



AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

CERTIFICATE COURSE IN AESTHETIC MEDICINE - LEVEL 1 (3-DAY COURSE) December 11-13, 2025 Dubai, UAE

- Participation in the Certificate Course in Aesthetic Medicine is the first step towards securing the American Board Certified given by the American Academy of Aesthetic Medicine (AAAM).
- A Course Certificate (Level 1) will be presented at end of the course.
- Limited seats are available as we believed in a small class setting for better interactions between participants and lecturers.
- As the response is overwhelming and only limited places are available, please contact us as soon as possible for registration.
- We will accept your registration on a first come first served basis.
- Volunteer applications during workshop training are restricted.

Day 1: December 11, 2025

SKIN CONDITIONING AND CHEMICAL PEELINGS

08:00 – 08:30 AM	Registration
08:30 – 08:45 AM	Introduction to the World of Aesthetic Medicine
08:45 – 10:30 AM	SKIN CONDITIONING + SKIN CLASSIFICATION • Indications & Contra-Indications • Side-effects • Results • Skin Regimen
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 12:30 PM	CHEMICAL PEELINGS • Indications & Contra-Indications • Peeling Agents: How to make the right selection? • Glycolic Acid • Salicylic Acid • TCA , Plain TCA & Modified TCA • Combined Peelings • Jessner Peel ADVANCED CHEMICAL PEELINGS
12:30 – 01:30 PM	LUNCH
01:30 – 02:00 PM	Daily Test on Skin Conditioning and Peelings (MCQ)
02:00 – 02:45 PM	LIVE DEMONSTRATION
02:45 – 03:00 PM	COFFEE BREAK
03:00 – 05:30 PM	LIVE PRACTICAL HANDS-ON WORKSHOP on Chemical Peelings
05:30 PM	End of Day 1



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Day 2: December 12, 2025

LASERS and IPL, BASICS

08:30 – 08:45 AM	Introduction to the lasers and their physics
08:45 – 09:15 AM	Types of Lasers & Laser Safety
09:15 – 09:30 AM	Laser Skin Resurfacing
09:30 – 10:00 AM	PHOTO REJUVENATION TECHNIQUES • Intense Pulsed Light (IPL) • Radiofrequency • Infrared (IR) and Ultrasounds (US) • Fraxel Lasers
10:00– 10:30 AM	Laser Treatments and Vascular Lesions
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 11:30 AM	• Laser Tattoo Removal • Laser Treatments for Hair Removal BODY CONTOURING MEDICAL DEVICES • What are available on the market today? • Making the right choice
11:30 – 11:45 AM	Management of Complications from Lasers and IPL
11:45 – 12:00 PM	Daily Test on Lasers (MCQ)
12:00 – 01:00 PM	LIVE WORKSHOPS on LASER & IPL
01:00 – 02:00 PM	LUNCH

Afternoon: Botulinum Toxin Type A and Dermal Fillers (Theory)

Botulinum Toxin Type A and Dermal Fillers (Theory)

02:00 – 04:00 PM	BOTULINUM TOXIN TYPE A & DERMAL FILLERS • Introduction, Classification, Types & Patient Selection • Indication & Consent • Advice Pearl • Facial Wrinkles & Skin Fillers
04:00 – 05:30 PM	Botulinum Toxin and Dermal Fillers Complications and How to manage them?
05:30 PM	End of Day 2



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Day 3: December 13, 2025

FULL-DAY HANDS-ON WORKSHOP – BOTULINUM TOXIN TYPE A AND DERMAL FILLERS

08:30 – 08:45 AM	Daily Test on Botulinum Toxin Type A and Fillers (MCQ)
08:45 – 09:15 AM	LIVE DEMONSTRATION on Botulinum Toxin
08:45 – 10:30 AM	LIVE PRACTICAL HANDS-ON WORKSHOP (Botulinum Toxin Type A) • Upper face Indication • Glabella • Forehead • Crow's Feet
10:30 – 10:45 AM	COFFEE BREAK
10:45 – 01:00 PM	LIVE PRACTICAL HANDS-ON WORKSHOP CONTINUES (Botulinum Toxin Type A)
01:00 – 02:00 PM	LUNCH
02:00 – 02:30 PM	LIVE DEMONSTRATION on Dermal Fillers
02:30 – 03:30 PM	LIVE PRACTICAL HANDS-ON WORKSHOP (FILLERS) • Nasolabial Folds Indication
03:30 – 03:45 PM	COFFEE BREAK
03:45 – 05:30 PM	LIVE PRACTICAL HANDS-ON WORKSHOP CONTINUES (FILLERS)
05:30 PM	Level 1 Ends – Feedback & Distribution of Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.