

Agenda

DAY 1 – TUESDAY - MAY 8, 2018

Arrival and Registration

(7:30 a.m.)

(Please allow time for Security Check In)

PRE-SYMPOSIUM WORKSHOPS (8:30 a.m. – 12:00 p.m.)

Concurrent – Choose One

1. Healthiest NIOSH – A Practitioners' Guide
2. Meeting the Challenge of Engagement in Participatory *Total Worker Health*® Initiatives
3. Productive Aging and Work: A Framework for Creating an Age-Friendly Workplace
4. Engaging Small and Mid-Sized Enterprises to Apply *Total Worker Health*® Approaches through a Community-based Program
5. Addressing Future Workforce Needs through *Total Worker Health*®
6. Hot Topics in Economics: Non-Standard Work and Health-Related Quality of Life

Lunch Break (12:00 - 1:00 p.m.)

11:00 a.m.-2:15pm – Seated Massages (first come, first served)

Conference Room A

12:00 - 1:30 p.m. – Quick Fit Check Health and Well-being Activity (first come, first served)

Conference Room B

OPENING SESSION (1:00 - 3:15 p.m.)

Auditorium

WELCOME AND OPENING REMARKS (1:00 p.m.)

Greeting from the NIOSH Office for *Total Worker Health*® – L. Casey Chosewood, MD, MPH, Director

Greeting from National Institutes of Health (NIH) – Lawrence Tabak, DDS, PhD, Principal Deputy Director

Greeting from the National Institute for Occupational Safety and Health (NIOSH) – John Howard, MD, MPH, JD, LLM, MBA, Director

Greeting from the Surgeon General of the United States – VADM Jerome M. Adams, MD, MPH

OPENING SESSION KEYNOTE SERIES (1:30 -3:10 p.m.) Session Chair: L. Casey Chosewood

Auditorium

1:30 - 2:00 p.m. **The International Reach of *Total Worker Health*®** - Professor Dame Carol Black, DBE, FRCP, FMedSci

2:05 – 2:35 p.m. **Blue Zones: Exploring Secrets of a Long Life** - Tony Buettner

2:40 – 3:10 p.m. **Global Challenges for Safety, Health and Well-being at Work: New Strategic Responses** - Hans Horst Konkolewsky

3:20 – 3:45 p.m. – Tabata Training Health and Well-being Activity

Conference Room B

PLENARY SESSION I (3:45 – 5:30 p.m.)

Session Chair: Sara Tamers

Auditorium

TWH Intervention Strategies: What Works for the Centers of Excellence? W. Kent Anger, PhD, Oregon Health & Science University – Moderator; Features Directors from All 6 NIOSH Centers of Excellence for *Total Worker Health*®

5:30 p.m. **Conclusion - Day One**

DAY 2 – WEDNESDAY - MAY 9, 2018

Arrival and Registration (7:30 a.m.)

(Please allow time for Security Check In)

8:00 – 8:30 a.m. **Vinyasa Yoga Health and Well-being Activity**

Conference Room A

POSTER SESSION (8:00 – 9:30 a.m.)

(posters available for viewing the entire day)

9:00 – 9:30 a.m. **Morning Refreshment break & Total Body Blast Health and Well-being Activity**

Conference Room A

PLENARY SESSION II (9:30 – 11:30 a.m.)

Session Chair: Jeannie Nigam

Auditorium

9:30 -10:00 a.m. **WEDNESDAY KEYNOTE - Worker Well-being and High Performance Workplaces: Two Sides of the Same Coin** - Kimberly Jinnett, PhD

10:00 - 10:30 a.m. An Introduction to NIOSH's Healthy Work Design and Well-being Research

10:30 - 11:00 a.m. What Can We Learn about *Total Worker Health*® from National Worker Surveys

11:00 - 11:30 a.m. Findings from CDC's Workplace Health in America Survey

11:00 a.m. – 2:15 p.m. - Health and Well-being Activities Offered Throughout Midday

11:00 – 2:15 **Seated Massages** (first come, first served) Conference Room A

11:45 – 12:15 **Well-being Heart Walk Meet** at Registration table

11:45 – 12:15 **Line Dancing** (TBD)

12:00 – 1:30 **Quick Fit Check** (first come, first served) Conference Room B

Lunch Break 11:30 a.m. - 1:00 p.m.

