



NAMS 2022: Menopause Science and Care—An Inclusive Perspective
 (Topics and Speakers—As of September 15, 2022)

Wednesday, October 12, 2022

7:00 AM–7:30 AM	Continental Breakfast <i>Menopause 101</i> Course Registrants
7:30 AM–11:30 AM	<i>Menopause 101</i> Course: Guidelines for Clinical Practice (Focusing on menopause management for the average practitioner) <i>Supported in part by grant funding from</i> Astellas <i>Premier Partner of the 2022 NAMS Annual Meeting</i>
7:30 AM–7:35 AM	<i>Welcome and Introductory Remarks</i> Monica M Christmas, MD, NCMP—Co-Chair, Menopause 101 Course <i>Associate Professor Director of Menopause Program Section of Minimally Invasive Gynecologic Surgery UChicago Medicine and Biological Sciences Chicago, Illinois</i>
7:35 AM–7:55 AM	<i>Menopause Basics</i> Laurie S Jeffers, DNP, FNP-BC, NCMP <i>Codirector, Center for Midlife Health and Menopause NYU Grossman School of Medicine Department of Obstetrics and Gynecology NYU Langone Health New York, New York</i>
7:55 AM–8:20 AM	<i>Ins and Outs of Hormone Therapy</i> Jan L Shifren, MD, NCMP <i>Director, Midlife Women's Health Center Massachusetts General Hospital Professor of Obstetrics, Gynecology, and Reproductive Biology Harvard Medical School Boston, Massachusetts</i>

8:20 AM–8:45 AM	<i>Midlife Weight Gain</i> Ekta Kapoor, MBBS, FACP, NCMP <i>Associate Professor of Medicine Mayo Clinic College of Medicine Rochester, Minnesota</i>
8:45 AM–9:10 AM	Q&A With Audience
9:10 AM–9:25 AM	Break for Registrants of the Menopause 101 Course
9:25 AM–9:50 AM	<i>Midlife Sexuality</i> Sheryl A Kingsberg, PhD <i>Chief, Division of Behavioral Medicine University Hospitals Cleveland Medical Center, MacDonald Women’s Hospital Professor, Departments of Reproductive Biology, Psychiatry, and Urology Case Western Reserve University School of Medicine Cleveland, Ohio</i>
9:50 AM–10:15 AM	<i>Menopause, Mood, and Sleep</i> Claudio N Soares, MD, PhD, FRCPC, MBA <i>Professor and Head, Department of Psychiatry Queen’s University School of Medicine Chair, Psychedelic Science Advisory Committee, Queen’s University Executive Lead, Strategy and New Partnerships Canadian Biomarker Integration Network in Depression (CAN-BIND) President and CEO, CAN-BIND Solutions, Inc. Kingston, Ontario, Canada</i>
10:15 AM–10:40 AM	<i>Bone Health</i> Michael R McClung, MD, FACP, FASBMR, FACE <i>Founding Director Oregon Osteoporosis Center Portland, Oregon</i>
10:40 AM–11:05 AM	<i>Cardiovascular Health</i> Chrisandra L Shufelt, MD, MS, FACP, NCMP <i>Chair, Division of General Internal of Medicine Associate Director, Women’s Health Research Center Mayo Clinic Jacksonville, Florida</i>
11:05 AM–11:30 AM	Q&A With Audience
12:15 PM–12:30 PM	Box Lunch Distribution for Registrants of the Main Program

