

FRIDAY, April 20, 2018

7:30am – 5:00pm

Registration

7:30 – 8:30am

CONTINENTAL BREAKFAST

8:30 – 9:00am

President's Welcome & Intro to NASPOG 2018

NASPOG President – C. Neill Epperson, MD, University of Pennsylvania

The Lifespan Approach to Women's Reproductive and Behavioral Health

9:00 – 10:30am

Symposium: Psycho-Oncofertility: A Multidisciplinary Perspective

Chair & Moderator: Lindsay Sortor, PsyD, University of Pennsylvania

- **PRESENTATION OF MONICA'S CASE**
- **MONICA'S CASE: AN ONCOLOGY PERSPECTIVE**
David Silver, MD, University of Pennsylvania
- **MONICA'S CASE: A REPRODUCTIVE ENDOCRINOLOGY PERSPECTIVE**
Clarisa Gracia, MD, MSCE, University of Pennsylvania
- **MONICA'S CASE: A PSYCHOLOGICAL PERSPECTIVE**
Deborah Seagull, PhD, Private Practice
- **MONICA'S CASE: A PSYCHIATRIC PERSPECTIVE**
Eleanor Anderson, MD, University of Pennsylvania

10:30 – 10:45am

BREAK

10:45 – 12noon

Symposium: From the Pill to PCOS: Gonadal Steroids and Mood Symptoms Across the Reproductive Lifespan

Chairs: C. Neill Epperson, MD and Liisa Hantsoo, PhD, University of Pennsylvania

- **EXPLORING A ROLE FOR GABAERGIC NEUROSTEROIDS IN PREMENSTRUAL DYSPHORIC DISORDER VIA ACOUSTIC STARTLE RESPONSE**
Liisa Hantsoo, PhD, University of Pennsylvania
- **THE ROLE OF ALLOPREGNANOLONE IN PERINATAL MOOD AND ANXIETY DISORDERS**
Lauren M. Osborne, MD, The Johns Hopkins University School of Medicine
- **NEUROENDOCRINE DYSREGULATION AND DEPRESSIVE AND ANXIETY SYMPTOMS IN POLYCYSTIC OVARY SYNDROME (PCOS)**
Anuja Dokras, MD, PhD, University of Pennsylvania
- **HORMONAL CONTRACEPTION AND RISK OF MOOD SYMPTOMS**
Courtney Schreiber, MD, University of Pennsylvania

12noon – 12:15pm

COLLECT BOX LUNCHES

12:15 – 1:15pm

Luncheon Lecture: Female Sexual Wellbeing

Speaker TBA

1:30 – 2:45pm

Symposium: Novel Psychosocial Interventions to Address Perinatal Mental Health Among Hard to Reach Populations

Chair: Pamela A. Geller, PhD, Drexel University

- **INTRODUCING A NOVEL TREATMENT APPROACH TO REDUCE DEPRESSION IN MUSLIM WOMEN EXPERIENCING INFERTILITY**
Mona Elgohail, MS, Drexel University
- **INTEGRATING PSYCHOTHERAPY INTO A PRENATAL CARE CLINIC: INCREASING ACCESS AND IMPROVING SYMPTOMS**
Sara L. Kornfield, PhD, University of Pennsylvania
- **PARENTAL STRESS: RESULTS FROM THE NEWBORN/INFANT INTENSIVE CARE UNIT (N/IICU) PARENT SURVIVAL GUIDE INTERVENTION**
Chavis A. Patterson, PhD, The Children's Hospital of Philadelphia and University of Pennsylvania
- **BE HERE & NOW IN THE NICU – A PILOT STUDY**
Christina DiSanza, MA, Drexel University

FRIDAY, April 20, 2018 - continued

2:45 – 4:00pm

Symposium: Intersection of Trauma, Mental Health and Perinatal Health

Chair: Yael I. Nillni, PhD, National Center for PTSD, Women's Health Sciences Division at VA Boston Healthcare System and Boston University

- **THE ROLE OF TRAUMA, STRESS, AND MENTAL HEALTH ON PREGNANCY OUTCOMES AMONG WOMEN VETERANS FOLLOWING SEPARATION FROM MILITARY SERVICE**
Yael I. Nillni, PhD, VA Boston Healthcare System and Boston University
- **POSTTRAUMATIC STRESS SYNDROME INDUCED CHILDBIRTH: CURRENT RESEARCH AND FUTURE DIRECTIONS**
Sharon Dekel, PhD, Massachusetts General Hospital and Harvard Medical School
- **PREVALENCE AND IMPACT OF EARLY ADVERSITY ON MATERNAL MENTAL HEALTH AND PARENTING CAPACITY**
Helen Kim, MD, Mother-Baby Program, Hennepin County Medical Center
- **MOM POWER: A MULTI-FAMILY INTERVENTION FOR MOTHERS WITH CHILDHOOD TRAUMA HISTORIES AND THEIR YOUNG CHILDREN AIMED TO SUPPORT MENTAL HEALTH AND PARENTING**
Maria Muzik, MD, University of Michigan

