



ACTIVITY AGENDA

Thursday, December 5, 2024

6:00 PM – 8:00 PM

ABFM KSA Study Group: Care of Older Adults (2 hours)

(additional fee; advance registration required; onsite registration not available; in-person participation only)

Alfred Gitu, MD / Jennifer Keehbauch, MD

Friday, December 6, 2024

8:05 AM – 8:15 AM

Welcome/Announcements

8:15 AM – 10:15 AM

Florida Mandatory: Controlled Substance Prescribing (2 hours)

This presentation satisfies the State of Florida mandatory requirement

Andrew Buelt, DO

Learning Objectives:

- Recognize the relevant prescribing laws and rules that govern prescribers of controlled substances in Florida
- Compare and contrast scheduled drugs related to treatment of pain, both acute and chronic nonmalignant pain
- List alternative pharmacologic options, non-pharmacologic methods and procedures, and complementary and alternative treatment options for managing pain
- Apply concepts of SBIRT (screening, brief intervention and referral to treatment) and motivational interviewing within patient encounters
- Utilize appropriate screening tools such as ORT®, SOAPP-R®, COMM™, UDS, E-FORCSE® and others to identify patients at risk for misuse or who are addicted to controlled substances
- Implement appropriate monitoring and referrals for patients who are prescribed controlled substances
- State national recommendations on the safe levels of opioids by morphine milligram dose equivalents and durations of treatment for acute and chronic nonmalignant pain

10:15 AM – 11:15 AM

Updates in Cardiac Ischemia Testing for Coronary Disease

David Winchester, MD

Learning Objectives:

- Identify differences between the 2023 ACC/AHA “Appropriate Use Criteria” (AUC) and prior versions
- Discuss how these differences may impact practice habits for detection and risk assessment of chronic coronary disease
- Determine if cardiovascular testing is clinically warranted through application of AUC in patient cases

11:45 AM – 12:15 PM

ABFM Update (Non-CME)

Lunch at 11:15 AM; presentation will be from 11:45 AM – 12:15 PM

12:30 PM – 1:00 PM

President’s Welcome and 2024 Academy Awards Presentation: George Bernardo, MD
(Non-CME)

Friday, December 6, 2024

1:00 PM – 1:30 PM

Introduction to Artificial Intelligence (AI) and Machine Learning (ML) in Primary Care

Karim Hanna, MD

Learning Objectives:

- Explain how AI and ML technologies can be used to assist primary care physicians in diagnosing various medical conditions
- Evaluate the performance and limitations of AI and ML algorithms in diagnostic support, including sensitivity, specificity, and potential biases
- Develop skills to effectively integrate AI and ML tools into the diagnostic workflow, ensuring appropriate interpretation and validation of results in primary care practice

1:30 PM – 2:00 PM

Electronic Health Record (EHR) Optimization

Mandy Dailey, MD

Learning Objectives:

- Identify and implement practical, efficient EHR workflows to streamline documentation and enhance patient care in a family medicine setting
- Analyze EHR data to identify patterns and trends that can help in improving patient outcomes and population health management
- Evaluate different EHR features and functionalities to select and customize the most appropriate system for the specific needs of the family practice

2:00 PM – 2:30 PM

Health Apps and Wearable Devices

Matthew Rensberry, MD, MBA

Learning Objectives:

- Review popular health apps and wearable devices available for patients
- Discuss their potential benefits and limitations in monitoring health and promoting wellness
- Provide guidance on how to evaluate and recommend reliable health-related technologies

2:30 PM – 3:00 PM

Medical Technology Panel Discussion with Q&A

Karim Hanna, MD; Mandy Dailey, MD; Matt Rensberry, MD, MBA

Learning Objectives:

- Address learners' questions related to Artificial Intelligence/Machine Learning, Electronic Health Record optimization, and health apps and wearable devices

3:00 PM – 3:15 PM

2024 AAFP Fellows Recognition: AAFP Past Board Chair (Non-CME)

3:15 PM – 3:25 PM

BREAK



FLORIDA ACADEMY OF
FAMILY PHYSICIANS
SUPPORTING FLORIDA'S FAMILY PHYSICIANS

Family Medicine Winter Summit 2024

The Ritz Carlton, Amelia Island, FL
December 6-8, 2024

Friday, December 6, 2024

3:25 PM – 4:25 PM

Severe Asymptomatic Hypertension

Lee Coghill, MD

Learning Objectives:

- Discuss the evidence regarding outcomes for asymptomatic patients presenting with severe elevations in blood pressure
- Define Severe Asymptomatic Hypertension and understand when this does and does not apply
- Discuss the management of severe asymptomatic hypertension in different settings and discuss exceptions and other situations where a more urgent/emergent approach is appropriate

4:25 PM – 5:25 PM

Stroke

Andrew Buelt, DO

Learning Objectives:

- Use bedside assessment tools (CHADS2-VASC, HAS-BLED, SPARC) to assess a patient's risk for future events and implement appropriate therapy
- Refer stroke patients for IV alteplase and mechanical thrombectomy within 4.5 and 24 hours respectively, and when appropriate
- Recommend care for the patient with an unruptured cerebral aneurysm, atrial appendage occlusion, and repair of patent foramen ovale

5:25 PM – 5:30 PM

Day 1 Wrap-Up/Announcements

5:30 PM – 6:30 PM

Welcome Reception: Holiday Characters (*Non-CME*)

(Guests welcome; no charge, however, pre-registration is requested)

Saturday, December 7, 2024

7:00 AM – 9:00 AM

ABFM KSA Study Group: Heart Disease (2 hours)

(additional fee; advance registration required; onsite registration not available; in-person participation only)

