



**ADA** AUSTRALASIAN  
DELIRIUM  
ASSOCIATION

# CONFERENCE PROGRAM

## DECLARED 2025

**Breaking Barriers to Great Delirium Care**

**23rd - 25th July 2025**

Shangri-La The Marina  
Cairns, Queensland



<https://www.delirium.org.au/declared2025>



# Pre-Conference Workshops

Wednesday, 23 July 2025

|               |                                                                                                                                                                                                                                                                   |                                                                                                                                                       |                                                                                                   |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| 8.00-8.45     | Registrations                                                                                                                                                                                                                                                     |                                                                                                                                                       |                                                                                                   |
|               | Ballroom                                                                                                                                                                                                                                                          |                                                                                                                                                       |                                                                                                   |
| 8.45-8.55     | Welcome<br>A/Prof. Ajay Macharouthu, Board Member and Conference Convener<br>Prof. Andrew Teodorczuk, President Australasian Delirium Association                                                                                                                 |                                                                                                                                                       |                                                                                                   |
| 8.55-9.10     | Consumer Story and Experience<br>*TBC                                                                                                                                                                                                                             |                                                                                                                                                       |                                                                                                   |
| 9.10-10.00    | "Delirium Dash: Eight Standards in a Flash"<br>Chair<br>Prof Andrew Teodorczuk<br>Panel<br>Prof. Gideon Caplan<br>Prof. Meera Agar<br>Karen Lee-Steere<br>Dr Amy Montgomery<br>Dr Fred Graham<br>Dr Penny Casey<br>Dr Emily Tomlinson<br>A/Prof. Ajay Macharouthu |                                                                                                                                                       |                                                                                                   |
| 10.00-10.30   | Delirium Down Under - Cairn’s experience<br>Prof. Edward Strivens and Dr Roselani Henry                                                                                                                                                                           |                                                                                                                                                       |                                                                                                   |
| 10.30-11.00   | Making delirium teaching stick<br>Dr Petal Abdool                                                                                                                                                                                                                 |                                                                                                                                                       |                                                                                                   |
| 11.00-11.30   | Morning Tea                                                                                                                                                                                                                                                       |                                                                                                                                                       |                                                                                                   |
|               | Ballroom                                                                                                                                                                                                                                                          | Breakaway room 1                                                                                                                                      | Breakaway room 2                                                                                  |
| WORKSHOPS     | Foundations in Delirium Workshop<br>Dr Amy Montgomery                                                                                                                                                                                                             | Pathophysiology in Delirium<br>Prof. Robert Sanders                                                                                                   | Research Concept Development<br>Prof. Meera Agar<br>+ Dr. Peter Lange<br>+ Prof.Andrew Teodurczuk |
| 11.30 – 13.00 | Introduction<br>Dr Amy Montgomery<br>Dr Penny Casey<br>Investigation and Management of Delirium<br>Dr Eamonn Eales<br>Dr Sarah Brown                                                                                                                              | Speakers<br>Dr Colm Cunningham<br>Prof. Niccolo Terrando<br>A/Prof. Gen Shinozaki<br>A/Prof. Lahiri Shouri<br>Prof. Gideon Caplan<br>Dr Monique Boord | An opportunity to discuss the unique aspects of undertaking research in delirium.                 |
| 13.00-13.30   | Lunch                                                                                                                                                                                                                                                             |                                                                                                                                                       |                                                                                                   |
| 13.30-14.30   | Communicating Delirium to a patient’s family<br>Bridget Riggs<br>Karen Lee-Steere                                                                                                                                                                                 | Pathophysiology in Delirium                                                                                                                           | Research Concept Development                                                                      |
| 14.30-15.30   | Ward based behavioural management.<br>Dr Fred Graham<br>Dr Penny Casey                                                                                                                                                                                            |                                                                                                                                                       |                                                                                                   |
| 15.30-16.30   | Screening for Delirium<br>Dr Amy Montgomery<br>Dr.Petal Abdool                                                                                                                                                                                                    |                                                                                                                                                       |                                                                                                   |
| 16.30-17.00   | Debrief and Close                                                                                                                                                                                                                                                 |                                                                                                                                                       |                                                                                                   |
| 17.00-17.30   | Smoking ceremony and Welcome Reception                                                                                                                                                                                                                            |                                                                                                                                                       |                                                                                                   |

