

AAAM Masters Course Liposuction Techniques

December 9-11, 2018

Cerritos Medical Center/Art Medica
Cerritos, California

Faculty: John Kim, MD, FAAFP

Liposuction Comprehensive Course Objectives:

1. Discuss history and evolution of liposuction over the past 40 years
2. Identify relevant surgical anatomy for areas of treatment
3. Understand the unique demands of the cosmetic patient in a highly competitive market, and how to distinguish yourself from the competition
4. Conduct efficient consultation
5. Identify indications, contraindications, and proper preoperative preparation
6. Learn the necessary staff requirement, supplies and equipment
7. Become familiar with office tumescent liposuction by local anesthesia
8. Discuss the basic concepts of laser lipolysis, and begin to apply this knowledge in practice
9. Learn the concept of power assisted liposuction and available devices
10. Identify the various available machines and various wave lengths used for laser lipolysis
11. Describe the procedure with proper treatment protocols:
 - Liposuction of the Neck
 - Liposuction of the breast
 - Liposuction of the arms
 - Liposuction of the abdomen
 - Liposuction of the thighs
12. Describe novel indications of laser lipolysis:
 - Laser lower blepharoplasty
 - Treatment of lipomas with liposuction
 - Scarless reduction mammoplasty
13. Discuss postoperative care
14. Identify safety issues, potential complications of liposuction, management, and how to avoid them
15. Describe the current data in medical research relevant to liposuction safety, and its impact on patient care
16. Visualize the procedure performed:
 - Liposuction of the neck
 - Liposuction of the breast
 - Liposuction of the arms
 - Liposuction of the abdomen
 - Liposuction of the thighs

DAY 1: Monday, December 9, 2017
Faculty/Surgeon: John Kim, MD

Cerritos Medical Center/Art Medica

07:30 – 08:00 **Registration**

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| 08:00 – 09:00 | <ul style="list-style-type: none">▪ History and evolution of liposuction in the past 40 years▪ Liposuction Relevant Surgical anatomy▪ Consultation, patient selection and preoperative preparation▪ Indications, contraindications |
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| 09:00 – 10:00 | <ul style="list-style-type: none">▪ Scribing ,medical photography and documentation▪ Facility, staffing, supplies and equipment▪ Tumescant anesthesia Safety and precautions▪ Power- assisted liposuction and available devices |
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10:00 – 10:30 **COFFEE BREAK**

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| 10:30 – 11:30 | <ul style="list-style-type: none">▪ Clinical demo of MicroAire Power Assist device: settings/cannulas▪ Evolution and concept of Laser Lipolysis▪ Wave lengths and devices available▪ Clinical demo of laser: settings/fibers/cannulas |
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11:30 – 12:00 **Q & A Session**

12:00 – 13:00 **LUNCH**

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| 13:00 – 14:00 | <ul style="list-style-type: none">▪ Postoperative course, complications and how to avoid them▪ Dealing with difficult patients/medico-legal issues▪ TOPAL™ procedure overview |
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14:00 – 15:00

- Liposuction of the abdomen and back
- Liposuction of the neck

15:00 – 15:30

COFFEE BREAK

15:30 – 17:00

- Liposuction of the thighs
- Liposuction of the arms
- Liposuction of the breast

17:00 – 17:30

Q & A Session

Day 2: Tuesday, December 10, 2018
Faculty/Surgeon: John Kim, MD

Cerritos Medical Center/Art Medica

08:30 – 17:00

Operating Room

- Liposuction of the abdomen w/fat graft to the arms
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Day 3: Wednesday, December 11, 2018
Faculty/Surgeon: John Kim, MD

Cerritos Medical Center/Art Medica

08:30 – 17:00

Operating Room

- Liposuction of the upper and lower abdomen w/fat graft to buttocks
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