

CARDIO-OBSTETRICS ESSENTIALS

TEAM-BASED MANAGEMENT OF CARDIOVASCULAR DISEASE AND PREGNANCY

Oct. 17 - 19, 2025 | Washington, DC



Friday, Oct. 17

3 - 3:10 p.m.

Welcome & Introductions

Natalie Bello, MD, MPH, FACC

Deirdre Mattina, MD, FACC

Session I: Work, Work, Work, Work, Work – Cardio OB Services and the Interdisciplinary Team

3:10 - 4:10 p.m.

Postpartum HTN: Case Studies in How to Build Your Program

Kismet Rasmusson, DNP, CHFNP, FNP-BC; Deirdre Mattina, MD, FACC;

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC

4:10 - 4:30 p.m.

So You Want to be a Cardio-Ob in a LMIC: Reflections From a Trailblazer

Sabha Bhatti, MD, FACC

4:30 - 4:50 p.m.

Panel Q&A

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Sabha Bhatti, MD, FACC; Kirstin Hesterberg, DO, FACC; Deirdre Mattina, MD, FACC; Kismet Rasmusson, DNP, CHFNP, FNP-BC; Candice Silversides, MD, FACC; Juan González Vélez, MD

4:50 - 5 p.m.

Break

5 - 5:20 p.m.

The Business of Cardio-Obstetrics Part 1

Kathryn Lindley, MD, FACC

5:20 - 5:40 p.m.

The Business of Cardio-Obstetrics Part 2

Mary Norine Walsh, MD, MACC

5:40 - 5:55 p.m.

The Business of Cardio-Obstetrics Part 3

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC

5:55 - 6:25 p.m.

Panel Discussion

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Joanna Ghobrial, MD; Dan Halpern, MD, FACC; Kathryn Lindley, MD, FACC; Marie-Louise Meng, MD; Melissa Russo, MD; Mary Norine Walsh, MD, MACC

6:25 - 6:30 p.m.

Wrap-Up

Natalie Bello, MD, MPH, FACC

6:30 - 7:30 p.m.

Reception & Poster Session

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Saturday, Oct. 18

7 - 8 a.m.

Breakfast

8 - 8:10 a.m.

Welcome

Deirdre Mattina, MD, FACC

Session II: An Ounce of Prevention: Why Preconception Counseling and Interpregnancy Care Matter

8:10 - 8:30 a.m.

Optimization of CV Risk Factors to Promote Healthy Pregnancies

Deirdre Mattina, MD, FACC

8:30 - 8:50 a.m.

Risky Business: CV Risk Stratification in Pregnancy

Candice Silversides, MD, FACC

8:50 - 9 a.m.

Panel Q&A

Deirdre Mattina, MD, FACC; Candice Silversides, MD, FACC; Juan González Vélez, MD; Marie-Louise Meng, MD

Session III: Just Say No! (To Using the Wrong Drugs in Pregnancy): Cardio-Obstetric Pharmacotherapy

9 - 9:20 a.m.

Shared Decision-Making in Contraception and Termination Management

Juan González Vélez, MD

9:20 - 9:40 a.m.

Stop the Clot! Anticoagulation in pregnancy

Dan Halpern, MD, FACC

9:40 - 10 a.m.

Use of Obstetric Medications in the Cardiovascular Patient

Juan González Vélez, MD

10 - 10:10 a.m.

Panel Discussion

Dan Halpern, MD, FACC; Marie-Louise Meng, MD; Juan González Vélez, MD

10:10 - 10:25 a.m.

Break

Join us for an attendee photo!

10:25 - 11:25 a.m.

Keynote Speaker

Annette K. Ansong, MD, FACC

**Agenda as of Aug. 27, 2025. Subject to change.*

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Session IV: Listen to Mom's Heart: Valvular Disease in Pregnancy

11:25 - 11:40 a.m.	A Primer on Hemodynamic Changes in Pregnancy Through the Fourth Trimester Natalie Bello, MD, MPH, FACC
11:40 - Noon	Left Sided Stenotic Lesions Sabha Bhatti, MD, FACC
Noon - 12:20 p.m.	Right Sides Lesions Candice Silversides MD, FACC
12:20 - 12:40 p.m.	Endocarditis Case Session Dan Halpern MD, FACC
12:40 - 12:50 p.m.	Panel Q&A Natalie Bello, MD, MPH, FACC; Sabha Bhatti, MD, FACC; Dan Halpern, MD FACC; Marie-Louise Meng, MD; Melissa Russo, MD; Candice Silversides, MD, FACC
12:50 - 1 :50 p.m.	Networking Lunch

