

Summer SEA-M-E Conference

June 9 - 13, 2024

Hyatt Place Dewey Beach

Faculty Disclosure - All faculty participating in this continuing medical education activity are expected to disclose any real or apparent conflict(s) of interest related to the content of their presentation(s). Full disclosure of faculty relationships will be made at the activity. Any reported conflicts of interest were cleared prior to this event.

Type Key: CME  Workshops  Social  Outdoor Medicine  Symposium 

PS = Patient Safety



Wellness



Opioid Ed

Sunday, June 9, 2024	
10 am	Registration opens
11:45 am	Welcome and opening remarks
12 – 1 pm	Early Detection and Evidenced-based Pharmacotherapy for Postpartum Depression PS Anita H. Clayton, MD
1 – 1:45 pm	Practice Update for the Management of ADHD in Primary Care PS James Waxmonsky, MD, Penn State Hershey
1:45 – 2:15 pm	Wellness/Exhibit/Refreshment Break 
2:15 – 3:15 pm	How Practicing Lifestyle Medicine Can Reduce Stress and Make Practicing Family Medicine More Enjoyable PS Megan Maurer, DO, Altoona Family Physicians Residency
3:15– 4:15 pm	Pediatric Hypertension PS Joshua Steinberg, MD, Vestal, NY
4:15 – 5 pm	Sports Medicine PS Daniel Cristo, DO, Pittsburgh, PA
5 – 6 pm	Reception symposium – DermaSensor This event is not a part of the official Pennsylvania Academy of Family Physician (PAFP) CME Conference. The content of this event and opinions expressed by the presenters are those of the sponsor/presenter and not that of the PAFP.
6:30 – 8 pm	Welcome Party and Bonfire on the Beach! Attendees and Guests/Family Members welcome!
Monday, June 10, 2024	
6 – 7 am	Daybreak with Doug!!  Doug Lentz is back!!! Doug Lentz, MS, CSCS, Certified Exercise Specialist Ease into the day and wake up your body with important core strengtheners (Bring a towel from your room if possible.)

7 am	Registration Opens		
7 – 7:45 am	Exhibitor Meet and Greet Breakfast Enjoy breakfast with our corporate colleagues and Academy supporters.		
8 – 8:45 am	From Cancer to Comfort Care Understanding the role of your Hospice & Palliative Colleagues PS Nicki Vithalani, MD, FAAFP and Mariam Dundu, MD, Boalsburg, PA		
	CME	Workshops	Outdoor Medicine ??
	8:45 – 10:45 am Addressing Suicide Risk in Children and Adolescents: A Practical Guide for Clinicians PS Raman Baweja, MD, Penn State Hershey (This will be a 2 hour simulation lab to include a skit with walk through of how to assess a suicidal teen during a primary care appointment.)	8:45 – 10:45 am Intrauterine Device Techniques for Family Physicians PS Martha Simmons, MD, FAAFP and Robert McClowry, MD Philadelphia	9:45 – 10:30 am PS Dive Medicine
10:45 – 11:15 am	Wellness/ Exhibit/Refreshment Break  Exercise and Refreshment break Doug's is going to cover new movements and exercises that can be done throughout the conference or anytime...perfect for you and your patients.) No experience necessary, very informal and fun...really. Purpose: Increase blood flow to active muscles; raises core body temperature; enhances metabolic reactions; and improves joint range of motion. Focus for this session is on mobility and simple balance. These exercises will happen in the meeting room immediately following the last set of sessions.		
	CME	Workshop	Outdoor Medicine
	11:15 am – 12 pm PS Must-Have Medical Apps for Practice Joshua Steinberg, MD 12 - 12:45 pm PreP PS D. Scott McCracken, MD, FAAFP, Wellspan York	11 am – 12:30 pm OMT for Headache Disorders PS Abby Rhoads, DO and Nicholas Labatch DO St. Luke's Health Network	11 – 11:45 am Travel Medicine 11:45 am – 12:30 pm Envenomations PS Jon Boll, DO (Tentative)

