

AAMP Spring 2026

Advancing Care in the Era of Progressive Disease

Long COVID and Spike Injuries - Mast Cell Disorders - CFS – FMS Syndromes

18 AMA [ACCME] Cat-1 CE / ND: WA, AZ, & HI Cat-1 – (8 of which are Pharmacology)

*CONO & BC ND Credit Applied for

FRIDAY

7:00 – 8:00am

Breakfast

MORNING THEME: Assessment and Root Causes

8:00 – 8:15am **Jeremy Phillips**

Welcome & Introductory Remarks

8:15 – 9:15am **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Assessment
Diagnostic Considerations and Criteria Part-1

9:15 – 10:15am **Dr. Theoharides** Role of Mast Cells in Coronavirus Spike Protein-induced
Neuroinflammation

10:15 – 11:00am

Break

11:00 – 12:00pm **Dr. Lynch** APO-E, MTHFR and COVID

12:00 – 12:30pm **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]:
Assessment & Diagnostic Considerations and Criteria Part-2

12:30 – 1:45pm

Lunch

AFTERNOON THEME: Diagnosis and Therapeutics

1:45 – 2:15pm **Bob Miller** How Spike-Associated Immune Signaling May Drive Mast Cell
Activation and a “Locked-In” Pro-Inflammatory, Neurotoxic Phenotype—and How Functional Genomic
Analysis Helps Identify Precision Intervention Targets (Non-CME)

2:15 – 2:45pm

Mosaic Diagnostics [Non-CME Medical Presentation]

2:45 – 3:30pm

Break

3:30 – 4:15pm **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Assessment & Diagnostic Considerations and Criteria Part-3

4:15 – 5:15pm **Drs. Simeles & Stein** Cell Membrane Therapy for the Chronic Disease Epidemic: Therapeutic Strategy and Clinical Cases

5:15 – 6:00pm **Clinical Panel – New Thinking in Chronic Illness**

6:00 – 7:30pm **Evening Reception**

SATURDAY

7:00 – 8:00am

Breakfast

MORNING THEME: Interventions Part-1

8:00 – 8:45am **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Endocrine Interventions

8:45 – 9:45am **Dr. Lynch** Mast Cell: New Herbal Interventions and their Mechanisms of Action

9:45 – 10:30am

Break

10:30 – 11:30am **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Infectious Interventions

11:30 – 12:30pm **Dr. Theoharides** Multiple Chemical Sensitivity due to Toxicant Stimulation of Mast Cells

12:30 – 1:45pm

Lunch

AFTERNOON THEME: Interventions Part-2

1:45 – 2:15pm **Dr. Debby Hamilton** New Insights into the Treatment of Mast Cell Activation Disorder (MCAS) (Non-CME)

2:15 – 2:45pm **TruDOSE Regenerative Technology [Non-CME Medical Presentation]**

2:45 – 3:30pm **Break**

3:30 – 4:00pm **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Biofilm / Resistance Interventions

4:00 – 5:00pm **Drs. Simeles & Stein** Chronic Infection - Mast Cell / ME-CFS Connection: Clinical cases, Oral Protocols, and Lab Review

5:00 – 5:45pm **Clinical Panel – Chronic Illness Interventions**

6:00 – 7:30pm **Evening Demonstration, Hors d'oeuvres & Interactive Workshops**

SUNDAY

7:30 – 8:30am **Breakfast**

MORNING THEME: Problematic Causes and Solutions

8:30 – 10:30am **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Clotting, Nutrigenomic, Cellular, and Detox Interventions

10:30 – 11:15am **Break**

11:15 – 12:15pm **Dr. Lynch** Acetylcholine vs Nicotine and Long Covid

12:15 – 1:15pm **Lunch**

AFTERNOON THEME: Putting it all Together

1:15 – 2:15pm **Drs. Simeles & Stein** Clinical Cases in Treating the Reactive Patient: Navigating Mast Cells, Membranes, and Cell Danger Response to Improve Tolerability

2:15 – 2:45pm **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]: Therapeutic Template you can use Monday Part-1

2:45 – 3:00pm

Brief Comfort Break

3:00 – 4:00pm **Dr. Anderson** Long Covid / SPIKE / Fatiguing Syndromes [FMS, ME-CFS]:
Therapeutic Template you can use Monday Part-2

4:00 – 4:30pm **Clinical Panel – Putting it all Together**

4:30pm

Closing Remarks & Adjourn
