

Thursday, June 22, 2023

11:00 am Registration in Astor Foyer
Exhibitor Set-up

2:30 – 4:15 pm **Mastering Facial Anatomy: Maximize Results and Prioritize Safety**
Moderated by Mary Lupo, MD, José R. Montes, MD and Rod J. Rohrich, MD
Cosmetic Bootcamp's hallmark cadaver lab focuses on anatomy and injection techniques to maximize safety and enhance results.

4:15 – 4:45 pm Break

PROMOTIONAL SESSION

Not eligible for CME

4:45 – 5:30 pm TBD

Not Eligible for CME

TBD

Sponsored by Allergan Aesthetics, an AbbVie company

5:30 – 6:30 pm Welcome Reception with the Exhibitors

Friday, June 23, 2023

7:00 – 8:00 am Breakfast with the Exhibitors

NON CME SIP AND STUDY

7:15 – 7:45 AM *Product Theater*
TBD

8:00 – 8:05 am **Welcome from the Co-Directors, Mary Lupo, MD and José R. Montes, MD**

8:05 – 9:00 am **Aging: Embracing the Future, Moderated by Mary Lupo, MD and José R. Montes, MD**

8:05 – 8:15 am Understanding the Science of Facial Aging Rod Rohrich, MD

8:15 – 8:25 am My Personal Anti-aging Prescription Natasha Cook, MD

8:25 – 8:40 am Dermatonutrigenomics: Nourishing Skin According to Genes Sara Mahdavi, PhD

8:40 – 8:55 am Living Longer, Better Stephanie Manson Brown, MD

8:55 – 9:00 am Panel Discussion

9:00 – 9:45 am **Patient Evaluation , Moderated by Rod Rohrich, MD**

9:00 - 9:10 am You Gotta Have a Plan: Long Term Non-surgical Results Mary Lupo, MD

9:10 – 9:20 am The Psychology, Brain Physiology, and Philosophy of Aesthetic Medicine Julie Woodward, MD

9:20 – 9:30 am A Wholistic Approach to Rejuvenation: Combining Treatments for Optimal Outcomes Doris Day, MD

9:30– 9:50 am **PANEL: The 5 -Second Rule – as it applies to patients, not dropped food! How do we assess patients? Moderated by Nina Jablonski, PhD**
Panel: Mary Lupo, MD, José R. Montes, MD, MD, Rod Rohrich, MD

Friday, June 23, 2023, cont.

9:50 – 10:10 am Break with Exhibitors

10:10 – 11:00 am Toxins, Moderated by Steve Fagien, MD

10:10 – 10:20 am Botulinum Toxins: Are there real differences in products? Gary Monheit, MD

10:20 – 10:30 am Using a Combination of Neuromodulators in the Same Patient: When, Where, and Why? Steve Fagien, MD

10:30 – 10:40 am How Ultrasound Guidance Changed my Toxin Injections Gabriela Casabona, MD

10:40 – 11:00 am DEMOS

11:00 – 11:40 am Fillers, Moderated by Gary Monheit, MD

11:00 – 11:10 am HA Fillers: Can science determine what you use where? Gary Monheit, MD

11:10 – 11:20 am Autologous Blood Platelet Therapy as a Natural BioFiller Kian Karimi, MD

11:20 – 11:30 am Hyperdilute Calcium Hydroxylapatite for Perioral Rhytids Michael Somenek, MD

11:40 -m 12:00 pm KEYNOTE ADDRESS

Kinky is fine for boots: Why the vocabulary for describing skin color and hair texture must change

Nina Jablonski, PhD

12:00 – 12:30 pm Lunch with Exhibitors

LUNCH AND LEARN NON CME SESSIONS

Bring your lunch and keep on learning!

12:30 – 12:40 pm TBD
Sponsored by Fotona

12:40 – 12:50 pm TBD
Sponsored by InMode

12:50 – 1:00 pm TBD
Sponsored by TBD

1:00 – 1:30 pm Snacks in Exhibit Hall – stretch your legs before you settle in for the afternoon sessions

1:30 – 2:30 pm The Finer Points of Injectables and Facial Rejuvenation, Moderated by Diane Berson, MD

1:30 – 1:40 pm Toxin Microdroplet Injections for Acne and Rosacea Diane Berson, MD

1:40 – 1:50 pm Optimizing Outcomes with Nuances: a Review of the “Why” behind the “How” for aesthetic injections Deborah Sherman, MD

1:50 – 2:00 pm Evaluation and Treatment Strategies for Skin types III-VI Jeanine Downie, MD

2:00 – 2:10 pm Cannulas and needles: you need both Susan Weinkle, MD

2:10 – 2:20 pm Filliterati: Be in the Know about What's Coming Anna Guanche, MD

2:20 – 3:10 pm DEMOS

3:10 pm Skin Deep, Moderated by Ivona Percec, MD

3:10 – 3:20 pm Why I Love Being a Skin Care Expert: A Surgeon's Perspective Lisa Grunebaum, MD

3:20 – 3:30 pm Exploring Exosomes: The next frontier in regenerative medicine Michael Somenek, MD

3:30 – 3:40 pm Lip and Eye Peels: Results and Adjunct Procedures for the Right Patient Ivona Percec, MD

Friday, June 23, 2023, cont.