11:45 a.m. – 12:45 p.m. Chat 'n Chew (Optional Lunchtime Tutorials - Concurrent Sessions - Choose 1)

1. Global Partnerships in Total Worker Health: Lessons Emerging from Guatemala, Chile, and India
2. 2017 Key Findings from the Work-Life Survey of the Federal Workforce

CONCURRENT SESSIONS (1:00 - 5:15 p.m.)

1:00 - 2:15p.m. Concurrent Session 1

1.1 *Total Worker Health*® Strategies for Preventing Acute and Chronic Diseases - Auditorium

1.2 Workers' Challenges and Solutions in Transportation - Balcony A

1.3 *Total Worker Health*® and Healthy Aging in the Workplace– Balcony B

1.4 Exploring Workplace and Policy Landscapes – Balcony C

1.5 Novel Approaches in Fatigue Management - Room E1/E2

1.6 Approaches for *Total Worker Health*® Implementation and Translation - Room F1/F2

2:15 - 2:30 p.m. – Gentle Stretch Health and Well-being Break and Activity

Conference Room B

2:30 - 3:45 p.m. Concurrent Session 2

2.1 Strategies for Returning to Work- Auditorium

2.2 Issues in Mental Health and Stress in the Workplace – [Balcony A](#)

2.3 Intergenerational Perspectives – [Balcony B](#)

2.4 Small Businesses, Big Impact I – [Balcony C](#)

2.5 Healthy Workplace Programs – [Room E1/E2](#)

2.6 Strategies for Opioid and other Substance Abuse Programs – [Room F1/F2](#)

3:45 - 4:00 p.m. – [Desk Exercise or Occupational Exercise Health and Well-being Break and Activity](#) [Conference Room B](#)

4:00 - 5:15 **Concurrent Session 3**

3.1 Workforce Development Panel: Lessons Learned and Next Steps - [Auditorium](#)

3.2 *Total Worker Health*® Approaches in Agricultural Communities – [Balcony A](#)

3.3 Addressing First Responder and Firefighter Safety, Health, and Well-Being – [Balcony B](#)

3.4 People and Places: The Built Environment's Influence – [Balcony C](#)

3.5 Implementing *Total Worker Health*® in the Workers' Compensation Setting – [Room E1/E2](#)

3.6 Case Studies in Manufacturing Settings – [Room F1/F2](#)

5:15 p.m. **Conclusion - Day Two**

DAY 3 – THURSDAY- MAY 10, 2018

Arrival and Registration (7:30 a.m.) (Please allow time for Security Check In)

7:30 - 8:30 a.m. [PiYo Live Health and Well-being Activity Offered for Those Arriving Early](#) [Conference Room A](#)

PLENARY SESSION III (8:30 - 10:00 a.m.) Session Chair: Paul Schulte [Auditorium](#)

8:30 - 9:00 a.m. An Expanded Focus for Occupational Safety and Health

9:00 - 9:30 a.m. Workplace Health Promotion: Negotiating the Ethical Tightrope

9:30 - 10:00 a.m. – **THURSDAY KEYNOTE - What Science Can Tell Us about Living Well: Lessons from an 80-Year Longitudinal Study** - Robert Waldinger, MD

10:00 - 10:30 a.m. – [Mat Pilates Health & Well-being Break and Activity](#) [Conference Room A](#)

PLENARY SESSION IV (10:30 a.m. - 12:00 p.m.) Session Chair: Steve Sauter [Auditorium](#)

10:30 – 11:00 a.m. Partnering into Practice: Research Practice Partnerships for *Total Worker Health*®

11:15 a.m. – 12:00 p.m. Applying *Total Worker Health*® Approaches in the Dynamic Construction Industry

11:00 a.m. – 2:15 p.m. [Health and Well-being Activities Offered Throughout the Midday](#)

12:15 – 1:15 p.m. **Lunch Break**

12:15 – 1:00 p.m. **Chat 'n Chew** (Optional Lunchtime Tutorial)

