- 5:00 Hors d'Oeuvres Reception (5–6:30 p.m.)

Friday, August 4th, 2017 Common Endocrine Problems in Primary Care Moderator — Mary Samuels

- 7:30 Breakfast
- 8:00 Mix and Match: A Trio of Urgent Endocrine Problems, **James Lundblad, M.D.**
- 9:00 An Update on Hyperthyroidism, **Douglas Ross, M.D.**
- 10:00 Break
- 10:20 Effects of Drugs on Endocrine Function, **David Sarne, M.D.**
- 11:20 Panel Discussion **Drs. Lundblad, Ross, Sarne**
- 12:30 Adjourn

Saturday, August 5th, 2017 Diabetes Moderator — Jessica Castle

- 7:30 Breakfast
- 8:00 Diabetes in Pregnancy, **Amy Valent, D.O.**
- 9:00 Pitfalls in Diagnosis and Monitoring of Diabetes Mellitus, **Grazia Aleppo, M.D.**
- 10:00 Break
- 10:20 Customizing Therapy for Treatment of Type 2 Diabetes, **Carol Wysham, M.D.**
- 11:20 Panel Discussion **Drs. Aleppo, Valent, Wysham**
- 12:30 Adjourn

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2017
26TH ANNUAL

Ashland Endocrine Conference

August 3–5, 2017
Ashland, Oregon



Ralph (Michael J. Hume, far left) and Ned Aleyne (far right) look on as Queen Elizabeth (Kate Mulligan) tells Viola (Jamie Ann Romero) it is time to say goodbye. Photo by Jenny Graham.

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