

THURSDAY 26 SEPTEMBER		
Pre-Congress Hands-On Courses		
08h00 – 09h00	Registration	
Session 1	Non-surgical Rhinoplasty	Lip Shaping
Facilitator	Ash Labib (UK)	Julie Horne (Norway)
	The Villa (downstairs)	The Residence (upstairs)
	09h00 – 10h00  • Introduction • Comparison of the surgical & non-surgical rhinoplasty • Anatomy of the nose • Important angles of the face • Indications & contraindications of a non-surgical rhinoplasty • Potential complications • Case studies before & after • LIVE DEMO 10h00 – 12h00 • Practical session on live models • Delegates 1 – 6 hands on injecting 12h30 – 13h00 • Summary of non-surgical rhinoplasty • Q&A • Certificate ceremony	 09h00 – 10h30 • Portfolio and guidance to right product selection • Anatomy • Complications and how to treat them • Ageing process (lower face/lips) • Consultation (what should a consultation contain) • Bad work/ poorly placed filler • Technique, videos and B/A pictures (asymmetry correction) • Social media (Instagram and how to take great B /A pictures) 10h30 – 13h00 • Practical session on live models • Delegates 1 – 6 hands on injecting 13h00 – 13h15 • Certificate ceremony
13h00 – 14h00	Lunch	
13h00 – 14h00	Registration	
Session 2	Non-surgical Rhinoplasty	Lip Shaping
Facilitator	Ash Labib (UK)	Julie Horne (Norway)
	The Villa (downstairs)	The Residence (upstairs)
	14h00 – 15h00  • Introduction • Comparison of the surgical & non-surgical rhinoplasty • Anatomy of the nose • Important angles of the face • Indications & contraindications of a non-surgical rhinoplasty • Potential complications • Case studies before & after • LIVE DEMO 15h00 – 17h00 • Practical session on live models • Delegates 7 - 12 hands on injecting 17h30 – 18h00 • Summary of non-surgical rhinoplasty • Q&A • Certificate ceremony	 14h00 – 15h30 • Portfolio and guidance to right product selection • Anatomy • Complications and how to treat them • Ageing process (lower face/lips) • Consultation (what should a consultation contain) • Bad work/ poorly placed filler • Technique, videos and B/A pictures (asymmetry correction) • Social media (Instagram and how to take great B /A pictures) 15h30 – 18h00 • Practical session on live models • Delegates 7 - 12 hands on injecting 18h00 – 18h15 • Certificate ceremony
18h00	Close	

FRIDAY 27 SEPTEMBER

07h00 – 08h00	Registration		
Session 1	Allergan Village	Nu Angle Village	Genop Village
Facilitator	Raj Acquilla (UK) Ash Labib (UK)	Fredrik Berne (Sweden) Anushka Reddy	Lee Walker (UK) Gerhard Van Niekerk
	The Villa (downstairs)	The Residence (upstairs)	The Lab
	 08h00 – 12h00 Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome. The average value of the product given each doctor is R3 500. Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face. Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline. Once your session is complete you are free to move to other villages as observers. You must bring your own models to inject so you offer a follow up service. Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received.	 08h00 – 12h00 Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome. The average value of the product given each doctor is R3 500. Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face. Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline. Once your session is complete you are free to move to other villages as observers. You must bring your own models to inject so you offer a follow up service. Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received.	 08h00 – 12h00 Doctors will be afforded the opportunity to inject a patient of their choice under the direct supervision of experienced injectors. The facilitator will point out key areas related to injection anatomy and will demonstrate a specific technique Delegates will be requested to indicate the area they wish to inject and will be given 1ml of filler product to inject. Any queries or concerns they have regarding their technique will be refined and adjusted by the facilitators thereby optimising the patient outcome. The average value of the product given each doctor is R3 500. Delegates in the beginner session can inject 1 area – nasolabial folds OR peri-oral area OR mid-face. Delegates in intermediate / advanced session can inject 1 area – tear through OR temples OR jawline. Hands on thread workshop will be offered in the Genop Village exclusively and delegates will need to indicate that they wish to register for threads only with advanced session. The value of the session is R3 500 Once your session is complete you are free to move to other villages as observers. You must bring your own models to inject so you offer a follow up service. Models will be provided under exceptional circumstances and for out of town delegates provided advance notice (2 weeks) is received.
12h00 – 13h30	Lunch		

FRIDAY 27 SEPTEMBER

Session 2	Allergan Village	Nu Angle Village	Genop Village
Facilitator	Raj Acquilla (UK) Nerina Wilkinson	Fredrik Berne (Sweden) Anjana Bhana	Lee Walker (UK) Gerhard Van Niekerk
	The Villa (downstairs)	The Residence (upstairs)	The Lab
	13h30 – 17h30 Afternoon session 	13h30 – 17h30 Afternoon session 	13h30 – 17h30 Afternoon session 
17h30	Networking Evening		

