

WEDNESDAY, MAY 6

PRE-CONFERENCE SESSIONS

7:00 AM – 5:30 PM

HOSPITAL ELDER LIFE PROGRAM (HELP)

Room:

Additional fee session

CME/CE Credit: 6.5

Track: Clinical Practice

This full-day course is designed to educate Hospital Elder Life Program (HELP) teams regarding strategies for delirium prevention, using HELP to improve hospital-wide care of older adults. Learning Objectives: (1) describe how delirium impacts older adults in the hospital; (2) identify nonpharmacologic approaches to prevent delirium; (3) apply strategies for how to implement HELP as a quality improvement program in their hospital; (4) review the impact of social determinants of health for older adults and their impact on delirium; (5) describe strategies for success and sustainability for HELP programs; (6) identify the ways that delirium impacts patients with Alzheimer's disease; (7) identify the key first steps in program planning and implementing HELP at their facility; (8) discuss the features of an annual report and how to write one for their program; and (9) describe the relationship of hearing loss in hospitalized patients to communication and health care utilization.

7:00 AM	Registration and Breakfast
8:00 AM	Welcome/Introductions Sarah L. Gartaganis, LCSW, MPH
8:15 AM	AGS Co-Care: HELP Sarah L. Gartaganis, LCSW, MPH
8:45 AM	Opening Keynote Sharon K. Inouye, MD, MPH
9:45 AM	Continuous Quality Improvement Malaz A. Boustani, MD, MPH
10:30 AM	Break
10:45 AM	Hearing Impairment in Hospitalized Patients Nicholas S. Reed, AuD
11:45 AM	HELP Photo/Poster Viewing
12:00 PM	Lunch
1:15 PM	3 Sites: Successful HELP Implementation-Examples from the Field Paula J. Duncan, RN; Richard D. Dahl, BA, CAN; Kelly J. Turner, BA
2:00 PM	Delirium and Alzheimer's Disease Donna Marie Fick, RN, GCNS-BC, PhD, FAAN
2:45 PM	Breakout Session 1- Starting Your HELP Program Workshop Richard D. Dahl, BA, CAN; Carrie Bennet, DNP, RN, GNS-BC; Paula J. Duncan, RN; Kelly J. Turner, BA
3:30 PM	Break

- 3:45 PM Breakout Session 2-Data Collection Strategies/Annual Report Workshop**
Heidi R. Wierman, MD; Miriam Beattie, DNP, GNP / Nancy Joyce, MS; Susan Heisey, MSW, LCSW, ASW-G
- 4:30 PM Social Determinants of Health**
Franchesca Arias, PhD
- 5:15 PM Closing Remarks and Adjournment**
Sharon K. Inouye, MD, MPH

7:00 AM – 5:30 PM

GERIATRICS WORKFORCE ENHANCEMENT PROGRAM (GWEP) PRE-CONFERENCE SESSION

Supported by a grant from The John A. Hartford Foundation

This pre-conference session is limited to HRSA GWEP awardees.

7:30 AM – 1:00 PM

FELLOWSHIP DIRECTORS PRE-CONFERENCE SESSION

Room:

Additional fee session

CME/CE Credit: 4 Track: Education

Sponsored by the Association of Directors of Geriatric Academic Programs (ADGAP)

The role of the geriatrics fellowship director is complex and involves a variety of activities and responsibilities. This session will present practical instruction for both new and seasoned fellowship directors. Learning Objectives: (1) review changes to the ACGME fellowship program requirements and the Toolbox website; (2) describe issues related to workforce recruitment; and (3) review innovative educational materials and tools.

- 7:30 AM Breakfast**
- 8:00 AM ACGME Update**
Andrew N. Dentino, MD, *RRC-IM, Representative*
- 8:15 AM Update in Workforce Recruitment**
TBD
- **NRMP All In Policy**
 - **Guidelines for Interview and Post-Interview Communication**
 - **AIRE Proposal/Medicine-Geriatrics Integrated Residency and Fellowship Update**
Brooke E. Salzman, MD; Sonica Bhatia, MD; Angela K. Beckert, MD
 - **Innovative Recruitment Ideas**
- 9:00 AM Networking**
Helen Fernandez, MD
Attendees will spend 15 minutes at their table discussing innovative ideas being implemented at their home institution. The group will then select one innovation to present to the full group during the report out.
- 9:30 AM Quick Hit Topics – Part I**
- **Fellowship Program Directors Handbook**
Pei Chen, MD; Ganesh P. Merugu, MD, CMD
 - **Geri Milestones**
Steve Barczi, MD
 - **ACGME Toolbox Website**

- 10:00 AM Break**
- 10:15 AM Mini-Fair for Curricular Innovations/Tool Swap**
Helen Fernandez, MD; Katherine A. Bennett, MD
Fellowship Program Directors will present innovative educational materials and tools at individual tables around the Preconference room in which attendees will be able to rotate between. Attendees will have the opportunity to hear about how the tools are utilized and ask questions.
- 11:15 AM Quick Hit Topics – Part II**
- **Cognitive Screening**
Eric W. Widera, MD
 - **Faculty Development**
Kevin T. Foley, MD
 - **Succession Planning**
Steve Barczy, MD & Elizabeth Chapman, MD
 - **ACGME-I**
Kevin T. Foley, MD
- 11:45 AM Break**
- 12:00 PM Blazing the Trail Together: How a Program Director & Coordinator Can ‘Divide and Conquer’**
Linda Ferrie, C-TAGME; Ericka E. Tung, MD, MPH
- 12:20 PM Pre-Fellowship Procedural Requirements**
Bruce Leff, MD
- 12:35 PM Closing/Open Mic and Call for Future Topics**

7:45 AM – 5:00 PM

FIRST ANNUAL MEETING OF THE US DEPRESCRIBING RESEARCH NETWORK

Room:

Additional fee session

Not available for CME/CE Credit Track: Clinical Practice

We are pleased to announce the inaugural meeting of the US Deprescribing Research Network (USDeN) – open to all people who are conducting or care about research on deprescribing medications and addressing medication overuse among older adults. This meeting will comprise a wide-ranging series of sessions and activities that are focused on:

- Enhancing skills, providing multidisciplinary perspectives, and offering practical guidance on and opportunities for deprescribing research
- Communicating how the network can help you and your research interests
- Building collaborations and community among people interested in deprescribing research and how it can be used to improve care for older adults.

Join us as we build a community of researchers and stakeholders that will generate science, address logistical and safety challenges, and develop infrastructure to promote the conduct and dissemination of research on deprescribing. The meeting will include a Junior Investigator Intensive evening session. Applications for the Junior Investigator Intensive, travel scholarships, and more information about the meeting and the network’s activities are available at deprescribingresearch.org.

7:45 AM **Registration and Breakfast**

8:30 AM **Welcome Address: Structure, Goals and Vision for the US Deprescribing Network**

Cynthia Boyd, MD and Michael Steinman, MD

- 9:15 AM **Keynote Address**
Cara Tannenbaum, MD
- 10:15 AM **Break**
- 10:30 AM **USDeN Pilot Studies**
Presentations with panel discussion
- 11:30 AM **Key Opportunities & Pitfalls in Deprescribing Research**
Question-driven, facilitated discussion
- 12:15 PM **Lunch Break**
- 1:15 PM **Updates in deprescribing funding opportunities with Q/A**
Marcel Salive, MD, Project Officer, National Institute of Aging
- 1:30 PM **Updates in Deprescribing Research**
- 2:30-3:30 PM **Concurrent small group discussions**
Methods in Deprescribing Research – Developing High Priority Outcome Measures
Stakeholder Engagement in Deprescribing Research
Implementation Challenges in Deprescribing Interventions
- 3:30 PM **Afternoon Break**
- 3:45 PM **Poster Session**
- 4:45 PM **Closing Remarks**
- 6:00-9:00 PM **Junior Investigator Intensive**

8:00 AM – 5:00 PM

BUPRENORPHINE WAIVER TRAINING FOR CLINICIANS

Room:

Additional fee session

CME/CE Credit: 8

Track: Clinical Practice

Sponsored by the Alcohol, Tobacco, and Other Drug Use (ATOD) Among Older Adults Special Interest Group

Moderator: Tiffany Y. Lu, MD, MS

Opioid use disorder increasingly affects older adults, yet treatment for opioid use disorder remains poorly integrated into settings where geriatric patients routinely receive care. Buprenorphine is one of three medications approved by the FDA to treat opioid use disorder, is highly effective, safe in older adults, and can be prescribed by primary care clinicians. Yet a paucity of primary care clinicians and geriatricians are waived to prescribe buprenorphine. By completing this 8-hour training and passing the exam with 75% or greater, participants will become eligible to apply for the waiver to prescribe buprenorphine in the United States under the Drug Addiction Treatment Act of 2000 (DATA 2000). This training will also have a special focus on buprenorphine prescribing for older adults. The training is open to physicians, nurse practitioners (NP), and physician assistants (PA) however NP/PA need to complete more hours of training beyond this course (24 hours total) per the 2016 Comprehensive Addiction and Recovery Act (CARA) requirements. Learning Objectives: (1) list factors important to patient selection for office-based buprenorphine treatment; (2) identify the clinically relevant pharmacological characteristics of

buprenorphine, methadone, and naltrexone; and (3) describe the resources needed to establish office-based treatment with buprenorphine and other medications for patients with opioid use disorders.

Opioid Use Disorder and Treatment with Buprenorphine/Naloxone

Justina L. Groeger, MD, MPH

Patient Evaluation of the Older Adult for Opioid Use Disorder

Benjamin Han, MD, MPH

Clinical Uses of Buprenorphine for Older Adults

Michael Fingerhood, MD

1:00 PM – 5:30 PM

GERIATRIC MEDICINE BOARD REVIEW

Room:

Additional fee session

CME/CE: 4 Track: Education

Sponsored by the Teachers Section and the Education Committee

Moderator: Mandi Sehgal, MD

This interactive pre-conference session will provide an updated overview of evidence-based geriatric medicine for physicians preparing for initial certification or recertification in geriatric medicine with the ABIM/ABFM. The session will be question-answer-discussion format using content from the latest edition of the Geriatrics Review Syllabus (GRS). A discounted copy (\$100 off list price) of the Digital Edition of the GRS is included in your registration fee for this session. Learning Objectives: (1) describe the tested content areas and their relative weight on the exam using Geriatric Medicine Certification Examination Blueprint; (2) identify areas of relative strength and weakness in their geriatric knowledge, as measured by individual performance on review questions from different content areas; and (3) create a GRS 10 based self-study plan based on their identified strengths and weaknesses, as measured by confidence applying a templated study guide to individual needs.

Introduction to the Geriatric Medicine Board Exam

Becky B. Powers, MD & Lynn M. Wilson, DO

Self-Study Questions

Rachel E. Jantea, MD, MS; Sarwat Jabeen, MD, FAAFP; Lauren J. Gleason, MD, MPH;
Quratulain Syed, MD

Wrap-Up

Amanda Lathia, MD, MPhil; Sivan M. Ben-Moshe, MD

2:00 PM – 6:00 PM

ADGAP LEADERSHIP SESSION

Room:

Additional fee session

CME/CE: 3.5 Track: Professional Development

Sponsored by the Association of Directors of Geriatric Academic Programs (ADGAP)

This interactive pre-conference will provide participants with essential knowledge and leadership skills to successfully manage their geriatrics programs and grow in the field. Participants will have the opportunity to hear from three generations of Division Chiefs in various settings around the country and learn from their challenges and successes. Session leaders will guide discussion and ensure key takeaways are shared. Participants will also hear from a strategic communications expert on how to use language and tell compelling stories to enhance your program. Through small group activities, attendees will learn how to successfully deliver an elevator speech and practice their newly acquired skills. We also will provide tools and frameworks to guide participants' learning to help them apply these approaches after the

workshop. Learning Objectives: (1) utilize effective communication skills to impact interactions with leadership, potential supporters, faculty and peers; and (2) identify strategies to effectively run a division.

- 2:00 PM Welcome & Introduction**
Sharon A. Brangman, MD, AGSF
- 2:05 PM Tag You're It – Lessons Learned from 3 Generations of Division Chiefs**
Moderator: Mriganka Singh, MD
Presenters: Lisa M. Walke, MD, MSHA; Cynthia J. Brown, MD, MSPH, AGSF; James W. Campbell, MD, MS
- 2:50 PM Making Your Case and Standing Your Ground - Part I**
Dave A. Yewman, BA
- 4:15 PM Break**
- 4:30 PM Making Your Case and Standing Your Ground - Part II**
Dave A. Yewman, BA
- 5:50 PM Final Thoughts/Closing Remarks**
Sharon A. Brangman, MD, AGSF
- 7:00 PM Networking Reception**

SPECIAL INTEREST GROUPS

6:00 PM – 7:00 PM

ACUTE HOSPITAL CARE

Room:

Track: Networking

Chair: Kellie L. Flood, MD

The mission of the Acute Hospital Care SIG is to improve the outcomes of hospitalization of older patients through enhanced clinical care, dissemination of research findings and education of health professionals. Participants will discuss the impact of the Affordable Care Act on acute hospital care, prevention and management of geriatric syndromes, and value-based practices. The SIG meeting is open to all AGS participants.