# Conference Day One

Thursday, 24 July 2025

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|                                         | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>7.15-8.00</b>                        | <b>Registrations</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>8.00-8.30</b>                        | <b>Welcome to Country and Acknowledgements</b><br>A/Prof. Ajay Macharouthu, Board Member and Conference Convener<br>Prof. Andrew Teodorczuk, President Australasian Delirium Association                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>8.40-9.00</b>                        | <b>Consumer Story and Experience</b><br>Janet Corcoran OAM                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>9.00-9.45</b><br>Plenary session     | <b>'Delirium care of (and by) the whole person: Why we are the remedy for delirium?'</b><br>A/Prof. Annmarie Hosie                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>9.45-10.30</b><br>Plenary session    | <b>Delirium, The Public Health Emergency</b><br>Prof. Elizabeth Sampson                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>10.30 - 11.00</b>                    | <b>Morning Tea + Poster Viewing</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                         | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Breakaway room 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Breakaway room 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>11.00-12.30</b><br>Symposium         | <b>ICU Delirium Chair</b><br>Prof. Robert Sanders<br><b>Panel</b><br>Prof. Babar Khan<br>Prof. Pratik Pandharipande<br>Dr Tom Payne<br>A/Prof. Leanne Boehm                                                                                                                                                                                                                                                                                                                                            | <b>Yarning and Kōrero: A journey of discovery of delirium in indigenous cultures in Australia and Aotearoa</b><br><b>Chair</b><br>Dr Valerie Fletcher<br><b>Panel</b><br>Dr Lina Groenewald<br>Bridget Riggs<br>Prof. Edward Strivens<br>Dr Grace Rangitura Spratt (hybrid)                                                                                                                                                                                                                                           | <b>Asia-Oceania Symposium on Delirium</b><br><b>Chair</b><br>A/Prof. Ajay Macharouthu<br><b>Panel</b><br>Dr Bharathi Balasundaram<br>Dr Sandeep Kapoor*<br>A/Prof. Jooyoung Oh<br>Japanese Delirium Society Representative                                                                                                                                                                                                                                                                 |
| <b>12.30-13.15</b>                      | <b>Lunch + Poster Viewing</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|                                         | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>Breakaway room 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Breakaway room 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>13.15 - 15.00</b><br>Plenary session | <b>Abstracts Presentations Chair</b><br>Dr Emily Tomlinson<br><br><u>Delirium Pathophysiology/Ethics/Prevention</u><br><br><b>Gen Shinozaki</b> -Exercise Attenuates Delirium-like EEG Signatures in a Mouse Model: Implications for Neuroprotection and Prevention<br><br><b>Elisa Lin</b> -Actigraphy-Estimated Sleep and Circadian Rhythms and the Risk of Delirium Following Traumatic Brain Injury<br><br><b>Ryoichi Sadahiro</b> -Metabolome Profiling of Yokukansan in Preventing Postoperative | <b>Abstracts Presentations Chair</b><br>Brianna Walpole<br><br><u>Delirium Prediction and Screening</u><br><br><b>Yichen Chen</b> -Psychometric Analysis of Pediatric Emergence Delirium: A Secondary Data Analysis Study on Pediatric Patients Undergoing Orthopedic Surgery<br><br><b>Yoonhyoung Jo</b> -Risk Factors for Postoperative Delirium Following Brain Tumor Surgery: Focus on Cognitive, Emotional, and Operative Factors<br><br><b>Hyeong-jun Park</b> -Postoperative delirium prediction using machine | <b>Abstracts Presentations Chair</b><br>Prof Edward Strivens<br><br><u>Delirium management</u><br><br><b>Eamonn Eeles</b> - Capturing the ghost in the machine: a process for development and validation of measures of phenomenal consciousness in delirium.<br><br><b>Eamonn Eeles</b> - Schrodinger's cat and mouse: a thought experiment for consciousness and delirium.<br><br><b>Kaye Rolls</b> - Clinical decision making for delirium in older patients: a phenomenographic study. |