12:30 PM–4:30 PM	Opening Symposium <i>Vasomotor Symptoms: What’s New, What Works</i>
12:30 PM–12:35 PM	<i>Welcome and Introductory Remarks</i> Rebecca C Thurston, PhD, FABMR, FAPS—Chair, 2022 Scientific Program Committee <i>Pittsburgh Foundation Chair in Women’s Health and Dementia</i> <i>Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science</i> <i>Director, Women’s Biobehavioral Health Research Program</i> <i>Director, Cardiovascular Behavioral Medicine Research Training Program</i> <i>University of Pittsburgh</i> <i>Pittsburgh, Pennsylvania</i>
12:35 PM–1:00 PM	<i>Epidemiology of Vasomotor Symptoms</i> Nanette F Santoro, MD <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology</i> <i>University of Colorado School of Medicine</i> <i>Anschutz Medical Campus</i> <i>Aurora, Colorado</i>
1:00 PM–1:25 PM	<i>Vasomotor Symptoms Physiology: It’s Hot!</i> Genevieve S Neal-Perry, MD, PhD <i>Department Chair and Robert A Ross Distinguished Professor of Obstetrics and Gynecology</i> <i>University of North Carolina</i> <i>Chapel Hill, North Carolina</i>
1:25 PM–1:45 PM	Q&A With Audience
1:45 PM–2:10 PM	<i>Thermoregulatory Disturbance: Implications for Sleep, Alertness, and Mental Health</i> Hadine Joffe, MD, MSc <i>Executive Director, Mary Horrigan Connors Center for Women’s Health and Gender Biology</i> <i>Paula A. Johnson Professor of Psychiatry in the Field of Women’s Health, Harvard Medical School</i> <i>Executive Vice Chair for Academic and Faculty Affairs, Department of Psychiatry</i> <i>Brigham and Women’s Hospital, Dana Farber Cancer Institute</i> <i>Harvard Medical School</i> <i>Boston, Massachusetts</i>
2:10 PM–2:35 PM	<i>Vasomotor Symptoms: Implications for Physical Health</i> Rebecca C Thurston, PhD, FABMR, FAPS—Chair, 2022 Scientific Program Committee <i>Pittsburgh Foundation Chair in Women’s Health and Dementia</i> <i>Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science</i> <i>Director, Women’s Biobehavioral Health Research Program</i> <i>Director, Cardiovascular Behavioral Medicine Research Training Program</i> <i>University of Pittsburgh</i> <i>Pittsburgh, Pennsylvania</i>
2:35 PM–3:05 PM	Q&A With Audience

3:05 PM–3:30 PM	Vasomotor Symptoms: What’s New, What Works? Pharmacologic Treatment Options Susan D Reed, MD, MPH, MS, NCMP Associate Research Director Women’s Reproductive Health Research Program Professor and Vice Chair Department of Obstetrics and Gynecology Adjunct Professor of Epidemiology University of Washington School of Medicine Seattle, Washington
3:30 PM–3:55 PM	Behavioral Treatment Options Janet S Carpenter, PhD, RN, FAAN Distinguished Professor and Audrey Geisel Endowed Chair in Innovation Indiana University School of Nursing Indianapolis, Indiana
3:55 PM–4:30 PM	Q&A With Audience
5:00 PM–5:15 PM	Welcome and Introductory Remarks
5:00 PM–5:05 PM	Chrisandra L Shufelt, MD, MS, FACP, NCMP—NAMS President Chair, Division of General Internal of Medicine Associate Director, Women’s Health Research Center Mayo Clinic Jacksonville, Florida
5:05 PM–5:15 PM	Rebecca C Thurston, PhD, FABMR, FAPS—Chair, 2022 Scientific Program Committee Pittsburgh Foundation Chair in Women’s Health and Dementia Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science Director, Women’s Biobehavioral Health Research Program Director, Cardiovascular Behavioral Medicine Research Training Program University of Pittsburgh Pittsburgh, Pennsylvania
5:15 PM–6:45 PM	Plenary Symposium 1—Presidential Symposium—Estrogen Over a Lifespan: The Impact on Cardiovascular Disease
	Chrisandra L Shufelt, MD, MS, FACP, NCMP—NAMS President—Moderator Chair, Division of General Internal of Medicine Associate Director, Women’s Health Research Center Mayo Clinic Jacksonville, Florida
5:15 PM–5:35 PM	Female-Specific Risk Factors for Cardiovascular Disease Erin D Michos, MD, MHS, FACC, FAHA, FASE, FASPC Associate Director of Preventive Cardiology Division of Cardiology Johns Hopkins University School of Medicine Baltimore, Maryland