6:00 PM – 7:00 PM

ALCOHOL, TOBACCO, AND OTHER DRUG USE (ATOD) AMONG OLDER ADULTS

Room:

Track: Networking

Co-Chairs: Benjamin Han, MD, MPH; Alison A. Moore, MD, MPH; Justina L. Groeger, MD, MPH

The purpose of the Alcohol, Tobacco, and Other Drug Use (ATOD) Special Interest Group is to address the sharp increase in unhealthy substance use and substance use disorders among older adults. This SIG brings together an interdisciplinary group of professionals with clinical, educational, and/or research interests in the use of alcohol, tobacco, and other drug use by older adults.

6:00 PM – 7:00 PM

CLINICAL CARE FOR HOMELESS OLDER ADULTS

Room:

Track: Networking

Co-Chairs: Diane Chau, MD & Vera Sverdlovsky, MD

The purpose of this SIG is to provide a forum where issues that impact the homeless aging older adult are discussed. The SIG is meant to be a place where the members can interact to find and expand access to care when it comes to caring for Homeless Older Adults.

6:00 PM - 7:00 PM

CLINICAL RESEARCH IN DEMENTIA

Room:

Track: Networking

Co-Chairs: Noll L. Campbell, PharmD, MS & Stephanie L. Garrett, MD, FACP, CHPE

The Clinical Research in Dementia Special Interest Group is committed to networking among AGS members who are dedicated to clinical research in older adults suffering from dementia. Also invited to this SIG are members transitioning to dementia from other focus areas. Members will use this forum to disseminate knowledge and share methods from recent and ongoing projects, as well as identify collaborative opportunities to advance clinical research in dementia.

6:00 PM - 7:00 PM

ELDER ABUSE AND NEGLECT

Room:

Track: Networking

Chair: Ronan Factora, MD

Elder abuse and neglect is common yet under-recognized and underreported. This group of professionals seeks to address this issue by sharing experiences/ideas and coordinating/collaborating on projects aimed at disseminating knowledge and ultimately helping victims of elder abuse and neglect. Members include national leaders in the field working on research and advocacy, as well as clinicians and educators propagating the importance of this topic to healthcare learners. The Elder Abuse SIG fosters collaboration and networking to develop such initiatives amongst its members to forward its mission throughout the year.

6:00 PM – 7:00 PM

NEEDS OF OLDER LESBIAN, GAY, BISEXUAL AND TRANSGENDER PERSONS

Room:

Track: Networking

Chair: Jeffery D. Mariano, MD

Lesbian, gay, bisexual, transgender and non-binary older persons are a vulnerable and resilient group. The position statement by our organization in 2015 communicated a vision and opportunities to achieve health equity. This interest group centers on the analysis of health systems and approaches, advocacy, and education. It is open to all AGS participants who are dedicated to delineating these needs and advocating for older LGBT persons.

6:00 PM – 7:00 PM

OSTEOPOROSIS AND METABOLIC BONE DISEASE

Room:

Track: Networking

Chair: Kenneth W. Lyles, MD

The Osteoporosis and Metabolic Bone Disease Special Interest Group has enjoyed meeting at each AGS Annual meeting for over 20 years. We are a collection of clinicians and investigators who enjoy sharing the ideas on how evaluate and manage difficult patients. As a group, we think collectively about what the educational needs of our members are and try to formulate interesting topics about bone diseases to appear on the next year's annual meeting program. This year our SIG members sponsored a session on the program: "Boning Up on Osteoporosis: The Clinicians' Role in 2020". Please attend this session. All are welcome at this SIG meeting.

6:00 PM – 7:00 PM

POLYPHARMACY

Room:

Track: Networking

Chair: Zachary A. Marcum, PharmD, PhD, BCPS & David S. H. Lee, PharmD, PhD

The Polypharmacy SIG meeting is an opportunity for those interested in improving medication use among older adults to share ideas, network, and have some fun. All are welcome!

6:00 PM – 7:00 PM

PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)

Room:

Track: Networking

Co-Chairs: Gwendolyn Graddy-Dansby, MD & Susan Hardy, MD

PACE (Program for All-Inclusive Care of the Elderly) is a comprehensive, fully integrated model which provides community-based care for nursing home eligible frail elders. This session will provide information to people who are interested in working with or establishing a PACE organization. In addition, people who are currently working with PACE organizations are encouraged to attend to share PACE stories and best practices for management of older adults with chronic diseases. We encourage anyone with questions to come and explore why this model has become so successful.

6:00 PM – 7:00 PM

SOCIETY FOR GENERAL INTERNAL MEDICINE GERIATRICS (SGIM)

Room:

Track: Networking

Chair: Jennifer L. Carnahan, MD, MPH

The Society for General Internal Medicine (SGIM) Interest Group has traditionally been a source of collaborative activity between the American Geriatrics Society and SGIM. Collaborative efforts between geriatricians and general internists who frequently provide care for older adults are synergistic and provide benefits all participants. This interest group will focus on ways to develop products including symposiums and workshops for the annual meetings of both societies, encourage dialogue between members focused on research, education, or clinical care of older adults, and connect members with similar interests with mentorship and opportunity for joint projects outside the annual meetings. We welcome researchers, clinicians, and educators at all levels of training and expertise to our meeting.

6:00 PM – 7:00 PM

TIDESWELL LEADERS IN AGING PROGRAM

Room:

Track: Networking

Co-Chairs: Megan Young, MD; Timothy W. Farrell, MD, AGSF; Liron Danay Sinvani, MD; Maile Karris, MD

The theme of the 2020 Tideswell Leaders in Aging Program Special Interest Group is geriatric evangelism or spreading the knowledge and passion about taking care of older adults to the greater healthcare community. We will hear from two past Tideswell scholars who are participating in such work. Come connect with current and past scholars to share ideas, collaborate on projects and future workshops.

7:00 PM – 8:00 PM

OPENING RECEPTION

Room:

Track: Networking

Please join AGS leaders and staff in celebrating longstanding members of the AGS who are transitioning from major roles or retiring in 2020 and welcoming our new members at the Opening Reception. If you are a new member, this is a perfect opportunity to connect with AGS, ADGAP and Health in Aging Foundation Board members as well as with the leaders of our state affiliates.

THURSDAY, MAY 7

7:30 AM – 8:00 AM

AGS MEMBERS BUSINESS MEETING

Room:

Meeting of the AGS membership. Reports on the status of AGS 2019, highlights and introduction of the new President and Board members.

Opening Remarks and Announcements

Joseph Shega, MD, *2020 Annual Meeting Program Chair*

CEO Remarks

Nancy E. Lundebjerg, MPA

Treasurer's Report

Peter Hollmann, MD

Recognition of Outgoing Committee Members

Sunny A. Linnebur, PharmD, FCCP, BCPS, CGP

Incoming President's Address

Annette M. Medina-Walpole, MD

SECTION MEETINGS

8:15 AM – 9:15 AM

FELLOWS-IN-TRAINING BREAKFAST

Room:

Track: Networking

Chair: Elizabeth Ngoc Phung, DO, NPAS

Please join other fellows, faculty members, and leaders in geriatrics at the annual Fellows-in-Training Breakfast. This event is a unique opportunity to share and discuss ideas, past experiences, and future career plans while networking with colleagues and mentors from across the country.

8:15 AM – 9:15 AM

NURSES BREAKFAST

Room:

Track: Networking

Chair: Margaret I. Wallhagen, PhD, GNP-BC, AGSF

Join other nurses, nursing students, and AGS leaders at this special breakfast session. The breakfast will also include time for networking and presentations by AGS nursing leaders.

8:15 AM – 9:15 AM

PHARMACISTS BREAKFAST

Room:

Track: Networking

Chair: Jeannie Lee, PharmD & Carla J. Bouwmeester, PharmD, MS, BCPS, BCGP

The Pharmacists Breakfast is an opportunity for pharmacist members of AGS to network, share about their AGS presentations, and discuss ways to collaborate. A conversation of leadership opportunities within AGS will also be a priority for the meeting.

8:15 AM – 9:15 AM

SOCIAL WORKERS BREAKFAST

Room:

Track: Networking

Chair: Dawn E. Butler, JD, MSW

Please join other social workers and social work students at the Social Workers Breakfast session. This session will provide an opportunity to meet, network, and collaborate with other social workers in the field of aging. The session will also include opportunities to discuss experiences and projects related to collaborations between health care systems and community-based organizations.

CONCURRENT SESSIONS

8:15 AM – 9:15 AM

DECISION MAKING FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS: THE AMERICAN GERIATRICS SOCIETY GUIDING PRINCIPLES ON THE CARE OF OLDER ADULTS WITH MULTIMORBIDITY

Room:

CME/CE: 1.0

Track: Clinical Practice

Sponsored by the Quality and Performance Measurement Committee and the Clinical Practice and Models of Care Committee

Moderator: Heather E. Whitson, MD, MHS

The AGS Guiding Principles for the Care of Older Adults with Multimorbidity have been translated into a framework of Actions and accompanying Action Steps for decision making for clinicians who provide both primary and specialty care to older people with MCCs. Learning Objectives: (1) identify and communicate patients' health priorities; (2) develop strategies for stopping, starting, or continuing care based on health priorities, potential benefit vs harm and burden, and health trajectory; and (3) provide a framework for aligning decisions and care with patients, caregivers, and other clinicians with patients' health priorities and health trajectory.

Why the American Geriatrics Society Guiding Principles and Action Framework are Needed

Cynthia M. Boyd, MD, MPH

Health Priorities-Aligned Care for Older People with Multiple Chronic Conditions

Caroline S. Blaum, MD, MS

Barriers and Mitigating Factors to Implementing Multiple Chronic Conditions Action Steps

Mary E. Tinetti, MD

8:15 AM – 9:15 AM

VA RESEARCH FUNDING OPPORTUNITIES FOR EARLY TO ESTABLISHED INVESTIGATORS

Room:

CME/CE: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: Carole Sztalryd Woodle, PhD, ORD, RR&D

This session will bring awareness of VA research and research opportunities to clinicians and early-career, mid-career, or established investigators in the field of aging research. The session will end with small group breakouts to allow attendees to query VA program officers and current investigators about current funding opportunities and strategies for success. Learning Objectives: (1) describe the VA mission, research services and funding opportunities in the field of aging research available to investigators at different career stages; (2) describe VA research priorities, including strategic and cross-cutting priorities, and new initiatives; (3) identify resources for research training within the VA, including

the Geriatrics Research and Education and Clinical Center system; and (4) list examples of VA aging research and VA research career trajectories.

VA Research and Funding Opportunities for Early-Career to Established Investigators

Carole Sztalryd Woodle, PhD, ORD, RR&D

Unique VA Structures to Conduct Research in the Aging Field: GRECCs

Neil Alexander, MD & Mark A. Supiano, MD, AGSF

Research Career Q&A and Networking Session

Monica C. Serra, PhD; Camille P. Vaughan, MD, MS; Keith M. McGregor, PhD

8:15 AM – 9:15 AM

GERIATRIC EDUCATION MATERIALS AND METHODS SWAP

Room:

CME/CE Credit: 1.0

Track: Education

Sponsored by the Teachers Section and the Education Committee

Moderator: TBD

This workshop presents a forum for teachers of geriatric education to share topics and materials of common interest, such as program development, curriculum, educational process and research in teaching and evaluation. Learning Objective: (1) describe and exchange geriatric education and teaching materials.

8:15 AM – 9:15 AM

CLINICAL SKILLS WORKSHOP: PHYSICAL EXAM

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Ticketed session. No additional fee.

Facilitators: Shobhana A. Chaudhari, MD, FACP, AGSF; Ashok P. Chaudhari, MD; Estrella Roffe, MD, AGSF; Julio A. Martinez-Silvestrini, MD

This workshop will cover practical techniques for conducting a high-quality geriatric joint exam in a time efficient manner. Participants will have a chance to practice joint exam techniques in small groups with expert facilitators. Learning Objective: (1) perform a screening joint physical examination of the hip, knee and shoulder joints.

8:15 AM – 9:15 AM

PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

9:30 AM - 10:15 AM

PLENARY PAPER SESSION

Room:

CME/CE Credit: .75

Track: Research

Sponsored by the Research Committee

Moderator: Annette M. Medina-Walpole, MD

This session will present the top three research abstracts based on average score, quality, originality and methodology of research. Learning Objectives: (1) describe emerging concepts or a new scientific focus in aging research; and (2) summarize the key findings of research with relevance to care of older adults.

10:15 AM – 11:15 AM

PREVENTING SERIOUS FALL INJURIES: PRIMARY FINDINGS FROM THE STRIDE STUDY

Room:

CME/CE: 1.0

Track: Clinical Practice

The Strategies to Reduce Injuries and Develop Confidence in Elders (STRIDE) Study findings will be presented. The aim of STRIDE is to evaluate the effectiveness of evidence-based strategies to reduce serious fall-related injuries by implementing individually tailored interventions to prevent fall-related injuries.

CONCURRENT SESSIONS

11:30 AM – 12:30 PM

TYPE 2 DIABETES IN OLDER ADULTS: RE-REVISITED

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Thomas E. Finucane, MD

This symposium will highlight evidence about drug and nondrug management of T2D, with emphasis on new evidence that strengthens the observation that treatment to achieve strict, target based glycemic control in T2D is a mistaken strategy with particular harm in older adults. Learning Objectives: (1) incorporate the latest clinical research on drug management of T2D into existing treatment strategies; (2) describe the role of nondrug treatments; and (3) recognize the effectiveness of the drug industry and the diabetes enterprise in promoting profitable treatment strategies.

