

# New England Orthopedic Society

## 2025 Spring Meeting

Samoset Resort - Rockport, Maine - Friday, May 30 - Sunday, June 1

### Guest professors

Saam Morshed, MD, PhD, MPH  
 Neil Sheth, MD, FAOS  
 Amanda Spiker, MD

### Program Committee

Michael Blankstein, MD, MSc, FRCSC  
 Santiago Lozano-Calderon, MD, PhD

| FRIDAY, MAY 30 (afternoon)                                      |                                                                                           |                        |
|-----------------------------------------------------------------|-------------------------------------------------------------------------------------------|------------------------|
| 12:00 PM                                                        | Registration / Exhibits / Coffee                                                          |                        |
| Session 1: State Societies Updates/General                      |                                                                                           |                        |
| 12:55 PM                                                        | President's Introduction                                                                  | Michael Kain, MD       |
| 1:00 PM                                                         | Massachusetts Orthopaedic Association                                                     | Josh Vaughn, MD        |
| 1:15 PM                                                         | Vermont Orthopedic Society: Rural Orthopedics and the Future                              | Matthew Prohaska, MD   |
| 1:30 PM                                                         | Reflections on Practice in a Community Hospital                                           | Sara Graves, MD        |
| 1:45 PM                                                         | Discussion                                                                                | (all session speakers) |
| Session 2: Sports I                                             |                                                                                           |                        |
| 1:55 PM                                                         | Tips and tricks for Open Latarjet                                                         | Nathan Endres, MD      |
| 2:05 PM                                                         | Navigating Massive Rotator Cuff Tears - Finding the Right Procedure for the Right Patient | James Levins, MD       |
| 2:25 PM                                                         | Hip Dysplasia in the Athlete: There is Hope with the Scope                                | Robert L. Parisien, MD |
| 2:35 PM                                                         | Evolution and Considerations of Open Hip Preservation                                     | Andrea Spiker, MD      |
| 2:50 PM                                                         | Discussion                                                                                | (all session speakers) |
| 3:00 PM                                                         | Coffee Break / Exhibits                                                                   |                        |
| Session 3: Arthroplasty I                                       |                                                                                           |                        |
| 3:30 PM                                                         | Total Joint Extended Oral Antibiotic Prophylaxis: Yay or Nay?                             | Nathan Nelms, MD       |
| 3:40 PM                                                         | An Historical and Conceptual Overview of the Treatment of Acetabular Bone Loss            | Neil Sheth, MD, FACS   |
| 3:55 PM                                                         | Cryoablation for Total Knee Arthroplasty - Transitional Pain Management                   | Brandon Lentine, MD    |
| 4:05 PM                                                         | Title TBD                                                                                 | Philip Aurigemma, MD   |
| 4:15 PM                                                         | Discussion                                                                                | (all session speakers) |
| Session 4: Trauma I                                             |                                                                                           |                        |
| 4:25 PM                                                         | Tool of the Devil? Use of Cerclage Wires for Femoral Shaft Fractures                      | Phil Wolinsky, MD      |
| 4:40 PM                                                         | Closed versus Open Treatment of Displaced Femoral Neck Fractures in the Non-elderly       | Saam Morshed, MD, PhD  |
| 4:55 PM                                                         | Tips & Tricks: Section the Strain Reducing Percutaneous Screws for Hypertrophic Nonunions | Gerard Chang, MD       |
| 5:05 PM                                                         | System Improvements: The Trials, Tribulations, and Triumphs                               | Thuan Ly, MD           |
| 5:15 PM                                                         | Discussion                                                                                | (all session speakers) |
| 5:30 - 7:00 PM --- NEOS Social Cocktail Hour (@ Samoset Resort) |                                                                                           |                        |