Michael Heiland, MD / Thomas Waller, MD

7:00 AM – 8:00 AM

Non-CME Breakfast: TBD

Breakfast at 7:00 AM; presentation will be from 7:25 AM – 7:55 AM

8:25 AM – 8:30 AM

Welcome/Announcements

Saturday, December 7, 2024

8:30 AM – 9:30 AM

Journal Article Review

Leah Shell, DO

Learning Objectives:

- Discuss the current state of knowledge with reference to literature
- Determine findings of the articles/studies
- Interpret results and their potential to impact daily practice

9:30 AM – 9:50 AM

FAFP Annual Business Meeting: 2025 FAFP Officer and Board Installation
Featuring: Inauguration of Chris Scuderi, DO, 78th President of the FAFP (Non-CME)

9:50 AM – 10:00 AM

BREAK

10:00 AM – 11:00 AM

A Case-Based Approach to Building a Nutritional Plan

Nicholas Pennings, DO

Learning Objectives:

- Distinguish between different nutritional interventions, and apply a patient-centered approach to developing a dietary plan
- Identify challenges to new eating patterns with patient specific cases
- Manage nutritional challenges with potent anti-obesity medications, and develop strategies to help patients maintain dietary changes

11:00 AM – 12:00 PM

Concussion Update

James Toldi, DO

Learning Objectives:

- Identify the most recent guidelines from the 2022 Amsterdam International Concussion in Sport
- Display the new Sideline Concussion Tool (SCAT6)
- Describe the emerging treatments for concussions

12:30 PM – 1:00 PM

NON-CME LUNCH: Astra Zeneca

Lunch at 12:00 PM; presentation will be from 12:30 PM – 1:00 PM

1:30 PM – 2:30 PM

Pediatric Overuse Injuries

James Toldi, DO

Learning Objectives:

- Identify signs and symptoms of overtraining or overuse
- Identify potential causes of common overuse injuries, and recognize common overuse injuries
- Provide evidenced-based anticipatory guidance on prevention and management of overuse injuries

Saturday, December 7, 2024

2:30 PM – 3:30 PM

Parkinson's Disease

Ashley Rawls, MD

Learning Objectives:

- Recognize classic phenotypes, motor & non motor symptoms typical in Parkinson Disease
- Diagnosis and start trial of adequately dosed levodopa, and troubleshoot common problems related to treatment of Parkinson's Disease
- Identify appropriate patients for surgical intervention

3:30 PM – 3:45 PM

BREAK

3:45 PM – 4:45 PM

Movement Disorders Beyond Parkinson's

Ashley Rawls, MD

Learning Objectives:

- Recognize the distinct clinical features and diagnostic criteria of movement disorders such as restless leg syndrome, tardive dyskinesia, chorea, dystonia, and essential tremor, distinguishing them from Parkinson's disease
- Evaluate current pharmacological and non-pharmacological treatment options for various movement disorders, including their efficacy, side effects, and patient-specific considerations
- Apply evidence-based management strategies and interdisciplinary approaches to effectively address the unique challenges posed by various movement disorders

4:45 PM – 5:45 PM

PTSD

Michael Allison, MD

Learning Objectives:

- Recognize PTSD symptoms disguised as somatic or other psychiatric complaints; Analyze the history with an appropriate differential to avoid misdiagnosis
- Incorporate PTSD-specific interview skills to maximize history-gathering, rapport-building, and support-giving for the time allowed
- Develop an evolving, patient-centered plan of care based on presentation and ongoing reassessment of symptomatology

5:45 PM – 5:50 PM

Day 2 Wrap-Up/Announcements

7:00 PM – 11:00 PM

Presidential Party: FamMed Superheroes – Celebrate the FAFP's Incoming President

(Non-CME)

(additional fee of \$75; advance registration required)



Family Medicine Winter Summit 2024

The Ritz Carlton, Amelia Island, FL
December 6-8, 2024

Sunday, December 8, 2024

7:40 AM – 7:45 AM

Welcome/Announcements

7:45 AM – 8:45 AM

Geriatric Polypharmacy

Robin Creamer, DO

Learning Objectives:

- Review evidence of when to deprescribe certain meds including helpful resources
- Describe age related changes that effect pharmacokinetic properties of medications
- Discuss the use of a systematic improvement framework to reduce potentially inappropriate combinations of medications

8:45 AM – 9:45 AM

Insomnia in Older Adults

Ariel Cole, MD

Learning Objectives:

- Describe sleep changes associated with aging
- Differentiate underlying medical conditions which may impair sleep
- Utilize appropriate non-pharmacologic and pharmacologic therapies to treat sleep disorders

9:45 AM – 10:00 AM

BREAK

10:00 AM – 11:00 AM

Cultivating Cultural Competency: Enhancing Patient Care in Diverse Communities

Rosa Joseph, DO

Learning Objectives:

- Recognize the significance of cultural competency in healthcare and its influence on patient-provider relationships and health outcome
- Identify strategies for effectively communicating with and engaging patients from diverse cultural backgrounds
- Recognize and respect cultural differences in health beliefs, practices, and values, and integrate this understanding into clinical decision-making and treatment planning
- Reflect on personal biases and attitudes that may impact interactions with patients from different cultural backgrounds, and develop strategies to mitigate these biases and promote culturally sensitive care

11:00 AM – 12:00 PM

Patient Centered Communication/ Motivational Interviewing

Kerwyn Flowers, DO

Learning Objectives:

- Compare and Contrast Physician-Patient Relationship Models
- Discuss the importance of patient-centered interviewing, caring communication and shared decision making in a therapeutic physician-patient relationship
- Identify barriers to good communication in the physician-patient relationship and the effect on clinical outcomes
- List practices for physician-patient relationship improvement

12:00 PM – 12:05 PM

Wrap-Up/Final Announcements