The Safety, Efficacy and Affordability of Lifestyle Interventions for T2D

Caroline B. Trapp, DNP, ANP-BC, CDE

In T2D, Maybe it's Not the Glucose

Thomas E. Finucane, MD

11:30 AM – 12:30 PM

COMPLEX SURGICAL DECISION-MAKING IN OLDER ADULTS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Geriatric-Surgical Co-Management Programs Special Interest Group, the Ethics Committee, and the Clinical Practice and Models of Care Committee

Moderator: Sarah A. Wingfield, MD

This session will provide a roadmap for surgical decision making for health care providers caring for older adults in the perioperative period. Learning Objectives: (1) recognize the importance of performing a preoperative cognitive assessment and articulate the impact this assessment has on determining a patient's capacity to consent for surgery; (2) discuss the essential components of geriatric perioperative risk assessment; (3) elicit patient goals and preferences surrounding operative and non-operative treatment options; and (4) use the BC/WC framework as a tool to facilitate shared decision making.

Preoperative Cognitive Assessment and Capacity

Bonnie J. Olsen, PhD

Perioperative Risk Assessment

Shelley R. McDonald, DO, PhD, CMD

Shared Decision Making: Best Case/Worst Case
Margaret Gretchen Schwarze, MD, MPP, FACS

11:30 AM – 12:30 PM

THE ABCS OF NIA GRANTSMANSHIP - FOR EARLY CAREER RESEARCHERS AND THEIR MENTORS

Room:

CME/CE: 1.0

Track: Research

Sponsored by the National Institute on Aging for new and early stage researchers in cooperation with the AGS Research Committee

Moderator: Marie A. Bernard, MD

The symposium is intended for investigators with current research training or career development awards, including "T," "F," or "K" funding, or GEMSSTARs. It is also intended for individuals who are interested in learning about these types of grant opportunities. The session targets the needs of new and early career investigators by providing an overview of NIA's extramural research programs and initiatives, including a focus on emerging opportunities across NIA for Alzheimer's and related dementias research. Funding and training opportunities, the Center for Scientific Review grants review process, and experiences of an early career researcher will also be featured. Participants will have an opportunity to meet and consult with representatives from NIA. Learning Objectives: (1) describe the NIA mission and extramural divisions supporting early stage investigators in clinical, biomedical, neuroscience, and behavioral and social research; (2) discuss recent policy changes which affect the funding environment; (3) identify NIA's resources for research training and grant application; and (4) meet with representatives of NIA.

NIA Research Priorities and Opportunities for Early Career Researchers

Marie A. Bernard, MD, *Deputy Director, National Institute on Aging*

How to Get an NIA Grant

Kenneth E. Santora, PhD

Viewpoints from Junior Faculty Researchers

Andrew B. Cohen, MD, PhD

Meet with NIA Representatives

11:30 AM – 12:30 PM

HOW TO IMPLEMENT PATIENT PRIORITIES ALIGNED CARE IN YOUR PRACTICE

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Mary E. Tinetti, MD

Patient Priorities Care (PPC) aims to align the healthcare of older adults with multiple conditions with their health priorities (i.e. specific health outcomes goals and care preferences) and preparing clinicians to translate these priorities into clinical decisions. Learning Objectives: (1) describe the steps involved in identifying patients' health priorities (health outcome goals and healthcare preferences); (2) review the steps and strategies that can be used in patient priorities aligned decision-making; and (3) gain preliminary hands-on experience with what the Patient Priorities Care approach entails.

Overview of the Patient Priorities Care (PPC) Approach

Mary E. Tinetti, MD

Demonstration of Identification of Patients' Health Priorities

Aanand D. Naik, MD & Yael Zweig, MSN

Demonstration of Clinicians Using Patient Priorities Decisional Strategies

Jennifer A. Ouellet, MD, MHPE

Interactive Case Discussion of Patient Priorities Aligned Decision-Making

Mary E. Tinetti, MD; Aanand D. Naik, MD; Jennifer A. Ouellet, MD, MHPE; Caroline S. Blaum, MD, MS; Claire Davenport, MD, MS

11:30 AM – 12:30 PM

JOINT INJECTION WORKSHOP: KNEE, SHOULDER AND HIP

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Ticketed session. No additional fee.

Facilitators: Shobhana A. Chaudhari, MD, FACP, AGSF; Ashok P. Chaudhari, MD; Estrella Roffe, MD, AGSF; Julio A. Martinez-Silvestrini, MD

After a brief demonstration of joint injection techniques by faculty, participants will practice the injections on joint models with faculty support. Learning Objectives: (1) demonstrate ability to inject the knee; (2) demonstrate ability to inject the shoulder; and (3) demonstrate ability to inject Trochanteric Bursa.

11:30 AM – 12:30 PM

PAPER SESSION

Room:

CME/CE Credit: 1.0 Track: Research

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

12:30 PM – 6:00 PM

EXHIBIT HALL OPEN AND POSTERS AVAILABLE FOR VIEWING

12:30 PM – 1:30 PM

LUNCH BREAK

Complimentary lunch available in Exhibit Hall.

12:30 PM – 1:30 PM

POSTER SESSION A

Room: Exhibit Hall

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

12:30 PM – 1:30 PM

EDUCATION PRODUCT SHOWCASE

Room: Exhibit Hall

The Education Product Showcase will provide attendees an opportunity to examine education products focusing on classroom teaching, small group activities, web-based modules, handouts and guides, "bedside" teaching tools, self-studies, and others.

CONCURRENT SESSIONS

1:30 PM – 2:30 PM

AUGMENTATION THERAPIES FOR DEPRESSION IN OLDER PEOPLE: SCIENCE AND PRACTICE

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Soo Borson, MD

This session will review the rationale for replacing or augmenting antidepressant pharmacotherapy with non-pharmacological approaches as well as supplemental or alternative medications. We summarize the evidence supporting existing options, suggest how they can be used in clinical practice, and describe health system design elements that foster comprehensive depression care for older people. Learning Objectives: (1) name at least 2 types of evidence-based pharmacological interventions to augment antidepressant medication; (2) describe at least 2 types of evidence-based non-pharmacological interventions to augment or replace antidepressant medication; and (3) identify 2 health system design elements that support comprehensive depression care for older adults.

Why We Need Augmentation Strategies in Late-Life Depression Care

Soo Borson, MD, FAPA, FGSA

Boosting Resilience to Prevent Depression

Helen Lavretsky, MD

1:30 PM – 2:30 PM

GLOBAL DEPREScribing UPDATES: LESSONS LEARNED AND NEEDS FOR THE FUTURE

Room:

CME/CE Credit: 1.0

Track: Public Policy

Sponsored by the Polypharmacy Special Interest Group

Moderator: Nicole J. Brandt, PharmD, MBA, BCGP, BCPP, FASCP

This program will provide lessons learned from interprofessional leaders located throughout the world.

Learning Objectives: (1) describe a framework for deprescribing and what stakeholders need to be involved; (2) list at least 3 challenges that were faced in implementing deprescribing; (3) describe at least 3 tactics or tools to sustain deprescribing; and (4) identify at least 3 action items that need to be taken on a national and international basis.

Canadian Deprescribing Network – Policy Steps 2.0

Cheryl A. Sadowski, PharmD, BCGP, FCSHP

Australian Deprescribing Network Implementation - Lessons Learned

Sarah N. Hilmer, BScMed(Hons), MBBS(Hons), FRACP, PhD

US Deprescribing Initiatives - Looking Ahead

Cynthia M. Boyd, MD, MPH; Michael A. Steinman, MD

1:30 PM – 2:30 PM

NARRATIVE MEDICINE: COMMUNICATING TO THE PUBLIC, POLICY MAKERS, AND FUNDERS

Room:

CME/CE Credit: 1.0

Track: Education

Moderator: Louise Aronson, MD

This session will begin by discussing different forms of written public communication by health professionals, from op-eds and medical journal perspectives articles to research and policy narratives. We then will consider techniques and strategies for success, including how to appeal to your target audience and capitalize on your experience and expertise – techniques that work across all communication and audience types. Learning Objectives: (1) discuss how media and social media have transformed the ways people and organizations interact, influence one another, and share information; (2)

identify different forms of written, oral, and mediated public communication, as well as strategies for appealing to your target audience while capitalizing on your expertise; and (3) explore how clinicians, researchers, administrators, and leaders can leverage narrative and communications fundamentals to communicate more effectively and with more diverse audiences in the 21st century.

1:30 PM – 2:30 PM

NIA SYMPOSIUM FOR RESEARCHERS AT MID-CAREER AND BEYOND – OPPORTUNITIES FOR ESTABLISHED RESEARCHERS

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the National Institute on Aging in cooperation with the AGS Research Committee

This symposium is intended for independently funded researchers at a mid- to senior career level. It targets the needs of research leaders and established investigators by providing an update from NIA staff on research programs and initiatives. A question and answer session will follow brief introductory remarks on current funding, new opportunities including those related to Alzheimer's Disease and Related Dementias, and future priorities and research directions of NIA. Learning Objectives: (1) describe the current and future research foci of the NIA extramural divisions; and (2) discuss the current funding environment.

Overview of NIA Budget, and Priority Areas

Marie A. Bernard, MD, *Deputy Director, NIA*

NIA Café

NIA representatives will move to designated tables, organized by division. Participants will have an opportunity to visit different tables to interact with NIA representatives in small groups or individual conversations.

Evan C. Hadley, MD, Director, Division of Geriatrics and Clinical Gerontology

Kenneth E. Santora, PhD

Lis Nielsen, PhD

Eliezer Masliah, MD

1:30 PM – 2:30 PM

PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

1:30 PM – 2:30 PM

LEADERSHIP CURRICULUM

Room:

CME/CE Credit: 1.0

Track: Professional Development

1:30 PM – 3:00 PM

ADGAP BUSINESS MEETING

Room:

CONCURRENT SESSIONS

2:45 PM – 3:45 PM

DO MORE, DO NOTHING, OR DO LESS: DECISION-MAKING ABOUT BLOOD PRESSURE CONTROL IN OLDER PATIENTS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Research and the Clinical Practice and Models of Care Committees

Moderator: Mark A. Supiano, MD, AGSF

Despite the profound benefits among older participants in from the Systolic Blood Pressure Intervention Trial (SPRINT), and the new recommended treatment threshold of <130 mm Hg, this more intensive treatment target has not been universally accepted. The goal of this symposium is to discuss some of these potential explanations with a particular focus on the question of generalizability of the SPRINT results to the geriatric patient populations that many AGS members care for. Learning Objectives: (1) discuss how the characteristics of SPRINT participants pertain to the population of older adults, and how the cardiovascular and cognitive benefits in SPRINT translate to the population level; (2) define the older adults with hypertension with a “high degree burden of comorbidity and limited life expectancy” for whom “clinical judgment, patient preference, and a team-based approach to assess risk/benefit is reasonable for decisions regarding intensity of BP lowering and choice of antihypertensive drugs” (ACC/AHA 2017 Hypertension Guideline) should be applied; and (3) review how advanced age (> 80 years), gait speed, frailty status, polypharmacy, and the presence of multiple chronic conditions influences SPRINT treatment outcomes.

Generalizability, Population Health Impact, and Cost-Effectiveness of the SPRINT Results to the US Adult Population

Adam P. Bress, PharmD, MS

Challenges in Translating SPRINT Efficacy into Effectiveness

Ronald I. Shorr, MD, MS

Decision-Making About Blood Pressure Control in Older Patients with Mild to Moderate Functional Decline

Nicholas M. Pajewski, PhD

2:45 PM – 3:45 PM

GENITOURINARY HEALTH FOR OLDER WOMEN

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Christine K. Bradway, PhD, CRNP, FAAN, AGSF

Benign urologic conditions (BUCs)—including urinary tract infections, urologic chronic pelvic pain syndrome, conditions associated with lower urinary tract symptoms (e.g., urinary incontinence, frequency, urgency, nocturia), and urinary stone disease (USD)—are common. Learning Objectives: (1) discuss the role that BUCs may play in development of obesity, diabetes, depression, and hypertension; and (2) explore the relationship between toileting behaviors and UI in women with implications for bladder health.

Increased Risk of Comorbid Conditions: Uncovering the Hidden Burden of Genitourinary Conditions

Camille P. Vaughan, MD, MS

Toileting Behaviors-Women's Elimination Behaviors in Older Women Mary H. Palmer, PhD, RN, FAAN, AGSF

2:45 PM – 3:45 PM

HOME-BASED ACUTE CARE: THE NEW ACUTE CARE ALTERNATIVE FOR THE GERIATRIC PATIENT

Room:

CME/CE Credit: 1.0

Track: Models of Care

Moderator: Albert Siu, MD

Not infrequently, as healthcare professionals, we find ourselves asking the question “did this person really need to be admitted.” Often, we are finding the answer to be “no”. To explore other options when caring for patients, especially our older, more frail adults, we present an alternative model of care: home-based acute care. Learning Objectives: (1) identify components of value-based care models and understand how these models lead to improved quality of care and better concordance with goals of care for older adults; (2) describe home-based acute care models, where they are applicable and how they may benefit older adults’ healthcare needs; and (3) describe practical approaches to implementation of home-based acute care models.