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|                                 | <p>Delirium in Elderly Cancer Patients: a Reverse Translational Study</p> <p><b>Annmarië Hosie</b> -Understanding the Unique Ethical Challenges in Randomised Controlled Trials of Delirium Interventions for Older Adults: A Rapid Review</p> <p><b>Peter Lange</b>-Sweet Dreams are Made of Amines: Results of a randomized controlled trial of Melatonin for delirium treatment in older adults.</p> | <p>learning models and preoperative indicators</p> <p><b>Swapna Gokhale</b>-Delirium risk prediction from routinely collected electronic health records: model development and internal validation.</p> <p><b>Elisa Lin</b>-Psychometric Testing of the Traditional Chinese Version of Confusion Assessment Method in Older Adults with Traumatic Brain Injury During the Acute Stage</p> <p><b>Eamonn Eeles</b>-Co-design of a culturally specific Delirium screening tool for persons who identify as Aboriginal and/ or Torres Strait Islander</p> | <p><b>Eamonn Eeles</b> - Pilot Implementation of an electronic diagnostic support tool (AiD-DST) designed to identify the cause(s) of delirium.</p> <p><b>Soumaia Lowery</b> - What happens when patients screen positive for delirium? A medical records audit of acute care nurses' practice.</p> |
| <b>15:00-15:30</b>              | <b>Afternoon Tea</b>                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                     |
|                                 | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                         | <b>Breakaway room 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Breakaway room 2</b>                                                                                                                                                                                                                                                                             |
| <b>15:30-16:45</b><br>Symposium | <b>Delirium in Community Chair</b><br>Prof. Eamonn Eales<br><b>Panel</b><br>Prof. Emma Vardy (hybrid)<br>Prof. Gideon Caplan<br>Khera Kim<br>Prof. Ajay Macharouthu<br>Dr. Aathi Selva                                                                                                                                                                                                                  | <b>AI in delirium Chair</b><br>Prof. Andrew Teodorczuk<br><b>Panel</b><br>Dr Petal Abdool<br>Prof. Heidi Lindroth                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Neuroimaging in Delirium Chair</b><br>Dr Anita Nitchingham<br><b>Panel</b><br>Prof. Robert Sanders<br>Prof Hannah Keage                                                                                                                                                                          |
| <b>18.00 onwards</b>            | <b>Conference Dinner and 'Delirium Debate'</b><br>Prof. Adam Gordon/Bridget Riggs Vs Prof. Elizabeth Sampson/Dr Amy Montgomery                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                     |