4:00 - 4:15pm

BREAK

4:15 - 5:15pm

Steiner Young Investigator Symposium

4:15 – 4:30pm

ANXIETY DISORDER SYMPTOMS IN THE PERINATAL PERIOD: STRUCTURE AND RISK FACTORS

Michelle Miller, MA, University of Iowa

4:30 – 4:45pm

IDENTIFYING NICU PARENTS AT-RISK FOR STRESS AND FAMILY BURDEN: A HIERARCHICAL CLUSTER ANALYSIS

Victoria Grunberg, MS, Drexel University

4:55 – 5:00pm

META-ANALYSIS OF PRENATAL ANTIDEPRESSANT EXPOSURE AS RISK FACTOR FOR AUTISM: IMPACT OF COMPARISON GROUP DEFINITION

Monica Vega, MD, University of Miami/Jackson Memorial Hospital

5:00 – 5:15pm

USING SOCIAL MEDIA TO RECRUIT HARD-TO-REACH POPULATIONS

Mona Elgohail, MS, Drexel University

6:15 – 10:00pm

Fundraiser – Tour of Independence Hall followed by

Dinner & Bowling at a local speakeasy, Harp and Crown - <http://harpcrow.com/>

SATURDAY, April 21, 2018

7:30 – 5:30pm

Registration

7:30 – 9:00am

CONTINENTAL BREAKFAST

7:30 - 9:00am

Breakfast Interest Groups

Topics TBD

9:15 – 10:15am

Symposium: Harnessing Technology to Address Substance Abuse in the Perinatal Period

Chair: Ariadna Forray, MD, Yale School of Medicine

- **ELECTRONIC- AND CLINICIAN-DELIVERED SCREENING, BRIEF INTERVENTION, AND REFERRAL TO TREATMENT FOR WOMEN IN REPRODUCTIVE HEALTHCARE CENTERS: A RANDOMIZED CLINICAL TRIAL**
Steven Ondersma, PhD, Wayne State University School of Medicine
- **THE USE OF TELEMEDICINE IN THE TREATMENT OF PERINATAL OPIOID USE DISORDER**
Constance Guille, MD, Medical University of South Carolina
- **SMARTPHONE DELIVERED ATTENTIONAL BIAS MODIFICATION FOR POSTPARTUM SMOKING RELAPSE**
Ariadna Forray, MD, Yale School of Medicine

10:15 – 10:30am

BREAK

10:30 – 11:30am

Symposium: Integrated Behavioral Health for Women in Medical Settings

Chairs: Teri Pearlstein, MD and Snezana Milanovic, MD, MSc

- **INTEGRATED BEHAVIORAL HEALTH: OVERVIEW**
Teri Pearlstein, MD, Alpert Medical School of Brown University and Women's Medicine Collaborative, Lifespan
- **RESULTS OF AN INTEGRATED BEHAVIORAL HEALTH SERVICE IN A WOMEN'S PRIMARY CARE PRACTICE**
Margaret Bublitz, PhD, Alpert Medical School of Brown University and Women's Medicine Collaborative, Lifespan
- **BUILDING A PERINATAL PSYCHIATRY CLINIC WITHIN THE BOSTON MEDICAL CENTER OBSTETRICS DEPARTMENT**
Snezana Milanovic, MD, MSc, Boston University School of Medicine

11:30am – 1:00pm

Lunch & Networking

1:00 – 2:15pm

Symposium: Opioid Use During Pregnancy and Postpartum: Novel Strategies for Integration and Engagement

Chair: Leena Mittal, MD, Brigham and Women's Hospital and the Massachusetts Child Psychiatry Access Program (MCPAP) for Moms

- **MCPAP FOR MOMS: SUPPORTING PROVIDERS IN ADDRESSING PERINATAL MENTAL HEALTH AND SUBSTANCE USE DISORDERS**
Leena Mittal, MD, Brigham and Women's Hospital and MCPAP for Moms
- **PROJECT RESPECT: A LONGSTANDING MODEL OF INTEGRATED INPATIENT AND OUTPATIENT CARE OF PREGNANT AND POSTPARTUM WOMEN WITH OUD IN AN OBSTETRIC SETTING**
Kelley Saia, MD, Boston Medical Center
- **THE DARTMOUTH-HITCHCOCK CENTER FOR ADDICTION RECOVERY IN PREGNANCY AND PARENTING (CARPP): LEVERAGING A SUCCESSFUL CLINICAL PROGRAM TO SUPPORT DISSEMINATION OF INTEGRATED CARE MODELS FOR PERINATAL SUBSTANCE USE DISORDERS**
Julia Frew, MD, Dartmouth Hitchcock Medical Center
- **THE GREEN CLINIC FOR PREGNANCY AND RECOVERY: INTEGRATED OBSTETRICS AND ADDICTION CARE**
Katherine M Callaghan, MD, UMass Medical School

