

AAP-OC CALIFORNIA CHAPTER
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CURRENT ADVANCES
IN PEDIATRICS

IRVINE MARRIOTT HOTEL
IRVINE, CALIFORNIA

OCTOBER 18-20, 2024



American Academy of Pediatrics
Orange County Chapter
INCORPORATED IN CALIFORNIA



PRESENTS THE 40th ANNUAL

CURRENT ADVANCES
IN PEDIATRICS



Tide Pools, Newport Beach

October 18-20, 2024

The Irvine
Marriott Hotel

IRVINE,
CALIFORNIA

THIS PROGRAM IS CO-SPONSORED BY:

DEPARTMENT OF PEDIATRICS
UC Irvine &

CHILDREN'S HEALTH OF ORANGE COUNTY
(CHOC)



GENERAL INFORMATION

THE IRVINE MARRIOTT HOTEL:

Whether you're traveling to Orange County Chapter for business or pleasure, the Irvine Marriott puts you in the center of it all. Our hotel in Irvine, CA, features a contemporary renovated lobby and lounge with live entertainment, intimate gathering spaces and unique dining experiences. The hotel is ideally situated just minutes from famous Southern California beaches, world-class shopping at Irvine Spectrum and South Coast Plaza, Disneyland and golf. Just two blocks from John Wayne Airport (SNA), we offer complimentary shuttle service to and from the transportation hub, providing a relaxing and hassle-free travel experience. After dining in our FLOE Lounge, work out in the state-of-the-art fitness center or relax by the newly remodeled swimming pool.

BREAKFAST AND COFFEE BREAKS WILL BE PROVIDED DAILY

OPTIONAL LUNCHEON WORKSHOPS will be held on Friday and Saturday afternoons, as listed in the program. An additional fee of \$85 will be charged for each workshop attended (includes plated lunch). While registering online, if your first choice is sold out it will prompt you to make a second choice. If you are responding via postal mail service, please indicate your first preference by listing workshop number on the registration form. If the workshop is full we will contact you to make another choice. Early registration is encouraged to ensure attendance at the workshop of your choice. A vegetarian meal is available upon request. Please indicate a meal preference or dietary restrictions on the registration form.

Join us for our Poolside Reception! Friday, October 18th at 5:30 pm.
This reception is reserved for Faculty, Committee and Registered Attendees.

CANCELLATION AND REFUND POLICY: A full refund will be given if notice is received before September 1, 2024. After that date a \$100 cancellation fee will be charged. No refunds will be offered after October 1, 2024.

INFORMATION: For additional information, please call (949) 752-2787, Fax (949) 752-2788, or contact the AAP-OC Chapter, California, 5000 Campus Drive, Newport Beach, CA 92660 Email: lamson.aap@gmail.com Website: www.aap-oc.org

GUEST FACULTY



SUSAN S. LAUBACH, MD, FAAP
Associate Professor of Pediatrics, University of California San Diego
Allergy/Immunology Division at Rady Children's Hospital
University of California San Francisco School of Medicine
San Diego, California



ANTHONY C. MCCANTA, MD
Pediatric Cardiology, Electrophysiology
Director of Adult Congenital Cardiology
Children's Hospital Orange County (CHOC)
Assistant Clinical Professor of Pediatrics,
UC Irvine School of Medicine
Laguna Hills, California



MARY JO MESSITO, MD, FAAP
Associate Professor Clinical Pediatrics
PI, Starting Early Obesity Prevention Program
Director, Pediatric Weight Management Program
Director, Academic General Pediatric Fellowship
New York University School of Medicine
Long Beach, New York



MICHAEL E. PICHICHERO, MD
Vice President and Director Rochester General Hospital Research Institute
Research Professor, Rochester Institute of Technology
Clinical Professor of Pediatrics, University of Rochester Medical Center
Rochester, New York



DAVID O. SCHAIRER, MD, FAAD
Assistant Clinical Professor, Dermatology
Physician Director of Clinical Services
Rady Children's Hospital-San Diego
University of California, San Diego
San Diego, California



DOUGLAS L. VANDERBILT, MD, MS, MBA, FAAP
Professor of Clinical Pediatrics (Educational Scholar),
Keck School of Medicine of USC
Division Chief and Las Madrinas Chair in Developmental-Behavioral Pediatrics
Children's Hospital Los Angeles
Los Angeles, California

All faculty members are required to disclose to the program audience any real or apparent conflict(s) of interest to the content of their presentation(s). This disclosure information will be located at the registration desk for review.

The AAP-Orange County Chapter would like to thank the following companies for their generous support of this educational program.

Please visit their exhibits during the continental breakfasts and coffee breaks.