SATURDAY 28 SEPTEMBER

08h00 – 09h00	Registration					
Session 1	Future of Regenerative Medicine		Advanced Skin / Aesthetic		ESAG - Module A (Non-surgical)	
Facilitator	Anjana Bhana		Joelette Theron (SAAHSP)		Alexandros Bader (UK)	
	The Villa (downstairs)		The Residence (upstairs)		The Boardroom (upstairs)	
	09h00 – 09h05 Introduction - Anjana Bhana 09h05 – 09h15 Fat is phat (use of fat in surgery and aesthetics) - Frank Graewe 09h15 – 09h25 Micro-needling utilising devices and aquagold as regenerative procedure (PRP free) - Deepa Parbhoo 09h25 – 09h35 Novel combination treatments for optimum results – RF, PRP and Hyberbaric Oxygen - Minoka Nadesan 09h35 – 09h45 Skin with ER,Cr:YSGG 2780 (Waterlase) nm fractional laser for regeneration and rejuvenation - Thys Pienaar 09h45 – 09h55 PRP and second generation PRF use in aesthetics - Anjana Bhana 09h55 – 10h05 The O-shot as a regenerative medicine procedure: using PRP for sexual health - Nicole Kanaris 10h05 – 10h15 Update on the use of Regenerative techniques for hair restoration - Catherine Davies		09h00 – 09h45 Emotional intelligence - Speaker 09h45 – 10h30 Combination therapy - Speaker		09h00 – 09h45 Introduction to non-surgical aesthetic gynecology - Alexandros Bader (UK) 09h45 – 10h30 Platelet rich plasma - theory and applications in aesthetic gynecology - Regenlab Speaker	
	10h15 – 10h30	Refreshments	10h30 – 11h00	Refreshments	10h30 – 11h00	Refreshments

SATURDAY 28 SEPTEMBER

Session 2	Real life aesthetics – live role play for everyday scenarios	Advanced Skin / Aesthetic	ESAG - Module A (Non-surgical)
Facilitator	Shahien Dollie	Joelette Theron (SAAHSP)	Alexandros Bader (UK)
	The Villa (downstairs)	The Residence (upstairs)	The Boardroom (upstairs)
	10h30 – 10h40 Title - Zeenit Sheikh 10h40 – 10h50 Title - Nicole Kanaris 10h50 – 11h00 Title - Anjana Bhana 11h00 – 11h10 Title - Nandipha Magudumana 11h10 – 11h20 Title - Sujata Garach 11h20 – 11h30 Title - Deepa Pharbho	11h00 – 11h45 Therapists stepping into aesthetic practice - Speaker 11h45 – 12h45 Pigmentation - Speaker 12h45 -13h00 Salon insurance - Speaker	11h00– 13h00 Procedures technologies and applications **Video Demo** • Vaginal rejuvenation with laser • Vaginal rejuvenation with radiofrequency • Laser vulvar rejuvenation • Laser vulvar skin whitening • Laser vulvar skin tightening • Fillers and injectables • G-spot amplification® • O-shot® for sexual dysfunction • Botulinum toxin for dyspareunia - Alexandros Bader (UK)
Session 3	Session Title		
Facilitator	Nicole Kanaris		
	11h30 – 11h40 The true hype of social media and how it can help your craft - Speaker 11h40 – 11h50 How to run a successful aesthetic chain- skin renewal - Speaker 11h50 – 12h00 Marketing 101 - Speaker 12h00 – 12h10 The key to running a business empire - Speaker 12h10 – 12h20 In the media - Speaker 12h20 – 12h30 Bringing it all together - Speaker		
	12h30 – 13h30	Lunch	13h00 – 14h00
		Lunch	
	13h00 – 14h00	Lunch	
		Lunch	

