



Wednesday 6 March 2019 PAEDIATRIC PAIN SYMPOSIUM DAY

Moving from Risk Factors to Resilience in Children and Adolescents with Pain

0800	Registration Desk Open, Welcome Tea & Coffee	Foyer
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Risk Factors for 'Languishing' with Pain - Risk for Onset and Outcomes

0900-0910	<i>Paediatrics Day – Welcome & Introductions</i>	Savoy West (50 cabaret)
0910-1010	<i>Paediatric Pain – What Do We Know?</i> - Epidemiology - Genetics and Epigenetics - including in utero exposure and neonate experiences etc - Risk Factors - Introduction to risk factors for chronic pain and suffering - What predicts poor functioning and outcomes? Dr Ross Drake, Paediatric Palliative Care and Pain Medicine Specialist, Starship Child Health, Auckland, NZ Dr Jordan Wood, Canterbury DHB, Christchurch, NZ	
1010-1030	Morning Tea	Restaurant
1030-1100	<i>Adverse Childhood Events and Long Term Outcomes</i> - The impact of cumulative trauma - Paediatric psychosocial preventative health model (PPPHM) Dr Kirsty Ross, Massey University, Auckland, NZ	
1100-1150	<i>NZ Maori and Pasifika Youth Health - Accessing Pain Services</i> A panel of experts with knowledge of Maori, Pasifika and Youth health	
1150-1215	<i>DISCUSSION / QUESTION SESSION - LANGUISHING</i>	
1215-1300	Lunch	Restaurant





Please note this is a draft programme and is subject to change.

Resilience and Post-Traumatic growth - Moving towards 'Flourishing'

1300-1345	<i>Resilience in the Face of Adversity</i> - What predicts resilient and helpful coping in the face of adversity - How can systems best support youth after adversity Dr Maureen Mooney, Clinical Psychologist, Research Officer, Joint Centre for Disaster Research (JCDR), Massey University, Wellington, NZ
1345-1415	<i>Resilience and Coping with Chronic Pain</i> - Drawing from the adult literature Dr Bronnie Lennox Thompson, Occupational Therapist, Canterbury DHB, Christchurch, NZ
1415-1430	Afternoon Tea Restaurant
1430-1510	<i>Resilience and the Family System</i> - The family system Dr Paul Vroegop, Child and Adolescent Consult-Liaison Psychiatrist & Pain Specialist, Counties Manukau Health, Auckland, NZ
1510-1550	<i>Post Traumatic Growth after Adversity</i> - Moving beyond adversity – is it possible to Flourish? - What can we learn from other paediatric fields of research? Dr Rebekah Smith, Clinical Psychologist, Older Persons Mental Health, Canterbury DHB, Christchurch, NZ
1550-1610	<i>DISCUSSION / QUESTION SESSION – FLOURISHING</i>
1610-1700	<i>PANEL DISCUSSION</i> Presenting a panel of experts who work in the field of pain from around New Zealand. The panel will provide practical advice about strategies, and a discussion of resources to help clinicians who may not have access to a specialist pain service.
1700-1800	<i>AGM for the Pain in Childhood (PinC) / Pain in Children and Adolescents (PICA) Special Interest Group</i>



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Wednesday 6 March 2019 GP's EDUCATION DAY

Chronic Pain in Primary Care

Presented by a multidisciplinary team, this workshop is aimed at GPs and practice nurses working within primary care settings, to provide an introduction to recognising and managing chronic pain conditions. The morning will focus on pain fundamentals, and in the afternoon attendees have the option of attending two of four patient specific education seminars.