Evolution of Home-Based Acute Care: A Value-Based Model

Albert Siu, MD

Hospital at Home: A Home-Based Acute Care Model

Ana Tuya Fulton, MD, AGSF, FACP & Lidia A. Vognar, MD, MHS, CMD

Roundtable Discussion: Introduction to our West Health Institute and Institute for Healthcare Improvement Experts

Amy R. Stuck, PhD, RN

2:45 PM – 3:45 PM

IMPLEMENTATION SCIENCE: MOVING MODELS OF CARE FOR OLDER PATIENTS FROM RESEARCH EVIDENCE TO REAL

Room:

CME/CE Credit: 1.0

Track: Research

Developed by the Research Committee

Moderator: John A. Batsis, MD, AGSF

Implementation of evidence-based interventions takes an average of 17 years to convert 14% of research findings into routine daily practice. Implementation science is the scientific study of methods to promote the systematic uptake of research findings and other evidence-based practices into routine practice and, hence, to improve the quality and effectiveness of health services. Learning Objectives: (1) describe implementation science and its relevance in the context of current health policies and agenda as it pertains to older adults; (2) describe research designs that are unique to the field of implementation science; (3) review the key characteristics of designing and evaluating a hybrid type 1 effectiveness-implementation study in the acute care setting; and (4) discuss the key characteristics of designing and evaluating a hybrid type 3 effectiveness-implementation study in the community care setting.

Relevance and Key Components of Implementation Science in Ageing Research

Leah L. Zullig, PhD, MPH

Implementation of Geriatric Co-Management in Cardiac Patients

Mieke Deschodt, RN, PhD, FEANS

Implementing the Collaborative Dementia Care Model in the Real World

Malaz A. Boustani, MD, MPH

Panel Discussion and Q&A

2:45 PM – 3:45 PM

PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Developed by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

2:45 PM – 3:45 PM

JOINT INJECTION WORKSHOP: KNEE, SHOULDER AND HIP

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Ticketed session. No additional fee.

Facilitators: Shobhana A. Chaudhari, MD, FACP, AGSF; Ashok P. Chaudhari, MD; Estrella Roffe, MD, AGSF; Julio A. Martinez-Silvestrini, MD

After a brief demonstration of joint injection techniques by faculty, participants will practice the injections on joint models with faculty support. Learning Objectives: (1) demonstrate ability to inject the knee; (2) demonstrate ability to inject the shoulder; and (3) demonstrate ability to inject Trochanteric Bursa.

2:45 PM – 3:45 PM

CPT CODING: BASIC PRINCIPLES AND PRACTICE

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Speaker: Peter A. Hollmann, MD

This session will help the attendee become aware of coding that is especially relevant to geriatrics health care professionals. Specific topics that will be addressed include: E/M (office and facility visit codes and Medicare Preventive Medicine codes) and overview to coding and billing for the geriatrics professional. Learning Objectives: (1) describe basic coding principles; (2) discuss key Medicare payment rules; and (3) interpret how to relate these to practice management.

2:45 PM – 3:45 PM

JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP BUSINESS MEETING

Room:

Chair: Brienne Miner, MD, MHS

The Junior Faculty Research Career Development Special Interest Group is for junior faculty members and research fellows pursuing a career in aging-related research. At this meeting, we will elect our leadership for the coming year and discuss ideas for a symposium submission. This SIG is a great way to network with other early career researchers and become involved with AGS.

4:00 PM – 5:00 PM

HENDERSON STATE-OF-THE-ART LECTURE

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Speaker: Ellen Flaherty, PhD, APRN, AGSF

5:00 PM – 6:00 PM

PRESIDENTIAL POSTER SESSION & RECEPTION

Room: Exhibit Hall

Track: Research

The Presidential Poster Session and Reception features posters that received the highest rankings from abstract reviewers. Posters will be judged and one poster in each category will be chosen to receive a "Best Poster" award. Light refreshments will be served.

5:30 PM - 6:00 PM

GUIDED SCIENCE & INNOVATION POSTER WALKING TOUR

Room: Exhibit Hall

Sponsored by the Research Committee

The honored Henderson Award recipient will lead an interactive walking tour of exciting posters, featuring new discoveries, novel models of care, or other innovations in geriatrics. Each stop on the tour will involve a brief discussion with the poster presenter about the main findings and clinical implications of the work. The walking tour will launch from the AGS Marketplace Booth in the Exhibit Hall at 5:30 PM. If you arrive late, you can catch up with the tour by picking up a handout at the Marketplace.

6:00 PM – 7:00 PM

BOOK CLUB

Room:

Track: Networking

Description coming soon.

SPECIAL INTEREST GROUPS

6:00 PM – 7:00 PM

ACHIEVING HEALTH EQUITY AMONG DIVERSE OLDER ADULTS (AHEAD)

Room:

Track: Networking

Co-Chairs: Jane Jih, MD, MPH, MAS & Benjamin Han, MD, MPH

The Achieving Health Equity Among Diverse Older Adults (AHEAD) Special Interest Group which will meet for the first time at the 2020 AGS Annual Meeting. The mission of this new SIG is to bring together AGS members with an interest in promoting health equity and reducing health and healthcare disparities among diverse older adults in order to 1) promote health equity initiatives at AGS; 2) develop programming and educational materials for AGS members; 3) create interdisciplinary relationships and mentorship with colleagues with an interest in health equity initiatives; and 4) cultivate collaborations in health equity-focused research and quality improvement initiatives among older adults.

6:00 PM – 7:00 PM

CANCER AND AGING

Room:

Track: Networking

Co-Chairs: Melissa L. Wong, MD, MAS; Kah Poh (Melissa) Loh, MBBCh,ca BAO; Carolyn Presley, MD, MHS

This interdisciplinary assemblage of geriatric, gerontologic, and oncologic professionals (1) promotes multidisciplinary-centered cancer prevention, assessment, and management of older adults; (2) promotes education and training in geriatric oncology concepts; (3) promotes research in geriatric oncology; (4) facilitates linkages among those organizations and institutions that serve or focus upon geriatric and/or oncologic causes; and (5) champions and advocates for older adults and their families who are impacted by cancer.

6:00 PM – 7:00 PM

GEROSCIENCE

Room:

Track: Networking

Chair: George A. Kuchel, MD

The Geroscience SIG brings together AGS members from varied backgrounds who all share a common interest in efforts to leverage our understanding of basic aging processes towards the discovery, validation and implementation of intervention strategies designed to promote health, function and independence in late life.

6:00 PM – 7:00 PM

HEALTHCARE FOR LOW-INCOME SENIORS

Room:

Track: Networking

Chair: Steven R. Counsell, MD, AGSF

The mission of the Health Care for Low-Income Seniors AGS Special Interest Group is to improve the quality and outcomes of health care and maximize independence among low-income seniors by bringing together geriatrics professionals dedicated to the care of the poor, disseminating practical solutions and innovative geriatrics team care models, and advocating for public policy change to better address the needs of this population. The Healthcare for Low-Income Seniors SIG is open to all AGS meeting participants.

6:00 PM - 7:00 PM

HEALTHY AGING

Room:

Track: Networking

Co-Chairs: Kathryn M. Daniel, PhD, RN, ANP-BC, GNP-BC, GS-C, AGSF & Paul L. Mulhausen, MD, MHS, AGSF, FACP

The Healthy Aging SIG offers an opportunity for networking between and among geriatric clinicians focused on Healthy Aging. During this meeting, we will discuss and explore projects, research, and new developments around this topic as well as implementation/intervention strategies with other like-minded clinicians.

6:00 PM – 7:00 PM

THE HOSPITAL ELDER LIFE PROGRAM (HELP) / DELIRIUM PREVENTION

Room:

Track: Networking

Co-Chairs: Sarah L. Gartaganis, LCSW, MPH & Sharon K. Inouye, MD, MPH

The mission of our Hospital Elder Life Program (HELP) / Delirium Prevention is to allow all current and potentially interested HELP sites to come together to hear the latest updates about HELP and delirium prevention, as well as network and discuss successes and challenges anywhere in the planning or implementation process. The Hospital Elder Life Program (HELP) is an innovative model of hospital care designed to prevent delirium and functional decline and to improve overall quality of hospital care for older persons. The program has been demonstrated to be both effective and cost-effective, with the potential for large cost savings.

6:00 PM – 7:00 PM

INTERNATIONAL ACTIVITIES

Room:

Track: Networking

Co-Chairs: Ariba Khan, MD, MPH & Niharika Suchak, MBBS, MHS, FACP

This SIG promotes awareness of global trends in aging and healthcare issues in older adults that span continents and cross international borders. It focuses on developing proposals for AGS annual meetings regarding global challenges and successful strategies in health care delivery for older adults and models of care (including adaptation for local use), and design and implementation of geriatrics training programs in multiple health professions.

6:00 PM – 7:00 PM

INTERPROFESSIONAL EDUCATION AND PRACTICE IN GERIATRICS

Room:

Track: Networking

Co-Chairs: Josette A. Rivera, MD & Todd C. James, MD

The Interprofessional Education and Practice (IPE/P) Special Interest Group welcomes all AGS members to explore how broad health professional interest in collaboration is changing health education and practice. Interprofessional education refers to when “two or more professionals learn about, from and with each other to enable effective collaboration and improve health outcomes” (WHO, 2010). Please join us to explore opportunities to advance geriatric care and collaborative practice with new educational initiatives, curricula, and models of care.

6:00 PM – 7:00 PM

OLDER ADULTS FACING CHRONIC KIDNEY DISEASE AND/OR KIDNEY FAILURE

Room:

Track: Networking

Co-Chairs: Leah Taffel, MD; Christine Liu, MD

This SIG will discuss the ways interdisciplinary collaboration can help older adults and their family members feel supported in the dialysis vs conservative management decision making process; to collaborate on how to create co-management geriatrics and renal subspecialty clinics; and to foster research on outcomes that affect the quality of life of older adults with kidney disease, such as falls, re-hospitalization rates, and end of life care.

6:00 PM – 7:00 PM

PALLIATIVE CARE

Room:

Track: Networking

Co-Chairs: Mona Gupta, MD; Kimberly A. Curseen, MD

This SIG promotes awareness of palliative care issues in the geriatrics community, and hopes to identify and build on synergies that exist between geriatrics and palliative care.

6:00 PM – 7:00 PM

VETERANS HEALTH ADMINISTRATION

Room:

Track: Networking

Chair: Marianne Shaughnessy, PhD, CRNP

This session is intended for employees of the US Department of Veterans Affairs who are attending the conference. Representatives from the VA Offices of Geriatrics and Extended Care Policy and Services will be present to provide updates on VA activities and plans; and to engage in discussion with VA staff present regarding matters of shared concern. Interested non-VA persons are welcome to attend but are asked to refrain from participating in open discussion.

8:00 PM – 10:0 PM

DANCE PARTY / RECEPTION

Room:

Join us as we toast #AGS20 at a dance party with colleagues from across the country and around the world.

FRIDAY, MAY 8

CONCURRENT SESSIONS

7:30 AM – 8:30 AM

OPIOID USE DISORDER AND OLDER ADULTS: WHAT GERIATRICS HEALTHCARE PROVIDERS NEED TO KNOW

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Clinical Practice and Models of Care Committee; Public Education Committee; Alcohol, Tobacco, and Other Drug Use (ATOD) Among Older Adults Special Interest Group

Moderator: Alison A. Moore, MD, MPH

This symposium will provide clinicians the tools necessary to screen for, diagnose, and treat Opioid Use Disorder (OUD) in settings where older adults receive care. Learning Objectives: (1) describe the growing prevalence of OUD among older adults in the United States; (2) define the criteria for OUD and describe special considerations for applying these criteria in an older adult; (3) describe treatment options for OUD and describe special considerations for such treatment in an older adult; and (4) define models of integrating OUD treatment into settings where older adults receive primary care (outpatient clinics, home visits, SNFs), including across transitions of care.

The Epidemiology of OUD among Older Adults and How to Identify OUD in an Older Adult

Benjamin Han, MD, MPH

The Treatment of Opioid Use Disorder for Older Adults

Justina L. Groeger, MD, MPH

Integrating Opioid Use Disorder Treatment into Settings Where Older Patients Receive Care

Michael Fingerhood, MD

7:30 AM – 8:30 AM

SAFE MOBILITY FOR OLDER ADULTS ACROSS HEALTHCARE SETTINGS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Jennifer D. Muniak, MD

This program will make the case for safe mobility to be a priority for older adult patients across healthcare settings and will empower participants to implement mobility programs in their home institutions. Learning Objectives: (1) analyze the evidence for detrimental effects of low hospital mobility for older adults and the evidence for positive impact with a coordinated mobility program; (2) evaluate the unique challenges to mobility in different settings (ED, hospital, post-acute rehab, community); (3) describe common barriers to implementation of a mobility program and develop strategies in overcoming them; and (4) develop the knowledge and skills to adopt best practices from high performing mobility programs.

Safe Mobility in the Emergency Department

Ellen Flaherty, PhD, ARNP, AGSF

Importance of Hospital Mobility for Older Adults

Cynthia J. Brown, MD, MSPH, AGSF

Mobility Programs after Acute Care- What Should We Aspire To?

