

CARDIOMETABOLIC SYNDROME CONFERENCE

A POPULATION HEALTH CRISIS

AUG 23, 2024

texasheart.org/cardiometabolic2024

COURSE DIRECTORS

Joseph G. Rogers, MD
Stephanie Coulter, MD

LOCATION

The Denton A. Cooley
Auditorium at
The Texas Heart Institute,
Houston, Texas



**Baylor St. Luke's
Medical Center**

Baylor
College of
Medicine



THE TEXAS HEART INSTITUTE®

CARDIOMETABOLIC SYNDROME CONFERENCE

A Population Health Crisis

AUGUST 23, 2024



AGENDA - Friday, August 23, 2024

7:00-7:45 Registration & Breakfast

7:45-8:00 Welcome and Review of the Program

We Know What To Do... Why Isn't It Working?

Joseph G. Rogers, MD

President and CEO, The Texas Heart Institute

OPENING PLENARY SESSION

8:00-8:30 Defining the Epidemiologic Scope of Cardiometabolic Syndrome

Ambarish Pandey, MD, MSCS, FAHA

The University of Texas Southwestern Medical Center

8:30-9:00 What the Guidelines Tell Us About Cardiometabolic Syndrome

Salim Virani, MD, PhD, FACC, FAHA, FASPC

The Texas Heart Institute, Aga Khan University and Baylor College of Medicine

9:00-9:30 Impact of Contemporary Therapies on CMS

Christie Ballantyne, MD, FACP, FACC

Baylor College of Medicine

9:30-10:00 Panel Discussion / Q&A

10:00-10:15 Break / Exhibitor Hall

DIAGNOSIS AND MEDICAL MANAGEMENT

10:15-10:35 We Have the Tools, It's Time To Unite: The Intersection of CMH & MASLD/MASH

Joseph Galati, MD, FAASLD, FACG

Liver Specialists of Texas and Houston Methodist

Author: Eating Yourself Sick: How to Stop Obesity, Fatty Liver, and Diabetes from Killing You and Your Family

10:35-10:55 Cardiometabolic Syndrome and Malignancy

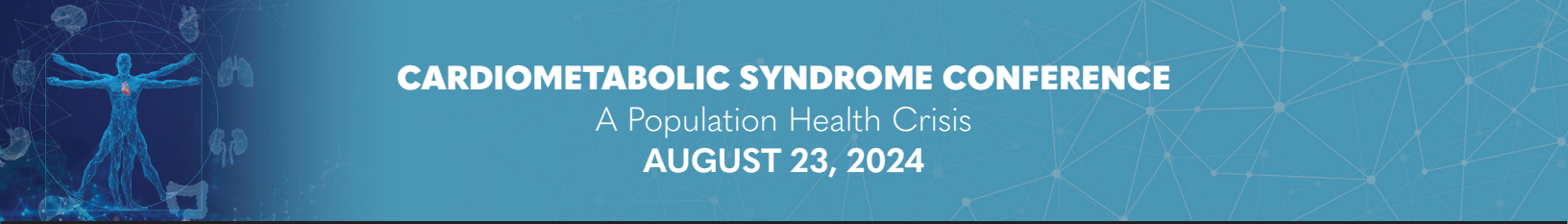
Karen Basen-Engquist, PhD, MPH

The University of Texas MD Anderson Cancer Center

10:55-11:15 Cardiometabolic Syndrome in Children: A Sign of Things To Come

Sanjiv Harpavat, MD, PhD

Baylor College of Medicine and Texas Children's Hospital



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- 11:15-11:35** **Cardiometabolic Syndrome in Women**
Stephanie Coulter, MD, FACC, FASE
The Texas Heart Institute and Baylor St. Luke's Medical Center
- 11:35-Noon** **Panel Discussion / Q&A**
- Noon-1:15** **LUNCH & KEYNOTE**
- 12:30-1:15** **Living Better Through Mindfulness**
Arianna Huffington
Co-founder of The Huffington Post
Founder and CEO, Thrive Global
Author: Thrive: The Third Metric to Redefining Success and Creating a Life of Well-Being, Wisdom, and Wonder and The Sleep Revolution: Transforming Your Life, One Night at a Time
- TECHNOLOGY & DIGITAL HEALTH INNOVATIONS:
NON-MEDICAL MANAGEMENT**
- 1:15-1:35** **Using Big Data to Understand and Treat Cardiometabolic Syndrome**
Khurram Nasir, MD, MPH
Houston Methodist DeBakey Heart & Vascular Center,
Houston Methodist and Weill Cornell Medical College
- 1:35-1:55** **Changing Dietary Habits at the Population Level**
Shreela Sharma, PhD, RD, LD
Center for Health Equity, UTHealth School of Public Health
The University of Texas Health Science Center at Houston
- 1:55-2:15** **Implementation Science to Improve Patient Engagement and
Leveraging Systems to Enhance Care**
Neha J. Pagidipati, MD, MPH
Associate Professor of Medicine, Duke Clinical Research Institute
- 2:15-2:30** **Panel Discussion / Q&A**
- 2:30-2:45** **Break / Exhibitor Hall**

RESEARCH AND COMMUNITY HEALTH PRIORITIES

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| 2:45-3:05 | Looking at Community Health Trends with Survey Data:
The Greater Houston Community Panel
Dan Potter, PhD
<i>Director, Houston Population Research Center (HPRC)
Kinder Institute for Urban Research at Rice University</i> |
| 3:05-3:30 | The Role of Local and State Governments
Moderator: Joseph G. Rogers, MD

Eric Boerwinkle, PhD
<i>Dean, UTHHealth Houston School of Public Health
The University of Texas Health Science Center at Houston</i>

Stephen L. Williams, MEd, MPA
<i>Director of Health & Human Services, City of Houston</i> |
| 3:30-3:50 | A Successful Community Health Pilot: Perspective From Business Leaders
Brett Perlman
<i>CEO, Center for Houston's Future, Inc.</i> |
| 3:50-4:10 | Leveraging Foundations and Community Resources
Katie Pryor
<i>Executive Vice President and Chief Operating Officer
Greater Houston Partnership</i> |
| 4:10-4:40 | National Institute of Health Priorities in CMS
Speaker: To Be Announced |
| 4:40-5:00 | Panel Discussion / Q&A |
| 5:00 | Adjourn |