

Faculty of Medical Psychotherapy Annual Conference

*'Inclusivity/Exclusivity: medical psychotherapy,
labels and stigma...'*

Date: Wednesday 30 April – Friday 2 May 2025

Venue: Royal College of Psychiatrists, London

Day One – Wednesday 30 April 2025

Time	Session
4.30pm	Registration and refreshments
5.00pm	Welcome: and introductions Dr Jo O'Reilly, Faculty Chair and Dr Vikram Luthra, Dr Parveen Bains, Dr Anne Cooper and Dr Sophie Atwood, Academic Secretaries
5.15pm	Chairs: Dr Sophie Atwood and Dr Anne Cooper Is Psychiatry Working? - What is the place of psychotherapy in psychiatry? Professor Femi Oyeboode and Horatio Clare in conversation with Dr Jo O'Reilly
6.00pm	Plenary and Audience Discussion
6.45pm	Drinks reception
7.30pm	Close

Day Two – Thursday 1 May 2025

Time	Session
09.00am	Registration and refreshments
09.15am	Faculty Business Meeting Dr Jo O'Reilly Inclusivity/exclusivity and psychotherapy Chaired by Dr Parveen Bains and Dr Vikram Luthra
09.45am	Welcome Dr Vikram Luthra, Dr Parveen Bains, Dr Anne Cooper and Dr Sophie Atwood, Academic Secretaries and Conference Organising Committee, Patient/Carer Rep, Trainee Rep and Dr Jo O'Reilly - Chair of the Medical Psychotherapy Faculty
10.00am	The place of psychotherapy and psychotherapeutic understanding in psychiatry and mental health services today - inclusivity/exclusivity Dr Lade Smith, President of the Royal College of Psychiatrists in conversation with Dr Rachel Gibbons - Vice Chair of the Medical Psychotherapy Faculty
10.50am	Diagnosis – is it relevant for medical psychotherapy Dr Dan Beales
11.20am	Discussion and Q&A
11.30am	Morning refreshments Poster viewing
12.00pm	Chairs: Dr Sophie Atwood, Dr Vikram Luthra and Dr Parveen Bains Wait is that racist? Dr Cissy Atwine
12:20pm	Psychotherapy and sexuality Dr Graeme Whitfield
12:40pm	Dsicussion and Q and A
1.00pm	Lunch Poster viewing
2.00pm	A choice of 2 sessions

	Experiential large group Dr Maria Papanastassiou and Dr Diana Menzies		Compassion focussed group Dr Graeme Whitfield and Dr Beena Rajkumar
3.00pm	Afternoon refreshments Poster viewing		
3.30pm	A choice of 3 workshops		
	Service User Networks: the power of peer support Dr Thomas Dewhurst and colleagues Chaired by Dr Vikram Luthra	Sustainability workshop Dr Nora Gribbon Chaired Dr Anne Cooper	Mind/Body Yoga Workshop Jane O'Rourke Chaired by Dr Sophie Atwood
4.15pm	Changeover and comfort break		
4.30pm	A choice of 3 workshops		
	Service User Networks: the power of peer support Dr Thomas Dewhurst and colleagues Chaired by Dr Vikram Luthra	Sustainability workshop Dr Nora Gribbon Chaired Dr Anne Cooper	Mind/Body Yoga Workshop Jane O'Rourke Chaired by Dr Sophie Atwood
5.15pm	Close of day one		
7.15pm	Conference dinner – ticketed event		

Day Three – Friday 2 May 2025

Time	Session
08.45am	Registration and refreshments
09.30am	Inclusivity and exclusivity in working with trauma and non-recent sexual abuse Chaired by Dr Sophie Atwood and Dr Vikram Luthra Welcome Dr Sophie Atwood and Dr Vikram Luthra

09.40am	The development of the RCPsych position statement on the Impact of Non-Recent Child Sexual Abuse on Mental Health and its application in our work Panel led by Dr Joanne Stubley, Dr Maria Eyres, with the position statement development group	
10.30am	Discussion and Q&A	
10.55am	Morning refreshments Poster viewing	
11.20am	Chaired by Dr Anne Cooper and Dr Parveen Bains Cognitive-behavioural therapy for complex post-traumatic stress disorder Dr Beena Rajkumar	
11.50am	Prejudice and Stigma - RCPsych work on Personality Disorder and Stigma Tom Ayres, Mary Ryan, Chris Young and Dr Oliver Dale	
12.20pm	Discussion and Q&A	
12.50pm	Lunch Poster viewing	
2.00pm	A choice of 2 sessions	
	Experiential large group Dr Maria Papanastassiou and Dr Diana Menzies	Compassion focussed group Dr Graeme Whitfield and Dr Beena Rajkumar
3.00pm	Afternoon refreshments Poster viewing	
3.30pm	Chaired by Dr Anne Cooper Poster prize short presentations Medical student essay prize	
4.00pm	Closing plenary	
4.15pm	Close of conference	

RCPsych is an inclusive organisation with over 21,000 members who have a diverse range of views, which we look to represent across the programme. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a

range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.