

AGENDA

Wednesday, October 3

PHARMACOLOGY WORKSHOP

MPR

- 5:30 p.m.** **Registration and Light Refreshments**
- 6:00 p.m.** **Welcome and Introductions**
Dr. Handberg
- 6:15 p.m.** **Diabetes Medication and CV Risk Reduction – Should Everyone Get One of These?**
Dr. Handberg
- 6:55 p.m.** **Medication Preauthorization: Tips and Tricks**
Dr. Cooper-DeHoff
- 7:35 p.m.** **Anticoagulation, DAPT and Perioperative Management**
Dr. Parra
- 8:15 p.m.** **Dietary Supplement: What's Hot and What's Not**
Dr. Cooper-DeHoff
- 9:00 p.m.** **Adjournment**

Thursday, October 4

- 6:30 a.m. – 7:30 a.m.** **For Your Health: A Little Bit of Fit Walk (Weather Permitting)**
Take a guided walking tour. Start and end at the Westin Georgetown lobby (Designated Course Hotel).
- 7:30 a.m.** **Registration and Breakfast**
- 8:00 a.m.** **Welcome and Introductions** **MPR**
Dr. Handberg
Dr. Alpert
- 8:15 a.m.** **10 Course Take-aways That Will Change Your Practice Next Week**
Dr. Handberg

SESSION 1:

THE ART OF CARDIOVASCULAR HISTORY AND PHYSICAL

- 8:30 a.m.** **Patient Interviewing and Health History: Tips and Tricks**
Ms. Linderbaum
- 9:00 a.m.** **Practical CV Exam: What Not to Miss**

Ms. Linderbaum
Dr. Martinez

SESSION 2: DIAGNOSTIC STRATEGIES AND INTERPRETATION

10:00 a.m. ECG Overview
Dr. Alpert

10:45 a.m. Themed Wellness Break

11:00 a.m. Stress Testing: What to Order and When to Act
Dr. Freeman

11:30 a.m. Advanced Imaging: CT and MRI – Who, Why and When
Dr. Martinez

12:00 p.m. – Hands-on Breakout Sessions
1:10 p.m.

Session 1: ECG Case Conundrums **KEA**
Dr. Miles

Session 2: Heart Songs **Concourse Level**
Ms. Linderbaum
Dr. Martinez

Session 3: CXR Interpretation **MPR**
Dr. Alpert

1:15 p.m. Lunch

1:50 p.m. Peripheral Arterial Disease – Updates on Diagnosis and Management **MPR**
Dr. Anderson

SESSION 3: RISK REDUCTION AND CARE OF COMMON COMORBIDITIES **MPR**

2:15 p.m. Echocardiogram Acquisition and Interpretation
Dr. Martinez

2:45 p.m. Management of the Cardiovascular Patient with Diabetes
Dr. Chipkin

3:15 p.m. Hypertension: Getting Patients to New Goal!
Dr. Handberg

3:45 p.m. Themed Wellness Break
High boy tables with signs:

- Utilization of Pharmacists in Practice – *Dr. Parra*
- Practice Pearls for the APP – *Dr. Handberg, Ms. Linderbaum*
- Tips for Understanding Supplements – *Dr. Cooper-DeHoff*

4:00 p.m. – Hands-on Breakout Sessions
5:10 p.m.

Session 1: ECG Case Conundrums **KEA**
Dr. Miles

Session 2: Heart Songs **Concourse Level**
Ms. Linderbaum
Dr. Martinez

Session 3: CXR Interpretation **MPR**
Dr. Alpert

5:20 p.m. Managing Thyroid Disease in Cardiovascular Patients **MPR**
Dr. Chipkin

5:50 p.m. Clinical Case Wrap Up and Take Home Points
Dr. Alpert

6:05 p.m. Adjournment

8:00 p.m. A Little Bit of Fit Evening Walk (Meet in Hotel Lobby)

Friday, October 5

6:30 a.m. – For Your Health: A Little Bit of Fit Walk (Weather Permitting)
7:30 a.m.