3:40 – 4:05 pm	5 in 5: What's in My Skincare Regimen Lately? Diane Berson, MD, Jeanine Downie, MD, Doris Day, MD, Mary Lupo, MD, José R. Montes, MD
4:05 - 4:45 pm	From the Inside Out: Hair, Skin and Nutrition, Moderated by Doris Day, MD
4:05 – 4:15 pm	Hair Loss: Patient Consult and Treatment Options Glynis Ablon, MD
4:15 – 4:25 pm	Update on Hair Growth: New Meds, New Devices, New Ideas Doris Day, MD
4:25 – 4:35 pm	From the Inside Out: Impact of the Environment and Diet Diane Berson, MD
4:35 – 4:45 pm	Senolytics. A New Frontier in Anti-Aging or Age Reversal Anna Guanche, MD
4:45 – 5:30	Non CME Product Theaters
	TBD
	TBD
	TBD
5:30 – 6:30 pm	Reception with Exhibitors

Saturday, June 24, 2023

7:00 – 8:00 am	Breakfast with the Exhibitors
7:00 – 7:30 am	Non-CME Sip and Study TBD
8:00 – 9:00 am	Beyond the Needle: Devices and Novel Techniques to Enhance Skin Tone, Texture and Laxity, Moderated by Carolyn Jacob, MD
	HIFES+ RF Technology for Non-surgical Face Lifting Carolyn Jacob, MD
	Good Ol' Erbium Yag and Why it is Still My Go-to Lisa Grunebaum, MD
	Periocular Laser Skin Resurfacing, Energy-based Devices and Laser Blepharoplasty Julie Woodward, MD
	Microneedling: 10 Years' Experience Gabriela Casabona, MD
	Role of Microcoring in Facial Rejuvenation Rod Rohrich, MD
	PANEL: Power of Three: My Favorite 3 Fillers, 3 Devices and 3 Skincare Products and Why Mary Lupo, MD, Deborah Sherman, MD, Ivona Percec, MD
	PDO Threads in 2023 - Where Do We Stand and What Does the Literature Show? Kian Karimi, MD
9:30 – 10:00 am	DEMOS
10:00 – 10:15 am	Break with Exhibitors
10:00 – 10:45am	Innovative Treatments from Around the World, Moderated by Natasha Cook, MD
	Aussie Innovation Natasha Cook, MD
	Preservation After Restoration Gaurav Bharti, MD
	Temples: How to Choose the Technique Gabriela Casabona, MD
	Daddy Do Over José R. Montes, MD
10:45– 11:30 am	Body Contouring, Moderated by Glynis Ablon, MD
	What's New in Tightening Devices Glynis Ablon, MD
	Non-invasive Fat Melting Jeanine Downie, MD

Saturday, June 24, 2023, cont.

	HIFEM +RF technology for Non-surgical Fat Reduction and Toning of Muscle with a Novel Applicator for the Waist	Carolyn Jacob, MD
	Options for Treating Cellulite	TBD
	The Body Consult: Crepey, Dimpled and Rippled, Oh My!	Mary Lupo, MD
11:30 am – 12:00 pm	DEMOS	
12:00 – 12:30 pm	Lunch with Exhibitors	
LUNCH AND LEARN NON CME SESSIONS Bring your lunch and keep on learning!		
12:30 – 1:00 pm	TBD <i>Sponsored by Allergan</i>	
1:00 – 2:00 pm	Non-CME Product Theaters	
	TBD	
	TBD	
	TBD	
	TBD	
2:00 – 2:30 pm	<i>Snacks in Exhibit Hall – stretch your legs before you settle in for the afternoon sessions</i>	
2:30 – 3:30 pm	Interdisciplinary Exchange, Moderated by Lisa Grunebaum, MD	
	Superficial and Medium Depth Chemical Peeling for your Practice	Gary Monheit, MD
	Combining Surgical and Non-surgical Approaches to Optimize the Jawline	Gaurav Bharti, MD
	How and When to Tell Patients Surgery is Really the Only Option	Lisa Grunebaum, MD
	Tips and Pearls in Surgery and Aesthetics	Susan Weinkle, MD
	PANEL: Across the Aisle: Fostering Relationships across Specialties and Knowing When to Refer Gaurav Bharti, MD, Ivona Perce MD, Susan Weinkle, MD	
3:30 – 4:30 pm	Tear Troughs: A-Z Advanced Primer Moderated and Deborah Sherman, MD	
	Periocular fillers: How to choose, injection techniques, and how to avoid and manage complications.	Julie Woodward, MD
	When and Why Tear Trough Fillers Can Be a Disaster; Detection and Management	Steve Fagien, MD
	Examining the Tear Trough: Why So Unpredictable?	Michael Somenek, MD
	Recognizing “Danger Zones” - Enhancing Safety Outcomes in the Periorbital Area	José R. Montes, MD
	PANEL: Tear Trough Trials and Tribulations: My Best Non-Surgical Result Deborah Sherman, MD, José R. Montes, MD, Steve Fagien, MD, Michael Somenek, MD	
5:45 – 6:45 pm	Reception in the Courtyard	

Sunday, June 25, 2023

7:00 – 8:00 am Breakfast

8:00 – 11:00 am Marketing and Practice Management

Succession Planning for the Aesthetic Provider Gaurav Bharti, MD

TBD – Practice Management Topic TBD

Social Media-- How I Got Started and what I Do Now Anna Guanche, MD

TBD TBD

PANEL: Social Media: The Good, the Bad and the Ugly

Anna Guanche, MD, José R. Montes, MD, Rod Rohrich, MD, Mary Lupo, MD

TBD

11:00 am

Conclusion

Mary Lupo, MD, José R. Montes, MD