Session V: Unbreak My Heart: Heart Failure & Pregnancy

1:50 -2:10 p.m.	HFpEF Kathryn Lindley, MD, FACC
2:10 - 2:30 p.m.	HFrEF & Transplant Mary Norine Walsh, MD, MACC
2:30 - 2:50 p.m.	Other CM in Pregnancy: A Focus on PPCM and HCM Natalie Bello, MD, MPH, FACC
2:50 - 3:10 p.m.	Cardiogenic Shock and Mechanical Circulatory Support Joanna Ghobrial, MD
3:10 - 3:25 p.m.	Panel Q&A Natalie Bello, MD, MPH, FACC; Kathryn Lindley, MD, FACC; Joanna Ghobrial, MD; Marie-Louise Meng, MD; Juan González Vélez, MD; Mary Norine Walsh, MD, MACC

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Session VI: CardioVASCULAR

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| 3:25 - 3:45 p.m. | Echo Debate: Yay! Or Nay! Should I Echo Today?
Natalie Bello, MD, MPH, FACC; Sabha Bhatti, MD, FACC |
| 3:45 - 4:05 p.m. | FMD & pSCAD
Kathryn Lindley, MD, FACC |
| 4:05 - 4:35 p.m. | Aortopathy Patients & Pregnancy
Melissa Russo, MD |
| 4:35 - 4:50 p.m. | Panel Q&A
Kathryn Lindley, MD, FACC; Melissa Russo, MD |

Session VII: Skipping a Beat: Palpitations and Chest Pain in the Pregnant Patients: Case-Based Learning

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|------------------|---|
| 4:50 - 5:05 p.m. | A Case of Chest Pain
Dan Halpern, MD, FACC; Melissa Russo, MD |
| 5:05 - 5:20 p.m. | A Case of Palpitations
Kathryn Lindley, MD, FACC; Deirdre Mattina, MD, FACC |
| 5:20 - 5:25 p.m. | Day 2 Wrap-Up |

Sunday, Oct. 19

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| 7 - 8 a.m. | Breakfast |
| 8 - 8:05 a.m. | Welcome |

Session VIII: ACHD

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| 8:05 - 8:25 a.m. | Cardio-Ob Anesthesia Approach to the Delivery Plan: Special Consideration For ACHD Patients
Marie-Louise Meng, MD |
| 8:25 - 8:45 a.m. | Simplifying ACHD
Dan Halpern, MD, FACC |

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8:45 - 9:05 a.m.

Real World Use of Risk Models in CHD

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC

9:05 - 9:25 a.m.

Transpositions, Fontans and Other Complex Congenital Heart Disease in Pregnancy

Joanna Ghobrial, MD

9:25 - 9:50 a.m.

Wildest ACHD Cases in Pregnancy

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Joanna Ghobrial, MD; Dan Halpern, MD, FACC; Kathryn Lindley, MD, FACC; Candice Silversides, MD, FACC

9:50 - 10:10 a.m.

Panel Q&A

Shantelle Bartra, MSN, APRN, AGACNP-BC, CPNP, AACC; Joanna Ghobrial, MD; Dan Halpern, MD, FACC; Kathryn Lindley, MD, FACC; Candice Silversides, MD, FACC

10:10 - 10:25 a.m.

Break

Session IX: Decomposing Disparities in Pregnancy Care

10:25 - 10:55 a.m.

The Role of Advocacy to Reduce Disparities in Pregnancy Care

Sabha Bhatti, MD, FACC; Mary Norine Walsh, MD, MACC

10:55 - 11:15 a.m.

Overcoming Barriers in Access to CV Care for Women

Deidre Mattina, MD, FACC

11:15 - 11:35 a.m.

Panel Q&A

Sabha Bhatti, MD, FACC; Dierdre Mattina, MD, FACC; Mary Norine Walsh, MD, MACC

11:35 - 11:50 a.m.

Announcement of Winning Abstracts

11:50 a.m. - Noon

Wrap Up

Boxed lunch available to go