5:35 PM–5:55 PM	Menopause Approach in Women With Cardiovascular Disease Leslie Cho, MD <i>Director, Cleveland Clinic Women’s Cardiovascular Center Section Head, Preventive Cardiology and Rehabilitation Chief Quality Officer, Robert and Suzanne Tomsich Department of Cardiovascular Medicine Professor of Medicine Cleveland Clinic Lerner School of Medicine, Case Western Reserve Medical School Cleveland, Ohio</i>
5:55 PM–6:15 PM	Estrogen Loss at an Early Age: Looking Back Before Moving Forward Chrisandra L Shufelt, MD, MS, FACP, NCMP <i>Chair, Division of General Internal of Medicine Associate Director, Women’s Health Research Center Mayo Clinic Jacksonville, Florida</i>
6:15 PM–6:45 PM	Q&A With Audience
7:00 PM–8:00 PM	President’s Reception <i>Supported by Astellas and TherapeuticsMD Premier Partners of the 2022 NAMS Annual Meeting</i>
Thursday, October 13, 2022	
7:00 AM–8:00 AM	Continental Breakfast for Registrants of the Main Program
8:15 AM–9:15 AM	Keynote Address
	Rebecca C Thurston, PhD, FABMR, FAPS—Moderator <i>Pittsburgh Foundation Chair in Women’s Health and Dementia Professor of Psychiatry, Psychology, Epidemiology and Clinical and Translational Science Director, Women’s Biobehavioral Health Research Program Director, Cardiovascular Behavioral Medicine Research Training Program University of Pittsburgh Pittsburgh, Pennsylvania</i>
8:15 AM–9:00 AM	The Impact of Perimenopause and Menopause on Weight Status: Through the Lens of Equity Fatima Cody Stanford, MD, MPH, MPA, MBA, FAAP, FACP, FAHA, FAMWA, FTOS <i>Associate Professor of Medicine and Pediatrics Obesity Medicine Physician-Scientist Equity Director, Endocrine Division, Department of Medicine Massachusetts General Hospital and Harvard Medical School Boston, Massachusetts</i>
9:00 AM–9:15 AM	Q&A With Audience

9:15 AM–10:45 AM	Plenary Symposium 2—<i>Hormone Therapy</i>
	Risa Kagan, MD, FACOG, CCD, NCMP—Moderator <i>Clinical Professor, Department of Obstetrics, Gynecology, and Reproductive Sciences</i> <i>University of California, San Francisco</i> <i>Sutter East Bay Medical Foundation</i> <i>Berkeley, California</i>
9:15 AM–9:35 AM	2022 NAMS Hormone Therapy Position Statement: Translating Guidelines to Practice Stephanie S Faubion, MD, MBA, FACP, NCMP, IF <i>Medical Director, The North American Menopause Society</i> <i>Professor and Chair, Department of Medicine</i> <i>Penny and Bill George Director, Mayo Clinic Center for Women’s Health</i> <i>Mayo Clinic</i> <i>Jacksonville, Florida</i>
9:35 AM–9:55 AM	Hormone Therapy in Chronic Medical Conditions and Comorbidities Jewel M Kling, MD, MPH, NCMP <i>Professor of Medicine</i> <i>Chair, Women’s Health Internal Medicine</i> <i>Associate Chair of Equity, Inclusion, and Diversity, Department of Medicine</i> <i>Mayo Clinic</i> <i>Scottsdale, Arizona</i>
9:55 AM–10:15 AM	Hormone Therapy for the Aging Transgender Woman Sarah R Pickle, MD <i>Associate Professor of Family Medicine</i> <i>Associate Division Director, Medical Education</i> <i>Department of Family Medicine</i> <i>University of Cincinnati College of Medicine</i> <i>Cincinnati, Ohio</i>
10:15 AM–10:45 AM	Q&A With Audience
11:00 AM–11:30 AM	Product Theater <i>Supported by</i> TherapeuticsMD <i>Premier Partner of the 2022 NAMS Annual Meeting</i>
10:45 AM–11:30 AM	Refreshment Break for Registrants of the Main Program
11:30 AM–12:30 PM	Plenary Symposium 3—<i>Mental Health</i>
	Claudio N Soares, MD, PhD, FRCPC, MBA—Moderator <i>Professor and Head, Department of Psychiatry</i> <i>Queen’s University School of Medicine</i> <i>Chair, Psychedelic Science Advisory Committee, Queen’s University</i> <i>Executive Lead, Strategy and New Partnerships</i> <i>Canadian Biomarker Integration Network in Depression (CAN-BIND)</i> <i>President and CEO, CAN-BIND Solutions, Inc.</i> <i>Kingston, Ontario, Canada</i>