Ellen F. Binder, MD

7:30 AM – 8:30 AM

STEALTH GERIATRICS: AN INTERPROFESSIONAL APPROACH TO INCORPORATING GERIATRICS IN NON-TRADITIONAL VENUES

Room:

CME/CE Credit: 1.0 Track: Education

Sponsored by the Teachers Section and Education Committee

Moderator: Rebecca Starr, MD, AGSF

This interactive symposium is divided into four multi-media presentations, which will provide tools to help educators integrate geriatrics content into existing curricula without explicitly having a geriatric course or rotation. Learning Objectives: (1) compare and contrast IP models and a mapping process for integrating geriatrics content in traditional and non-traditional venues throughout a health profession curriculum; (2) identify advantages and disadvantages of using “unlabeled” geriatrics training materials; (3) develop at least one “take home” opportunity to apply concepts of integration at home institution; and (4) identify areas of partnership within your institution to develop your curriculum.

Longitudinal Integration of Geriatrics in Systems-Based Medical Student and Physician Assistant Curricula

Lisa J. Granville, MD, AGSF & Mandi Sehgal, MD

Hope from Futility - Lessons Learned from Integrating Geriatrics Content into New Pharmacy Curricula

Cheryl A. Sadowski, PharmD, BCGP, FCSHP

Gerioplasty: Implanting Geriatrics Content into the Surgery Clerkship

Denise Zwahlen, MD

Bringing Geriatrics to a Pediatrics Clerkship!

Shelley B. Bhattacharya, DO, MPH, AGSF

7:30 AM – 8:30 AM

PAPER SESSION

Room:

CME/CE Credit: 1.0 Track: Research

Developed by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original research in geriatrics; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

7:30 AM – 8:30 AM

CLINICAL SKILLS WORKSHOP: VERTIGO

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Ticketed session. No additional fee.

Faculty: Anthony Arslan, DO; Mithil V. Choksey, MD; Marina Blagodatny, MD

Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

SECTIONS

7:30 AM – 8:30 AM

RESIDENTS SECTION BREAKFAST & FELLOWSHIP FAIR

Room: B115-B116

Track: Networking

Chair: Chitra Hamilton, MD

All residents and 4th year medical students are encouraged to attend this section meeting. Come and meet others and discuss your own ideas about the field and ways to get more involved in AGS. Geriatricians will be present to discuss geriatrics as a career and opportunities in the field. Fellowship directors will be representing their programs at the fellowship fair portion of the section meeting. Breakfast will be served.

7:30 AM – 8:30 AM

WOMEN IN GERIATRICS SECTION BREAKFAST MEETING

Room:

Track: Networking

Chair: Lee A. Jennings, MD, MSHS & Lisa Miura, MD

This Section is intended for women of all disciplines working in geriatrics. The purpose is to provide a forum for women to discuss challenges and share ideas related to their personal and professional lives. Breakfast will be served. The theme for this year's breakfast is *The Best Career Advice You Have Received*. We will have 3 outstanding panelists from different backgrounds and professions serving as discussants. After the panel, we will have an opportunity for questions and for people to share their own experiences and insights.

PLENARY SESSIONS

8:45 AM – 9:30 AM

AGS AWARDS CEREMONY

Room:

Please join us as we honor and celebrate this year's prestigious award winners.

Edward J. Henderson Student Award

Clinical Student Research Award

Scientist-in-Training Research Award

Health in Aging Foundation New Investigator Awards

Outstanding Junior Investigator of the Year Award

Outstanding Junior Research Manuscript Award

Outstanding Junior Clinician Educator of the Year Award

Outstanding Mid-Career Clinician Educator of the Year Award

AGS *Choosing Wisely* Champion

State Affiliate Achievement Award

Presidential Poster Awardees

Jeffrey H. Silverstein Memorial Award for Emerging Investigators in the Surgical and Related Medical Specialties Who Are Focused on the Care of Older Adults

Arti Hurria Memorial Award for Emerging Investigators in Internal Medicine Who are Focused on the Care of Older Adults

Clinician of the Year Award

Dennis W. Jahnigen Memorial Award

David H. Solomon Memorial Public Service Award

9:30 AM – 10:15 AM

THOMAS AND CATHERINE YOSHIKAWA OUTSTANDING SCIENTIFIC ACHIEVEMENT FOR CLINICAL INVESTIGATION AWARD LECTURE

Room:

CME/CE Credit: .75

Track: Research

Speaker: TBD

CONCURRENT SESSIONS

10:30 AM – 11:30 AM

SLEEP IN OLDER ADULTS: PRACTICAL APPROACHES FOR COMMON PROBLEMS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Cathy A. Alessi, MD Sleep problems are common in older adults, significantly impact health and quality of life, and often present unique challenges for diagnosis and management across care settings. Using evidence from recent and ongoing clinical and translational research, this symposium provides an overview of practical approaches to address common sleep problems in older adults.

Learning Objectives: (1) describe practical approaches to address insomnia, sleep apnea and other common sleep problems among older adults in the outpatient setting; (2) identify factors that contribute to sleep loss and related complications in hospitalized older adults, and evidence-based interventions to address these problems; and (3) Understand the multifactorial nature of sleep disturbance among older adults in long-term care, and recent evidence to guide clinical practice in this setting.

Common Sleep Problems Among Older Outpatients

Constance H. Fung, MD, MSHS

Sleep in Hospitalized Older Adults

Nancy H. Stewart, DO, MS

Sleep in Long-Term Care

Jennifer L. Martin, PhD

10:30 AM – 11:30 AM

TAKING FLIGHT: PREPARING FOR A GENERATION OF OLDER AIR TRAVELERS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Leah J. Witt, MD

While older adults and their caregivers often seek pre-travel advice from physicians and other health professionals, most clinicians have received no formal training about preparing patients for travel. This program aims to address this knowledge gap, by describing how the physiology of aging impacts safe air

travel, exploring the prevalence and management of inflight medical emergencies, discussing barriers to travel, and proposing pre-travel preparation measures. Learning Objectives: (1) summarize how the physiologic changes of aging affect the older adult during air travel; (2) recognize the most frequent symptoms and diagnoses of inflight medical emergencies, and manage emergencies with limited resources; and (3) describe how to counsel patients about preparing for safe travel, in light of geriatric comorbidities, as well as pre-travel preparation tools available for this discussion.

The Physiologic Effects of Air Travel with Advancing Age

Megan E. Rau, MD, MPH, FACP

Medical Emergencies During Air Travel

Paulo M. Alves, MD, MSc, FAsMA

Pre-Travel Medical Consultation

Julia Loewenthal, MD

10:30 AM – 11:30 AM

THAT WAS THE YEAR THAT WILL BE

Room:

CME/CE: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: George E. Taffet, MD

This symposium will focus on basic science and translational studies in the past year that will impact clinical care in the next five years. Learning Objective: (1) discuss the application of today's bench research to tomorrow's bedside care, focusing on the neurovascular system; (2) discuss the application of today's bench research to tomorrow's bedside care focusing on cellular senescence as a driver of aging; and (3) discuss the application of today's bench research to tomorrow's bedside care focusing on the cardiovascular system.

That Was the Year That Will Be Neurovascular System

May J. Reed, MD

That Was the Year That Will Be: Cellular Senescence

Laura Niedernhofer, MD, PhD

That Was the Year That Will Be: Cardiovascular System

George E. Taffet, MD

10:30 AM – 11:30 AM

EXPANDING THE AGE-FRIENDLY MOVEMENT: TOOLS, TECHNIQUES AND RESOURCES

Room:

CME/CE Credit: 1.0

Track: Models of Care

Moderator: Maura J. Brennan, MD

The overarching goal of the workshop is to overcome barriers and empower more attendees to formally join the "age-friendly" health system movement. After brief presentations, attendees will rotate at 10-minute intervals through three of the tables below. Learning Objectives: (1) describe the steps needed to become an age-friendly health system; (2) list at least 3 ways geriatrics experts can access resources to advance the age-friendly health system movement; (3) report at least 3 different approaches to age-friendly program design and resolution of challenges; and (4) utilize contacts/mentorship relationships made during the session to support their own age-friendly planning.

The Age Friendly Health System Movement: Current State and Future Prospects

Leslie J. Pelton, MPA

Resources to Support New Members of the AFHS Movement

Alice F. Bonner, RN, PhD, FAAN

Baystate Health's Journey

Rebecca M. Dobert, AS; Maryam Hasan, MD; Alina C. Sibley, MSN, APRN

Cooley Dickinson Hospital's Path

Navneet Marwaha, MD

The AFHS Experience at Rush

Erin Emery-Tiburcio, PhD, ABPP; Robyn L. Golden, LCSW

Maine Health's AFHS Program

Molly Anderson, MD

Report Out/Open Forum

All faculty

10:30 AM – 11:30 AM**PAPER SESSION**

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

10:30 AM – 11:30 AM**CPT CODING: BEYOND BASIC E/M**

Room:

CME/CE Credit: 1.0

Track: Research

Moderator: Peter Hollmann, MD

Learning Objective: (1) discuss care management, advance care planning, collaborative behavioral health and other services, including what is new in 2020.

10:30 AM – 11:30 AM**CLINICAL SKILLS WORKSHOP: VERTIGO**

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Ticketed session. No additional fee.

Faculty: Anthony Arslan, DO; Mithil V. Choksey, MD; Marina Blagodatny, MD

Learning Objectives: (1) review the prevalence and impact of BPV; (2) perform a Dix Halpike and a lateral roll; and (3) perform canalith repositioning maneuvers to diagnose and resolve vertiginous symptoms.

10:30 AM – 11:30 AM**JUNIOR FACULTY RESEARCH CAREER DEVELOPMENT SPECIAL INTEREST GROUP WORKSHOP**

Room:

Chair: Brienne Miner, MD, MHS

The Junior Faculty Research Career Development Session is a great opportunity for junior faculty and research fellows to meet each other and to receive advice on career development from mid-career and senior faculty. Our speaker this year will be Amy JH Kind, MD, PhD, who received the 2019 Yoshikawa Award for Outstanding Scientific Achievement in Clinical Investigation. Dr. Kind will discuss her career journey and share advice about lessons learned along the way. This will be followed by roundtable discussions focusing on different stages of academic career development. Discussions will be facilitated by mid-career and senior research faculty and will cover a variety of topics, including applying for a job, navigating the mentor-mentee relationship, securing grant funding, and balancing research with other roles.

PLENARY SESSION

11:30 AM – 12:30 PM

PUBLIC POLICY PLENARY

Room:

CME/CE Credit: 1.0

Track: Public Policy

Description coming soon.

12:30 PM – 4:00 PM

EXHIBIT HALL OPEN AND POSTERS AVAILABLE FOR VIEWING

Room: Exhibit Hall

12:30 PM – 1:30 PM

LUNCH BREAK

Room: Exhibit Hall

Complimentary lunch available in the exhibit hall.

12:30 PM – 1:30 PM

POSTER SESSION C

Room: Exhibit Hall

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions.

12:30 PM – 1:30 PM

EDUCATION PRODUCT SHOWCASE

Room: Exhibit Hall

The Education Product Showcase will provide attendees an opportunity to examine education products focusing on classroom teaching, small group activities, web-based modules, handouts and guides, "bedside" teaching tools, self-studies, and others.

12:30 PM – 1:30 PM

STUDENT SECTION

Room:

Track: Networking

Co-Chairs: Alexander Gee; Melanie Koren; William McDonald

Join the Student Community for networking and learning about the latest student news. Open to all trainees interested in attending.

CONCURRENT SESSIONS

1:30 PM – 2:30 PM

BONING UP ON OSTEOPOROSIS MANAGEMENT: THE CLINICIAN'S ROLE IN 2020

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Osteoporosis and Metabolic Bone Disease Special Interest Group

Moderator: Sarah D. Berry, MD, MPH

This session will improve knowledge of the current evidence and best practices for monitoring osteoporosis treatment. Learning Objectives: (1) describe factors to consider when considering osteoporosis treatment for older adults with multimorbidity and limited life expectancy; (2) identify alternative non-bisphosphonate osteoporosis medications and recognize appropriate clinical situations where these drugs may be considered; and (3) discuss the substantial increase in risk for future fractures after an initial fracture has occurred and understand when and how preventative medications can be given and monitored.

Managing Osteoporosis in Older Adults: Is It Too Late To Do More?

Meredith A. Gilliam, MD, MPH

Beyond Bisphosphonates: What Else Can We Use?

Kenneth W. Lyles, MD

Secondary Fracture Prevention in 2020

Douglas P. Kiel, MD, MPH

1:30 PM – 2:30 PM

DEPRESCRIBING CARDIOVASCULAR MEDICATIONS IN OLDER ADULTS: A PRACTICAL APPROACH

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Michael W. Rich, MD

Using the framework of patient centered care exemplified by the 5Ms (Mind, Mobility, Medications, Multimorbidity and Matters Most) or the domain management model recently highlighted in the cardiology literature, this session will address the rationale, evidence, and strategies for deprescribing cardiovascular medications (e.g. statins, anticoagulants, antihypertensive agents) through the lens of improving the coordination of care between medical team members and aligning therapy with patient-centered goals. Learning Objectives: (1) describe the epidemiology and clinical sequelae of cardiovascular medication overload along with the barriers to deprescribing; (2) review the evidence base for deprescribing CV medications in older adults, including the potential adverse consequences associated with deprescribing; and (3) discuss steps to deprescribe cardiovascular medications within a patient-centered framework.

