



VAHO 2022 Spring Conference
The Omni Homestead Resort
Hot Springs, VA
May 5 - 7, 2022

Thursday, May 5

6:30 PM

Meet and Greet Reception

Friday, May 6

7:45 AM

Registration, Breakfast & Resource Center

8:30 AM

Welcome & Introductions

Richard Ingram, MD

President, Virginia Association of Hematologists and Oncologists (VAHO)

8:40 AM

Burnout: Practical Strategies to Avoid Burnout, and How to Help Your Already Burned-Out Team

Jennifer Bires, MSW, LCSW, OSW-C

Inova Schar Cancer Institute

9:15 AM

Table Discussions

9:45 AM

Break & Resource Center

10:15 AM

How to Step Outside of Your Comfort Zone: Strategies Toward Cognitive Flexibility and Growth Mindset

Laura Magane Goyer

Inova Healthcare, Lotus Physician Coaching

11:15 AM

Rewiring your Brain: Developing Self-Compassion in a Time of Compassion Fatigue

Riva Kamat-Nerikar, MD

Inova Healthcare, Lotus Physician Coaching

12:15 PM

Lunch & Resource Center

1:15 PM

Succession and Provider Workforce Planning

Meagan O'Neill

ECG Management Consultants

2:00 PM	Break & Resource Center
2:30 PM	Recruitment and Retention– It’s More than Bonuses and Pizza Parties Richard Ingram, MD, VAHO (Moderator) Steve Kennedy, <i>Tennessee Oncology</i> Marie Garcia, RN, OCN, <i>Virginia Cancer Specialists, PC</i> Charles Maurer, MD, <i>Hematology-Oncology Associates of Fredericksburg</i>
4:00 PM	Recruitment and Retention - Table Discussion
4:30 PM	Closing Remarks Richard Ingram, MD VAHO
5:30 PM	Reception
6:30 PM	Networking Dinner
Saturday, May 7	
7:45 AM	Breakfast & Resource Center
8:30 AM	Welcome & Introductions Richard Ingram, MD President, <i>Virginia Association of Hematologists and Oncologists (VAHO)</i>
8:35 AM	For Today’s World, The Change Cycle Jackie Martin <i>A Matter of Motivation</i>
9:35 AM	Break
9:50 AM	For Today’s World, the Change Cycle: Leading Through Change (Continued) Jackie Martin <i>A Matter of Motivation</i>
10:35 AM	Oncology Care Model—What Happens Now? Maddi Davidson <i>Avalere Health</i>
11:05 AM	Practice Updates Matt Devino, MPH <i>Association of Community Cancer Centers</i> Ann Powell <i>Johnson and Johnson Healthcare</i>
11:45 AM	Closing Remarks

Agenda as of 04.05.22 and subject to change.