

Thursday, June 20

12:00 pm	Registration in Astor Foyer	
2:30 – 4:15 pm	Let Anatomy Be Your Guide to Safe, Effective, and Natural-looking Injections Moderated by Mary Lupo, MD and Rod J. Rohrich, MD <i>Cosmetic Bootcamp's hallmark cadaver lab focuses on anatomy and injection techniques to maximize safety and enhance results. Injections are shown side-by-side to the relevant anatomical region of the cadaver specimen.</i>  Jawline/Chin –Kian Karimi, MD Lips – Ivona Percec, MD Nose – Rod Rohrich, MD Periocular – José R. Montes, MD Forehead – Deborah Sherman, MD Temples – 2 approaches: ○ Deep injection - José R. Montes, MD ○ Superficial injection – Mary Lupo, MD Mid-face – 2 approaches: ○ Hyaluronic acid – Ivona Percec, MD ○ Bio stimulation agent – José R. Montes, MD	
4:15 – 4:45 pm	Break	
PROMOTIONAL SESSION		
4:45 – 5:30 pm <i>Not Eligible for CME</i>	TBD	
5:30 – 6:30 pm	Welcome Reception with the Exhibitors	

Friday, June 21

7:00 – 8:00 am	Breakfast with the Exhibitors	
EARLY BIRD SIP AND STUDY		
7:30 - 8:00 am	TBD	
8:00 – 8:05 am	20 Years: From Evolution to Revolution Welcome from the Co-Directors, Kenneth Beer, MD, Mary Lupo, MD & José R. Montes, MD	
Aging: Everyone is Doing It! Moderated by Ava Shamban, MD		
8:05 – 8:15 am	Neuroaesthetics: The Neurological Effects that Beauty Has on Our Brain	Ava Shamban, MD
8:15 – 8:30 am	A Modern Journey Through the Aging Process	Andreas Nikolas, MD
8:30 – 8:45 am	Aging by Decade	Ivona Percec MD
8:45 – 8:55 am	Multidimensional Facial Assessment: Uncovering the Aging and Unseen Secrets on our Faces	Deborah Sherman, MD
What’s Old is New Again: The Evolution of Toxins, Moderated by Deborah Sherman, MD		
9:00– 9:10 am	Neurotoxins in the Lower Face	Nowell Solish, MD
9:10 – 9:20 am	The Use of Botulinum Toxin Type A for Restoring Facial Symmetry	Vivian Bucay, MD

Friday, June 21, cont.

9:20 – 9:30 am	Neuromodulation of the Glabella: Precision, Effect and Patient Outcomes of 4 Different Neurotoxins, A Double Blinded Comparison	Ivona Percec, MD
9:30 – 9:45 am	Glabellar Injections Have We been Teaching it Wrong All Along	Nowell Solish, MD
9:45– 10:00 am	My Approach to Neurotoxin Injection	José R. Montes, MD
10:00– 10:15 am	Break with Exhibitors	
Live Patient Demos with Neurotoxins, Moderated by José Montes, MD		
10:15- 10:45 am	Lower Face, Mary Lupo, MD Masseter, and Jawline, Rod Rohrich, MD Glabellar, Nowell Solish, MD	
Filler Fundamentals, Moderated by Kavita Mariwalla, MD		
10:45 – 10:55 am	How I Incorporate Non-Surgical Procedures into My Practice Moderated by José R Montes, MD Panel: Deborah Sherman, MD, Rod Rohrich, MD, Kavita Mariwalla, MD	
10:55 – 11:05 am	Injectables for Skin Quality	Annie Chiu, MD
11:05 – 11:15 am	Microcannula Subcision and Retrograde Injection of HA Filler for Treatment of Vertical Lip Lines	Janine Hopkins, MD
11:15 – 11:25 am	Facial Shaping with Fillers	Amy Taub, MD
11:25 – 11:35 am	Proper Sequencing of Facial Fillers to Maximize Results while Using Minimal Fillers	Rod Rohrich, MD
11:35 – 11:45 am	Microcannulas for Injection of Facial Fillers	Kian Karimi, MD
11:45 – 11:55 am	Filler Blending and Mixing: Theory and Methods of a Not So Mad Scientist	Mary Lupo, MD
Live Patient Demos with Fillers		
11:55 am – 12:15 pm	Lips, Janine Hopkins, MD Chin and Marionettes – Nikolas Jawline – Ivona Percec, MD	
12:15 – 12:45 pm	Lunch with Exhibitors	
LUNCH AND LEARN NON CME SESSIONS - Bring your lunch and keep on learning!		
12:45 – 1:00 pm Not eligible for CME	New Innovations with SkinCeuticals: Cell Cycle Catalyst José R. Montes, MD	
1:00 1:15 pm Not eligible for CME	TBD	
1:15 – 1:45 pm	Dessert in Exhibit Hall – stretch your legs before you settle in for the afternoon sessions RAFFLES GIVEN AWAY IN THE EXHIBIT HALL!!	
1:45 - 2:05 pm	AI and Aesthetics: Today and Tomorrow	Eleanor Jones

Friday, June 21, cont.