2:15 – 2:30pm

BREAK

2:30 – 3:30pm

Symposium: Challenges of Infertility and its Treatment: From Obesity as a Potential Cause to Issues with Sexuality and Psychological Consequences

Chairs: Vesna Pirec MD, PhD ERC, Insight at Chicago and Aga Grabowski, MA LCSW, Wildflower Center for Emotional Health

- **FEMALE INFERTILITY AND OBESITY: RECOGNITION AND TREATMENT OF ENDOCRINE COMPLEXITY AND PSYCHIATRIC COMORBIDITIES IN AFFECTED PATIENTS**
Vesna Pirec MD, PhD ERC, Insight at Chicago
- **INFERTILITY AND SEXUALITY: DETECTION, ASSESSMENT AND TREATMENT OF COMMON SEXUAL CONCERNS IN INFERTILE PATIENTS**
Aga Grabowski, MA, LCSW, Co-founder and psychotherapist, Wildflower Center for Emotional Health
- **PSYCHOLOGICAL STRESS AND INFERTILITY. IS THERE A RELATIONSHIP?**
Ariadna Cymet Lanski, PsyD. Fertility Centers of Illinois

SATURDAY, April 21, 2018 - *continued*

3:30pm – 5:30pm

NASPOG Presents

Submitted orals

3:30 – 3:50pm

MIND2CARE: AN INNOVATIVE SCREEN-AND-ADVICE MODEL FOR PSYCHOPATHOLOGY, PSYCHOSOCIAL PROBLEMS AND SUBSTANCE ABUSE DURING PREGNANCY

K. Marieke Paarlberg, MD PhD, Obstetrician-Gynecologist, I. de Kruijff, MD, Pediatrician, and A.W.M.M. Stevens, MD, Psychiatrist, The Netherlands

3:50 – 4:10pm

SUNNYSIDE: UTILIZATION OF GROUP SUPPORT TO INCREASE ADHERENCE TO ONLINE PERINATAL DEPRESSION PREVENTION

Jennifer Duffecy, PhD, University of Illinois at Chicago

4:10 – 4:30pm

INTIMATE PARTNER VIOLENCE AMONG PREGNANT WOMEN WITH OPIOID USE DISORDER

Chelsea Pallatino, PhD, MPH, Magee-Womens Research Institute, University of Pittsburgh, Magee-Womens Hospital

4:30 – 4:50pm

BRAIN STRUCTURE AND FUNCTION IN WOMEN WITH PREMENSTRUAL DYSPHORIC DISORDER

Sabrina K. Syan, PhD, MiNDS Neuroscience Graduate Program, McMaster University; Women's Health Concerns Clinic and Mood Disorders Program, St. Joseph's Healthcare

4:50 – 5:10pm

TIMING IS EVERYTHING: A REVIEW OF THE GENETICS OF POSTPARTUM DEPRESSION

Jennifer L. Payne, MD, The Johns Hopkins University School of Medicine

5:10 – 5:30pm

BRIGHT LIGHT THERAPY FOR MAJOR AFFECTIVE DISORDERS ACROSS THE LIFESPAN

Dorothy K. Sit, MD, Northwestern University Feinberg School of Medicine

5:30 - 7:00pm

POSTER SESSION and RECEPTION

Free Evening / Dinner on Own

SUNDAY, April 22, 2018

7:30 – 12noon

Registration

7:30 – 9:00am

CONTINENTAL BREAKFAST

7:30 - 9:00am

Breakfast Interest Groups

Topics TBD

9:15 – 10:30am

Symposium: Sexual and Reproductive Health Considerations in the Care of Transgender Youth: Menstrual Regulation, Contraception, Fertility Preservation and HIV Prevention

Chair: Nadia Dowshen, MD, MSHP, Children's Hospital of Philadelphia

- **ADDITIONAL SPEAKERS:**

Aletha Y. Akers, MD, MPH, FACOG, Children's Hospital of Philadelphia

Jill Ginsberg, MD, Children's Hospital of Philadelphia

10:30 – 10:45am

BREAK

10:45 – 12noon

Symposium: The Time Has Come: The Growth of Mother-Baby Day Treatment Programs in the United States

Chair: Pamela A. Geller, PhD, Drexel University

- **THE DAY HOSPITAL**

Margaret Howard, PhD, Women & Infants Hospital / Warren Alpert Medical School of Brown University

- **MOTHER BABY CONNECTIONS PROGRAM**

Pamela A. Geller, PhD, Bobbie Posmontier, PhD, CNM, PMHNP-BC, Drexel University

- **THE MOTHERHOOD CENTER OF NEW YORK**

Paige Bellenbaum, LMSW, The Motherhood Center of New York

- **THE MOTHER-BABY INTENSIVE OUTPATIENT PROGRAM**

Sarah Homitsky, MD, Women's Behavioral Health at Allegheny Health Network

12noon – 1:30pm

Luncheon with Speaker: Randi Epstein, MD, MPH

Author: Get Me Out: A History of Childbirth from the Garden of Eden to the Sperm Bank