0830-0900	Registration Desk Open, Welcome Tea & Coffee		Foyer
0900-0910	GP's Education Day- Welcome & Introductions		Savoy East (50 cabaret)
0910-1030	<i>Pain Fundamentals</i> A review of chronic pain fundamentals including: • Identifying and diagnosing chronic pain conditions • Selling the diagnosis of chronic pain to patients • Pain neuroscience and sociopsychobiomedical approach • Evidence based treatments for chronic pain management • Pharmacology of chronic pain • Patient resources		
1030-1045	Morning Tea		Restaurant
1045-1215	<i>Pain Fundamentals continued</i>		
1215-1300	Lunch		Restaurant
1300-1430	Savoy East (50 cabaret) <u>Concurrent Workshop 1</u> <i>Understanding the role of psychological factors in chronic pain</i> • Psychology of chronic pain • Managing patient distress • Moving patients from a stuck medical focus • Comorbid mental health diagnoses in chronic pain	Savoy 2 (50 cabaret) <u>Concurrent Workshop 2</u> <i>Low Back Pain</i> • State of the evidence • The role of procedures for chronic lower back pain	



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CONFERENCE MANAGEMENT

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1430-1500	Afternoon Tea		Restaurant
1500-1630	Savoy East (50 cabaret) <u>Concurrent Workshop 1</u> <i>Pelvic, abdominal, and visceral pain</i> • State of the evidence • Evidence based treatments and management	Savoy 2 (50 cabaret) <u>Concurrent Workshop 2</u> <i>Pain across the lifespan</i> • Childhood risk factors for the development of chronic pain • Pain in Childhood • Pain in the elderly	
1630-1700	Q&A Close		

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Thursday 7 March 2019

0730	Registration Desk Open, Welcome Tea & Coffee	Foyer
0830-0900	Conference Opening <i>Welcome from Convenor - Jessica Mills</i> <i>Welcome from President - John Alchin</i>	Savoy West & Savoy 2 (300 t/style)
0900-0945	A Senior Retired Pain Physician's Personal Choice of Top Pain Researchers (basic and clinical) in the Latter Half of the 20th Century Dr Mike Butler , Retired, Consultant Rheumatologist and Pain Medicine Specialist, formally at Auckland DHB, NZ	Chair:
0945-1015	Morning Tea and Industry Exhibition	Restaurant
1015-1100	Epidemiology of Pain Professor Fiona Blyth , Public Health and Pain Medicine, Head Concord Clinical School, Faculty of Medicine and Health University of Sydney, Concord, NSW 2139, Australia	Chair:
1100- 1200	PATRICK WALL LECTURE Professor Jane Ballantyne , Anesthesiology and Pain Medicine, University of Washington, Seattle, USA	
1200-1205	Lifetime Membership Award Presentation	Presented by:
1205-1300	Lunch and Industry Exhibition	Restaurant
1230-1300	Faculty of Pain Medicine Meeting (Katherine Harris, kharris@anzca.org.nz)	Windsor (40t/style)

Savoy East & Savoy 2 (200 t/style)	Savoy West (200 t/style)
Chair:	Chair:
Free Paper Presentations	Free Paper Presentations
1300-1315 <i>Talk Title</i> Speaker	1300-1315 <i>Talk Title</i> Speaker
1315-1330 <i>Talk Title</i> Speaker	1315-1330 <i>Talk Title</i> Speaker
1330-1345 <i>Talk Title</i> Speaker	1330-1345 <i>Talk Title</i> Speaker



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1345-1400 <i>Talk Title</i> Speaker	1345-1400 <i>Talk Title</i> Speaker
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Clarendon (40 t/style) Chair:	Savoy East & Savoy 2 (200 t/style) Chair:	Savoy West (200 t/style) Chair:
Nurses Special Interest Group Presentation	Psychologists Presentation	Physiotherapists & Occupational Therapists Presentation
1400-1430 <i>Talk Title</i> Speaker	1400-1500 <i>Talk Title</i> Speaker	1400-1500 <i>Talk Title</i> Speaker
1430-1500 Nurses' SIG AGM		

1500-1530	Afternoon Tea Industry Exhibition	Restaurant
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Savoy East & Savoy 2 (200 t/style) Chair:	Savoy West (200 t/style) Chair:
Concurrent 1	Concurrent 2
1530-1600 <i>Talk Title</i> Speaker	1530-1600 <i>Talk Title</i> Speaker
1600-1630 <i>Talk Title</i> Speaker	1600-1630 <i>Talk Title</i> Speaker
1630-1700 <i>Talk Title</i> Speaker	1630-1700 <i>Talk Title</i> Speaker

