



2024 AATH Conference & Humor Academy Schedule At-A-Glance

Wednesday, April 3

6:30 - 8:00 p Humor Academy Check-In

Thursday, April 4 - Humor Academy Day

8:00 - 8:30 a All Academy "Howdy"
8:30 - 11:30 a **Humor Academy Instruction**
HA Level 1 w/Mary Kay Morrison
HA Level 2 w/Nila Nielsen
HA Level 3 w/Karyn Buxman
CHP w/Mary Laskin
Humor Academy Peace Luncheon
11:30 a - 12:30 p BREAK
12:30 - 1:00 p
1:00 - 3:00 p Reach the Peak with those who have blazed
the trail - No need to climb alone.
3:00 - 3:15 p BREAK
3:15 - 4:15 p All Conference Attendees Invited to Attend
Project PPT Presentations
4:15 - 5:30 p Humor Academy Graduation
6:00 - 7:30 p AATH Welcome Reception
7:30 - 8:30 p Improv Jam

Friday, April 5 - Conference Day 1

8:00 - 8:30 a Conference Opening
8:30 - 9:30 a **Keynote: with Kelly Swanson**
9:30 - 9:45 a BREAK
9:45 - 10:45 a **Breakout Sessions - Choose One**
Merry Mentors: One Laugh, Two Laughs,
Three Laughs, Four; AATH is Therapeutic
Humor and So Much More!
Laughing Is My Love Language
with Judy Oliverio
Can Joy Help Bullying? How to Use Humor
to Help! With Kate McGlynn
10:45 - 11:00 a BREAK
11:00 a - 12:00 p **Breakout Sessions - Choose One**
Tell Me All Your Secrets (Get Your Book Out
of Your Head!) with Amanda Ferris
Seriously, Play With LEGO®
with Patrick McNeil
Laughter is the Best Medicine: Humor as
Stress Management for Caregivers
with Ronald Dolon
12:00 - 1:00 p LUNCH
1:00 - 1:30 p Research Showcase - Pt I
1:30 - 2:30 p **Keynote: with Wayne Connell/IDA**
2:30 - 2:45 p BREAK
2:45 - 3:45 p **Breakout Sessions - Choose One**
Oh, I was Just Kidding: Differentiating
Empathic and Hostile Humor
with Steve Sultanoff, PhD
Peace Through Humor in Action Workshop
with Stephanie Knox Steiner and Peace
Fellows
If I Didn't Laugh, I'd Cry: Humor As a Coping
Strategy for Adult Survivors of Childhood
Sexual Abuse with Kathleen Monahan
3:45 - 4:00 p BREAK
4:00 - 5:00 p **Keynote: with Nora Burns**
5:00 - 7:00 p BREAK - Dinner on Your Own
7:00 PM Murder Mystery

Saturday, April 6 - Conference Day 2

8:00 - 8:30 a Announcements & AATH Business Meeting
8:30 - 9:30 a **Keynote: with Dr. David Rendall**
9:30 - 9:45 a BREAK
9:45 - 10:45 a **Breakout Sessions - Choose One**
Humor and the Battle of the Sexes
with Gurinder Bains and Joyce Saltman
Divine Comedy: Humor as a Path for
Spiritual Growth and Healing
with Kermit Cole
Whose Health is it Anyway - Self-care for the
Caring Professional with Kathleen Luhn
10:45 - 11:00 a BREAK
11:00 a - 12:00 p **Breakout Sessions - Choose One**
Stacking Your Humor Deck with Olivia Vo
Broadway Makes Me Laugh: Funny Songs
from the Great White Way with Allen Klein
Operation "Zygo Zing": Combatting fear
appeals of news, social media, and
advertising with Nae Heintz
12:00 - 1:00 p LUNCH
1:00 - 1:30 p Research Showcase - Pt II
1:30 - 2:30 p **Keynote: with Ros Ben Moshe**
2:30 - 2:45 p BREAK
2:45 - 3:45 p **Breakout Sessions - Choose One**
Ed Talks with Ed Dunkelblau
How to Communicate with the Rising
Generation using Humor
with Roland Thompson
Harmonizing Laughter: Exploring the Impact
of Music and Humor on Brain Health
with Amy Standridge
3:45 - 4:00 p BREAK
4:00 - 5:00 p **Keynote: with Peter McGraw**
5:30 - 6:30 p BREAK
6:30 - 11:00 p Annual AATH Reception & Banquet - 80's
Dance Party

Sunday, April 7 - Conference Day 3

8:00 - 8:45 a Laughter Club Gathering
9:00 - 10:00 a **Keynote: with Allison Clarke**
10:00 - 10:30 a BREAK
10:30 - 11:30 a **Keynote: with Karyn Buxman**
11:30 a - 12:00 p Last Laugh: Conference Wrap-Up
with Chip Lutz



*Schedule is subject to change without notice.