

CHICAGO

SPORTS MEDICINE SYMPOSIUM
WORLD SERIES OF SURGERY

2018

FRIDAY, SEPTEMBER 7, 2018

6:00 AM Registration Breakfast with Exhibitors GREAT LAKES GRAND BALLROOM MICHIGAN BALLROOM

GREAT LAKES GRAND BALLROOM
7:00 AM Live Surgery Broadcast
Arthroscopic Stabilization
Arthroscopic Rotator Cuff Repair
Moderator: Brian J. Cole, MD & Kevin E. Wilk, MD
Surgeon: Gregory P. Nicholson, MD
Surgeon: Nikhil N. Verma, MD

SESSION I: Shoulder Instability Moderator: Robert A. Arciero, MD

GREAT LAKES GRAND BALLROOM
8:10 AM First Time Shoulder Instability: Why I Fix These Robert A. Arciero, MD
8:16 AM Surgical Stabilization: Not So Fast JT Tokish, MD
8:22 AM Non-op Rehab and Return to Sport of the In-Season Athlete Matthew Gauthier, PT, DPT
8:28 AM Glenoid Bone Loss: You Can Measure This Rachel M. Frank, MD
8:34 AM Shoulder Instability Evolved: My Treatment Algorithm Mark H. Getelman, MD
8:42 AM Open is Not a Four-Letter Word! Brian Wolf, MD
8:50 AM Shoulder Stabilization: Get Me Back to Play! Kevin E. Wilk, PT DPT
8:58 AM Complex Posterior and MDI: All My Tricks Scott W. Trenhaile, MD
9:06 AM Revision Instability Repair: What Went Wrong? Grant Garrigues, MD
9:14 AM Bone Reconstruction: Latarjet and More Matthew T. Provencher, MD
Moderator: Nikhil N. Verma, MD
Panel: Matthew T. Provencher, MD
JT Tokish, MD
Brian Wolf, MD
Kevin E. Wilk, DPT
Robert A. Arciero, MD

9:50 AM Coffee Break with Exhibitors MICHIGAN BALLROOM
SESSION II: Shoulder continued Moderator: Gregory P. Nicholson, MD

GREAT LAKES GRAND BALLROOM
10:20 AM Non-Operative Management of Rotator Cuff Tears: Who Needs Surgery? Julie Bishop, MD
10:28 AM Rotator Cuff Repair: Maximize Biomechanics Brian R. Waterman, MD
10:36 AM Rotator Cuff Repair: We Need Biology! Brian J. Cole, MD
10:42 AM Sometimes You Just Gotta Reverse It... Gregory P. Nicholson, MD
10:50 AM Massive Cuff: My Treatment Algorithm JT Tokish MD
10:58 AM Massive Cuff: We Can Fix These If You Know How L. Pearce McCarty, III, MD
11:06 AM Tendon Transfer for Massive Cuff: Why You Should Learn This Bassem T. Elhassan, MD
11:14 AM Rehab Following Tendon Transfer Allison M. Mumbleau, PT
11:20 AM Massive Cuff: Use a Patch Mark H. Getelman, MD
11:28 AM Rehab After Cuff Repair: How Fast Can I Go? Michael Reinold PT, DPT, SCS, CSCS
Moderator: Brian J. Cole, MD
Panel: Julie Bishop, MD
Bassem T. Elhassan, MD
Gregory P. Nicholson, MD
Mark H. Getelman, MD
Brian Waterman, MD

12:00 PM Lunch GREAT LAKES GRAND BALLROOM FOYER
GREAT LAKES GRAND BALLROOM

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12:10-1:00 PM Live Surgery Broadcast

Rotator Cuff Repair with Patch
Resurfacing Shoulder Arthroplasty

Moderators:

