



Paediatric Fractures Course

Thursday, January 22, 2026

Faculty: Gavin Burgess, MD, FRCPC and Courtney Heggie, LPN

7:30 - 8:45

Registration & Breakfast

8:45 - 9:00

Welcome & Introductions | Gavin Burgess and Courtney Heggie

9:00 - 9:40

Presentation

- *Paediatric Fracture Patterns*
- *Principles of Fracture*

9:40 - 10:45

Practice

- *Demonstration and Practice*
- *Casting for Midshaft Forearm Fractures*

10:45 - 11:00

Nutrition Break

11:00 - 11:20

Presentation

- *Growth Plate Fractures*
- *Casting for Distal Forearm*

11:20 - 12:30

Practice

- *Splinting for Paediatric Fractures*
- *Humerus, long leg, below elbow/scaphoid cast*

12:30 - 13:00

Lunch

13:00 - 13:40

Presentation

- *Lower Limb Fractures*
- *Common Pitfalls in Lower Limb Fracture Management*

13:40 - 14:45

Practice

- *Casting for Lower Limb Fractures*

14:45 - 15:00

Nutrition Break

15:00 - 15:20

Presentation

- *Fracture Remodelling*

15:20 - 16:20

Practice

- *Long Leg Casting Plus Practice Potpourri*

16:20 - 16:45

Summary and Evaluation

- *Summarize key messages and takeaways from today's presentations and hands-on practice*

16:45

Adjournment