11:30 AM–11:50 AM	<i>Psychedelics in Clinical Practice—From Stigma to Science</i> David Clements, BA, MPA <i>Executive Director, Dimensions Health Research Collaborative</i> <i>Senior Advisor for Innovation Strategy and Policy</i> <i>Queen's University Health Sciences</i> <i>Adjunct Professor, Health Sciences, Carleton University</i> <i>Ottawa, Ontario, Canada</i>
11:50 AM–12:10 PM	<i>Posttraumatic Stress Disorder: Prevalence and Treatment Options</i> Margaret McKinnon, PhD, CPsych <i>Homewood Research Chair in Mental Health and Trauma</i> <i>Professor and Associate Chair, Research, Department of Psychiatry and Behavioural Neurosciences</i> <i>McMaster University</i> <i>Research Lead, Mental Health and Addictions, St. Joseph's Healthcare Hamilton</i> <i>Guelph, Ontario, Canada</i>
12:10 PM–12:30 PM	Q&A With Audience
12:30 PM–12:45 PM	Box Lunches Distributed for Registrants of the Main Program
12:45 PM–2:15 PM	<i>Plenary Symposium 4—Controversies in Genitourinary Syndrome of Menopause</i>
	Cheryl Cox Kinney, MD, FACOG, NCMP—Moderator <i>Director, Center for Female Health and Hormone Disorders</i> <i>Medical City Dallas</i> <i>Dallas, Texas</i>
12:45 PM–1:20 PM	<i>Lasers and Technology in Genitourinary Syndrome of Menopause</i> Cheryl B Iglesia, MD <i>Director, Section of Female Pelvic Medicine and Reconstructive Surgery</i> <i>MedStar Washington Hospital Center</i> <i>Director, National Center for Advanced Pelvic Surgery, MedStar Health</i> <i>Professor of Obstetrics, Gynecology, and Urology, Georgetown University School of Medicine</i> <i>Washington, DC</i>
1:20 PM–1:55 PM	<i>Probiotics and the Vaginal Microbiome: Fact or Fiction?</i> Caroline Mitchell, MD, MPH <i>Associate Professor of Obstetrics, Gynecology, and Reproductive Biology</i> <i>Harvard Medicine School</i> <i>Physician Investigator, Obstetrics and Gynecology</i> <i>Mass General Research Institute</i> <i>Boston, Massachusetts</i>
1:55 PM–2:15 PM	Q&A With Audience
2:15 PM–3:00 PM	Refreshment Break for Registrants of the Main Program

2:30 PM–3:00 PM	Product Theater <i>Supported by</i> Pharmavite LLC
3:00 PM–4:30 PM	Plenary Symposium 5—Breast Cancer
	Lisa C Larkin, MD, FACP, NCMP, IF—Moderator <i>Founder and Chief Executive Officer</i> <i>Ms. Medicine</i> <i>Cincinnati, Ohio</i>
3:00 PM–3:30 PM	Survivorship in Breast Cancer Maryam B Lustberg, MD, MPH <i>Associate Professor of Internal Medicine, Medical Oncology</i> <i>Director, The Breast Center at Smilow Cancer Hospital</i> <i>Chief, Breast Medical Oncology, Yale Cancer Center</i> <i>Yale School of Medicine</i> <i>New Haven, Connecticut</i>
3:30 PM–4:00 PM	Nutrition and Prevention of Breast Cancer Dawn Mussallem, DO, DipABLM <i>Assistant Professor of Medicine</i> <i>Division of Hematology/Oncology, Department of General Internal Medicine</i> <i>Mayo Clinic College of Medicine</i> <i>Jacksonville, Florida</i>
4:00 PM–4:30 PM	Q&A With Audience
4:30 PM–6:00 PM	Concurrent Session 1—Oral Abstract Presentations
4:30 PM–4:45 PM	<i>Effects of Risk-reducing Oophorectomy for Hereditary Breast and Ovarian Cancer Syndrome: Depression and Anxiety Findings from the PROSper Study</i> Carolyn J Gibson, PhD, MPH
4:45 PM–5:00 PM	<i>Impact of Estrogen Dosing on Cardiovascular Disease Risk Parameters in Women Experiencing Early Menopause Due to Bilateral Oophorectomy</i> Ronée E Harvey, MD, PhD
5:00 PM–5:15 PM	<i>The Long-term Effects of Bilateral Oophorectomy on Progression of Subclinical Atherosclerosis in Healthy Postmenopausal Women</i> Irene J Chen, MS
5:15 PM–5:30 PM	<i>Circulating Lipid Response to an Experimental Model of Menopause That Involves Induction of Sleep Fragmentation and Hypoestrogenism in Women</i> Leilah Grant, PhD