Abbott Nutrition	GSK Vaccines
Alexion Pharmaceuticals	iScreen Vision
Autism Learning Partners	LabCorp
BioMarin Pharmaceutical Inc.	Kyowa Kirin
bioMerieux	Mead Johnson Nutrition (Reckitt)
CeraVe, LLC	Merck Vaccines
Children's Health of Orange County	Nutricia North America
Children's Hospital Los Angeles	OCHCA Public Health Services
Children's Learning Connection	Pfizer
Clarity Pediatrics	PCC
Cooperative of American Physicians	Regeneron Healthcare Solutions
CSL Seqirus	Sanofi
Ironshore Pharmaceuticals	Sarepta Therapeutics
	Sobi

PROGRAM

American Academy of Pediatrics – Orange County Chapter, in conjunction with the Department of Pediatrics, University of California, Irvine, and Children’s Health Orange County (CHOC), invites you to attend this conference at the Irvine Marriott Hotel, Irvine, CA. The seminar is intended for Pediatricians, Family Practitioners, and Allied Health Professionals. It will emphasize newer treatments and their practical applications for both the office and hospital practice of pediatrics. This year’s program will focus on topics that include: **Allergy/Immunology, Cardiology, Dermatology, Developmental-Behavioral Pediatrics, Infectious Diseases, and Pediatric Obesity Medicine.**

SCHEDULE OF EVENTS

FRIDAY, October 18, 2024

7:00 a.m.	Registration & Continental Breakfast. Please Visit the Exhibits
7:45 a.m.	Welcome, Introductions, & Presiding Officer Reshmi Basu, MD - President, AAP-OC Chapter
8:00 a.m.	The First 100 Days of Immune Development: Understanding the Microbiome, Metabolome and Epigenome Michael E. Pichichero, MD
8:30 a.m.	Asthma: SMART Therapy, What’s Good, What’s Missing & School Forms Susan S. Laubach, MD
9:00 a.m.	Cardiac Screening for Competitive Athletes Anthony C. McCanta, MD
9:30 a.m.	Coffee Break – Visit the Exhibits Presiding Officer: Sharief Taraman, MD Immediate Past President, AAP-OC Chapter
10:00 a.m.	Teen Troubles: Rashes Appearing in Adolescence David O. Schairer, MD
10:30 a.m.	Child Obesity: Epidemiology and Etiology Mary Jo Messito, MD
11:00 a.m.	Behavioral Medications in Primary Care: Too Much Outside or Inside? Douglas L. Vanderbilt, MD
11:45 a.m.- 12:15 p.m.	Meet the Professors Panel: Susan S. Laubach, MD, Anthony C. McCanta, MD, Mary Jo Messito, MD, Michael E. Pichichero, MD, David O. Schairer, MD and Douglas L. Vanderbilt, MD Moderator - Harry Pellman, MD - CME Committee Chair, AAP-OC Chapter
12:15-2:00 p.m.	Luncheon Workshops (optional) Listed alphabetically by speaker’s last name

*Join us for our Poolside Reception! Friday,October 18th at 5:30 pm.
This reception is reserved for Faculty, Committee and Registered Attendees.*

LUNCHEON WORKSHOPS

1. **Jeopardy Game: Topics Relevant to Allergy & Immunology**
Susan S. Laubach, MD
2. **Interpreting the ECG in the Office, POTS, Dizzy Kids, and More!**
Anthony C. McCanta, MD
3. **A Review of Medical and Surgical Management of Obesity?**
Mary Jo Messito, MD
4. **Pneumococcal Vaccines: It’s Complicated, and It Will Get More Complicated!**
Michael E. Pichichero, MD
5. **Derm Potpourri: Treatment Plans for Acne, Eczema and More**
David O. Schairer, MD
6. **ASD and ADHD Cases: New Treatment Modalities**
Douglas L. Vanderbilt, MD

SATURDAY, October 19, 2024

7:00 a.m.	Continental Breakfast – Visit the Exhibits
7:55 a.m.	Presiding Officer: Coleen K. Cunningham, MD Professor and Chair, Department of Pediatrics University of California, Irvine Senior VP and Pediatrician in Chief, Children’s Health of Orange County (CHOC) Member-at-Large, AAP-OC Chapter Board
8:00 a.m.	Transition and Transfer of Adult Survivors of Pediatric Diseases: Pediatric and Congenital Cardiology Anthony C. McCanta, MD
8:30 a.m.	Managing Side Effects of Systemic Dermatologic Medications David O. Schairer, MD
9:00 a.m.	Sensory Processing Problems: What Are These and What To Do With Them? Douglas L. Vanderbilt, MD
9:30 a.m.	Coffee Break – Visit the Exhibits Presiding Officer: Taylor Tran, MD Vice President, AAP-OC Chapter
10:00 a.m.	Obesity Prevention: The First 1,000 Days Mary Jo Messito, MD
10:30 a.m.	Finding the Zebra in the Herd: Recognizing Primary Immunodeficiencies Susan S. Laubach, MD
11:00 a.m.	Acute Otitis Media: The Newest Research and Data You Need To Know Michael E. Pichichero, MD
11:30 a.m.-	Meet the Professors Panel: Susan S. Laubach, MD, Anthony C. McCanta, MD, Mary Jo Messito, MD, Michael E. Pichichero, MD, David O. Schairer, MD and Douglas L. Vanderbilt, MD
	Moderator - Eric Ball, MD, Past President and CME Co-Chair, AAP-OC Chapter
12:15-2:15 p.m.	Luncheon Workshops (optional) The workshops are repeated on Saturday to enable you to attend more than one workshop.