Nikhil N. Verma, MD & Matthew Gauthier, DPT

Surgeon: Scott W. Trenhaile, MD

Surgeon: Gregory P. Nicholson, MD

SESSION III: Concurrent Sessions

Physician Track

GREAT LAKES GRAND BALLROOM

SLAP/Biceps/Overhead Athlete

Moderator: Nikhil Verma, MD

- 1:00 PM Evaluating the Shoulder in the Throwing Athlete
John E. Conway, MD
- 1:08 PM Rehab of the Throwing Shoulder: Surgery is the
Last Choice
Mike Reinold PT, DPT, SCS, CSC
- 1:16 PM SLAP Lesions: Pathology or Anatomy
Nikhil N. Verma, MD
- 1:24 PM Biceps Pathology: How I Diagnose and How I
Manage
Larry D. Field, MD
- 1:32 PM AC Joint Instability: It's a Biplanar Problem
Robert A. Arciero, MD
- 1:40 PM Return to Throwing: Here's How You Get Them
There
Kevin E. Wilk, PT, DPT
- 1:50 PM Case Presentations, Question and Answer
Moderator: JT Tokish, MD
- 2:00 PM Panel: Eric J. Strauss, MD
John E. Conway, MD
Larry D. Field, MD
Kevin E. Wilk, DPT
Live Surgical Demo
Moderator: Larry D. Field, MD & Russ Paine, PT
- 2:20 PM Arthroscopic Biceps Tenodesis: Nikhil N. Verma, MD
Subpectoral Tenodesis: Brian J. Cole, MD

Physical Therapy Track

ONTARIO BALLROOM

Moderator: Kevin E. Wilk, PT, DPT

- 1:00 PM Shoulder Physical Exam
Brian J. Cole, MD, MBA &
Kevin E. Wilk, PT, DPT
- 1:40 PM Rehabilitation of the Stiff and
Painful Shoulder; Techniques to
Restore Motion Matthew Gauthier
DPT
- 2:00 PM Scapular Dyskinesis; Recognition &
Rehabilitation
Russ Paine, PT
- 2:20 PM Rehab Techniques for the Patient
with Shoulder Impingement
Kevin E. Wilk, DPT
- 2:40 PM Rehabilitation Following Rotator
Cuff Surgery
George J. Davies, DPT

3:00-3:30 PM Coffee Break with Exhibitors

MICHIGAN BALLROOM

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Surgical Technique Spotlight Session

Moderator: Matthew T. Provencher, MD

- 3:30 PM Partial Rotator Cuff Tear: What Do I Do?
Scott W. Trenhaile, MD
- 3:36 PM Subscapularis Repair Made Easy
Larry D. Field, MD
- 3:42 PM Massive Cuff: Anatomy and Mobilization
Grant Garrigues, MD
- 3:48 PM Superior Capsular Reconstruction
Mark H. Getelman, MD
- 3:54 PM Arthroscopic Assisted Trapezius Tendon Transfer
Bassem T. Elhassan, MD
- 4:00 PM Advanced Arthroscopic Instability Repair
Nikhil N. Verma, MD
- 4:06 PM SLAP Tears: If You Are Going to Fix It, Here Is How
John E. Conway, MD
- 4:12 PM Remplissage
Brian Wolf, MD
- 4:18 PM Allograft Reconstruction of the Shoulder
Matthew T. Provencher, MD
- 4:24 PM Suprascapular Nerve Decompression: Should I Do It and How?
L. Pearce McCarty, III, MD
- 4:30 PM AC Joint: My Surgical Technique with Graft
Rachel M. Frank, MD
- 4:36 PM Clavicle Fractures: Should We Be Fixing More and How?
Eric J. Strauss, MD
- 4:42 PM Question and Answer Session
Moderator: Gregory P. Nicholson, MD

