

16/03/2021

8:15 am - 5:00 pm	 New Zealand Pain Society Conference 2021
8:30 am - 9:00 am	Welcome Tea & Coffee Treaty Rooms Foyer
9:00 am - 9:30 am	Empowered Relief™ Certification Workshop Welcome, Orientation Workshop Beth Darnall Treaty Room 1
9:30 am - 11:15 am	Scientific Background, Class Applications in Clinical Practice and Research; Optimizing placebo (non-specific factors), minimising nocebo. Workshop Treaty Room 1
11:15 am - 11:30 am	Morning Tea Copthorne Restaurant
11:30 am - 11:45 am	Outline of the Treatment Manual and Materials Workshop Treaty Room 1
11:45 am - 12:45 pm	Lunch for Empowered Relief Workshop delegates Copthorne Restaurant
12:45 pm - 1:00 pm	Demonstrations Workshop Treaty Room 1
1:00 pm - 3:30 pm	Observe Demo Class Delivered to Patients from the Stanford Pain Management Center; Patient Question Period with Instructor Workshop Treaty Room 1
3:30 pm - 4:00 pm	Afternoon Tea Copthorne Restaurant
4:00 pm - 5:00 pm	Workshop Debrief; **Homework: Read Instructor Manual Workshop Treaty Room 1

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9:15 am - 4:30 pm	
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New Zealand Pain Society Conference 2021

9:30 am - 10:00 am

Welcome Tea & Coffee

Treaty Rooms Foyer

10:00 am - 12:00 pm

Empowered Relief™ Certification Workshop

Group Discussion of the Class and Review of Scientific Content Covered in the Class (articles, data)

Workshop Beth Darnall Treaty Room 1

12:00 pm - 1:15 pm

Lunch for Empowered Relief™ Certification Workshop delegates

Copthorne Restaurant

12:30 pm - 1:00 pm

Nurses Special Interest Group Education Day

Registration Open

Nursing Copthorne Restaurant

1:00 pm - 1:10 pm

Medtronic

Medtronic Overview: Using Capnography Monitoring to Increase Patient Safety

Nursing Treaty Room 2

1:10 pm - 2:00 pm

Reflections on a Mass Casualty Event

Nursing Treaty Room 2

1:15 pm - 3:45 pm

Empowered Relief™ Certification Workshop

Interactive Skill Building and Content Practice

Workshop Beth Darnall Treaty Room 1

2:00 pm - 2:30 pm

Nurses Special Interest Group Education Day

Palliative Care Collaborative Practice in Northland

Nursing Jan Haraldsson Treaty Room 2

2:30 pm - 3:00 pm

Afternoon Tea for Nurses Special Interest Group Education Day delegates

Copthorne Restaurant

3:00 pm - 3:30 pm

Nurses Special Interest Group Education Day

Rediscovering Pain Management in the Northland Community within a DHB System

Nursing Treaty Room 2

3:30 pm - 4:00 pm	Panel Discussion - Nurse Education towards Practitioner Role and Where We Are in 2020 Nursing Treaty Room 2
3:45 pm - 4:00 pm	Afternoon Tea for Empowered Relief Workshop delegates Copthorne Restaurant
4:00 pm - 4:30 pm	Summary, Q&A & Networking Nursing Treaty Room 2
4:00 pm - 4:30 pm	Empowered Relief™ Certification Workshop The Importance of Presence, Authority and Warmth - Key Ingredients that Optimise Non-Specific Efficacy (placebo) Beth Darnall Treaty Room 1
4:30 pm - 5:00 pm	Certification (review processes, license restrictions) Treaty Room 1

18/03/2021

7:15 am - 6:00 pm	 New Zealand Pain Society Conference 2021
7:30 am - 8:15 am	New Zealand Pain Society 2020 Conference Welcome Tea & Coffee Treaty Rooms Foyer
8:15 am - 8:50 am	Pōwhiri / Conference Opening Treaty Rooms 1 & 2
8:50 am - 9:10 am	Guest Speaker Treaty Rooms 1 & 2
9:10 am - 10:00 am	PATRICK WALL LECTURE: Neuroglial Interface and Implications for Pain Mark Hutchinson Treaty Rooms 1 & 2
10:00 am - 10:30 am	Morning Tea with Industry & Table Top Displays Waitaha Events Centre
10:30 am - 11:30 am	The Role of Emotion in the Treatment of Chronic Pain: Are Hybrid Treatments the Solution? Steven J. Linton Treaty Rooms 1 & 2
11:30 am - 12:00 pm	The Role of 'Story' in Chronic Pain. On Working as an Integral A-Perspectivalist Brian Broom Treaty Rooms 1 & 2