SUNDAY, October 20, 2024

Note: *There will be a five minute period to allow for questions following each presentation*

7:00 a.m.	Continental Breakfast – Visit the Exhibits
7:55 a.m.	Presiding Officer: Vinh Lam, MD Secretary, AAP-OC Chapter
8:00 a.m.	Review of AAP Clinical Practice Guideline on Obesity Mary Jo Messito, MD
8:35 a.m.	Variability in Response to Vaccines: It’s Not Luck... It’s Science! Michael E. Pichichero, MD
9:10 a.m.	Allergy to Rice? Food Protein Induced Enterocolitis Syndrome (FPIES) Susan S. Laubach, MD
9:45 a.m.	Coffee Break – Visit the Exhibits
10:10 a.m.	Prize Drawings: Harry Pellman, MD CME Committee Chair, AAP-OC Chapter Presiding Officer: Phyllis Agran, MD Treasurer - CME Committee, AAP-OC Chapter
10:15 a.m.	Tales from the ED David O. Schairer, MD
10:50 a.m.	CAM for DBP Problems: What Do We Know About Their Safety and Efficacy? Douglas L. Vanderbilt, MD
11:25 a.m.	Modern Surgical Treatments of Congenital Heart Disease: What the Pediatrician Should Know Anthony C. McCanta, MD
12:00 p.m.	Closing Remarks

ACCREDITATION:The American Academy of Pediatrics, California Chapter 4 is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians. The American Academy of Pediatrics, California Chapter 4 takes responsibility for the content, quality and scientific integrity of this CME activity. The American Academy of Pediatrics, California Chapter 4, designated this **live** educational activity for a maximum of **15 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in this activity. These credits may also be applied to the CMA Certification in Continuing Medical Education.

MOC Part 2:
Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 15 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

EARLY REGISTRATION IS RECOMMENDED to ensure your attendance at this conference and to receive your choices for the optional workshops. To encourage early registration, we are offering reduced conference rates to those who register before **September 15, 2024.**



THE 40TH ANNUAL
CURRENT ADVANCES IN PEDIATRICS

The Irvine Marriott Hotel, Irvine, California • October 18-20, 2024

MEETING ADVANCE REGISTRATION

Please remit to AAP-OC Chapter, 5000 Campus Drive, Newport Beach, CA 92660
Phone: (949) 752-2787 Fax: (949) 752-2788

Online registration: www.aap-oc.org

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

In an attempt to be environmentally responsible, we will provide a mini-syllabus (topic & lecture points only). If you desire a paper copy of the complete syllabus which includes all of the printed presentations, the cost will be \$50.00.You must purchase your paper syllabus in advance, preferably through your online registration process.

****A link to the full syllabus will be emailed to you prior to the conference****

	Before 9/15/24	After 9/15/24	
Members (AAP-OC Chapter only)	\$525	\$595	\$ _____
Nonmembers (Physicians)	\$625	\$695	\$ _____
Residents and Interns (Other than UCI/CHOC)	\$185	\$195	\$ _____
UCI & CHOC Residents -Conference Free (Luncheon/Workshop charge @ \$85/day)	\$0		\$ _____
Allied Health Professionals	\$375	\$400	\$ _____
Emeritus/Retired Physicians (AAP-OC Chapter MEMBERS no longer in practice)	\$345	\$370	\$ _____
Luncheon Workshops (optional) cost \$85/day			\$ _____
Paper Syllabus (all lectures and workshops provided)	\$50.00 each		
Note: Paper Syllabus MUST BE PURCHASED IN ADVANCE			\$ _____
Mini-Syllabus (contains topic & lecture points) NO CHARGE			
Total Conference Cost (Registration + Syllabus fee)			\$ _____
Friday Luncheon Workshop (choices)	1st _____		
Saturday Luncheon Workshop (choices)	1st _____		
Vegetarian Lunch ☐ Yes ☐ No Dietary Restrictions	_____		

Credit card registration for conference.

Major Credit Cards accepted: VISA ☐ MasterCard ☐ AMEX ☐ Discover ☐

Name as it appears on card: _____

Number _____ Exp. Date _____ CW# _____

I plan to stay at the Irvine Marriott Hotel. Yes ☐ No ☐

HOTEL ADVANCE REGISTRATION – Must be made with the hotel directly for our discounted rates

The Irvine Marriott Hotel, 18000 Von Karman Avenue, Irvine, CA 92612.
Call for discounted reservations (949) 553-0100 and ask for the American Academy of Pediatrics (AAP) group rate or,
Marriott Hotel Discounted Reservation Link: [RESERVATION LINK](#).
Please be sure to identify this event when registering for the special room rate.

Special Event Discounted Room Rate \$185.00 (single/double room accommodations)
SPECIAL ROOM RATES ARE NOT GUARANTEED IF NOT RECEIVED BY September 26, 2024.
Hotel registration must include a major credit card as a deposit and is refundable only when the hotel is notified 24 hours before the arrival date.

*Self-parking will be included in your registration fee this year as an added convenience.
Please use hotel entrance on Von Karman for self-parking. Surrounding parking structures will not be honored.
Valet is available to you at your own cost.*