7:45 a.m. Breakfast

8:15 a.m. Welcome Back

SESSION 4:
CORONARY ARTERY DISEASE: ACUTE AND CHRONIC MANAGEMENT **MPR**

8:30 a.m. Stable Ischemic Heart Disease: Practice Implications
Ms. Linderbaum

9:00 a.m. Acute Coronary Syndrome: Review and Update
Dr. Anderson

9:30 a.m.	Lipid Essentials – Implementing the Prevention Guideline <i>Dr. Freeman</i>	
10:00 a.m.	Themed Wellness Break High boy tables with signs: - STEMI Team Questions – <i>Dr. Anderson</i> - Practice Pearls for the APP – <i>Dr. Handberg, Ms. Linderbaum</i>	MPR Foyer w/highboys
10:15 a.m. – 11:25 a.m.	Hands-on Breakout Sessions	
	Session 1: ECG Case Conundrums <i>Dr. Miles</i>	KEA
	Session 2: Heart Songs <i>Ms. Linderbaum</i>	Concourse Level
	Session 3: CXR Interpretation <i>Dr. Alpert</i>	MPR
11:35 a.m.	Cases of Perioperative Management and Care Coordination <i>Dr. Anderson</i>	
12:05 p.m.	Shared Decision Making – Antithrombotic Therapy and beyond <i>Dr. Parra</i>	
12:35 p.m.	Lunch	MPR
1:05 p.m.	Coronary Angiography Primer <i>Dr. Anderson</i>	
SESSION 5: COMPLEX CARDIOLOGY: HEART FAILURE, VALVE DISEASE AND ARRHYTHMIAS		MPR
1:30 p.m.	Atrial Fibrillation: Management Strategies <i>Dr. Miles</i>	
2:00 p.m.	Lifestyle Management in Cardiovascular Patients: Weight Loss, Exercise, Smoking Cessation <i>Dr. Freeman</i>	
2:30 p.m.	Valve Guidelines Update 2018 <i>Dr. Martinez</i>	
3:00 p.m.	Themed Wellness Break	

- 3:15 p.m.** **Acute Decompensated Heart Failure: Preventing Bounce-backs**
Dr. Bowers
- 3:45 p.m.** **Syncope Guidelines 2018**
Dr. Miles
- 4:15 p.m.** **Clinical Case Wrap Up and Take Home Points**
Dr. Alpert
- 4:45 p.m.** **Adjournment**

Saturday, October 7

- 6:30 a.m. – 7:30 a.m.** **For Your Health: A Little Bit of Fit Walk** (Weather Permitting)

OPTIONAL MORNING SESSION

MPR

- 6:30 a.m. – 7:30 a.m.** **Pulmonary Hypertension**
Dr. Freeman
- 7:30 a.m.** **Breakfast**
- 8:00 a.m.** **Welcome Back and Overview of Final Session**
Dr. Handberg

SESSION 6: Hands-on Practicums

- 8:15 a.m.** **Complex Heart Failure: Inpatient and Outpatient Management**
Dr. Bowers

- 8:45 a.m.** **Break To Practicums** (*Rotation Every Hour*)
(Each practicum is cased-based and includes discussion on shared-decision making)

8:50 a.m. – 9:50 a.m.: Practicum 1
9:55 a.m. – 10:55 a.m.: Practicum 2
10:55 a.m. – 11:10 a.m.: Themed Wellness Break
11:10 a.m. – 12:10 p.m.: Practicum 3

Heart Failure
Dr. Alpert
Dr. Bowers

KEA

Valve
Dr. Anderson
Ms. Linderbaum

112-114

Acute Coronary Syndrome

Dr. Freeman

Dr. Handberg

MPR

12:15 p.m. **Wrap Up and Action Plans: 10 Points to Remember**
Dr. Handberg

12:30 p.m. **Course Adjournment**