

Advanced Techniques in Facial Rejuvenation: Mastery of the Sub SMAS and Deep Neck Lift

A Hands-On Cadaver Workshop

Part 1: October 7-8, 2023

Part 2: October 9, 2023 **Optional Surgery Observership**

Auditorium	2nd Floor Dining/Exhibit Hall	Zeiss Learning Center (ZLC)	Nayak Plastic Surgery (MONDAY ONLY)
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Saturday, October 7, 2023 – Part I		
7:15 am	<i>REGISTRATION AND CONTINENTAL BREAKFAST</i>	
7:40 am	Welcome and Introduction/ ISAPS Presentation	Course Directors
8:00am	Lamellar High SMAS Facelift – Simultaneous Single Flap Lifting of the Midface, Cheek, and Jawline	T. Marten
8:30am	Extended Deep Plane Facelift with Targeted Ligamentous Release	B. Talei
9:00am	Gliding Browlift, Facelift, and Necklift	O. Sozer
9:30 am	Enhancing Facelift Results with Perioral Rejuvenation	B. Talei
10:00 am	<i>BREAK AND EXHIBITS</i>	
10:15am	<u>Prosections/Demonstrations :</u> SMAS Flaps (O’Daniel) Fat Grafting	G. O’Daniel L.M.Nayak/W. Hah
11:15am	<u>Prosections/Demonstrations:</u> Deep Plane Facelift Lip Lift	L. M. Nayak B. Talei
12:30pm	<i>LUNCH (PROVIDED) AND EXHIBITS/ Change Attire to Scrubs</i>	
1:15 pm	<u>Hands-on Cadaver Dissection</u>	L.M.Nayak, W. Hah, G. O’Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
3:15 pm	<i>BREAK AND EXHIBITS</i>	
3:30pm	<u>Hands-on Cadaver Dissection</u>	L.M.Nayak, W. Hah, G. O’Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
5:15 pm	<i>ADJOURN/Shuttle to hotels</i>	

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Sunday, October 8, 2023 – Part I Continued		
7:30 am	<i>SIGN-IN AND CONTINENTAL BREAKFAST</i>	
7:50 am	Announcements	Course Directors
8:00am	Anatomy video presentation Deep Neck Lifting	L. Auersvald -Video
8:45am	Deep Neck (Subplatysmal) Lift Technique -- Keynote Lecture	G. O'Daniel
9:30am	Staying Ahead of Complications in Deep Neck lifts	W. Hah
10:00 am	<i>Break and Exhibits</i>	
10:15 am	Fat Grafting/Regenerative Medicine	S. Cohen
10:45 am	<u>Prosections/Demonstrations:</u> Deep Central Neck Lift	G. O'Daniel L.M. Nayak
12:30 pm	<i>LUNCH/ AND EXHIBITS</i>	
1:00 pm	<u>Hands-on Cadaver Lab</u>	L.M.Nayak, W. Hah, G. O'Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
3:15 pm	<i>BREAK AND EXHIBITS</i>	
3:30pm	<u>Prosections/Demonstration:</u> Non-Endoscopic Brow	L. M. Nayak
4:00pm	<u>Hands-on Cadaver Lab</u>	L.M.Nayak, W. Hah, G. O'Daniel, D. Bray, S. Cohen, W. Evans, F. Fechner, J. Koehler, O. Sozer, B. Talei
5:00 pm	<i>Evaluations and ADJOURN/ Shuttles to Hotel</i>	

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Monday, October 9, 2023 – Part II: Live Surgery Observership	
6:30am	Shuttles Depart from Hotels for Nayak Plastic Surgery
7:15 am	Arrival at: Nayak Plastic Surgery 607 S. Lindbergh Blvd. St. Louis, MO. 63131 Continental Breakfast provided
7:45 am	Patient Marking- Live close-up
8:00 am-2:00pm	<u>Live surgery:</u> Observation via close-up HDTV – with live Q and A <i>Surgical Procedures may include the following: browlift, deep plane extended facelift, and deep necklift</i>
11:00am	<i>LUNCH Available</i>
2:00 pm	<i>Evaluations/ Shuttle to Airport provided at 2pm</i> <i>Ubers readily available if you choose to leave later.</i> <i>Surgery may take until 4pm</i>