Skin Deep, Moderated by Ava Shamban, MD

2:05 – 2:15 pm	Novel Ingredients and Devices for Managing Pigment	Corey Hartman, MD
2:15 – 2:25 pm	Updating the Fitzpatrick Scale	Kavita Mariwalla, MD
2:25 – 2:40 pm	Revisiting the deep chemical peel - patient selection and expected results	Ivona Percec, MD
2:40 – 2:55 pm	Evening and Brightening Skin Tones with the Latest Updated Cosmeceuticals	Jeanine Downie, MD
3:00 – 3:15 pm	Break with Exhibitors	

Genetics and Dermatology: An Introduction, Moderated by Mary Lupo, MD

3:35 – 3:50 pm	Utility of Precision Medicine in Aesthetics: How to let genetic testing guide our modern practices in aesthetics to achieve enhanced results	Sara Mahdavi, PhD
3:50 – 4:10 pm	A Primer to Incorporating Genetics into your Practice, Moderated by Sara Mahdavi, PhD Panel: Mary Lupo, MD, Ivona Percec, MD, Kavita Mariwalla, MD, Corey Hartman, MD	

LIVE Patient Demos - Peels and In-office Skin Care, Moderated by Diane Berson, MD

4:10 – 4:30 pm	The Great CBC Peel-Off – Faculty compare and contrast their favorite peels	
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When Bad Things Happen to Good Injectors, Moderated by Steve Fagien, MD, MD

4:30 – 4:40 pm	Recognizing Danger Zones: Enhancing Safety Outcomes at the Periocular Zone	José R. Montes, MD
4:40 – 4:50 pm	Complication Avoidance with Aspiration: The results of an international multicenter clinical trial	Andreas Nikolas, MD
4:50 – 5:10 pm	Vascular Occlusion: Where do we stand now with treatment recommendations and what can we do better: Three Perspectives	Kenneth Beer, MD Ivona Percec, MD Deborah Sherman, MD
5:10 – 5:30 pm	Discussion and Q&A, Moderated by Jose Montes, MD Panel: Kenneth Beer, MD, Ivona Percec, MD, Andreas Nikolas, MD, Deborah Sherman, MD	
5:30 – 6:30 pm	Reception with Exhibitors	

Saturday, June 22

7:00 – 8:00 am Breakfast with the Exhibitors

EARLY BIRD SIP AND STUDY

Begin your day with a sumptuous breakfast, including a specialty coffee bar to energize your morning and set the stage for a thought provoking presentation.

7:00 – 7:30 am
Not eligible for CME

The Future is Now, Moderated by Elenor Jones

8:00 – 8:15 am	Body Sculpting Enhancement via DNA-based Diets	Sara Mahdavi, PhD
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Saturday, June 22, cont.

8:15 – 8:25 am	Regenerative Medicine	Amy Taub, MD
8:25– 8:35 am	Using AI to Maximize Efficiency in you Praticce	Kavita Mariwalla, MD
8:35 – 9:00 am	What Does the Future Hold: AI and More, Moderated by Eleanor Jones Panel: Amy Taub, MD Kavita Mariwalla, MD, Sara Mahdavi, MD	
Beyond the Needle: Devices and Novel Techniques to Enhance Skin Tone, Texture and Laxity, Moderated by Annie Chiu, MD		
9:00 - 9:10 am	The Magic of Microneedling	Corey Hartman, MD
9:10 – 9:20 am	Polydioxanone threads - Review of Advanced Techniques and Long Term Follow-up and Outcomes	Kian Karimi, MD
9:20 – 9:30 am	Combining Microneedling with Topical Application and injections of PRP Hyperblended with Calcium Hydroxyl Appetite for Facial Rejuvenation	Janine Hopkins, MD
9:30 – 10:00 am	Break with Exhibitors	
Live Patient Demos for Facial Rejuvenation		
10:00 – 11:00 am	Fractional RF with Microneedling, TBD Threads, TBD PRP, TBD Microneedling Combined with Injectables, Janine Hopkins, MD Microcoring, Rod Rohrich, MD	
Body Contouring, Moderated by Corey Hartman, MD		
11:00 – 11:10 am	The Body Consult: Crepey, Dimpled and Rippled, Oh My!	Mary Lupo, MD
11:10 – 11:20 am	Non-invasive Fat Removal	Jeanine Downie, MD
11:20 – 11:40 am	TBD	Vivian Bucay, MD
11:40 am – 12:00 pm	Device and Novel Therapies DEMOS	
	Cellulite Abdomen Body Tightening TBD	
12:00 – 12:30 pm	KEYNOTE SPEAKER Edward Rodriguez, MD	
12:30 – 1:00 pm	Lunch with Exhibitors	
1:00 – 1:30 pm	DEI Panel Talk	
1:30 – 2:00 pm	Practice Evolution/Revolution: What is One Thing I Don't Do Anymore, Why and What Replaced It, Moderated by Diane Berson, MD Panel: Deborah Sherman, MD, Rod Rohrich, MD, José R. Montes, MD, Kenneth Beer, MD, Ava Shamban, MD, Mary Lupo, MD	

