

INTERNATIONAL SURGICAL SLEEP SOCIETY



2022 ANNUAL MEETING ♦ SEPTEMBER 8-10, 2022

LOEWS PHILADELPHIA HOTEL • PHILADELPHIA, PENNSYLVANIA



DAY ONE ♦ SEPTEMBER 9, 2022

8:00 AM - 8:30 AM	INTRODUCTION FROM HOSTS ISSS Presidential Address
8:30 AM - 9:30 AM	Pathophysiology of OSA and Physiologic Consequences Pathophysiologic Elements of OSA Applying PSG Data to Pathophysiologic Risk Impact of Treatment of Disease Panel Discussion
9:30 AM - 10:15 AM	KEY NOTE SPEAKER
BREAK WITH EXHIBITORS 10:15 AM - 10:45 AM	
CONCURRENT SESSION	
10:45 AM - 12:00 PM	ROLE OF THE SLEEP SURGEON OSA Phenotypes PAP Therapy; Is It Still the "Gold Standard" What is Surgical Success; AHI, Symptoms, Cardiovascular Risk Reduction? Non-Surgical Options for the Sleep Surgeon Discussion; Should the Sleep Surgeon Be the 1st Line Sleep Specialist?
CONCURRENT SESSION	
	MANDIBULAR ADVANCEMENT DEVICES AND OSA Selecting the Optimal Dental Appliance Troubleshooting and Managing Complications of Oral Appliance Therapy Oral Appliance Therapy as Primary Management of OSA The Role of the Oral Appliance in Combination Therapy for OSA Panel discussion
LUNCH 12:00 PM - 1:00 PM	
CONCURRENT SESSION	
1:00 PM - 2:00 PM	SNORING; HOW TO GET YOUR PARTNER BACK IN BED What is Snoring and Evaluation Techniques Physiologic and Social Consequences of Snoring Surgical Options for Snoring Non-Surgical Options for Snoring
CONCURRENT SESSION	
	THE PEDIATRIC OSA PATIENT Pediatric Anatomy and Physiology of OSA; Not Little Adults Role of DISE in the Pediatric Patient T&A - Still 1st Line? Does the Nose Matter in Kids?

DAY ONE ♦ SEPTEMBER 9, 2022 *continued*

CONCURRENT SESSION	
2:00 PM - 3:00 PM	ADULT OSA EVALUATION AND THERAPEUTIC DECISION MAKING
	Physical Exam; Factors That Matter and Those That Don't
	DISE; Does it Impact Outcomes?
	OSA Imaging
	Traditional and Advanced DISE Techniques
	Surgical Decision Making Based on DISE Findings
CONCURRENT SESSION	
	PEDS CONTINUED
	Pediatric Palate Surgery
	Maxillary Expansion
	Management of the Tongue Base
	Complicated Pediatric Populations
	Pediatric Neurostimulation
BREAK WITH EXHIBITORS 3:00 PM - 3:30 PM	
CONCURRENT SESSION	
3:30 PM - 4:30 PM	MY HEAD ISN'T BIG, I JUST HAVE A SMALL NOSE
	Evaluation of the Nose
	Surgical Decision Making for Nasal Surgery
	Nasal Valve and Functional Rhinoplasty
	Case discussion
CONCURRENT SESSION	
	TONGUE BASE; NEUROMUSCULAR COLLAPSE, PHYSICAL OBSTRUCTION, OR BOTH?
	Best Practices for Lingual Tonsil Hypertrophy
	Hyoid Myotomy and Advancement; Still a Reasonable Treatment Option?
	Traditional Tongue Base Surgery in the Era of Neurostimulation
	Case Discussion

ACADEMIC POSTER PRESENTATIONS & RECEPTION 4:30 PM - 5:30 PM



DAY TWO ✦ SEPTEMBER 10, 2022

8:00 AM - 9:30 AM	NEUROSTIMULATION
	Patient Evaluation and Predictors of Success
	2 vs 3 Incision Approach; Tips for Surgical Success
	Outcomes; AHI, Symptoms, Physiology
	Overstimulation
	Other than Inspire; what else is out there
	New Technologies; What's on the Horizon
9:30 AM - 10:00 AM	Neurostimulation Case Discussion
10:00 AM - 10:30 AM	Break with exhibitors
10:30 AM - 11:00 AM	Anesthesia and Sleep
11:00 AM - 12:00 PM	Academic Oral Presentations
LUNCH 12:00 PM - 1:00 PM	
12:00 PM - 1:00 PM	RESIDENT AND FELLOW MINGLE/ROUNDTABLE
	Choosing a Sleep Surgery Career
	Application process; When and Where?
	Life as a fellow
	Case Discussion
CONCURRENT SESSION	
1:00 PM - 2:00 PM	THE ROLE OF THE NOSE
	Impact of Nasal Breathing on OSA
	Mouth Breather; Not Just a Social Stigma
	The Role of Allergy Testing and Immunotherapy
	Medical Management of Nasal Obstruction
CONCURRENT SESSION	SKELETAL SURGERY: MY NOSE ISN'T BIG, I JUST HAVE A SMALL HEAD
	Diagnosis of Skeletal Deficiency
	MMA as a First Line Treatment
	Maxillary Expansion Techniques
	GGA/Hyoid Suspension
2:00 PM - 2:30 pm	Academic Oral Presentations

DAY TWO ✦ SEPTEMBER 10, 2022 *continued*

BREAK WITH EXHIBITORS 2:30 PM - 3:00 PM	
3:00 PM - 4:00 PM	ALEXA, HOW'S MY SLEEP; WEARABLES & APPS
	Apps vs Sleep Study
	Integration in Clinical Practice
	Non-OSA Technologies
	The Role of Positional Therapy
	Case Discussions
CONCURRENT SESSION	
4:00 PM - 5:00 PM	UPPP OR BUST; UPDATES IN PALATE SURGERY
	Today's Palatoplasty Options
	Perioperative Evaluation and Surgical Decision Making
	Multilevel Surgery in the Neurostimulation Era
	Defining Success and Treating Failure
	Case Discussion
CONCURRENT SESSION	ACADEMIC SESSION

CONFERENCE WRAP UP FROM HOSTS 5:00 PM