5:30 PM–5:45 PM	<i>Effect of Sleep Restriction on Insulin Sensitivity and Energy Metabolism in Postmenopausal Women</i> Kara L Marlatt, PhD, MPH
5:45 PM–6:00 PM	<i>The Association Between Diabetes Type, Age of Onset, and Age at Natural Menopause: A Retrospective Cohort Study Using the Canadian Longitudinal Study on Aging</i> Vrati Mehra, MD
4:30 PM–6:00 PM	Concurrent Session 2—Oral Abstract Presentations
4:30 PM–4:45 PM	<i>Beneficial Effects of Vaginal Prasterone (DHEA) on the Vaginal Histology of Women with VVA Treated or Not with Aromatase Inhibitors: A Breakthrough in the Understanding of the Role of Androgens in Vaginal Health</i> Céline Bouchard, MD
4:45 PM–5:00 PM	<i>Change in Serum Estrogens in Postmenopausal Women Using a Vaginal Estradiol Tablet</i> Caroline M Mitchell, MD, MPH
5:00 PM–5:15 PM	<i>Changes in Serum Endogenous Estrogen Concentrations are Mediators of the Effect of Low-dose Estradiol on Vasomotor Symptoms</i> Katherine A Guthrie, PhD
5:15 PM–5:30 PM	<i>Difference in Venous Thromboembolism Risk between Combination 17β-Estradiol/Progesterone (E2/P4) and Conjugated Equine Estrogen/Medroxyprogesterone Acetate (CEE/MPA) as Assessed by US Claims Data</i> David F Archer, MD
5:30 PM–5:45 PM	<i>A Phase 3, Randomized, Placebo-controlled, Double-blind Study to Investigate the Long-term Safety and Tolerability of Fezolinetant in Women Seeking Treatment for Vasomotor Symptoms Associated with Menopause (SKYLIGHT 4)</i> Genevieve Neal-Perry, MD, PhD
5:45 PM–6:00 PM	<i>Brain Function and Verbal Memory Positively Associated with Endogenous Estradiol in Postmenopause</i> Rachel Schroeder, BS

4:30 PM–6:00 PM	Concurrent Session 3—International Leadership Session—Presentations from Mexican Leadership, Canadian Leadership, and International Menopause Society
	Marla Shapiro, CM, MDCM, CCFP, MHSc, FRCPC, FCFP, NCMP—Moderator <i>Professor, Department of Family and Community Medicine University of Toronto Toronto, Ontario, Canada</i>
4:30 PM–5:00 PM	Mexican Leadership—Mexican Association for the Study of Climacteric <i>El Papel del Médico en la Detección de Violencia en la Menopausia</i> <i>The Role of the Doctor in the Detection of Violence in Menopause</i> Dr Patricia Loranca Moreno Dr Alan Rios Espinosa
5:00 PM–5:30 PM	Canadian Leadership—Canadian Menopause Society <i>Synopsis of 2021 Canadian Menopause Guidelines and a Spotlight on Emerging Canadian Genitourinary Syndrome of Menopause Data</i> Wendy L Wolfman, MD, FRCS(C), FACOG, NCMP Celine Bouchard, MD
5:30 PM–6:00 PM	International Menopause Society Leadership <i>The International Menopause Society: A Global Vision for Midlife Women's Health</i> Ms. Rebecca Cheshire—CEO Steven R Goldstein, MD, NCMP—President
6:15 PM–7:15 PM	Poster Session and Wine and Cheese Reception for Registrants of the Main Program
Friday, October 14, 2022	
6:45 AM–7:45 AM	Continental Breakfast for Registrants of the Main Program
7:55 AM–8:30 AM	NAMS Annual Membership Town Hall
8:30 AM–9:30 AM	NAMS/Pfizer Wulf H Utian Endowed Lecture
	Alison J Huang, MD, MAS, MPhil—Moderator <i>Professor of Medicine University of California, School of Medicine, San Francisco San Francisco, California</i>