5:00 PM CME Session adjourns

Physical Therapy Track Part 2

Moderator: George J. Davies, DPT

- 3:30 PM Non-operative Rehabilitation of SLAP & Shoulder Instability Lesions
Russ Paine, PT
- 3:50 PM Shoulder Return to Play Criteria
Objective Test Methods
George J. Davies, DPT
- Case Studies & Open Discussion
- 4:10 PM Moderator: Kevin E. Wilk, DPT
Panel: Russ Paine PT & George J. Davies, DPT

Everyone is invited to join us for the
WELCOME RECEPTION
5:30 – 7:00 PM
Drinks & Hor'Douvres SERved

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SATURDAY, SEPTEMBER 8, 2018

**6:00 AM REGISTRATION
BREAKFAST WITH EXHIBITORS**

**GREAT LAKES BALLROOM FOYER
MICHIGAN BALLROOM**

GREAT LAKES BALLROOM

7:00 AM Live Surgery Broadcast
Cartilage Procedure
Hip Arthroscopy Labral Repair

Moderators:
Geoffrey Van Thiel, MD & Richard C. Mather, MD
Surgeon: Brian J. Cole, MD, MBA
Surgeon: Shane J. Nho, MD, MS
Moderator: Adam B. Yanke, MD

SESSION IV: Knee Cartilage

GREAT LAKES BALLROOM

8:10 AM	OCD Lesion: Diagnosis, Evaluation and Management	Geoffrey Van Thiel, MD
8:17 AM	Microfracture: Is There a Role in 2018 and How?	Jack Farr, II, MD
8:24 AM	Surface Options for Articular Cartilage Reconstruction: Established and Emerging	Andreas H. Gomoll, MD
8:31 AM	Osteochondral Grafts: Best Indications Based on Defect Characteristics	Christian Lattermann, MD
8:38 AM	Osteotomies and Articular Cartilage Lesions: Indications in 2018	Jack Farr, II, MD
8:46 AM	Patellofemoral Pain and Articular Injury: What Can We Do?	Adam B. Yanke, MD
8:52 AM	Biologics Along the Spectrum of Cartilage Disease: From Defects to Arthritis	Brian J. Cole, MD, MBA
9:02 AM	Rehabilitation of the Cartilage Deficient Knee	George J. Davies, DPT Moderator: Brian J. Cole, MD, MBA Panel: Adam B. Yanke, MD
9:12 AM	Case Presentations, Question and Answer	Jack Farr, II, MD Andreas H. Gomoll, MD Christian Lattermann, MD George J. Davies, DPT

9:30 AM COFFEE BREAK WITH EXHIBITORS

MICHIGAN BALLROOM

Session V: ACL Injuries

Moderator: Brian J. Cole, MD

GREAT LAKES BALLROOM

10:00 AM	ACL Injuries: Can They Be Prevented?	Timothy Hewett, PhD
10:20 AM	ACL Anatomy: From the Cadaver to the Camera	Brian Forsythe, MD
10:26 AM	ACL Grafts: How Do I Choose?	Aaron J. Krych, MD
10:32 AM	AM and Accessory Portal Techniques	Michael Ellman, MD
10:38 AM	Trans tibial Reconstruction: Is it Still Relevant?	Nikhil N. Verma, MD
10:44 AM	ACL Revision: My Bag of Tricks	Seth L. Sherman, MD
10:50 AM	Extra-Articular Augmentation: What's the Evidence?	Alan Getgood, MD, FRCS
10:56 AM	ACL Outcomes: Are We Doing Better?	Kevin F. Bonner, MD, FAAOS
11:02 AM	5 Keys to Successful Return to Sport After ACL-R	Kevin E. Wilk, PT, DPT Moderator: Kevin F. Bonner, MD, FAAOS Panel: Michael Ellman, MD
11:12 AM	Case Presentations, Question and Answer	Timothy Hewett, PhD Alan Getgood, MD, FRCS Brian J. Cole, MD

11:40 AM LUNCH

GREAT LAKES BALLROOM FOYER

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GREAT LAKES BALLROOM

12:00-1:00 PM Live Surgery Broadcast

MPFL Reconstruction
ACL Reconstruction (AM Technique)

