

## Faculty of Medical Psychotherapy Annual Conference

**'Inclusivity/Exclusivity: medical psychotherapy, labels and stigma...'**

**Date:** Wednesday 30 April – Friday 2 May 2025

**Venue:** Royal College of Psychiatrists, London

### Day One – Wednesday 30 April 2025

Time	Session
4.30pm	<b>Registration and refreshments</b>
5.00pm	<b>Welcome: and introductions</b>  Dr Jo O'Reilly, Faculty Chair and Dr Vikram Luthra, Dr Parveen Bains, Dr Anne Cooper and Dr Sophie Atwood, Academic Secretaries
5.15pm	<b>Chairs:</b> Dr Sophie Atwood and Dr Anne Cooper  <b>Is Psychiatry Working? - What is the place of psychotherapy in psychiatry?</b>  Professor Femi Oyebode and Horatio Clare in conversation with Dr Jo O'Reilly
6.00pm	<b>Plenary and Audience Discussion</b>
6.45pm	<b>Drinks reception</b>
7.30pm	<b>Close</b>

## Day Two – Thursday 1 May 2025

Time	Session
09.00am	<b>Registration and refreshments</b>
09.15am	<p><b>Faculty Business Meeting</b></p> <p>Dr Jo O'Reilly</p> <p><b>Inclusivity/exclusivity and psychotherapy</b></p> <p>Chaired by Dr Parveen Bains and Dr Vikram Luthra</p>
09.45am	<p><b>Welcome</b></p> <p>Dr Vikram Luthra, Dr Parveen Bains, Dr Anne Cooper and Dr Sophie Atwood, Academic Secretaries and Conference Organising Committee , Patient/Carer Rep, Trainee Rep and Dr Jo O'Reilly - Chair of the Medical Psychotherapy Faculty</p>
10.00am	<p><b>The place of psychotherapy and psychotherapeutic understanding in psychiatry and mental health services today - inclusivity/exclusivity</b></p> <p>Dr Lade Smith, President of the Royal College of Psychiatrists in conversation with Dr Rachel Gibbons - Vice Chair of the Medical Psychotherapy Faculty</p>
10.50am	<p><b>Diagnosis – is it relevant for medical psychotherapy</b></p> <p>Dr Dan Beales</p>
11.20am	Discussion and Q&A
11.30am	<b>Morning refreshments   Poster viewing</b>
12.00pm	<p>Chairs: Dr Sophie Atwood, Dr Vikram Luthra and Dr Parveen Bains</p> <p><b>Wait is that racist?</b></p> <p>Dr Cissy Atwine</p>
12:20pm	<p><b>Psychotherapy and sexuality</b></p> <p>Dr Graeme Whitfield</p>
12:40pm	Discussion and Q and A
1.00pm	<b>Lunch   Poster viewing</b>
2.00pm	<b>A choice of 2 sessions</b>

# Conference Programme

	<b>Experiential large group</b>  Dr Maria Papanastassiou and Dr Diana Menzies	<b>Compassion focussed group</b>  Dr Graeme Whitfield and Dr Beena Rajkumar	
<b>3.00pm</b>	<b>Afternoon refreshments   Poster viewing</b>		
<b>3.30pm</b>	<b>A choice of 3 workshops</b>		
	<b>Service User Networks: the power of peer support</b>  Dr Thomas Dewhurst and colleagues  Chaired by Dr Vikram Luthra	<b>Sustainability workshop</b>  Dr Nora Gribbon  Chaired Dr Anne Cooper	<b>Mind/Body Yoga Workshop</b>  Jane O'Rourke  Chaired by Dr Sophie Atwood
<b>4.15pm</b>	<b>Changeover and comfort break</b>		
<b>4.30pm</b>	<b>A choice of 3 workshops</b>		
	<b>Service User Networks: the power of peer support</b>  Dr Thomas Dewhurst and colleagues  Chaired by Dr Vikram Luthra	<b>Sustainability workshop</b>  Dr Nora Gribbon  Chaired Dr Anne Cooper	<b>Mind/Body Yoga Workshop</b>  Jane O'Rourke  Chaired by Dr Sophie Atwood
<b>5.15pm</b>	<b>Close of day one</b>		
<b>7.15pm</b>	<b>Conference dinner – ticketed event</b>		

## Day Three – Friday 2 May 2025

Time	Session
<b>08.45am</b>	<b>Registration and refreshments</b>
	<b>Inclusivity and exclusivity in working with trauma and non-recent sexual abuse</b>  Chaired by Dr Sophie Atwood and Dr Vikram Luthra
<b>09.30am</b>	<b>Welcome</b>  Dr Sophie Atwood and Dr Vikram Luthra

# Conference Programme

09.40am	<b>The development of the RCPsych position statement on the Impact of Non-Recent Child Sexual Abuse on Mental Health and its application in our work</b> Panel led by Dr Joanne Stuble, Dr Maria Eyres, with the position statement development group	
10.30am	<b>Discussion and Q&amp;A</b>	
10.55am	<b>Morning refreshments   Poster viewing</b>	
11.20am	<b>Chaired by Dr Anne Cooper and Dr Parveen Bains</b> <b>Cognitive-behavioural therapy for complex post-traumatic stress disorder</b> Dr Beena Rajkumar	
11.50am	<b>Prejudice and Stigma - RCPsych work on Personality Disorder and Stigma</b> Tom Ayres, Mary Ryan, Chris Young and Dr Oliver Dale	
12.20pm	<b>Discussion and Q&amp;A</b>	
12.50pm	<b>Lunch   Poster viewing</b>	
2.00pm	<b>A choice of 2 sessions</b>	
	<b>Experiential large group</b> Dr Maria Papanastassiou and Dr Diana Menzies	<b>Compassion focussed group</b> Dr Graeme Whitfield and Dr Beena Rajkumar
3.00pm	<b>Afternoon refreshments   Poster viewing</b>	
3.30pm	<b>Chaired by Dr Anne Cooper</b> <b>Poster prize short presentations</b> <b>Medical student essay prize</b>	
4.00pm	<b>Closing plenary</b>	
4.15pm	<b>Close of conference</b>	

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a

*range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.*