8:30 AM–9:15 AM	<i>Stress and Its Effect on Cardiovascular Health</i> Viola Vaccarino, MD, PhD <i>Wilton Looney Professor of Cardiovascular Research, Department of Epidemiology Rollins School of Public Health Professor, Division of Cardiology Emory School of Medicine Atlanta, Georgia</i>
9:15 AM–9:30 AM	Q&A With Audience
9:30 AM–11:00 AM	Plenary Symposium 6—<i>Sleep</i>
	Penny Z Castellano, MD, NCMP—Moderator <i>Professor, Emory Healthcare Associate Director and Chief Medical Officer The Emory Clinic and Emory Specialty Associates Atlanta, Georgia</i>
9:30 AM–10:00 AM	<i>Implications of Sleep Disturbances on Health</i> Phyllis C Zee, MD, PhD <i>Director, Center for Circadian and Sleep Medicine Chief of Sleep Medicine, Department of Neurology Benjamin and Virginia T Boshes Professor of Neurology Northwestern Medicine, Feinberg School of Medicine Chicago, Illinois</i>
10:00 AM–10:30 AM	<i>Identification and Treatment of Sleep Disorders: Behavioral and Pharmacologic</i> Daniel J Buysse, MD <i>University of Pittsburgh Medical Center Endowed Chair in Sleep Medicine Professor of Psychiatry and Translational Science University of Pittsburgh Pittsburgh, Pennsylvania</i>
10:30 AM–11:00 AM	Q&A With Audience
11:00 AM–11:45 AM	Refreshment Break for Registrants of the Main Program
11:15 AM–11:45 AM	Product Theater <i>Supported by</i> Astellas <i>Premier Partner of the 2022 NAMS Annual Meeting</i>
11:45 AM–12:45 PM	Plenary Symposium 7—<i>Bone Health and Prevention and Treatment of Osteoporosis</i>
	Makeba L Williams, MD, FACOG, NCMP—Moderator <i>Associate Professor and Vice Chair of Professional Development and Wellness Department of Obstetrics and Gynecology Washington University, St. Louis St. Louis, Missouri</i>

11:45 AM–12:05 PM	<i>The Gut-Bone Axis: How the Gut Microbiome Communicates With Bone</i> Roberto Pacifici, MD <i>Garland Herndon Professor of Medicine, Division of Endocrinology, Metabolism, and Lipids Division Director, Endocrinology and Metabolism Emory University School of Medicine Atlanta, Georgia</i>
12:05 PM–12:25 PM	<i>Osteoporosis Treatment Options</i> Andrea J Singer, MD, FACP, CCD <i>Director, Women's Primary Care Director, Bone Densitometry and Fracture Liaison Service Departments of Obstetrics and Gynecology and Medicine MedStar Georgetown University Hospital Washington, DC</i>
12:25 PM–12:45 PM	Q&A With Audience
12:45 PM–1:00 PM	Box Lunches Distributed for Registrants of the Main Program
1:00 PM–2:00 PM	Top-Scoring Abstract Presentations
1:00 PM–1:15 PM	<i>Efficacy and Safety of Estetrol (E4), A Promising New Treatment for Menopausal Vasomotor Symptoms: Results of Two Phase 3 Randomized, Double-Blind, Placebo-Controlled Trial</i> Wulf H Utian, MD, PhD, DSc(Med), FRCOG, FACOG, FICS
1:15 PM–1:30 PM	<i>The Progesterone Challenge Test (PCT) to Identify Populations at High Risk for Endometrial Cancer: A Systematic Review and Meta-analysis</i> Aline Talhouk, PhD
1:30 PM–1:45 PM	<i>Prospective Associations of Midlife HDL Metrics and Their Changes Since Midlife with Future Cognitive Performance: The Study of Women's Health Across the Nation (SWAN) HDL Ancillary Study</i> Meiyuzhen Qi, MPH
1:45 PM–2:00 PM	<i>The Severity of Individual Menopausal Symptoms, Cardiovascular Disease, and All-Cause Mortality in the Women's Health Initiative Observational Cohort</i> Matthew Nudy, MD
2:00 PM–3:30 PM	Plenary Symposium 8— <i>Intersectionality and Inclusivity in Midlife Women's Health</i>
	Gloria A Richard-Davis, MD, MBA, NCMP, FACOG—Moderator <i>Executive Director, Division of Diversity, Equity, and Inclusion Professor, Reproductive Endocrinology and Infertility, Department of Obstetrics and Gynecology University of Arkansas Medical Sciences Little Rock, Arkansas</i>