# Conference Day Two

Friday, 25 July 2025

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| 7.00 – 8.15  | <b>Breakfast Workshop - Hospital redesign for violent behaviours of distress</b><br>Contribute to the development of a hospital redesign toolkit for safe high-quality care of patients with delirium and/or dementia with symptoms of aggression leading to violence.<br>Chair: Dr Valerie Fletcher + Dr Fred Graham (Facilitator)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|              | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 8.30-8.40    | <b>Welcome and Acknowledgements</b><br>A/Prof. Ajay Macharouthu, Board Member and Conference Convener                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 8.40-9.00    | <b>Consumer Story and Experience</b><br>Deborah Kachel                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 9.00-9.45    | <b>Supporting Nursing Care in Delirium</b><br>A/Prof. Heidi Lindroth                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 9.45-10.30   | <b>Pathophysiology in delirium</b><br>Dr Colm Cunningham                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 10.30 -11.00 | <b>Morning Tea + Poster Viewing</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|              | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Breakaway room 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Breakaway room 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 11.00-11.45  | <b>The Challenges of Delirium vs BPSD and Delirium Superimposed on Dementia 'DSD'</b><br>Prof. Kenneth Rockwood                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 11.45-12.30  | <b>Delirium in Care homes</b><br>Prof. Adam Gordon                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 12.30-13.15  | <b>Lunch + Poster Viewing</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|              | <b>Ballroom</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <b>Breakaway room 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Breakaway room 2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 13.15-14.30  | <b>Abstracts Presentations Chair</b><br>Dr Penny Casey<br><br><u><a href="#">The Experience of Delirium in Careers, Patients and Nurses</a></u><br><br><b>Christina Aggar</b> - Carer experience of a delirium resource (PREDICT) to support care partnerships with healthcare professionals: a qualitative study.<br><br><b>Karen Lee-Steere</b> - Family carer involvement in delirium prevention for older hospital patients: A qualitative study<br><br><b>Swapna Gokhale</b> -Enhancing foresight - Care partners' perspectives on risk identification and communication to optimise their engagement in delirium prevention.<br><br><b>Karen Lee-Steere</b> - Caring for older patients who experience delirium in hospital: Family carer and older patient perspectives<br><br><b>Jingjing Fang</b> -Nurses' experience and response to aggression from patients with delirium | <b>Abstracts Presentations Chair</b><br>Dr Valerie Fletcher<br><br><u><a href="#">Delirium care Standards</a></u><br><br><b>Taree Gibson</b> -Implementation of a delirium dashboard to meet the Delirium Clinical Care Standard Advisory Indicators<br><br><b>Kaye Rolls</b> -Partnering an implementation strategy with a multi-modal education improves delirium practices<br><br><b>Erin Davis</b> -A care practice bundle for nurses to support adults with cognitive impairment displaying challenging behaviour in hospital: pre-post study<br><br><b>Dr Frederick Graham</b> -A nurse-initiated protocol for interprofessional management of changed behaviours in hospital patients with delirium and/or dementia: A modified e-Delphi study.<br><br><b>Annie Hepworth</b> -Multicomponent interventions for delirium prevention in clinical practice: Exploring barriers and facilitators | <b>Abstracts Presentations Chair</b><br>Dr Anita Nitchingham<br><br><u><a href="#">Delirium Outcomes and follow up</a></u><br><br><b>Yonas Tesfaye</b> -Clinical outcomes following in-hospital delirium: a meta-analysis<br><br><b>Markus Haapanen</b> -Delirium as a predictor of nursing home admission: findings from a matched cohort study in the UK Biobank<br><br><b>Anvi Butala</b> -The Residential Care Evaluation and Support Pathway for Optimising Needs in Delirium (RESPOND) 12-month implementation<br><br><b>Dr Courtney Davis</b> -What should a delirium rehabilitation program for older adults look like, according to health professionals? Initial findings from the HALT Trial<br><br><b>Rachel McMahon</b> -Shining HOPE on hospital mealtimes A volunteer mealtime assistance program |

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|                    | <b>Annmarie Hosie</b> -Beneficial delirium care in palliative care: A Critical Incident Technique qualitative study | <b>John Roger Hopkins</b> -Deconstructing the delirium-friendly hospital. |  |
| <b>14.30-14.45</b> | <b>Afternoon Tea</b>                                                                                                |                                                                           |  |
| <b>14.45-15.30</b> | <b>Synergies from Australian Hip Fracture Standards</b><br>Prof. Jacqui Close                                       |                                                                           |  |
| <b>15.30-15.40</b> | <b>“Percolating Ideas: Advancing Delirium Care One Cup at a Time”</b><br>Guess the DECLARED 2027 Location           |                                                                           |  |
| <b>15.40-16.00</b> | <b>CLOSE</b><br>Prof. Andrew Teodorczuk<br>A/Prof. Ajay Macharouthu                                                 |                                                                           |  |