COSMEDICA CONGRESS 2019

PROVISIONAL PROGRAMME – V6 **31 May**

SATURDAY 28 SEPTEMBER

Session 4	Pigmentary Disorders	Advanced Skin / Aesthetic		ESAG - Module A (Non-surgical)	
Facilitator	Pholile Mpoфу	Joelette Theron (SAAHSP)		Alexandros Bader (UK)	
	The Villa (downstairs)	The Residence (upstairs)		The Boardroom (upstairs)	
	13h30 – 13h40 Title - Speaker 13h40 – 13h50 Title - Atula Gupta (India) 13h50 – 14h00 Title - Speaker 14h00 – 14h10 Title - Possible BR Speaker (Angela) 14h10 – 14h20 Title - Speaker 14h20 – 14h30 Title - Speaker	14h00 – 14h45 Panel discussion - Speaker 14h45 – 16h00 Motivational talk - Speaker	14h00 – 14h30 Electro magnetic high focused technology radio frequency technology - BTL Speaker		
Session 5	Complications				
Facilitator	Brian Monaisa				
	Venue				
	14h30 – 14h40 Title - Lee Walker 14h40 – 14h50 Title - Eubulus Timothy 14h50 – 15h00 Title -Fredrik Berne 15h00 – 15h10 Title - Raj Acquilla 15h10 – 15h20 Title - Speaker 15h20 – 15h30 Title - Speaker				
15h30 -15h45	Refreshments	16h00	Close	14h30 – 15h00	Refreshments

COSMEDICA CONGRESS 2019

PROVISIONAL PROGRAMME – V6 31 May

SATURDAY 28 SEPTEMBER

Session 6	Anatomy	Advanced Skin / Aesthetic	ESAG - Module A (Non-surgical)
	Verushka José-Bryant	Joelette Theron (SAAHSP)	Alexandros Bader (UK)
	The Villa (downstairs)	The Residence (upstairs)	The Boardroom (upstairs)
	15h45 – 15h55 Title - Fredrik Berne (Sweden0 15h55 – 16h05 Title - Speaker 16h05 – 16h15 Title - Speaker 16h15 – 16h25 Title - Lee Walker (UK) 16h25 – 16h35 Title - Speaker 16h35 – 16h45 Title - Speaker		15h00 – 17h30 **Live cases demonstrations** - Alexandros Bader (UK) 17h30 – 17h45 Attendance Certificates issued by The European Society of Aesthetic Gynecology (ESAG) & photos
Session 7	Rapid Fire - Body Treatments		
	Kamlen Pillay		
	The Residence (downstairs)		
	16h45 – 16h55 Title - CelluErase (Ergon Medical) 16h55 – 17h05 Title - Natalia Novikova ? 17h05 – 17h15 Title - Possible BTL Speaker 17h15 – 17h25 Title - Speaker 17h25 – 17h35 Title - Speaker 17h35 – 17h45 Title - Speaker		
18h00	Champagne Bar & Faculty Dinner		

COSMEDICA CONGRESS 2019

PROVISIONAL PROGRAMME – V6 **31 May**

SUNDAY 29 SEPTEMBER

08h00 – 09h00	Registration			
	ESAG - Module B (Surgical)		Professional Make-up Masterclass	
Facilitator	Alexandros Bader (UK)		Joelette Theron (SAAHSP)	
	The Boardroom (upstairs)		The Villa (downstairs)	
	09h00 – 09h30 Introduction to Cosmetic Vaginal Surgery (CVS) - Alexandros Bader (UK) 09h30 – 10h15 Tools you need to consider when you perform surgical aesthetic gynecology Step by step cosmetic vaginal surgery procedures **Video** • Labia minora plasty • Labia majora plasty - Alexandros Bader (UK)		09h00 – 12h00 Standard Workshop - Celebrity Makeup Artist	
	10h015 – 10h30	Refreshments	12h00 – 13h00	Close of Standard Workshop & Registration for VIP Workshop
	10h30– 12h00 • Assessment of body dysmorphia patients presenting cosmetic procedure • Therapeutic support for pre and post procedures for patients considering or having cosmetic genital procedure - Stelios Kiosses (UK)		13h00 – 16h00 VIP Workshop - Celebrity Makeup Artist	
	12h00 – 13h30	Lunch	16h00	Close
	13h30 – 15h00 Step by step cosmetic vaginal surgery procedures – **Video** • Clitoral hoodectomy • Vaginal tightening with single thread technique • Labia majora augmentation by fat grafting - Alexandros Bader (UK) 15h00 – 16h30 Psychological assessment of patients considering cosmetical genital procedure - Stelios Kiosses (UK) 16h30 – 17h00 Review of the day and discussion			
17h00	Close			

MONDAY 30 SEPTEMBER

Live Surgery	ESAG
Facilitator	Alexandros Bader (UK)
	Day Theatre
08h00 – 10h00	Live surgery case 1
10h00 – 10h30	Refreshments
10h30 – 12h00	Live surgery case 2
12h00 – 13h30	Lunch
13h30 – 15h30	Live surgery case 3
15h30	Close

TUESDAY 1 OCTOBER

Live Surgery	ESAG
Facilitator	Alexandros Bader (UK)
	Day Theatre
09h00 – 10h00	Live surgery case 4
10h00 – 10h30	Refreshments
10h30 – 12h00	Live surgery case 5
12h00 – 13h30	Lunch
13h30 – 15h00	Live surgery case 6
15h15	Certificates, Photos & Close