Rationale, Triggers, Sequelae, and Clinical Trials of Deprescribing Cardiovascular Medications

Ashok Krishnaswami, MD, MAS

Patient-Centered Cardiovascular Medication Deprescribing

Parag Goyal, MD, MSc, FACC

Improving Cardiovascular Medication Deprescribing by the Utilization of Collaborative Practice Protocols

Andrew R. Zullo, PharmD, PhD

Deprescribing in the Nursing Home: A Potential Model for Success?

Nicole M. Orr, MD, FACC

1:30 PM – 2:30 PM

LIGHTNING SCIENCE: BRIEF PRESENTATIONS OF TOP-RATED ABSTRACTS

Room:

CME/CE:1.0

Track: Research

Sponsored by the Research Committee

Co-Moderators: Heather E. Whitson, MD, MHS; Camille P. Vaughan, MD, MS; Peter M. Abadir, MD

Communications Coach: John P. Beilenson, MA (Strategic Communications & Planning)

This fast-paced, interactive session will showcase some of the meeting's best new research and innovation. Top-rated abstracts submitted to AGS are selected for inclusion. Presenters will give the highlights of their research findings in five minutes or less and the audience will have an opportunity to discuss and ask questions. Learning Objectives: (1) describe at least one emerging concept or new scientific focus in aging research; (2) summarize the key findings of at least three projects with relevance to care of older adults; and (3) identify at least three AGS-affiliated individuals conducting exciting research in aging.

1:30 PM – 2:30 PM

LEADERSHIP CURRICULUM: NEGOTIATING WITH THE C-SUITE

Room:

CME/CE Credit: 1.0

Track: Professional Development

Speaker: Laurie G. Jacobs, MD, AGSF, FACP

This workshop will heighten your knowledge of how negotiation is conducted and your skills and confidence in negotiation.

1:30 PM – 2:30 PM

CLIN-STARR PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

1:30 PM – 2:30 PM

TEACHERS NETWORKING SECTION MEETING

Room:

Track: Networking

Chair: Mandi Sehgal, MD

Come and join your fellow geriatrics clinician educators to discuss potential collaborative projects as well as proposals for next year's annual meeting.

1:30 PM – 3:00 PM

WRITING AND REVIEWING FOR THE JOURNAL OF THE AMERICAN GERIATRICS SOCIETY (JAGS): DIAMONDS IN THE ROUGH

Room:

CME/CE Credit: 1.5

Track: Research

Co-Moderators: Ellen F. Binder, MD & Alexander K. Smith, MD, MS, MPH

Faculty: Miriam B. Rodin, MD, PhD; William B. Applegate, MD, MPH; Joseph G. Ouslander, MD; Michael W. Rich, MD; George A. Kuchel, MD; Debra Saliba, MD, MPH; Christopher R. Carpenter, MD, MSc
This workshop is intended for persons who want to submit to, and/or review research articles for the Journal of the American Geriatrics Society (JAGS), including the JAGS Junior Reviewers. Participants will work in small groups, with facilitation by JAGS editorial board members, to review an article on site, using the JAGS review checklist, discuss the findings, and present their conclusions. Prior to the workshop, participants will be expected to have reviewed an on-line webinar that describes how a review for JAGS should be conducted and offers a working example of such a review. Learning Objectives: (1) use the JAGS checklist to review an article; (2) decide what recommendation to give about acceptance; and (3) review what steps are needed for improving the paper.

CONCURRENT SESSIONS

2:45 PM – 3:45 PM

COGNITIVE SCREENING IN PRIMARY CARE

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Sponsored by the Clinical Practice and Models of Care Committee

Moderator: Heidi K. White, MD

This session will provide practical guidance on cognitive screening in primary care with content specific to the available screening tools, and how to encourage more cognitive screening in primary care. Learning Objectives: (1) review the pros and cons of available cognitive screening tools; and (2) discuss benefits of routine cognitive screening in primary care visits for older adults.

Cognitive Screening Tools

Joshua Chodosh, MD, MSHS, FACP

Encouraging More Cognitive Screening in Primary Care

Soo Borson, MD

2:45 PM – 3:45 PM

INNOVATIVE AND CLINICALLY FEASIBLE TOOLS TO SCREEN FOR FRAILTY IN OLDER ADULTS WITH CANCER

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Sponsored by the Cancer and Aging Special Interest Group

Moderators: Jane A. Driver, MD, MPH & Imran Ali, MD

The primary outcome of our program will be to equip geriatricians and other clinicians caring for older adults with knowledge and tools to adapt their expertise in aging to efficiently identify frailty in older adults with cancer. Learning Objectives: (1) describe current cancer-focused guidelines regarding the assessment of older patients with cancer; (2) identify the main tools studied in oncology to screen for vulnerability and frailty in older adults with cancer; (3) implement clinically feasible, evidence-based screening measures of frailty to identify vulnerable older patients with cancer at participants' local institutions; and (4) help geriatricians and other providers effectively collaborate with oncologists to optimize the care of older adults with cancer.

Gait Speed as a Functional Vital Sign in Older Adults with Cancer

Clark DuMontier, MD

Electronic Rapid Fitness Assessment (eRFA): Empowering Geriatricians to Improve Outcomes of Older Cancer Patients Through Digital Health Technology

Armin Shahrokni, MD, MPH

Screening Older Adults with Cancer in an Outpatient Oncology Clinic: Implementation of the Geriatric 8 (G8) Questionnaire into an Electronic Medical Record (EMR)

Sukeshi Patel Arora, MD

2:45 PM – 3:45 PM

SEPSIS IN NURSING HOME RESIDENTS: RECOGNITION AND RESPONSE

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Sponsored by AMDA, the Society for Post-Acute and Long Term Care

Moderator: Robin L.P. Jump, MD, PhD

This session will address the presentation of sepsis in older adults, early recognition of sepsis in nursing home residents, and strategies to optimize outcomes in this setting. It also will discuss realistic expectations for managing sepsis based on the staff, training, and resources available in most nursing home settings. Learning Objective: (1) describe the clinical presentation of sepsis in older nursing home residents; (2) discuss initial assessment and principles of management in older adults with suspected sepsis including discussion on how to manage suspected sepsis in the context of antibiotic stewardship. In this objective we will also review common misconceptions related to antimicrobial stewardship and concerns related to rehospitalizations for severe infections; (3) discuss the benefits and limitations of currently available early recognition tools for sepsis in nursing homes and review currently available algorithms for diagnosis and management; and (4) recognize the risks and benefits of attempting to manage sepsis in nursing homes.

Sepsis in Nursing Home Residents: Recognition and Early Response

Theresa Rowe, DO, MS

Identification of Sepsis

Bernardo J. Fernandez, MD

So You Have Sepsis on Your Hands

Swati Gaur, MD, MBA, CMD

Panel Discussion: Theresa Rowe, DO, MS; Robin L.P. Jump, MD, PhD; Swati Gaur, MD, MBA; Bernardo J. Reyes, MD, CMD; David A. Nace, MD, MPH, CMD; Sarah Kabbani, MD, MS

2:45 PM – 3:45 PM

GUNS & OLDER ADULTS WITH DEMENTIA

Room:

CME/CE Credit: 1.0 Track: Clinical Practice

Description coming soon.

2:45 PM – 3:45 PM

UPDATING THE MEDICAL STUDENT COMPETENCIES IN GERIATRICS FOR 2020 USING THE GERIATRICS 5MS FRAMEWORK, AN AGS INITIATIVE

Room:

CME/CE Credit: 1.0 Track: Education

Sponsored by the Teachers Section and the Education Committee

Moderator: Rosanne M. Leipzig, MD, PhD

This session will highlight the updates to the 2020 medical student competencies in geriatrics, and present several educational tools based on the Geriatrics 5Ms framework to aid in teaching and evaluating medical students in their ability to care for older adults. Learning Objectives: (1) describe the AGS 2020 updates to the AAMC/Hartford Minimum Geriatric Competencies for medical students using the Geriatrics 5Ms framework; (2) describe two innovative teaching tools to implement the teaching of the

updated medical student competencies, including a Geriatrics 5Ms Pocketcard and Geriatrics 5Ms for Clerkships curriculum; and (3) describe two innovative assessment tools to evaluate the updated medical student competencies, including a Geriatrics OSCE and Geriatrics 5Ms rubric for assessing medical student geriatrics write-ups.

Introducing the 2020 Updated Medical Student Competencies in Geriatrics using the Geriatrics 5Ms Framework

Mandi Sehgal, MD & Andrea W. Schwartz, MD, MPH

Using an OSCE as Evaluation Tool to Assess Geriatric Competencies

Lisa Strano-Paul, MD

Assessment Rubric for Medical Student Geriatrics Write-Ups Using the RIME Format and the Geriatric 5Ms Framework

Shoshana Streiter, MD

Development of a Geriatric 5Ms Pocketcard for Medical Students

Alison M. Holliday, MD, MPH

Implementation of a Geriatrics 5Ms for the Clerkships Curriculum Linked to Aquifer Geriatrics Online Cases

Amit A. Shah, MD & Christina Chen, MD

2:45 PM – 3:45 PM

YOU CAN MAKE A DIFFERENCE: LEARN ABOUT AND GET INVOLVED IN AGS' EFFORTS TO ADVANCE PAYMENT FOR CARE OF COMPLEX PATIENTS

Room:

CME/CE Credit: 1.0

Track: Professional Development

Presenters: Audrey K. Chun, MD & Robert A. Zorowitz, MD, MBA, FACP, AGSF, CMD

For over 20 years, the AGS has advocated for changes in how physicians and other health professionals are paid for providing services to older adults. We have focused attention on this issue because implementing new billing codes, which are used in the annual Medicare Physician Fee Schedule, can have a significant impact on care quality for frail, older patients by providing adequate reimbursement for practitioners who provide this complex, time-intensive care. Workshop attendees will learn about the AGS internal process to advance and improve payment for services that reflect the care and coordination necessary for complex older patients. Attendees will also learn about opportunities to participate in this work. Learning Objectives: (1) discuss opportunities to align payment with the healthcare needs of older adults with multiple complex conditions, or co-morbidity; (2) review AGS' advocacy work to improve healthcare provider reimbursement for services unique to older adults with multiple chronic conditions; (3) outline ongoing efforts to develop, value, and ultimately implement new payment codes that support quality care for this population; and (4) describe the work of the American Medical Association's (AMA) Current Procedural Terminology (CPT) Editorial Panel and Advisory Committee and Relative Value Scale Update Committee (RUC).

2:45 PM – 3:45 PM

POSTER SESSION D: STUDENTS & RESIDENTS

Room: Exhibit Hall

Sponsored by the AGS Health in Aging Foundation

View the most current research in geriatrics. Authors will be available to discuss the presented findings and answer questions. Resident posters will be judged, with participation certificates and awards in several categories to be presented at the end of the Poster Session.

PLENARY SESSION

4:00 PM – 5:30 PM

IT'S NOT JUST DIALYSIS OR DEATH: CONSIDERATIONS WHEN STARTING, STOPPING, AND FORGOING DIALYSIS

Room:

CME/CE Credit: 1.5

Track: Clinical Practice

Moderator: Elizabeth K. Vig, MD, MPH Speakers: Susan Wong, MD MS and Molly Feely, MD

Learning Objectives: (1) identify dialysis outcomes for older patients, including patient characteristics that may affect those outcomes; (2) explain aspects of conservative care for those who elect not to initiate dialysis; (3) describe three indications to prompt a discussion of the option of discontinuing dialysis; and (4) discuss ways to promote concurrent dialysis and hospice services.

6:00 PM – 7:00 PM

FUN STATIONS: TEST YOUR SKILLS AND WIN PRIZES!

Room:

Track: Networking

Trainees will be testing their knowledge via interactive quiz stations supervised by Geriatric Faculty from various Universities/Medical Centers. Students, Residents and Fellows will have the opportunity to network and interact with leaders in Geriatric Education. Questions will address important geriatric topics, such as aging physiology and its effects on disease, dermatological conditions, functional impairment and use of assistive devices. Come learn, have fun, and win prizes in a relaxed setting!

SPECIAL INTEREST GROUPS

6:00 PM - 7:00 PM

CARE TRANSITIONS

Room:

Track: Networking

Co-Chairs: Timothy W. Farrell, MD, AGSF; Claire Davenport, MD, MS; Ugochi Ohuabunwa, MD

As the AGS' main forum for discussion, collaboration, and advocacy on care transitions issues, the Care Transitions SIG will convene during the AGS 2020 Annual Scientific Meeting. We will invite a guest speaker (TBD) to discuss a pressing care transitions issue, followed by a discussion of ideas for AGS symposia related to care transitions. The meeting will conclude with an open form for networking and discussion.