Saturday, June 24, cont.

2:00 – 2:30 pm	One Hit Wonders: My Favorite Treatment for Maximum Impact – Injectable or Device, with video Mary Lupo, MD Joe Montes, MD Vivian Bucay, MD Annie Chiu, MD		
From the Inside Out: The Impact of Diet, Genetics and Lifestyle on the Skin			
2:30 – 2:40 pm	The Role of DNA Repair Enzymes in Skin Care and Skin Wellness	Vivian Bucay, MD	
2:40 – 2:50 pm	Clock Genes and Skincare: How Our Skin's Circadian Rhythm Plays into Skincare	Ava Shamban, MD	
2:50 – 3:00 pm	Menopause and Your Skin Health	Diane Berson, MD	
3:00 – 3:10 pm	Dermatonutrigenomics: The Futuristic Way to Feed Your Natural Beauty by uncovering the Secrets in Your Genes	Sara Mahdavi, MD	
3:10 – 3:40 pm	5 in 5: My Top Five Skincare Products and Supplements Products, Moderated by Diane Berson, MD Panel: Vivian Bucay, MD, Jeanine Downie MD, Mary Lupo MD, Jose Montes, MD, Ava Shamban, MD		
3:40 – 4:00 pm	<i>Final Chance to see the exhibitors – enjoy a healthy smoothie and make those last-minute connections with industry!</i> <i>RAFFLES GIVEN AWAY IN THE EXHIBIT HALL!!</i>		
Moderate Tear Troughs: A-Z Advanced Primer Module, Moderated by Andreas Nikolas, MD			
4:00 – 4;10 pm	A Balanced Formula for a Successful Tear Trough Injection	José R. Montes, MD	
4:10 – 4:20 pm	The Eyes Have it! Breaking Down What Makes Your Eyes Beautiful	Deborah Sherman, MD	
4:20 – 4:30 pm	TBD	Steve Fagien, MD	
4:30 – 4:50 pm	Around the Eyes: Thumbs Up or Down Game Show, Moderated by Deborah Sherman, MD and José R. Montes, MD Panel: Steven Fagien, MD, Kavita Mariwalla, MD, Andreas Nikolas, MD, Kian Karimi, MD		
4:50 – 5:30 pm	Tips to Transform Your Practice: The Best Business Decision I Ever Made Moderated by Nowell Solish, MD Kian Karimi, MD, Jeanine Downie, MD, Mary Lupo, MD, Ava Shamban, MD		
5:00 – 6:00 pm	<i>Reception in the Courtyard</i> <i>Sponsored by Nutrafol</i>		

Sunday, June 23

7:00 – 8:00 am	Breakfast	
Sunday Morning Wrap Up		
8:00 – 9:00 am	Nutrigenomics: A Deeper Dive	Sara Mahdavi, PhD

Sunday, June 23, cont

9:00 – 9:20 am	Emergency !: Simulation of a Catastrophic Vascular Event with Visual Compromise	Jose R. Montes, MD Deborah Sherman, MD
9:20 –10:30 am	To Be or Not to Be: Pearls for Success in Your Practice (Things Your Momma Never Told You) Moderated by Jose R. Montes, MD and Deborah Sherman, MD ○ Aesthetic Services: To Delegate or Not to Delegate Ava Shamban, MD VS. Kenneth Beer, MD ○ Marketing: Who, How, What Works Best Corey Hartman, MD VS. Kavita Mariwallah, MD ○ To Tik Tok or Not to Tik Tok - The Whole Enchilada of Social Media TBD VS. TBD ○ To Sell or Not to Sell My Practice. Mary Lupo, MD VS. Annie Chiu, MD	
10:30 – 11:00 am	The Best of CBC: A Retrospective of past years and a glimpse into the Future, Moderated by Mary Lupo, MD and Kenneth Beer, MD Panel: Deborah Sherman, MD, Ava Shamban, MD, José R. Montes, MD	