2:00 PM–2:30 PM	<i>Race-Related Stressors and Risk Factors for Coronary Heart Disease in African-American Women at Midlife</i> Tené T Lewis, PhD, FABMR, FAHA Associate Professor, Department of Epidemiology Rollins School of Public Health Emory University Atlanta, Georgia
2:30 PM–3:00 PM	<i>Disparities in the Menopause Transition</i> Makeba L Williams, MD, FACOG, NCMP Associate Professor and Vice Chair of Professional Development and Wellness Department of Obstetrics and Gynecology Washington University, St. Louis St. Louis, Missouri
3:00 PM–3:30 PM	Q&A With Audience
3:30 PM–4:15 PM	Refreshment Break for Registrants of the Main Program
3:45 PM–4:15 PM	Product Theater Supported by Avion Pharmaceuticals
4:15 PM–5:30 PM	Concurrent Session 1—Oral Abstract Presentations
4:15 PM–4:30 PM	<i>Menopausal Vasomotor Symptoms and White Matter Hyperintensities in Midlife Women</i> Rebecca C Thurston, PhD, FABMR, FAPS
4:30 PM–4:45 PM	<i>Traumatic Experiences and Hormone Concentrations Among Midlife Women</i> Mary Y Carson, MS
4:45 PM–5:00 PM	<i>Sociocultural, Behavioral, and Cardiovascular Disease Risk Factors Related to Vasomotor Symptoms Among Midlife Latinas</i> Yamnia I Cortés, PhD, MPH, FNP-BC, FAHA
5:00 PM–5:15 PM	<i>Psychosocial Factors and Menopause Symptoms are Associated with Hair Cortisol Levels in Midlife Latinas</i> Yamnia I Cortés, PhD, MPH, FNP-BC, FAHA
5:15 PM–5:30 PM	<i>Persistent Gap in Menopause Care 20 Years after the WHI in France: A Population-based Study of Menopause-related Symptoms and Their Management</i> Florence A Trémollières, MD, PhD

4:15 PM–5:30 PM	Concurrent Session 2—Oral Abstract Presentations
4:15 PM–4:30 PM	<i>A Pilot Trial of a Virtually-delivered Group Mindfulness Intervention for Midlife and Older Women With Low Libido</i> Holly N Thomas, MD, MS, NCMP
4:30 PM–4:45 PM	<i>Sexual Functioning of Peri- and Postmenopausal Women Veterans May Differ by Sexual Orientation</i> Anna E Blanken, PhD
4:45 PM–5:00 PM	<i>Association Between Vasomotor Symptom Frequency and Weight Gain in the Study of Women’s Health Across the Nation (SWAN)</i> Carolyn J Gibson, PhD, MPH
5:00 PM–5:15 PM	<i>Migraine and Sleep: What is the Association in Midlife Women?</i> Summer Ghaith, BS
5:15 PM–5:30 PM	<i>Experience of Menopause in the Workplace: Data from the Mayo Clinic Registry of Midlife Women</i> Ekta Kapoor, MBBS, FACP, NCMP
4:15 PM–5:30 PM	Concurrent Session 3—A Decade of MsFLASH Findings—Time to Get the Word Out
	<i>Introduction and Background</i> Andrea Z LaCroix, PhD Distinguished Professor of Epidemiology Director, Women’s Health Center of Excellence Herbert Wertheim School of Public Health and Human Longevity Science University of California San Diego San Diego, California <i>Study Designs and Methodology</i> Katherine A. Guthrie, PhD Professor, Cancer Prevention Program, Public Health Sciences Division Fred Hutchinson Cancer Research Center Seattle, Washington <i>Vasomotor Symptoms and Sexual Function</i> Susan D Reed, MD, MPH, MS, NCMP Associate Research Director, Women’s Reproductive Health Research Program Professor and Vice Chair Department of Obstetrics and Gynecology Adjunct Professor of Epidemiology University of Washington School of Medicine Seattle, Washington

	Sleep, Mood, and Quality of Life Hadine Joffe, MD, MSc <i>Executive Director, Mary Horrigan Connors Center for Women's Health and Gender Biology</i> <i>Paula A Johnson Professor of Psychiatry in the Field of Women's Health</i> <i>Executive Vice Chair for Academic and Faculty Affairs, Department of Psychiatry</i> <i>Brigham and Women's Hospital, Harvard Medical School</i> <i>Member, Dana Farber Harvard Cancer Center Breast Cancer Program</i> <i>Boston, Massachusetts</i> Vaginal Health Caroline M Mitchell, MD, MPH <i>Associate Professor, Obstetrics, Gynecology, and Reproductive Biology</i> <i>Director, Vulvovaginal Disorders Program</i> <i>Massachusetts General Hospital, Vincent Center for Reproductive Biology</i> <i>Boston, Massachusetts</i> MyMenoplan Leslie Snyder, PhD <i>Professor Emerita</i> <i>Department of Communication</i> <i>University of Connecticut</i> <i>Storrs, Connecticut</i>
5:45 PM–6:45 PM	Donor Cocktail Party
Saturday, October 15, 2022	
7:00 AM–8:00 AM	Continental Breakfast for Registrants of the Main Program
8:00 AM–8:15 AM	Announcement of Poster Prizes
8:15 AM–9:15 AM	NAMS/Kenneth W Kleinman Endowed Lecture
	Laurie S Jeffers, DNP, FNP-BC, NCMP—Moderator <i>Codirector, Center for Midlife Health and Menopause</i> <i>NYU Grossman School of Medicine</i> <i>Department of Obstetrics and Gynecology</i> <i>NYU Langone Health</i> <i>New York, New York</i>
8:15 AM–9:00 AM	Barriers Women Face in Academic Medicine: Are We There Yet? Leigh A Neumayer, MD, MS, FACS <i>Professor and Chair, Department of Surgery</i> <i>University of Florida, College of Medicine</i> <i>Jacksonville, Florida</i>
9:00 AM–9:15 AM	Q&A With Audience