6:00 PM - 7:00 PM

CLINICIAN WELLNESS

Room:

Track: Networking

Co-Chairs: Magdalena Bednarczyk, MD & Jeensoo Chang, MD

Open to anyone with an interest in improving physician well-being in order to address growing concerns related to physician burnout. The goal is to provide information, tools and resources for decreasing burnout utilizing a holistic approach pertaining to professional, personal, financial and physical wellbeing, with the ultimate goal of helping physicians rediscover meaningful, mission driven work within their organizations, and if necessary, provide tools to redefine success.

6:00 PM - 7:00 PM

ETHNOGERIATRICS

Room:

Track: Networking

Co-Chairs: Jeffrey D. Mariano, MD & Olga Olivares-Herrera, MD

The Ethnogeriatrics SIG is open to anyone with an interest in the relationship between aging, ethnicity, clinical practice and research. Participants will discover what projects are being developed by the SIG and Committee and offer suggestions for future AGS symposia and sessions. New ideas are welcome. The group's endeavors include recognizing challenges and developing practical solutions to providing appropriate care to different cultures and ethnicities in our diverse country. Members are encouraged to share and participate in the development of new educational materials focusing on key issues affecting ethnic minorities in the 21st century.

6:00 PM – 7:00 PM

FAMILY PHYSICIANS IN GERIATRICS

Room:

Track: Networking

Chair: Erik J. Lindbloom, MD, MSPH

This group addresses any issues of concern to family physicians, family medicine fellows, and family medicine residents caring for older adults. We communicate with several of the other family medicine organizations, such as the American Academy of Family Physicians and the Society of Teachers of Family Medicine.

6:00 PM - 7:00 PM

GERIATRICS CONSULTATIVE SERVICES

Room:

Track: Networking

Chair: Ella H. Bowman, MD, PhD, AGSF, FAAHPM

This meeting is open to anyone interested in geriatric medicine consultative services across all care settings. Participants will collaborate with fellow attendees about how geriatrics consultative services are provided in various clinical settings. Discussion topics vary from year to year and have included: how to best market ourselves in a climate that is starting to better understand value based metrics; how to focus our services on those who need us most given the dearth of board certified geriatricians across the country; how to collaborative efforts with other services in co-management and other arrangement; billing processes and concerns; and incorporating geriatrics interprofessional teaching within the consultative setting.

6:00 PM - 7:00 PM

GERIATRIC-SURGICAL CO-MANAGEMENT PROGRAMS

Room:

Track: Networking

Chair: Lynn McNicoll, MD

Interested in Co-Management? Thinking about starting it at your institution? Join us at the Geriatric-Surgical Co-Management SIG meeting to network with experts and novices alike seeking to improve the management of elderly surgical patients. Come learn about the new AGS CoCare: Ortho Dissemination Project from the leaders in the field. It is also a great opportunity for programs to showcase their successes and challenges.

6:00 PM – 7:00 PM

HEALTH SYSTEMS LEADERSHIP (HSL) IN GERIATRICS

Room:

Co-Chairs: Anna Chodos, MD & Kellie L. Flood, MD

The mission of the HSL SIG is to explore principles of leadership, management and systems transformation as it applies to the growing need for geriatrics in health systems and to present strategies to accomplish this. Our goals are to educate AGS members about these principles, highlight successful work in HSL, and present opportunities for training in HSL workshop leadership.

6:00 PM – 7:00 PM

INFORMATION TECHNOLOGY ISSUES

Room:

Track: Networking

Chair: Irene Hamrick, MD

The IT Issues Special Interest Group serves the AGS Membership by establishing a venue for members with an interest in Information Technology as it applies to Geriatrics. These members see Electronic Health Records (EHR) as a means for improving medical care by reducing error rates, improving efficiency, augmenting communication, facilitating optimal reimbursement and decreasing expenses. An important focus of this SIG is to provide information, support and an organized center for coordinating information and resources to optimize the use of EHR in a senior health care environment. This includes ambulatory and long-term care senior health care settings and the transitions of care from one setting to another. Beyond health information exchange, this SIG also encompasses telemedicine and computerized assessment/biotechnology advancements including vital signs, laboratory testing, and imaging from remote locations. The current politics of health care reform, reimbursement and research as applicable to information technology are also areas of intense interest for this Group, as are security, privacy, costs, expansion, educational opportunities and future development of IT as societal demands on its role in geriatric medicine increase.

6:00 PM – 7:00 PM

MAKE IT SAFE TO GROW OLD! THE POLICY NETWORKING GROUP

Room:

Track: Networking

Chair: Joanne Lynn, MD

Finally, policymakers and the press are beginning to take notice of the serious shortcomings in providing for elderly people in need of personal care and support, but we are far from public action. This session will share information among attendees as to the most important policy levers, how to take action, and what's happening in participants' localities. We'll deal with food and housing, and personal care -- as well as geriatric medicine and how we fit into the various Medicare/Medicaid "innovations."

6:00 PM – 7:00 PM

PATIENT PRIORITIES ALIGNED CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS

Room:

Track: Networking

Chair: Mary E. Tinetti, MD

This Special Interest Group aims to identify alternatives to disease guideline-based care, specifically ways to implement patient priorities aligned decision making. Patient priorities aligned decision making calls upon patients and caregivers to articulate their health priorities; communicate those priorities to all team members; patients, caregivers and clinicians then together choose the healthcare best aligned with these health priorities.

6:00 PM – 7:00 PM

POST-ACUTE AND LONG-TERM CARE

Room:

Track: Networking

Co-Chairs: Verna R. Sellers, MD, MPH, CMD, AGSF & Laura Trice, MD, CMD, FACP, AGSF

This SIG focuses on issues related to Post-Acute and Long-Term Care Medicine. There is an on-going emphasis on staff education, quality measures and reducing avoidable re-admission in PALTC. Come prepared to share best practices and learn from your peers.

6:00 PM – 7:00 PM

WOUND PREVENTION AND MANAGEMENT

Room:

Track: Networking

Co-Chairs: Veronica Nwagwu, MD & Sarwat Jabeen, MD, FAAFP

The Wound Prevention and Management SIG is an interdisciplinary group of healthcare professionals who strive to improve outcomes in skin and wound health in vulnerable older adults through supporting education, research, and quality improvement initiatives. The SIG serves as a platform to discuss educational initiatives at AGS, policy objectives so that we may get our patients “what they need to get those wounds closed!”, and updates budding research. We welcome all interested, regardless of experience.

SATURDAY, MAY 9

7:00 AM – 8:30 AM

MEDICAL SPECIALTIES SECTION MEETING

Room:

Track: Networking

Co-Chairs: Lauren Ferrante, MD, MHS & Una Makris, MD, MSc

The Medical Specialties Section was developed in 2002 by the Association of Specialty Professors project "Integrating Geriatrics into the Specialties of Internal Medicine: Moving Forward from Awareness to Action," funded by The John A. Hartford Foundation and Atlantic Philanthropies, Inc.

Speakers: TBD

All medical and surgical specialists are encouraged to attend. Breakfast will be served.

CONCURRENT SESSIONS

7:30 AM – 8:30 AM

UTI IN THE MICROBIOME ERA

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Kathleen Drago, MD

This symposium will highlight the latest clinical research in "UTI" / asymptomatic bacteriuria diagnosis & treatment, how it is reflected in the latest clinical guidelines and establish a call to action in adopting this information into clinical practice. Learning Objectives: (1) incorporate the latest clinical research and professional society guidelines on "UTI" and asymptomatic bacteriuria into their existing "when to test, when to treat" framework; (2) describe the female urinary microbiome and its relationship to "UTI" and asymptomatic bacteriuria in older women; and (3) incorporate knowledge of the urinary microbiome to improve usual care for "UTI" and asymptomatic bacteriuria.

What's New with Asymptomatic Bacteriuria: IDSA Guidelines and Clinical Recommendations

Manisha Juthani, MD

Treating Acute Cystitis: How Necessary is That?

Thomas E. Finucane, MD

Urine is Not Sterile: What's Next?

Alan J. Wolfe, PhD

7:30 AM – 8:30 AM

USE OF NEUROIMAGING IN COGNITIVE IMPAIRMENT AND MILD COGNITIVE IMPAIRMENT

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the American Academy of Neurology

Speakers: Alexander P. Auchus, MD & Juebin Huang, MD, PhD

This case-based symposium will illustrate the utility of neuroimaging in the evaluation of patients with cognitive impairment and mild cognitive impairment. Learning Objectives: (1) describe neuroimaging tests available to the geriatrics healthcare provider; (2) discuss the application of these tests in evaluating patients; (3) review when each test might be helpful; and (4) appreciate the interpretations of neuroimaging results.

7:30 AM – 8:30 AM

USING PATIENT-CENTERED OUTCOMES TO MEASURE AND IMPROVE THE QUALITY OF CARE FOR OLDER ADULTS WITH MULTIPLE CHRONIC CONDITIONS

Room:

CME/CE Credit: 1.0

Track: Professional Development

Sponsored by the Quality and Performance Measurement Committee, Research Committee, Clinical Practice and Models of Care Committee, and the Junior Faculty Research Special Interest Group

Moderator: Sei J. Lee, MD, MAS

In this session, we will highlight 3 examples of how patient-centered metrics can be used to measure and improve healthcare quality for older adults with multiple chronic conditions. Learning Objectives: (1) recognize the potential benefits and challenges of using “off the shelf” patient-reported outcomes (e.g. PROMIS measures) versus eliciting personalized health goals; (2) describe the similarities and differences in determining patient-defined outcomes in cognitively intact and cognitively impaired older adults; and (3) compare and contrast 3 different frameworks for eliciting patient-defined outcomes and determining whether these outcomes were achieved.

The Promise of PROMIS, Past, Present, Future

Michael H. Perskin, MD

Patient Priorities Care: Linking Quality Metrics with Patient Goals and Preferences

Claire Davenport, MD, MS

Personalized Goal Setting in Dementia Care: Measuring what Matters Most

Lee A. Jennings, MD, MSHS

7:30 AM – 8:30 AM

STAYING IN THE GREEN—OPTIMIZING YOUR EFFECTIVENESS BY REGULATING YOUR REACTIVITY

Room:

CME/CE Credit: 1.0

Track: Education

Sponsored by the Teachers Section and the Education Committee

Description coming soon

7:30 AM – 8:30 AM

CODING AND REIMBURSEMENT: STUMP THE PROFESSOR

Room: C123

CME/CE Credit: 1.0

Track: Clinical Practice

Speaker: Peter A. Hollmann, MD

This open workshop will focus on answering your questions about CPT coding and billing, Medicare incentive and penalty programs (e.g. MIPS), reimbursement rules and related practice management issues. Attendees bring their questions for discussion. Learning Objectives: (1) discuss CPT/HCPCS coding and billing; and (2) describe how Medicare policy can affect your practice.

7:30 AM – 8:30 AM

PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.

PLENARY SESSION

8:45 AM – 10:15 AM

GERIATRICS LITERATURE UPDATE: 2020

Room: Hall B

CME/CE Credit: 1.5

Track: Clinical Practice

Speakers: Kenneth Covinsky, MD, MPH; Eric W. Widera, MD & Alexander K. Smith, MD, MS, MPH

The Geriatric Literature Update is always one of the most popular sessions at the annual meeting. The session will focus on the year's most important published papers. Discussion includes the significance of findings and application to patient care. Learning Objectives: (1) identify areas in clinical medicine where new strong evidence has been uncovered that should affect geriatric practice; (2) describe the results of a critical appraisal of this evidence; and (3) discuss clinical advances in caring for older adults from a review of approximately 30 peer-reviewed journals January-December, 2019.

CONCURRENT SESSIONS

10:30 AM – 11:30 AM

IMMUNIZATIONS IN OLDER ADULTS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Kevin P. High, MD, MS

This session will feature brief TED talks 7-minutes long with no more than 3 slides for each talk. Learning Objectives: (1) discuss the epidemiology of vaccine-preventable illness in older adults; (2) identify the current immunization recommendations for influenza, pneumococcal, herpes zoster, and pertussis vaccination for adults 65 years or older; and (3) evaluate the role of the pharmacist in improving vaccination rates in the older adult population.

Brief Intro: Epidemiology of Vaccine Preventable Illnesses in Older Adults

Kevin P. High, MD, MS

Influenza Vaccines: Current Status and Outlook for the Future

H. Keipp Talbot, MD, MPH

Zoster Vaccines: Why Is the New Subunit Vaccine More Effective?

Kenneth Schmader, MD

Pneumococcal and Pertussis Vaccines: Direct and Indirect Effects

Carlos G. Grijalva, MD, MPH, FIDSA

Pharmacist-Based Strategies to Enhance Immunization in Older Adults

Jennifer L. Bacci, PharmD, MPH, BCACP

Vaccines in Long-term Care

Robin L.P. Jump, MD, PhD

Group Panel Q & A

10:30 AM – 11:30 AM

DISRUPTIVE BEHAVIORS IN DEMENTIA AND DELIRIUM IN DEMENTIA: BEST TREATMENTS AND BEST PRACTICE

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Laurence M. Solberg, MD, AGSF

Sponsored by the Clinical Practice and Models of Care Committee, Geriatrics Consultative Services Special Interest Group, Acute Hospital Care Special Interest Group

Learning Objectives: (1) define dementia related behaviors & differentiate from delirium; (2) describe & implement non-pharmacological interventions for the treatment of delirium & dementia related behaviors; (3) discuss various pharmacological regimens and potential side effects that have been trialed for dementia associated with disruptive behaviors or hypersexual behaviors; (4) recognize the limitations and barriers regarding evaluation and management as well as the ethical and social concerns; (5) discuss and list best practices for caring for hospitalized persons with delirium-superimposed on dementia (DSD) and discuss the barriers and facilitators to management of DSD; (6) recognize that sleep, pain, anxiety and bipolar disorders are common but treatable contributors to agitated delirium in dementia patients; (7) discuss the efficacy and safety profile of antipsychotics in treating agitated delirium; and (8) discuss the evidence for efficacy and toxicity of Cannabinoids, anti-epileptics, and central alpha-2 adrenoreceptor agonists in patients with delirium superimposed on dementia.

