



ASPC 2022 Congress on CVD Prevention *The ABCs of Prevention*

SCIENTIFIC SESSIONS AGENDA

Dates and times subject to change

Friday, July 29, 2022

Session	Name of Session	Speaker / Moderator
Session 1	Opening Session & Honorary Fellowship Award	
5:00 – 5:10 PM	Welcome Remarks	
5:10 – 5:15PM	Audience Response	
5:15 – 5:45 PM	Strengthening CV Prevention for the Future: Beyond the ABCs	Pamela S. Douglas, MD
5:45 – 5:50 PM	Audience Response	
5:50 – 6:15 PM	Q & A	
6:15 – 7:30 PM	Welcome Reception	

Saturday, July 30, 2022

Session	Name of Session	Speaker / Moderator
Session 2	A & B	
8:00-8:05 AM	Welcome and Housekeeping notes	
8:05-8:10 AM	Audience Response	
8:10-8:20 AM	ABCDEs of Preventive Cardiology	Roger Blumenthal, MD, FASPC
8:20-8:40 AM	Debate: Does Aspirin Have a Role in Primary Prevention, Regardless of Dose, Bleeding Risk, or CAC?	Ann Marie Navar, MD, PhD, FASPC vs. Michael Blaha, MD, MPH, FASPC
8:40-8:50 AM	Renal Denervation for Uncontrolled HTN: You have some nerve(s)!	Herbert Aronow, MD, MPH
8:50-9:10 AM	Blood Pressure - Overview, New Approaches, Technology	George Bakris, MD
9:10-9:20 AM	Can We ACHIEVE GREATER Blood Pressure Control? A Novel Model for the Prevention of Cardiovascular Disease	Phil Levy, MD, MPH
9:20-9:30 AM	The Brain-Heart Axis: Not Just an Aging Problem!	Anum Saeed, MD
9:30-9:35 AM	Audience Response	



9:35-9:50 AM	Q & A Panel Discussion	
9:50-10:05 AM	Break	
Session 3	C & D	
10:05-10:20 AM	Cholesterol Management for Primary CVD Prevention: Emerging Role of Atherosclerosis in Guiding Directions	Khurram Nasir, MD, MPH, FASPC
10:20-10:35 AM	Primordial Prevention – Aging Begins at Conception	Elaine Urbina, MD, MS
10:35-10:50 AM	Tobacco Cessation and Risks/Benefits of Electronic Nicotine Delivery Systems	Pam Morris, MD, FASPC
10:50-11:00 AM	Cost of Prevention – How Much Prevention is Too Much?	Ty Gluckman, MD, FASPC
11:00-11:10 AM	Overcoming Barriers in the Treatment of Diabetes in Clinical Practice	Erin Michos, MD, MHS, FASPC
11:10-11:35 AM	Treating Obesity as a CV Risk Factor: The One That Got Away	Bob Kushner, MD
11:35-11:40 AM	Audience Response	
11:40-12:05 PM	Q & A Panel Discussion	
12:05-12:35 PM	Networking	
12:35-1:25 PM	Lunch	
Session 4	Nanette Wenger Award & Lecture	
1:30-1:35 PM	Introduction & Audience Response Questions	
1:35-2:00 PM	Open Artery Ischemia: An unrecognized opportunity for prevention?	Carl J Pepine, MD, MACC
2:00-2:05 PM	Audience Response Questions	
2:05-2:15 PM	Q & A Panel Discussion	
Session 5	Early Career Presentations	
2:15-2:20 PM	Introductions	
2:20-2:30PM	1st Place EC Research Winner	TBD
2:30-2:50 PM	Rapid fire presentations	TBD
2:50-2:55 PM	Voting for 2nd and 3rd Place winner	
Session 6	Pioneer in Prevention Award & Lecture	
2:55-3:00 PM	Introduction and Audience Response Questions	
3:00-3:25 PM	National Cholesterol Guidelines: 1987-2018	Scott Grundy, MD, PhD
3:25-3:30 PM	Audience Response Questions	



3:30-3:40 PM	Q & A	
3:40-3:45 PM	ASPC Annual Business Meeting	
3:45-4:00 PM	Creating a Prevention Center of Excellence	Amit Khera, MD, MSc, FASPC
4:00-4:15 PM	ASPC Certification program	Peter Toth, MD, PhD, FASPC
4:15-5:00 PM	Networking	

Sunday, July 31, 2022

Session	Name of Session	Speaker / Moderator
Session 7	E, F & G	
8:00-8:05 AM	Welcome & Housekeeping Notes	
8:05-8:10 AM	Audience Response Questions	
8:10-8:25 AM	Extreme Exercise and Cardiovascular Health: Changing Paradigms and Perceptions	Barry Franklin, MD, FASPC
8:25-8:40 AM	The Role of Stress Management on CVD	Kavitha Chinnaiyan, MD
8:40-8:55 AM	Social Determinants of Health	Karol Watson, MD, PhD
8:55-9:05 AM	The Role of NAFLD in the Development and Management of Dyslipidemia	Mary Rinella, MD
9:05-9:30 AM	The Cardio-Renal-Metabolic Intersection: Diabetes and Chronic Kidney Disease	Katherine Tuttle, MD
9:30-9:35 AM	Audience Response Questions	
9:35-10:00 AM	Q & A Panel Discussion	
Session 8	Joseph Stokes III, MD Award & Lecture	
10:00-10:05 AM	Audience Response Questions	
10:05-10:10 AM	Stokes Award Introduction	
10:10-10:35 AM	Individual Prevention Strategies for Hypertension	Donna Arnett, MSPH, PhD
10:35-10:40 AM	Audience Response Questions	
10:40-11:00 AM	Q & A	
Session 9	H & I	
11:00- 11:05AM	Audience Response Questions	
11:05-11:20 AM	Heart Failure	Biykem Bozkurt, MD, PhD



11:20-11:25 AM	Inflammation Case Study	Kershaw Patel, MD
11:25-11:35 AM	Chronic Inflammation in Humans Drives ASCVD Risk and Cardiometabolic Disease	Nehal Mehta, MS, MD, MSCE
11:35-11:45 AM	Inflammation and Dyslipidemia: What Does the Clinician Need to Know	Michael Shapiro, DO, FASPC
11:45-11:55 AM	Does Treating Inflammation Impact Vascular Disease & ASCVD outcomes?	Jean-Claude Tardif, CM, MD
11:55-12:00 PM	Audience Response Questions	
12:00-12:25 PM	Q & A Panel Discussion	
12:25-12:30 PM	Closing Remarks	