Moderator: Seth L. Sherman MD

Surgeon: Adam B. Yanke, MD
Surgeon: Brian Forsythe, MD

SESSION VI: CONCURRENT SESSIONS

Physician Track

GREAT LAKES BALLROOM

Meniscus Moderator: Andreas Gomoll, MD

Patellofemoral Moderator: Seth L. Sherman, MD

- 1:00 PM Meniscus Repair: Common Techniques, Outcomes & Evidence
Robert A. Arciero, MD
- 1:06 PM Complex Meniscus Repair: Root, Radial, Revision
Aaron Krych, MD
- 1:12 PM Meniscus Transplant: A Decade of Experience
Brian J. Cole, MD, MBA
- 1:20 PM MCL: Conservative? Repair? Reconstruct?
Technique and Evidence
Christian Lattermann, MD
- 1:26 PM LCL/PLC: How to Evaluate and How to Fix
Alan Getgood, MD, FRCS
- 1:32 PM Contemporary PCL Reconstruction: How I Do It
Michael Ellman, MD
Complex Knee Cases
- 1:38 PM **Moderator:** Alan Getgood, MD, FRCS
Panel: Michael Ellman, MD
Brian J. Cole, MD
Aaron J. Krych, MD
Robert A. Arciero, MD
- 1:58 PM First Time Patellar Dislocation
Seth Sherman, MD
- 2:05 PM MPFL: Anatomy, Reconstruction, and Why it Matters
Adam B. Yanke, MD
- 2:11 PM Patellar Instability: Looking Outside the MPFL
(Alta/Dysplasia/Malalignment)
Jack Farr, II, MD
- 2:17 PM Rehab for Patellofemoral Problems: It's Complicated
George J. Davies, DPT
- 2:23 PM Trochleoplasty: When and How?
Andreas Gomoll, MD

Physical Therapy Track

ONTARIO BALLROOM

Moderator: Kevin E. Wilk, PT, DPT

- 1:00 PM ACL Rehab: Slower is Better and here is the Data
Lynne Snyder-Mackler, PT
- 1:20 PM ACL Rehab: Faster is Better & Here's the Proof
Kevin E. Wilk, PT, DPT
Return to Play Criteria: Objective
- 1:40 PM Testing
Lynne Snyder-Mackler, PT & George J. Davies, DPT
- 2:00 PM Bridging the Gap: Rehabilitation to Physical Preparation
Dave Heidloff, ATC, FMS, PES
- 2:20 PM Question and Answer Session

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Patella: Good, Bad and Ugly

Moderator: Adam B. Yanke, MD

Panel: Jack Farr, II, MD

Seth Sherman, MD

Christian Lattermann, MD

George J. Davies, DPT

Geoffrey Van Thiel, MD

2:29 PM

2:20 PM Question and Answer Session

2:50 PM COFFEE BREAK WITH EXHIBITORS

MICHIGAN BALLROOM

Moderator: John D. Kelly, IV, MD

Moderator: Kevin E. Wilk, PT, DPT

3:20 PM Distal Biceps Repair: Contemporary Options
John J. Fernandez, MD

3:26 PM Elbow Arthroscopy: My Top 5 Pearls for Success
Larry D. Field, MD

3:32 PM Lateral Epicondylitis: Arthroscopic Management
John D. Kelly, IV, MD

3:38 PM Elbow OCD: Indications and Technique for
Arthroscopic Management
Gregory P. Nicholson

3:44 PM Ulnar Nerve: What Should I Do?
John J. Fernandez, MD

3:50 PM UCL Update 2018
Mark Cohen, MD

3:57 PM UCL Repair with Internal Brace
John E. Conway, MD
Elbow Case Presentations, Question & Answer
Moderator: Gregory P. Nicholson, MD

