

AAAM LEVEL 1 CERTIFICATE COURSE in AESTHETIC MEDICINE FOR NP, PA and RN

May 18-19, 2019
Dallas, Texas

Faculty: [John Kim, MD](#) (USA); [David Melamed, MD](#) (USA)

DAY 1: Saturday, May 18, 2019. Faculty: John Kim, MD
FUNDAMENTALS OF AESTHETIC MEDICINE

07:30 – 08:30 **Registration and Continental Breakfast**

08:30 – 10:30 **Introduction to the World of Aesthetic
Medicine**

- What does Aesthetic Medicine mean?
- Ethical practices in Aesthetic Medicine
- Skin anatomy
- Skin conditioning: Pre and post procedure

10:30 – 11:00 **COFFEE BREAK**

11:00 – 12:30 **Chemical Peelings**

- How does it work?
- Client selection, indications and contra-indications
- Patient preparation and post procedure recommendations
- Clinical pearls, prevention and treatment of complications

12:30 – 13:30 **LUNCH**

13:30 – 15:30 **Cosmetic Dermatology**

- Skin aging and sun damage
- Sun protection
- Lasers, IPL and other Light Based Devices (LBD)
 - How does it work?

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- Patient selection, indications and contra-indications
 - Patient preparation and post procedure recommendations
 - Clinical pearls, prevention and treatment of complications
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15:30 – 16:00

COFFEE BREAK

16:00 – 16:15

Questionnaire on Today's Topics

16:15 – 17:30

Faculty Demonstration and Hands-on Workshop on Chemical Peelings

Day 2: Sunday, May 19, 2019. Faculty: David Melamed, MD
BOTULINUM TOXIN TYPE A AND DERMAL FILLERS

08:00 – 08:30 **Continental Breakfast**

08:30 – 10:30 **Introduction to Botulinum Toxin Type A**

- Anatomy of facial muscles
- How does Botulinum Toxin work
- What is on the market today
- Handling, reconstitution and storage of injectable solution
- Client selection, indications and contra-indications
- Patient preparation and post procedure recommendations
- Clinical pearls, prevention and treatment of complications

10:30 – 11:00 **COFFEE BREAK**

11:00 – 12:30 **Instruction Video and Faculty Demonstration and Hands-On Workshop in Botulinum Toxin Type A Injections**

12:30 – 13:30 **LUNCH**

13:30 – 15:30 **Dermal Fillers**

- How do Dermal Fillers work
- Types of Fillers and indications
- Client selection, indications and contra-indications
- Patient preparation and post procedure recommendations
- Clinical pearls, prevention and treatment of complications

15:30 – 16:00 **COFFEE BREAK**

16:00 – 16:15 **Questionnaire on Day 1 and Day 2 Topics**

16:15 – 17:30 **Video on Dermal Filler Injection Instruction Video and Faculty Demonstration and Hands-On**

Workshop in Dermal Fillers
