

35th Annual Symposium on women's health Programme

Cavendish Conference Centre, London
Thursday 27 November 2025

0900 **Registration, exhibition & refreshments**

0930 **Welcome and introduction**

Professor Janice Rymer

*Professor of Obstetrics & Gynaecology, King's College School of Medicine, London;
Consultant Gynaecologist, Guy's and St Thomas's NHS Foundation, London; Chair and Trustee –
British Menopause Society*

0940 **Addressing inequalities**

Dr Tonye Wokoma

Consultant in Sexual and Reproductive Health, Conifer House, City Healthcare Partnership, Hull

1015 **Sexually transmitted infections and the menopause**

Dr Anna Graham

Sexual and Reproductive Health Consultant

1050 **Treatment of mental health during the perimenopause**

Professor Michael Craig

*Professor of Translational Reproductive and Neurodevelopment Sciences, King's College London;
Clinical Lead and Consultant Reproductive Psychiatrist, Maudsley Hospital, London*

1125 **Refreshments & exhibition**

1155 **Rheumatoid arthritis – empowered care: self-management and women's health**

Dr Elena Nikiphorou

*Reader in Rheumatology and Medical Education, King's College London; Rheumatology Consultant,
King's College Hospital*

1230 **Professor John Stevenson Lecture***

Chair: Professor Janice Rymer

HRT and coronary disease: between a rock and a hard place?

Speaker: Professor John Stevenson

*Emeritus Reader in Metabolic Medicine, National Heart and Lung Institute, Imperial College London;
Trustee – British Menopause Society, Past Chairman – Women's Health Concern*

* Professor John C Stevenson is an internationally recognised Consultant Physician and Endocrinologist. Professor Stevenson's particular interest in calcium and bone metabolism and their regulation by sex steroids has extended into the effects of hormones both on the skeleton and on the cardiovascular system. In 1993, he jointly established the first Female Heart Disease Clinic in the UK at the Royal Brompton Hospital, London. Professor Stevenson was WHC Chairman from 1993 until its deregistration as an independent charity in 2025.

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1305 **Lunch & exhibition**

1405 **Urogenital symptoms and their management**

Dr Angie Rantell

Consultant Nurse, Urogynaecology, King's College Hospital, London

1440 **The role of the pelvic health physiotherapist**

Mrs Lucia Berry

Vice Chair Pelvic, Obstetric and Gynaecological Physiotherapy, Brunel University, London

1515 **Refreshments & exhibition**

1545 **A case study session**

Kathy Abernethy

Menopause Specialist; Nurse: Director – the menopause course; Trustee – British Menopause Society

Dr Katie Barber

Clinical Lead Community Gynaecology, Oxfordshire; Founder and Clinical Director, Oxford Menopause Ltd; Member – British Menopause Society medical advisory council

Dr Olivia Hum

GP, Foundry Healthcare Lewes, Myla Health; Member – British Menopause Society medical advisory council

Dr Zoe Schaedel

GP, Brighton and Hove NHS Community Menopause Clinic; Member – British Menopause Society medical advisory council

1645 **Take home messages and close**

Professor Janice Rymer

Please note, sessions and speakers may be subject to change. All speakers are required to make a formal declaration of interest at the beginning of their presentation. Our exhibitors have paid to exhibit at this Symposium, but they have no influence or control over any aspect of the meeting.