

CONNECT4 Spring Conference

Featuring our FM Essentials CME Summit, Annual Research Day,
Annual Business Meeting and Celebration of Excellence in Family Medicine

April 6, 2024

Hershey Lodge and Convention Center

Faculty Disclosure - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Type Key: CME  Research Day / Residents  Social  PAFP Business Meetings 

PS = Patient Safety  Wellness  Opioid Ed  Child Protection CME 

Attention Independent Practice Physicians!

Look for the specially marked tables in the session rooms for the opportunity to join your colleagues, brainstorm ideas and problem-solve the many issues you face on a daily basis.

Note that all clinical sessions will be live streamed (with the exception of Act 31 Child Protection).

FRIDAY, APRIL 5		
5:30 – 7:30 PM		Resident Roundup – Life Skills They Don’t Teach you in Medical School Residents! Network and learn survival tips about making the transition to your practice post-residency. Early-career physicians, finance experts and physician recruiters explore the issues together. Plus a perennial favorite: Contracts ... what NOT to sign.
SATURDAY, APRIL 6		
6:45 AM		Registration Opens
7 – 7:45 AM		Exhibitor Meet and Greet Breakfast – Enjoy a sit-down breakfast with our corporate colleagues.
7 – 8 AM		PAFP-PAC Breakfast See registration form for details.
7:55 AM		Opening and Welcome
Concurrent Sessions		
8 – 9 AM		Child Abuse Recognition and Protection – Part 1 PS  Kathryn McCans, MD, Penn State Hershey Medical Center and Lisa a. Wheeler, Dauphin County Social Services, Harrisburg, PA
		Fatty Liver and NASH PS

Concurrent Sessions		
9 – 10 AM		Child Abuse Recognition and Protection – Part 2 (continuation of part 1) <i>PS</i>  Kathryn McCans, MD, Penn State Hershey Medical Center and Lisa a. Wheeler, Dauphin County Social Services, Harrisburg, PA
		Vaccines Update – HPV and Pneumococcal <i>PS</i>
10 – 10:30 AM		Research Day Poster Presentations, Refreshment break and Exhibit time <i>Join in our stretch break – no experience necessary</i>  <i>Complimentary headshots will be taken throughout the day upon request!</i>
Concurrent Sessions		
10:30 – 11:30 AM		Striking a Balance: Understanding Pain Management and Opioids - Part 1  <i>PS</i>
		Breathing Easy: Conquering Obstructive Sleep Apnea for Better Health <i>PS</i>
10:30 – 11:30 AM		Research Day Presentations Students, Residents, and Physicians/Fellows present their original research projects in Community Health, Quality Improvement, and traditional Research Design.
Lunch Break		
11:30 AM – 1:30 PM		Annual Business Meeting Lunch • <i>AAFP Update – Russell Kohl, MD, AAFP Speaker of the House of Delegates</i> • <i>Installation of President and Officers</i> • <i>Legislative Update</i> • <i>Awards and Degree of Fellow</i> • <i>A Celebration of Excellence in Family Medicine</i> • AND AI in Medicine (CME) <i>PS</i> Join us in celebrating outstanding leaders in Family Medicine! Theresa Metanchuk, DO, newly installed PAFP President and PAFP board members look forward to welcoming you as we applaud our award winners in the following categories: Family Physician of the Year, Public Health, and Exemplary Teaching. We look forward to conferring the degree of fellow to the latest class of recipients during the celebration, as well.
Concurrent Sessions		
1:30 – 2:30 PM		Wellness – Part 1 <i>PS</i>  Coping Techniques and Resources - Compassion Fatigue Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD
		Medicine and Digital Security <i>PS</i> James Spellos, Meeting U

1:30 – 3:30 PM		Research Day Presentations Students, Residents, and Physicians/Fellows present their original research projects in Community Health, Quality Improvement, and traditional Research Design.
Concurrent Sessions		
2:30 – 3:30 PM		Wellness – Part 2 PS  Physician Wellness – Individual Wellness Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD
		Suicide Assessment and Management in the Pediatric Population PS James Waxmonsky, MD, Penn State Hershey Medical Center
3:30 – 4:15 PM		Research Day Poster Presentations and Awards <i>Chair massages will be available during the breaks! Be sure to get yours and de-stress!</i>  <i>Complimentary headshots will be taken throughout the day upon request!</i>
4 – 4:30 PM		Exhibit and Refreshment Break Stretch Break  <i>Complimentary headshots will be taken throughout the day upon request!</i>
Concurrent Sessions		
4:30 – 5:30 PM		Wellness – Part 3 PS  Physician Wellness – Culture of Medicine Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD
		Striking a Balance: Understanding Pain Management and Opioids - Part 2 PS 
5:30 – 6:15 PM		Wellness – System Wellness and Wrap-Up PS  Caitlin Matthis, DO, Washington Health System and Melissa Clark, MD

Mark your calendars for these upcoming events!

- June 9-13 – Summer SEA-M-E Conference, Hyatt Place, Dewey Beach, DE – Over 20 AOA and AAFP Prescribed credits
- July 20 – Member Appreciation and Family Day at Knoebels Amusement Park, Elysburg, PA – Free picnic and parking and cheap tickets!
- October 19 – Fall FM Essentials CME Summit, Drexelbrook Event Center, Drexel Hill, PA - Mandated and Patient Safety CME