12:00 pm - 12:30 pm	Lifetime Membership Award Presentation Treaty Rooms 1 & 2
12:30 pm - 1:30 pm	Lunch with Industry & Table Top Displays Waitaha Events Centre
1:30 pm - 1:40 pm	Free Paper Presentations
	Free Paper: Māori Health Providers' and Kaiāwhina (Community Workers)' Perspectives on Online Educational Resources for Persistent Pain Management Hemakumar Devan Treaty Room 1
1:30 pm - 1:40 pm	Free Paper: Effects of Hypohydration and Menstrual Cycle Phase on Pain Perception Treaty Room 2
1:30 pm - 1:40 pm	Free Paper: The Effectiveness of Yoga@work Among Office Workers with Chronic Nonspecific Neck Pain (CNNP): A Randomized Controlled Trial Rangatira Room
1:40 pm - 1:50 pm	Free Paper: Opioid Prescribing after Appendix and Gallbladder Surgery in an Australian Tertiary Centre Treaty Room 1
1:40 pm - 1:50 pm	Free Paper: The Pain Avoidance and Meaning Model (PAMM) – A Framework for Educating Patients and Clinicians about Persistent Pain Development and Management Treaty Room 2
1:40 pm - 1:50 pm	Free Paper: Epidemiology of Chronic Pain in Rural Nepal Rangatira Room
1:50 pm - 2:00 pm	Free Paper: Initial Outcomes from a Targeted Interdisciplinary Pain Management Group Program for Women with Chronic Pelvic Pain Treaty Room 1
1:50 pm - 2:00 pm	Free Paper: Socio-Economic Disadvantage and Access to Pain Management Services: A Bi-National Study Treaty Room 2
1:50 pm - 2:00 pm	Free Paper: The Effect of the Fear Reduction Exercised Early (FREE) Approach Training on GP Attitudes, Knowledge and Confidence; and Low Back Pain Management Behaviour Rangatira Room
2:00 pm - 2:30 pm	Allied Health
	Practical Applications of DIMs and SIMs David Butler Treaty Room 1
2:00 pm - 2:30 pm	Pharmacy
	The Use of Methadone in Palliative Care, the Northland Perspective Warrick Jones Treaty Room 2

2:00 pm - 2:30 pm	Māori/Cultural Aspects
	Māori/Cultural Aspects Paora Joseph Rangatira Room
2:30 pm - 3:00 pm	Allied Health
	There's Therapy for That?? Pelvic Health Physiotherapy - What You Should Know and How it Can Help your Patients Shelley Solomon Treaty Room 1
2:30 pm - 3:00 pm	Pharmacy
	Buprenorphine as a New Opiate Substitute Therapy – “Back to the Future” Allister Dunn Treaty Room 2
2:30 pm - 3:00 pm	Māori/Cultural Aspects
	Ko tou Manawa, ko toku Manawa ka ora: Suffering and Culture Marara Grace Rogers-Koroheke
3:00 pm - 3:30 pm	Allied Health
	The Role of Non-Verbal Communication in the Patient-Therapist Interaction Clint Good Treaty Room 1
3:00 pm - 3:30 pm	Pharmacy
	Update on Therapeutic Uses of Cannabinoids in Pain John Alchin Treaty Room 2
3:00 pm - 3:30 pm	Māori/Cultural Aspects
	Decolonialising Biomedical Science: Bringing Together Spirituality, Culture, Measurement and Logic Melanie Cheung Rangatira Room
3:30 pm - 4:00 pm	Afternoon Tea with Industry & Table Top Displays
4:00 pm - 5:00 pm	Psychologists' Meeting Treaty Room 1
4:00 pm - 5:00 pm	Nurses' Special Interest Group AGM Treaty Room 2
4:00 pm - 5:00 pm	Physiotherapists' Meeting Rangatira Room
4:00 pm - 5:00 pm	Occupational Therapists' Meeting Treaty Room 3
5:00 pm - 6:00 pm	

Welcome Reception with Table Top Displays

Waitaha Events Centre

19/03/2021

8:00 am - 8:45 am	Welcome Tea & Coffee with Industry & Table Top Displays
8:15 am - 5:00 pm	 New Zealand Pain Society Conference 2021
8:45 am - 9:30 am	Patient-Centered Opioid De-Prescribing Beth Darnall Treaty Rooms 1 & 2
9:30 am - 10:00 am	Shifting Tough Misconceptions – The Example of OA Knee David Butler Treaty Rooms 1 & 2
10:00 am - 10:30 am	Exercise Induced Hypoalgesia in Pain Free and Chronic Pain Populations David Rice Treaty Rooms 1 & 2
10:30 am - 11:00 am	Morning Tea with Industry & Table Top Displays
11:00 am - 11:30 am	Sleep and Pain Tony Fernando Treaty Rooms 1 & 2
11:30 am - 12:00 pm	How Neuroplasticity is Changing the Way We Treat Neurological Conditions Melanie Cheung Treaty Rooms 1 & 2
12:00 pm - 1:00 pm	Lunch with Industry & Table Top Displays
12:30 pm - 2:00 pm	New Zealand Pain Society AGM Treaty Room 1
2:00 pm - 2:30 pm	Psychological Treatments for Pain Integrating Behavioural and Psychological Therapies into Primary Care Beth Darnall Treaty Room 1
2:00 pm - 3:00 pm	Compassion, Reducing Suffering & Mindfulness Reducing the Suffering from Pain through Mindfulness and Compassion Kees Lodder Tony Fernando Treaty Room 2
2:00 pm - 3:00 pm	Hypnosis



