

Agenda

Saturday, March 7, 2026

All times in Eastern Time

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| 7:00 am | Registration/Continental Breakfast/Exhibits
<i>3rd Floor Foyer</i> |
| 8:00-8:15 am | Welcome & Introduction
Conference Room B – 3rd Floor
<i>Carrie M. Hersh, DO, Mary Rensel, MD, Amy Sullivan, PsyD, Mary Alissa Willis, MD</i> |
| 8:15-8:40 am | Keynote Speaker: Krista Dobbie, MD
<i>From Snouts to Souls: How Palliative Pigs Cultivate Resilience, Joy, and Purpose in Healthcare</i> |
| 8:40-9:05 am | Keynote Speaker: Kendalle Cobb, MD
<i>Joy and Purpose: Realizing that Nobody Else Can Be the Best You</i> |
| 9:05-9:30 am | Resilient Leadership
<i>Margaret McKenzie, MD</i> |
| 9:30-9:55 am | Our Relationship with ‘CHANGE’
<i>Jennifer Ramsey MD, MS</i> |
| 9:55-10:10 am | Refreshment Break/Exhibits |
| 10:10 am-10:45 am | Allyship from the Male Perspective: He for She
<i>Moderator: Amy Sullivan, PsyD</i>
<i>Panelists: Andre Machado, MD, Andrea Sikon, MD, Moises Auron, MD and Leo Pozuelo, MD</i> |
| 10:45-11:55 am | 10 Minute Clinical Pearls <ul style="list-style-type: none"> • Managing Mood Disorders from a Pharmacologic Perspective
<i>Kasia Rothenberg, MD, PhD</i> • Women’s Preventative Brain Health
<i>Caroline Just, MD</i> • Women’s Cardiac Health
<i>Christine Tanaka-Esposito, MD</i> • Let’s Talk About Infertility
<i>Desiree Chizmadia, CNP</i> • Sleep Pearls
<i>Michelle Drerup, PsyD</i> • Menopause Management for the Busy Healthcare Worker
<i>Suchetha Kshetry, MD</i> |

- **Non-pharmacologic Mood Management**

Taylor Rush, PhD

11:55 am-1:00 pm	Lunch Buffet & Exhibits
1:00-1:25 pm	Belonging at the Office: The Heart of Inclusive Leadership <i>Sofya Asfaw, MD</i>
1:25-1:50 pm	Designing Your Joy: Neuroscience Required <i>Adrienne Boissy, MD</i>
1:50-2:15 pm	Conflict Management and Handling Bad News <i>Natalie Bowersox, MD</i>
2:15-2:40 pm	Career Transitions: Giving Yourself Permission to Change <i>Michelle Biehl, MD</i>
2:40-3:05 pm	Hot Topics in Pharma: What's New in Medicine? <i>Danielle Beltz, PharmD</i>
3:05-3:20 pm	Refreshment Break/Exhibits
3:20-3:45 pm	How to Get and Handle the Feedback You Need and Deserve <i>Christine Jellis, MD, PhD</i>
3:45-4:10 pm	Driving Success with Self-Leadership and Team Self-Leadership <i>Aaron Hamilton, MD</i>
4:10-4:35 pm	AI Scribe and its Impact on Provider Well Being <i>Adriana Alvarez, MD</i>
4:35-5:15 pm	Thriving in Your Career: Personal Triumphs and Tumbles Along the Way <i>Carrie M. Hersh, DO, Mary Rensel, MD, Amy Sullivan, PsyD, Mary Alissa Willis, MD</i>
5:15-6:15 pm	Reception

Time for questions and answers are included in each presentation.