1700-1800	Welcome Reception Industry Exhibition	Restaurant
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Friday 8 March 2019

0800	Registration Desk Open, Welcome Tea & Coffee	Foyer
0900-0945	<i>Talk Title, Speaker</i>	Savoy West & Savoy 2 (300 t/style) Chair:
0945-1030	Update on Knee Arthroscopy for Pain Professor Ian Harris, Orthopaedic Surgery, University of NSW, Sydney, Australia	
1030-1100	Morning Tea and Industry Exhibition	Restaurant
1100-1145	Persistent Pain following Total Knee Arthroplasty Associate Professor Gwyn Lewis, Neurophysiologist, AUT University, Auckland, NZ	Chair:
1145-1230	Panel Discussion	
1230-1330	Lunch Industry Exhibition	Restaurant
1330-1415	Placebo and Outcomes Professor Ian Harris, Orthopaedic Surgery, University of NSW, Sydney, Australia	Chair:
1415-1500	Debate about the Use of Psychological Therapies in Medical Disorders Professor Keith J. Petrie, Health Psychology, Department of Psychological Medicine, The University of Auckland, Auckland, NZ	
1500-1530	Afternoon Tea Industry Exhibition	Restaurant
1530-1615	RCT on Vertebroplasty and its Afterlife Professor Rachelle Buchbinder, Senior Principal Research Fellow; Director, Monash Department of Clinical Epidemiology, Cabrini Institute, Monash University, Melbourne, Australia	
1615-1700	Panel Discussion	
1700-1715	Conference 2020 John Alchin, President, NZPS	
1715-1815	NZPS AGM	Savoy West & Savoy 2 (300 t/style)
1930-late	Conference Dinner	Christchurch Art Gallery Te Puna o Waiwhetu



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Saturday 9 March 2019

0730	Council Breakfast Meeting	Windsor (10 boardroom) Boardroom with breakfast
0800	Registration Desk Open, Welcome Tea & Coffee	Foyer
0900-0945	Bridging The Gap: How to Apply Best Evidence Practice in Community Settings Professor Michael Nicholas, Director, Pain Education & Pain Management Programs, Pain Management Research Institute, The University of Sydney, NSW, Australia	Savoy West & Savoy 2 (300 t/style) Chair:
0945-1030	Back Pain - Don't Take It Lying Down Professor Rachelle Buchbinder, Senior Principal Research Fellow; Director, Monash Department of Clinical Epidemiology, Cabrini Institute, Monash University, Melbourne, Australia	
1030-1100	Morning Tea and Industry Exhibition	Restaurant
1100-1145	Talk Title Speaker	
1145-1230	Panel Discussion	
1230-1330	Lunch Industry Exhibition	Restaurant
Savoy East & Savoy 2 (200t/style) Chair:		Savoy West (200 t/style) Chair:
Concurrent 3		Concurrent 4
1330-1400 Talk Title Speaker		1330-1400 Talk Title Speaker
1400-1430 Talk Title Speaker		1400-1430 Talk Title Speaker
1430-1500 Talk Title Speaker		1430-1500 Talk Title Speaker
1500-1530	Afternoon Tea Industry Exhibition	Restaurant

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Savoy East & Savoy 2 (200t/style) Chair:		Savoy West (200 t/style) Chair:	
Concurrent 5		Concurrent 6	
1530-1600 <i>Talk Title</i> Speaker		1530-1600 <i>Talk Title</i> Speaker	
1600-1630 <i>Talk Title</i> Speaker		1600-1630 <i>Talk Title</i> Speaker	
1635-1720	Savoy East & Savoy 2 (200t/style) Chair: <i>Pain Intensity as the Best Metric of Outcomes</i> Professor Jane Ballantyne, Anesthesiology and Pain Medicine, University of Washington, Seattle, USA		
1720-1730	Conference Close, Industry Awards & Abstract Prize Giving		