Non-Pharmacologic Treatments of Disruptive Behaviors in Dementia

Belinda K. Setters, MD, FACP, AGSF

Pharmacologic Treatments for Disruptive Behaviors Including Hyper-Sexual Behaviors in Dementia

Mariam A. Mufti, MD

Person-Centered Care for Older Adults with Delirium-Superimposed on Dementia: Tips for Best Practice in Recognition, Prevention and Management

Donna Marie Fick, RN, GCNS-BC, PhD, FAAN

Pharmacologic Treatments of Delirium in Dementia Setting: The Facts, the Myths & the Known Unknowns

Mukaila A. Raji, MD, MS (Pharm), FACP

10:30 AM – 11:30 AM

MEDICATION MANAGEMENT TO PROMOTE WHAT MATTERS MOST ACROSS THE PROGNOSTIC SPECTRUM: AN INTERPROFESSIONAL CLINICAL SKILLS WORKSHOP USING THE 5MS FRAMEWORK

Room:

CME/CE Credit: 1.0

Track: Education

Moderator: Lisa J. Granville, MD, AGSF

Sponsored by the Pharmacists Section, Polypharmacy Special Interest Group, Nurses Section, Fellows-In-Training Section, Residents Section, Teachers Section, and the Education Committee

Learning Objectives: (1) using the framework of the geriatric 5Ms (medications, mind, mobility, multicompexity and matters most), implement a strategy to optimize medication management in older patients with different prognoses; and (2) Compare and contrast decision support tools and approaches to optimizing drug regimens for older adults across the spectrum of function and prognosis, including identifying potentially inappropriate medications and deprescribing.

Optimizing Prescribing for the Robust Older Adult

Zaldy S. Tan, MD, MPH, FACP; Sean M. Jeffery, PharmD, CGP, PASC, AGSF; Margaret I. Wallhagen, PhD, GNP-BC, AGSF, FAAN

Optimizing Prescribing for the Vulnerable Older Adult

Hal H. Atkinson, MD, MS; Demetra E. Antimisiaris, Pharm D, CGP, FASCP; Barbara Resnick, PhD, CRNP; Sheila C. Gencarelli, PharmD

Case of a Frail Older Adult with Advanced Disease and Polypharmacy

Maura J. Brennan, MD; Sharon Leigh, PharmD, BCPS; Pamela Z. Cacchione, PhD, CRNP

10:30 AM – 11:30 AM

QUICK HITS: GERIATRICS SPECIALTY CARE DELIVERY MODELS AVAILABLE FOR IMPLEMENTATION

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Description coming soon.

10:30 AM – 11:30 AM

SURVIVE AND THRIVE: THE ROLE OF PERSISTENCE AND RESILIENCE IN TURNING FAILURE INTO SUCCESS IN AGING RESEARCH

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee, Junior Faculty Research Career Development Special Interest Group, Medical Subspecialties Section, Tideswell Leaders in Aging Program Special Interest Group

Moderator: Melisa L. Wong, MD, MAS

The goal of this symposium is to openly share stories of failures in aging research and lessons learned to build resilience and promote an ongoing culture of mutual support through AGS. Learning Objectives: (1) adopt a growth mindset to recognize that scientific progress is built on failures and setbacks and to see them as opportunities for growth; (2) connect with researchers in aging through personal stories of persistence with embarking on new research questions, obtaining research funding, and adapting in response to disappointing research results; (3) identify strategies to build persistence and resilience in response to failure; and (4) find the courage to show vulnerability and share your own stories of failure and resilience with colleagues and mentees.

Persistence and Resilience in Embarking on New Research Questions

Cynthia J. Brown, MD, MSPH, AGSF

Persistence and Resilience in Obtaining Research Funding

Supriya G. Mohile, MD, MS, FASCO

Persistence and Resilience in Adapting after Disappointing Research Results

Dalane W. Kitzman, MD

CONCURRENT SESSIONS

11:45 AM – 12:45 PM

CONTROVERSIES IN MANAGING ANTICOAGULANTS IN OLDER ADULTS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Presenters: Laurie G. Jacobs, MD, AGSF, FACP & Danielle M. Tompkins, PharmD, BCCP

Description coming soon.

11:45 AM – 12:45 PM

NON-PHARMACOLOGIC PAIN MANAGEMENT STRATEGIES: USE OF SUPPLEMENTS, CANNABIDIOL (CBD) AND MIND-BODY THERAPIES

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Sponsored by the Public Education Committee, Healthy Aging Special Interest Group, Pharmacy Section, Polypharmacy Special Interest Group

Moderator: Jeannie K. Lee, PharmD, BCPS, BCGP, FASHP

This interprofessional symposium will present three unique non-pharmacologic areas of pain management (supplements, CBD, and integrative therapies) and explore culturally relevant communication strategies for patient interview and education. Learning Objectives: (1) recognize common supplements and herbals used for pain management, and be able to assess for adverse effects and drug-disease and drug-drug interactions; (2) describe the data behind the current CBD craze, and be able to clearly advise older patients about risks and benefits in pain management; (3) utilize integrative approaches for pain management, including mindfulness and yoga, and know when to recommend these in clinical practice; and (4) develop neutral communication techniques when interviewing about the use of CIM in pain, and providing culturally-competent advice on risks and benefits to older patients.

Use of Supplements in Pain Management

Kobi T. Nathan, PharmD, MEd, BA, BCGP

Use of CBD in Pain Management

Lianne ("Annie") Hirano, MD

Use of Integrative Therapies in Pain Management

Natalia E. Morone, MD

11:45 AM – 12:45 PM

NEW FRONTIERS IN GERIATRICS INTERPROFESSIONAL EDUCATION (IPE): EXTENDING THE REACH BEYOND ACADEMIA

Room:

CME/CE Credit: 1.0

Track: Education

Sponsored by the Teachers Section; Education Committee; and the IPE Special Interest Group

Moderator: Cheryl A. Sadowski, PharmD, BCGP, FCSHP

Learning Objectives: (1) identify areas of collaboration and development for IPE; (2) explain how academic institutions can collaborate with community-based providers from local services to create and implement geriatrics IP curricula in rural communities; (3) create a process to develop a focused IPE activity, such as an IPE week embedded within an existing curriculum; and (4) describe a model of geriatrics learning community and its impact on patient care in an academic ambulatory care setting.

Interprofessional Collaboration as an Emerging National Model for Responding to Elder Abuse

Carrie Rubenstein, MD & Amanda S. Froh

Interprofessional Curriculum for the Care of Older Adults (iCCOA): Extending the Reach to Community-Based Organizations

Christian D. Furman, MD, MSPH, AGSF & Anna C. Faul, PhD

"IPE Week" – How to Incorporate an Interprofessional Education Experience into a Core Geriatric Medicine Rotation

Ella H. Bowman, MD, PhD, AGSF, FAAHPM

A Geriatrics Interprofessional Learning Community in an Ambulatory Care Setting

Pei Chen, MD

Mobility and Geriatrics

Philip Choe, DO

11:45 AM – 12:45 PM

MAKING THE BUSINESS CASE FOR IMPLEMENTING GERIATRICS SPECIALTY CARE DELIVERY MODELS

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Description coming soon.

11:45 AM – 12:45 PM

LEADERSHIP CURRICULUM

Room:

CME/CE Credit: 1.0

Track: Professional Development

Description coming soon.

11:45 AM – 12:45 PM

PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Description coming soon.

CONCURRENT SESSIONS

1:00 PM – 2:00 PM

PHARMACOTHERAPY UPDATE: 2020

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Developed by the Pharmacists Section and the Polypharmacy Special Interest Group

Moderator: Jeannie K. Lee, PharmD, BCPS, BCGP, FASHP

The purpose of this symposium is to educate the audience and summarize the changes over the past year in pharmacotherapy. The speakers will examine information regarding newly approved medications, as well as dietary and herbal supplements. Learning Objectives: (1) communicate the indication for use, mechanism of action, pharmacokinetics, dosing, safety, and drug interactions for newly approved medications; (2) compare potential advantages and disadvantages of incorporating new medications into clinical practice; (3) explain the potential uses, mechanism of action, dosing, safety, and drug/supplement interactions for select dietary and herbal supplements; and (4) evaluate the potential risks and benefits of dietary supplement use in older adults.

Newly Approved Medications and Place in Therapy for Older Adults

Laura A. Hart, PharmD, MS, BCPS, BCGP

Dietary Supplements Commonly Used by Older Adults

Carla J. Bouwmeester, PharmD, MS, BCPS, BCGP

1:00 PM – 2:00 PM

COMPETENT CARE FOR IMMIGRANTS AND REFUGEES

Room:

CME/CE Credit: 1.0

Track: Ethnogeriatrics

Sponsored by the Ethnogeriatrics Committee

Moderator: Lenise A. Cummings-Vaughn, MD, CMD

This session will provide an overview of the magnitude of older adult immigrants and refugees population, challenges specific to immigrants status, and accessing health care for cognitive impairment and depression. It will highlight current national standards, relevance and applicability of culturally appropriate

approaches and interventions; and possible plans for integration into clinical practice. Learning Objectives: (1) review health care coverage, programs, and services, available to immigrants including updates to related Medicaid programs, National Standards on Culturally and Linguistically Appropriate Services (CLAS) and the Health and Human Services (HHS) strategic plan on language access; (2) describe common legal issues related to advance planning and immigration and their potential impact on the care of older adult immigrants; and (3) identify evaluation strategies for depression and cognitive impairment in immigrants and refugees with Limited English Proficiency.

Health Services Advocacy for Immigrants and Refugees

Marta Pereyra, MSW, LCPC

Intersection of Law and Health Care for Older Immigrants and Refugees

Yvonne Troya, JD

Health Disparities in Depression and Cognition in Multinational Populations

Hanzhang Xu, PhD

1:00 PM – 2:00 PM

SOCIAL ISOLATION: ITS RELATIONSHIP WITH SOCIAL DETERMINANTS OF HEALTH, BIDIRECTIONAL RELATIONSHIP TO HEALTH CONDITIONS, AND HOW IT IMPACTS ACCESS AND DELIVERY OF CARE

Room:

CME/CE Credit: 1.0

Track: Clinical Practice

Moderator: Julie Bynum, MD, MPH

Clinicians, while often aware of social isolation as a problem, may lack organizational support to help them care for isolated patients, especially when preventive and chronic disease management are adversely affected. Learning Objectives: (1) define social isolation, its risk factors, and tools for measuring social isolation; (2) review how new ICD-10 codes will capture social barriers to accessing proper care and how this can help improve care; (3) describe how behavioral health and cognitive decline are associated with social isolation; and (4) describe how clinicians can put this information into practice.

Geographic Variation of Social Isolation Risk Factors

Rhonda Randall, DO

Conceptualization and Measurement of Social Isolation

Harry O. Taylor, PhD, MSW, MPH

Mental Disorders and Social Suffering in Older People

Soo Borson, MD

1:00 PM – 2:00 PM

WRITING FOR RESEARCH IMPACT: A WRITING WORKSHOP FOR GERIATRICS RESEARCHERS WHO WANT TO BRIDGE THE TRANSLATION CHASM

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee and the Junior Faculty Research Career Development Special Interest Group

Moderator: Rebecca T. Brown, MD, MPH

The purpose of the workshop is to provide geriatrics researchers with a “toolbox” of skills needed to produce a compelling and persuasive written product. Learning Objectives: (1) describe how writing clearly and persuasively can allow geriatrics researchers to cross the translation divide and ultimately catalyze change in the care of older adults; (2) create an outline for a thought piece for an academic journal that uses this format to articulate a scientific argument; (2) create an outline for an op-ed, letter to

the editor, or column that incorporates key principles of effective writing for traditional print media; and (4) draft a blog or tweet that incorporates key principles of effective writing for social media.

Introduction

Rebecca T. Brown, MD, MPH & Nicki Hastings, MD, MHS

How to Write a Thought Piece

Louise C. Walter, MD

Writing for Traditional Print Media: Tips and Tricks of the Trade

Mary H. Palmer, PhD, RN

Writing for Social Media

Alexander K. Smith, MD, MS, MPH

Concurrent Writing Workshop Breakout Groups

All speakers

1:00 PM – 2:00 PM

PAPER SESSION

Room:

CME/CE Credit: 1.0

Track: Research

Sponsored by the Research Committee

Moderator: TBD

This session will present the latest peer-reviewed geriatrics research with questions and answers to follow. Learning Objectives: (1) discuss new and original geriatrics research; (2) describe an emerging concept or new scientific focus in aging research; and (3) summarize the key findings of projects with relevance to care of older adults.