12:45	Lunch		
7:30 – 9 pm	Sunset Cruise		
Tuesday, June 11, 2024			
6:30 – 7:30 am	Early Riser exercise TBD 		
7 – 8 am	Breakfast on your own (included in rate)		
	CME	Workshop	Outdoor Medicine
	9:00 – 9:45 am <i>PS</i> Nephrology 1 – 9:45 – 10:45 am <i>PS</i> Nephrology 2 -	11:30 am – 1 pm Biopsies <i>PS</i> Bradley Miller, DO and Aaron George, DO, Emeritas Health	9 – 9:45 am Outdoor Trauma - <i>PS</i>
11 – 11:30 am	Wellness/Exhibit/Refreshment Break 		
	11:15 am – 12:00 pm Women’s Health 12:15 – 1 pm <i>PS</i> Wound Care -		11:30 am – 12:15 pm Skin Cancer - <i>PS</i>
1 – 1:45 pm	Lunch The Lila Stein Kroser, MD Memorial Lecture (1:15 – 1:45 pm) Susan Fidler, MD, Abington Memorial Hospital (topic TBA)		
5:00 pm	Night In Rehoboth – Mini Golf and Dine-Around (tentative) Trolley to and from		
Wednesday, June 12, 2024			
6:30 – 8 am	Wake up and move! 		
7 – 8 am	Breakfast on your own (included in rate) Exhibit time – Coffee will be flowing!		

	CME	Workshop
	8:15 – 10:15 am MAT/Opioids <i>PS</i> Bradley Miller, DO 10:15 – 11 am Psychopharmacology Genetics <i>PS</i> Daniel Orr, MD, Exton, PA 10:15 – 11 am Managing the Hypermobility Patient <i>PS</i> Abby Rhoads, DO (from chronic pain and other comorbidities including dysautonomia, mast cell activation, migraine, joint instability and GI dysmotility. From adolescence to adult. As well as the diagnostic criteria for diagnosing Ehlers Danlos and specialist resources since there are not a lot of resources available in PA for this patient population.)	10 am – 12 pm MSK POCUS <i>PS</i> Grant Phillips, MD Altoona Family Physicians
11 – 11:30 am	Wellness/Exhibit/Refreshment Break 	
	11:30 am – 12:15 pm Common Ophthalmic Urgencies and Emergencies <i>PS</i> Sukhjeet Kamboj, MD Lebanon	
12:15 pm	Lunch Symposium Proper Use of Legal Entities for lawsuit Protection and Tax Reduction This event is not a part of the official Pennsylvania Academy of Family Physician (PAFP) CME Conference. The content of this event and opinions expressed by the presenters are those of the sponsor/presenter and not that of the PAFP.	
1:30 – 3:30 pm	Optional afternoon CME	
	Social Event – TBD	
Thursday, June 13, 2024		
	Breakfast on your own (included in the room rate)	
8:30 – 9:15 am	Lifestyle Medicine and Obesity <i>PS</i> Megan Maurer, DO and Michael Geishauser, PharmD, Altoona Family Physicians	
9:15 – 10 am	COPD <i>PS</i> Grant Phillips, MD	
10 – 10:45 am	Behavioral Health and Pain Management <i>PS</i> Rick Kutz, Ph.D Psy.D	

10:45 – 11 am	Refreshment Break/check-out break
11:10 – 12 pm	Systematic Approach to Thoracic Outlet Syndrome im Primary Care PS Ryan Zimmerman, DO, FACOI, FACP, Tower Health
12 – 1 pm	Increasing Family Physician Acceptance of Patients with Intellectual or Developmental Disabilities PS Jeffrey Zlotnick, MD
1 pm	Closing drawing and remarks Grab-n-Go lunch for the Road



Mark your calendars for these upcoming events!

May 11, 2024 [Primary Care Procedures Day](#)
April 30, 2024 Family Medicine Advocacy Day at the Capitol, Harrisburg, PA
July 20 – Member Appreciation and Family Day at Koebel’s Amusement Park, Elysburg, PA – Free picnic and parking and cheap ride tickets! Free t-shirt for members
October 19 – Fall FM Essentials CME Summit, Drexelbrook Event Center, Drexel Hill, PA

[PAFP CME & EVENTS CALENDAR](#)