



Maudsley Health
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MATERNAL MENTAL HEALTH CONFERENCE 2025

MATERNAL MINDS: SHAPING MENTAL HEALTH
SERVICES FOR WOMEN AND FAMILIES IN THE UAE



3 MAY 2025
ABU DHABI - UAE

SCIENTIFIC AGENDA





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SATURDAY, 3 MAY 2025 | ABU DHABI, UAE

TIME	TOPIC	SPEAKER
08:00 - 09:00	Registration & Welcome Coffee	
09:00 - 09:20	Opening Remarks	Dr. Giles Berrisford Conference Chair Dr. Mohamed Maksoud
SESSION 1	Moderator: Dr. Giles Berrisford & Ms. Mariam Almsabli	
09:20 - 10:00	Infant Mental Health and Circle of Security	Dr. Charlotte Cousins Dr. Rita Bsaibes Dr. Madonna Yanni Helen Walker
10:00 - 11:00	Lived Experience Session: 4 presentations by women with lived experience of perinatal mental health difficulties	TBD
11:00 - 11:20	Coffee Break and Networking	
SESSION 2	Moderator: Dr. Mohamed Maksoud	
11:20 - 12:00	KEYNOTE: Public Mental Health and The Role of Maternal Mental Health Services	Dr. Gertrude Seneviratne, OBE
12:00 - 12:20	Opening Ceremony	TBD
12:20 - 13:00	The Role of Medication During Pregnancy and the Postpartum Period	Dr. Giles Berrisford
13:00 - 13:40	Lunch Break and Networking	
13:40 - 14:00	Industrial Symposium 1	TBA
SESSION 3	SERVICE DEVELOPMENT FOR MATERNAL MENTAL HEALTH SERVICES Moderators: Dr. Waleed Ahmed & Dr. Rita Bsaibes	
14:00 - 14:20	Secondary Mental Health Services: The Journey So Far	Helen Walker
14:20 - 14:40	Maudsley Health Hospital, The Mother and Baby Unit, The Future	Dr. Giles Berrisford Conference Chair
14:40 - 14:50	Panel Discussion	All Speakers
14:50 - 15:10	Coffee Break and Networking	



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15:10 - 15:30	Community Services: Mums Helping Mums	Lala Langtry White Juliane Landelle
15:30 - 15:50	Obstetric Services: Screening and Safeguarding	Mary Mahony Fatima Shamlamin Khalude Jamal Basuwaid
15:50 - 16:00	Panel Discussion for Future Service Developments and Collaborations	All Speakers
16:00 - 16:20	Coffee Break and Networking	
SESSION 4		Moderator: Prof. David Forbes
16:20 - 16:45	Trauma in Maternal Mental Health	Dr. Melissa Nawfal Dr. Tracy Roake
16:45 - 17:00	Closing Remarks	Dr. Giles Berrisford Conference Chair
17:00 - 18:00	Networking and Exhibition	



FOR MOR INFORMATION:



Conference Secretariat



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Prepared By



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