4:05 PM **Panel:** John E. Conway, MD
L. Pearce McCarty, III, MD
Michael Reinold, PT
Mark S. Cohen, MD

4:40pm The Throwing Program Demystified
Kevin E. Wilk, PT, DPT

3:20 PM Pearls and Pitfalls for Post-Op Hip
Arthroscopy & Hip Disorders
Melissa Strzelinski, PT, MPT,

3:40 PM Pilates for Athletes
Katie Lemmon MS, ATC

4:00 PM Rehabilitation Following UCL
Reconstruction & UCL Repair
Kevin E. Wilk, PT, DPT

4:15 PM Blood Flow Restriction
Jennifer Ann Tymkew, ATC

4:30 PM PT's to return to MD forum for
The Throwing Program Demystified
Kevin E. Wilk, PT, DPT

5:00 PM SESSION ADJOURNS

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SUNDAY, SEPTEMBER 9, 2018

**6:00 AM REGISTRATION
BREAKFAST WITH EXHIBITORS**

**GREAT LAKES BALLROOM FOYER
MICHIGAN BALLROOM**

SESSION VII: Hip

Moderator: Shane J. Nho, MD, MS

GREAT LAKES BALLROOM

7:00 AM FAIS Can Be Treated Without Surgery
7:10 AM FAIS Should Only Be Treated with Surgery
7:20 AM It's All About the Labral Repair
7:30 AM It's All About the Correction of FAIS
7:40 AM Pincer Impingement: Diagnostic Imaging and Surgical Treatment
7:50 AM Subspine Impingement: Pearls and Pitfalls
8:00 AM Arthroscopic Treatment of Borderline Dysplasia
8:10 AM Open Hip Surgery for Borderline Dysplasia
8:20 AM Treatment Options for Mild Hip Osteoarthritis
8:30 AM Treatment of Cartilage Injuries in the Hip
8:40 AM Labral Reconstruction: Fact or Fiction
8:50 AM Rehabilitation After Hip Arthroscopy & Open Hip Surgery
FAI, Labrum Case Presentations, Question and Answer

Bradley Allison, PT, DPT, OCS
Allston J. Stubbs, MD
Carlos A. Guanche, MD
Joshua Harris, MD
Michael Ellman, MD
Richard C. Mather, MD
Shane J. Nho, MD, MS
Joel C. Williams, MD
Joshua Harris, MD
Thomas H. Wuerz, MD
Michael Ellman, MD
Melissa Strzelinski, PT, MPT

9:00 AM

Moderator: Shane J. Nho, MD, MS

Panel: Allston J. Stubbs, MD
Michael Ellman, MD
Thomas H. Wuerz, MD
Carlos A. Guanche, MD
Richard C. Mather, MD
Joshua Harris, MD
Joel C. Williams, MD
Melissa Strzelinski, PT, MPT

9:30 AM COFFEE BREAK WITH EXHIBITORS

MICHIGAN BALLROOM

Session VIII: Hip Continued

Moderator: Richard C. Mather, MD

GREAT LAKES BALLROOM

10:00 AM Endoscopic Gluteus Medius Repair
10:10 AM Treatment of Massive Gluteus Medius Tears
10:20 AM Ischiofemoral Impingement
10:30 AM Endoscopic Proximal Hamstring Repair
10:40 AM Open Treatment of Acute and Chronic Hamstring Injuries
10:50 AM Rehab for Extra-Articular Hip Pathology
Case Presentations, Question and Answer

Richard C. Mather, MD
Thomas H. Wuerz, MD
Allston J. Stubbs, MD
Carlos A. Guanche, MD
Shane J. Nho, MD, MS
Melissa Strzelinski, PT, MPT,

Moderator: Richard C. Mather, MD

Panel:

Richard C. Mather, MD
Melissa Strzelinski, PT, MPT
Allston J. Stubbs, MD
Carlos A. Guanche, MD
Shane J. Nho, MD, MS

11:30 AM Course Adjourns