	Communicating with Your Patients – How to use Hypnotic Suggestions and Metaphors in Your Daily Practice Kate McCallum Jan Haraldsson Rangatira Room
2:30 pm - 3:00 pm	Psychological Treatments for Pain
	New Avenues for Early Interventions. How to Address Psychological Mechanisms Steven J. Linton Treaty Room 1
3:00 pm - 3:30 pm	Afternoon Tea with Industry & Table Top Displays
3:30 pm - 4:00 pm	Ko te pō te kai hari te rā ko te mate te kai hari te orange, How the Perception and Experience of Pain and Suffering can bring a Greater Understanding of Humanity Paora Joseph Treaty Room 1
4:00 pm - 4:30 pm	Media Representation of Chronic Pain in Aotearoa New Zealand – A Content Analysis of News Media Hemakumar Devan Treaty Room 1
4:30 pm - 5:00 pm	Who Benefits Most from Chronic Pain Management Programmes? Gwyn Lewis Treaty Room 1
7:00 pm - 11:00 pm	Pub Quiz Zane Grey's Aquarium, Paihia

20/03/2021

7:15 am - 4:30 pm	 New Zealand Pain Society Conference 2021
7:30 am - 9:00 am	Council Breakfast Meeting Treaty Room 3
8:00 am - 9:00 am	Welcome Tea & Coffee with Industry & Table Top Displays Treaty Rooms Foyer
8:00 am - 9:00 am	Pain in Childhood SIG AGM Treaty Room 2
9:00 am - 9:30 am	Mark Hutchinson Mark Hutchinson Treaty Room 1
9:30 am - 10:00 am	Opioids

	Opioid Substitution Treatment in NZ Caleb McCullough Treaty Room 1
9:30 am - 10:30 am	Interprofessional Practice
	ACC Community Pain Services Survey - Where to from here for Interprofessional Practice? An Action Research Session Louise Sheppard Bronwyn Lennox Thompson Treaty Room 2
9:30 am - 10:30 am	Sexuality and Disability
	Sexual Expression and Persistent Pain: Challenges, Opportunities and the Health Professional's Role Narelle Higson Rangatira Room
10:00 am - 10:30 am	Opioids
	TBC Treaty Room 1
10:30 am - 11:00 am	Morning Tea with Industry & Table Top Displays
11:00 am - 11:45 am	Opioids
	Opioid De-Prescribing - with a strong emphasis on patient centered approaches Beth Darnall Treaty Room 1
11:00 am - 12:30 pm	Interprofessional Practice
	Telehealth for Pain Treatment Groups Hema Rajappa Ruth White Treaty Room 2
11:00 am - 12:30 pm	Sexuality and Disability
	Sexuality and Disability continued Narelle Higson Rangatira Room
11:45 am - 12:30 pm	Opioids
	Opioid Deprescribing: An Australian Perspective Chris Hayes Treaty Room 1
12:30 pm - 1:30 pm	Lunch with Industry & Table Top Displays
1:30 pm - 2:00 pm	On the Shoulders of Giants Murray Hames Treaty Room 1
2:00 pm - 2:30 pm	Putting the Fun into Functional Activation: VR in the Treatment of Chronic Pain Debbie Bean Natalie Tuck Treaty Room 1
2:30 pm - 3:00 pm	

	Making the Connection with Children - Cortex, Culture & Community Ross Drake Treaty Room 1
3:00 pm - 3:30 pm	Afternoon Tea with Industry & Table Top Displays
3:30 pm - 4:20 pm	MDT with Kids The Centre for Youth Health Pain Clinic - the First Four Years of an Adolescent Pain Service in South Auckland Paul Vroegop Kathryn Russell Bridget Farrant Angela Upsdell Carmen Bradley Treaty Room 2
3:30 pm - 3:40 pm	Free Paper Presentations
	Free Paper: The Effect of the Fear Reduction Exercised Early (FREE) Approach to Low Back Pain on Patient Recovery Outcomes and Costs Treaty Room 1
3:40 pm - 3:50 pm	Free Paper: Development of an On-Line Group Pain Management Programme in Aotearoa: iSelf-Help Hemakumar Devan Treaty Room 1
3:50 pm - 4:00 pm	Free Paper: Return-To-Work Expectations and Workplace Supports following Acute Musculoskeletal Injury: Perspectives from the Workers
4:00 pm - 4:10 pm	Free Paper: How Do People Living with CRPS Experience their Condition? A Reflexive Thematic Analysis Treaty Room 1
4:10 pm - 4:20 pm	Free Paper: The Pain Avoidance and Meaning Model (PAMM) – A Framework for Educating Patients and Clinicians about Persistent Pain Development and Management
4:20 pm - 4:30 pm	Conference 2022, Industry Awards & Abstract Prize Giving, Conference Close Treaty Room 1
5:30 pm - 11:00 pm	Conference Dinner The Duke of Marlborough, Russell