9:15 AM–10:30 AM	Plenary Symposium 9—<i>Sexual Health</i>
	Sheryl A Kingsberg, PhD—Moderator <i>Chief, Division of Behavioral Medicine University Hospitals Cleveland Medical Center, MacDonald Women’s Hospital Professor, Departments of Reproductive Biology, Psychiatry, and Urology Case Western Reserve University School of Medicine Cleveland, Ohio</i>
9:15 AM–9:45 AM	<i>Sex and Cancer</i> Sharon L Bober, PhD <i>Founder and Director, Sexual Health Program Associate Professor of Psychology, Department of Psychiatry, Harvard Medical School Dana Farber Cancer Institute Boston, Massachusetts</i>
9:45 AM–10:15 AM	<i>Mindfulness and the Management of Low Desire and Vulvovaginal Pain in Women</i> Lori A Brotto, PhD, RPsych <i>Professor, Faculty of Medicine, Department of Obstetrics and Gynaecology Executive Director, Women’s Health Research Institute Canada Research Chair in Women’s Sexual Health The University of British Columbia, Diamond Health Care Centre Vancouver, BC, Canada</i>
10:15 AM–10:30 AM	Q&A With Audience
10:30 AM–10:45 AM	Refreshment Break for Registrants of the Main Program
10:45 AM–12:00 PM	Plenary Symposium 10—<i>Weight and Obesity</i>
	Nanette F Santoro, MD—Moderator <i>Professor and E Stewart Taylor Chair of Obstetrics and Gynecology University of Colorado School of Medicine Anschutz Medical Campus Aurora, Colorado</i>
10:45 AM–11:10 AM	<i>Obesity: Pharmacologic Treatment Options</i> Klara J Rosenquist, MD <i>Endocrinology and Obesity Medicine Physician Massachusetts General Hospital Weight Center Clinical Instructor, Harvard Medical School Boston, Massachusetts</i>
11:10 AM–11:35 AM	<i>Obesity: Behavioral Treatment Options</i> Rebecca Krukowski, PhD <i>Professor, Public Health Sciences Co-lead of the Community-Based Health Equity Research Program University of Virginia School of Medicine Charlottesville, Virginia</i>

11:35 AM–12:00 PM	Q&A With Audience
12:00 PM–1:00 PM	Plenary Symposium 11—<i>Top Things You Should Know This Year and Expert Panel</i>
	Samar R El Khoudary, PhD, MPH, BPharm, FAHA—Moderator <i>Associate Professor Department of Epidemiology Epidemiology Data Center University of Pittsburgh Pittsburgh, Pennsylvania</i>
12:00 PM–12:05 PM	Heather D Hirsch, MD, MS, NCMP <i>Lead Physician, Menopause and Midlife Clinic, Fish Center for Women’s Health Brigham and Women’s Hospital Instructor, Harvard Medical School Boston, Massachusetts</i>
12:05 PM–12:10 PM	Holly J Pederson, MD, NCMP <i>Director, Medical Breast Services, Cleveland Clinic Associate Professor of Medicine, Case Comprehensive Cancer Center Cleveland, Ohio</i>
12:10 PM–12:15 PM	Steven R Goldstein, MD, NCMP <i>Professor of Obstetrics and Gynecology New York University Grossman School of Medicine New York, New York</i>
12:15 PM–12:20 PM	JoAnn V Pinkerton, MD, NCMP <i>Professor of Obstetrics and Gynecology and Division Director of Midlife Health The University of Virginia Health System Charlottesville, Virginia</i>
12:20 PM–12:25 PM	Pauline M Maki, PhD <i>Professor of Psychiatry, Psychology, and Obstetrics and Gynecology Director of Women’s Mental Health Research Associate Director of the Center for Research on Women and Gender Program Director of the K12 BIRCWH Program University of Illinois at Chicago Chicago, Illinois</i>
12:25 PM–1:00 PM	Q&A With Audience