Influence of Work Organization and Environment on Health Behaviors of Construction Apprentices

Highlights of ISSA's Vision Zero - Safety, Health and Well-being Campaign - INTERNATIONAL SOCIAL SECURITY ASSOCIATION – ISSA (1:15- 5:30 p.m.) - Auditorium

Session organized by the ISSA Special Commission on Prevention and the ISSA Secretariat (**Concurrent Sessions 4.1, 5.1, and 6.1**)

Part 1: ISSA Vision Zero Campaign Launch for North America

1:15 – 1:25 p.m. NIOSH Welcome Address

1:25 – 1:35 Welcome Address: Vision Zero in a changing world of work - International Social Security Association (ISSA President)

1:35 – 1:40 Introduction of ISSA and its Special Commission on Prevention

1:40 – 1:55 Launch of the North American Vision Zero campaign

1:55 – 2:05 Presenting Vision Zero certificates

Part 2: Vision Zero Companies and Partner

2:05 – 3:15 Impulse Presentations and Panel Discussion

3:15 – 3:45 **Coffee Break**

Part 3: Vision Zero Partners

3:45 – 4:45 Vision Zero Partner Presentations and Panel Discussion

Part 4: German and US Experiences: Vision Zero and its 7 Golden Rules in Practice

4:45 – 5:15 German and US Experiences: Vision Zero and its 7 Golden Rules in Practice

Part 5: Closing

5:15 – 5:30 (end) Moving forward – Closing statement

CONCURRENT SESSIONS (1:15-5:30 p.m.) (CHOOSE 1 OFFERING FROM EACH SESSION)

1:15 - 2:30 p.m. Concurrent Session 4

4.2 Healthier Federal Workers - **Balcony A**

4.3 Integrating *Total Worker Health*® Practices into Healthcare Settings – **Balcony B**

4.4 Integrated Approaches to Prevention - **Balcony C**

4.5 Small Businesses, Big Impact II - **Room E1/E2**

4.6 Applying New Data Sources and Metrics to Assess the Relationship between Work and Health - **Room F1/F2**

2:30 - 3:00 p.m. Health and Well-being Break and Activity

2:45 – 4:00 p.m. Concurrent Session 5

5.2 Methods for *Total Worker Health*® Research - **Balcony A**

5.3 Workforce Health is Population Health – **Balcony B**

5.4 Health and Well-being Challenges and Interventions for Correctional Workers - **Balcony C**

5.5 Community Integration and Collaborations with Health Departments - **Room E1/E2**

4:00 – 4:15 Health and Well-being Break and Activity

4:15 - 5:30 p.m. Concurrent Session 6

6.2 Preventing Violence in the Healthcare Setting - **Balcony A**

6.3 Strategies for Healthier Work – **Balcony B**

6.4 Practical Applications of *Total Worker Health*® - **Balcony C**

6.5 Novel *Total Worker Health*® Measurement Strategies - **Room E1/E2**

5:30 p.m. Conclusion - Day Three

DAY 4 – FRIDAY - MAY 11, 2018

8:00 a.m. Arrival and Networking Options (Please allow time for Security Check In)

8:00 - 9:00 a.m. Health and Well-being Activity Offered for Those Arriving Early

PLENARY SESSION V (9:00 a.m. – 12:00 p.m.) Session Chair: Chia-Chia Chang Auditorium

9:00 -10:00 a.m. Spotlight on the *Total Worker Health*® Affiliates Network

10:00 - 10:45 a.m. Mental Health in the Workplace: A Call to Action

10:45 - 11:30 a.m. *Total Worker Health*® at Dow Chemical: Innovations to Optimize Worker Health

11:30 a.m. – 12:00 p.m. “Working on Empty”: A Documentary Film Screening and an Introduction to the Healthy Work Campaign

Total Worker Health 2018 SPECIAL RECOGNITION CEREMONY (12:00 – 12:15 p.m.) Auditorium

CLOSING REMARKS AND A CALL TO ACTION (12:15 p.m.)

12:30 p.m. Conclusion of the 2018 2nd International Symposium to Advance *Total Worker Health*®