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| SATURDAY, MAY 31 (morning) |                                                                                                    |                                    |
|----------------------------|----------------------------------------------------------------------------------------------------|------------------------------------|
| 7:30 AM                    | Registration / Exhibits / Continental breakfast                                                    |                                    |
| Session 5: Trauma II       |                                                                                                    |                                    |
| 8:00 AM                    | The Clamshell Osteotomy                                                                            | George Russell, MD                 |
| 8:15 AM                    | Negative Pressure Wound Dressings for High-risk Extremity Trauma: What is the Evidence?            | Saam Morshed, MD, PhD              |
| 8:30 AM                    | Young Femoral Neck Fractures: Updates in Treatment                                                 | Arun Aneja, MD                     |
| 8:40 AM                    | Fracture Related Infections and Difficult to Treat Infections of Bone                              | Jesse Hahn, MD                     |
| 8:50 AM                    | Osteoporosis for the Orthopedic Surgeon                                                            | Anna Miller, MD                    |
| 9:00 AM                    | Discussion                                                                                         | (all session speakers)             |
| Session 6: Sports II       |                                                                                                    |                                    |
| 9:05 AM                    | Cartilage Injury in the Athlete: Joint Preservation & Modern Surgical Techniques                   | Robert L. Parisien, MD             |
| 9:15 AM                    | From Survey to Surgery: How PROs have Shaped the Field of Hip Preservation                         | Andrea Spiker, MD                  |
| 9:30 AM                    | Hip preservation (final title TBD)                                                                 | Thomas Wuerz, MD                   |
| 9:40 AM                    | Hip Arthroscopy’s Role in the World of Arthroplasty                                                | Andrea Spiker, MD                  |
| 9:55 AM                    | Discussion                                                                                         | (all session speakers)             |
| 10:00 AM                   | Coffee Break / Exhibits                                                                            |                                    |
| Session 7: Arthroplasty II |                                                                                                    |                                    |
| 10:30 AM                   | A Word from Washington DC, TEAMS and PROMS: How they Impact My Practice                            | Adam Rana, MD                      |
| 10:40 AM                   | Minimizing the Learning Curve for the Direct Anterior Approach: How to Teach When You are Learning | Neil Sheth, MD, FACS               |
| 10:55 AM                   | DFR for Periprosthetic Fractures – When and How                                                    | Michael Blankstein, MD, MSc, FRCSC |
| 11:10 AM                   | Elevate Your DA Hip Game: How to Tackle Conversions and Revisions From the Front                   | Nicholas Colacchio, MD             |
| 11:20 AM                   | Discussion                                                                                         | (all session speakers)             |
| Session 8: Upper Extremity |                                                                                                    |                                    |
| 11:30 AM                   | Carpal Tunnel: The CTS-6 and Your Practice                                                         | Adam Shafritz, MD                  |
| 11:40 AM                   | Management of Iatrogenic Radial Nerve Injury                                                       | John Nolan, MD                     |
| 11:50 AM                   | Always Operate? Distal Radius Fractures in the "Elderly"                                           | Phil Wolinsky, MD                  |
| 12:05 PM                   | Proximal Humerus Fractures                                                                         | Wayne Chan, MD                     |
| 12:15 PM                   | Discussion                                                                                         | (all session speakers)             |
| 1:30 PM                    | NEOS Golf Tourney / Other activities on own                                                        |                                    |
| 6:00 PM                    | NEOS Cocktail & Dinner (place TBD)                                                                 |                                    |

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| SUNDAY, JUNE 1 ( <i>morning</i> )                                                                                                                                                                                                                                                                                                 |                                                                          |                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|------------------------|
| 7:30 AM                                                                                                                                                                                                                                                                                                                           | Registration / Exhibits / Continental breakfast                          |                        |
| 8:00 AM                                                                                                                                                                                                                                                                                                                           | Research Presentations                                                   |                        |
| Session 9: Tumor                                                                                                                                                                                                                                                                                                                  |                                                                          |                        |
| 8:45 AM                                                                                                                                                                                                                                                                                                                           | Tumor Quiz                                                               | Megan Anderson, MD     |
| 8:55 AM                                                                                                                                                                                                                                                                                                                           | Principles of Radiographic Evaluation Bone Tumors                        | Jad Hussein, MD        |
| 9:10 AM                                                                                                                                                                                                                                                                                                                           | Sarcoma Mimics in Orthopaedic Surgery                                    | Jad Hussein, MD        |
| 9:25 AM                                                                                                                                                                                                                                                                                                                           | Management of Periacetabular Metastatic Disease (Metastatic Bone Disase) | Adam Lindsay, MD       |
| 9:40 AM                                                                                                                                                                                                                                                                                                                           | Acetabular Oncologic Reconstruction (Primary Bone Tumors)                | Kevin Raskin, MD       |
| 9:55 AM                                                                                                                                                                                                                                                                                                                           | Discussion                                                               | (all session speakers) |
| 10:00 AM                                                                                                                                                                                                                                                                                                                          | Coffee Break / Exhibits                                                  |                        |
| Session 10: Trauma III / Joints                                                                                                                                                                                                                                                                                                   |                                                                          |                        |
| 10:10 AM                                                                                                                                                                                                                                                                                                                          | In patient Treatment with Zoledronic Acid after Hip Fracture             | John Wixted, MD        |
| 10:25 AM                                                                                                                                                                                                                                                                                                                          | Managing your Time, Energy and Attention as an Orthopaedic Surgeon       | Neil Sheth, MD, FACS   |
| 10:40 AM                                                                                                                                                                                                                                                                                                                          | Tips for Management of Distal Femoral Fractures                          | Saam Morshed, MD, PhD  |
| 10:55 AM                                                                                                                                                                                                                                                                                                                          | Unicompartmental Knee Arthroplasty: Patient Selection and Technical Tips | Michael Roberts, MD    |
| 11:05 AM                                                                                                                                                                                                                                                                                                                          | Results Tumor Quiz                                                       | Megan Anderson, MD     |
| 11:15 AM                                                                                                                                                                                                                                                                                                                          | Kilfoyle Awards                                                          | Robert L. Parisien, MD |
| 11:30 AM                                                                                                                                                                                                                                                                                                                          | Final comments & adjourn?                                                | Michael Kain, MD       |
| Accreditation Statement                                                                                                                                                                                                                                                                                                           |                                                                          |                        |
| <i>This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education. The New England Orthopedic Society is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.</i> |                                                                          |                        |
| AMA Credit Designation Statement                                                                                                                                                                                                                                                                                                  |                                                                          |                        |
| <i>The New England Orthopedic Society designates this live activity for a maximum of <b>11 AMA PRA Category 1 Credits™</b>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.</i>                                                                                      |                                                                          |                        |