

Agenda

ANKLE



0700 - 0800

WELCOME COFFEE AND REGISTRATION

0800 - 1000

Starting with knowing the normal anatomy, we look at how to assess strains and tears of all the major ankle ligaments.

**ANKLE LIGAMENTS : MEDIAL AND LATERAL
ANKLE LIGAMENTS : SYNDESMOTIC
ANKLE LIGAMENTS : SPRING**

1000 - 1030

MORNING BREAK

1030 - 1230

MRI Anatomy and How to assess and report tendinosis, tears and tenosynovitis of the main tendons around the ankle and foot and assessment of the plantar fascia.

**ACHILLES TENDON: TENDINOSIS, TEARS AND BURSA
MEDIAL & LATERAL TENDONS: TENDINOSIS, TEARS AND TENOSYNOVITIS
PLANTAR FASCIA: FASCIITIS AND TEARS**

1230 - 1330

LUNCH

1330 - 1500

Lis Franc Joint and Ligament Anatomy. Learn how to assess the Lis Franc Joint and Ligament on Xray, CT and MRI for Lis Franc Fractures and Ligament Tears. Tarsal coalition CT and MRI features.

**LIS FRANC FRACTURES AND LIGAMENTS
TARSAL COALITION**

1500 - 1520

AFTERNOON TEA

1520 - 1700

The anatomy of the MTPJ's and toes is complex but can be learnt in a structured way. Once you understand the anatomy, identifying the pathology becomes much easier.

**MORTONS NEUROMA AND INTERMETATARSAL BURSA
PLANTAR PLATE ANATOMY AND TEARS**

Agenda

HIP



0730 - 0800

COFFEE

0800 - 1000

The labrum is usually what people have the most difficulty with. Learn how to assess for normal variants and tears and complications such as paralabral cysts and cartilage loss and underlying abnormalities that predispose to labral tears such as Femoro Acetabular Impingement.

HIP LABRUM: VARIANTS, TEARS AND PARALABRAL CYSTS
FEMORO ACETABULAR IMPINGEMENT (FAI): X-ray, CT and MRI

1000 - 1030

MORNING BREAK

1030 - 1300

Tendons and Bursa Around the Hip Joint:

GLUTEAL TENDONS: TENDINOSIS, TEARS AND BURSITIS
HAMSTRINGS: TENDINOSIS AND TEARS
ILIOPSOAS : TENDINOSIS, TEARS AND BURSA
ISCHIO FEMORAL IMPINGEMENT: WHERE TO LOOK AND WHAT TO ASSESS

Bone Marrow Changes. What they look like and how to differentiate them.

BONE MARROW: AVN, INSUFFICIENCY FRACTURES AND REGIONAL OSTEOPOROSIS

1300 - 1400

LUNCH

ELBOW



1400 - 1630

Learn the anatomy and the key findings in tears of the elbow ligaments and extensor and flexor origins.

ELBOW LIGAMENTS AND EXTENSOR AND FLEXOR ORIGINS:
ESSENTIAL ANATOMY AND TEARS

We finish the workshop with learning to assess the main tendons around the elbow joint and the findings with tendinosis, tears and bursal abnormalities.

BICEPS, BRACHIORADIALIS AND TRICEPS ABNORMALITIES

