

Institute of Psychiatry, Psychology & Neuroscience Cognitive Remediation Therapy (CRT) for Anorexia Nervosa

	15 th April 2019		16 th April 2019
9.00-9.30	Registration and Refreshments	9.00-9.30	Refreshments
9.30-9.45	Welcome and plan of the day <i>Professor Kate Tchanturia</i>	9.30-10.00	Reflection on day one and questions <i>Professor Kate Tchanturia</i>
9.45-10.45	Introduction: What is CRT and why it could be useful in the context of anorexia nervosa <i>Professor Kate Tchanturia</i>	10.00-10.30	Adaption of CRT for Adolescents <i>Charlotte Rhind</i>
10.45-11.00	Session Outline	10.30-11.00	Evidence and gap in CRT related research <i>Professor Kate Tchanturia</i>
11.00-11.25	Refreshment Break	11.00-11.15	Refreshment Break
11.25-13.00	Role play and demonstration of CRT exercises	11.15-12.00	ASD in women <i>Dr Felicity Sedgewick</i>
13.00-14.00	Lunch	12.00-13.00	Lunch
14.00-14.25	Case studies – Inpatient individual work <i>Dr Claire Baillie</i>	13.00-13.30	ASD and eating disorders. Is there link? Why it is relevant to our work? <i>Emma Kinnaird</i>
14.25-15.00	Group format CRT for adults <i>Joanna Pearson</i>	13.30-14.00	What we are going to research next? Clinicians views on ASD and AN comorbidity
15.00-15.45	Assessment and outcome measures <i>James Adamson/Kate Tchanturia</i>	14.00-15.00	Translating research evidence in new interventions in addition to CRT <i>Professor Kate Tchanturia</i>
15.45-16.30	Cognitive Remediation individual format – what young people think <i>Dr Lucia Giombini</i>	15.00-16.00	Outcomes of the CRT and CREST in individual and group formats with and without ASD symptoms <i>James Adamson</i>
		16.00	Feedback and discussion