

CASEM's Annual Sport Medicine Symposium



Halifax

2018

AN OCEAN OF SPORTS MEDICINE PEARLS

June 6-9, 2018
Halifax Convention Centre
Halifax, Nova Scotia

CASEM/ACMSE
55 rue Metcalfe Street,
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SCIENTIFIC PROGRAM COMMITTEE COMITÉ SCIENTIFIQUE

Dr. Jennifer Fletcher, Program Chair
Dr. Kent Pottle, Program Chair
Dr. Christina Atkinson
Dr. Jessica Curran
Dr. Chris Johnston
Dr. Nathan Urquart
Dr. Jessica Wade



PRE-CONFERENCE COURSES ATELIERS PRÉ-CONFÉRENCES

CASEM's Team Physician Course

Monday and Tuesday, June
4-5th, 2018

[Register and view the
preliminary program here](#)

CASEM Anti-Doping Course

Wednesday, June 6th, 2018

[Register here](#)

CASEM's Athletes with a Disability Course

Wednesday, June 6th, 2018

[Register and view the
preliminary program here](#)



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Thursday 7 June / Le jeudi 7 juin

08:00-08:15	Welcome Remarks from CASEM President and Planning Committee Chairs	Tatiana Jevremovic MD Jennifer Fletcher MD Kent Pottle MD
08:15-08:45	"A Career of Pearls"	Bill Stanish MD
08:45-10:30	Sport Concussion: What's New? 1. Implementation of a Community Based Concussion Clinic 2. Functional MRI and Sport Concussion 3. Multidisciplinary Concussion Clinic	David Cudmore MD Wendy Stewart MD Linda Ferguson MD Toby Mandelman DO Shannon Estabrooks PT Jennifer Hilling OT
10:30-11:00	Coffee Break with Exhibitors	
11:00-12:00	Sandy Kirkley Research Session 1	Moderator: Ken Trinh MD, PhD
12:00-13:15	Lunch	
13:15-13:45	Clinical Decision Making and Critical Thinking in Sport Medicine	Pat Croskerry MD
13:45-14:30	More Than Just A Game: The Public Health Impact of Sport and Exercise For individuals with a Disability	Cheri Blauwet MD
14:30-15:15	Concurrent Workshops (45 minute workshops held twice) The following workshops are held concurrently. Delegates should plan to attend TWO sessions which best addresses their needs. No registration required. W1 Healthy Exercise and Physical Activity Implementation in the Community W2 Physical Examination of the Hip W3 Exercise Induced Compartment Syndrome and Surgical Management W4 The Athlete and the Pelvic Floor W5 Stop the Bleed – Save a Life W6 Patient Compliance with Treatment	Elizabeth Hobden MD Doug Legay MD Taryn Taylor MD and Nathan Urquhart MD Martha Purdy PT Ken Inaba MD Jill Charney MD
15:15-15:45	Coffee Break with Exhibitors	
15:45-16:30	Repeat Workshops	
17:00	CASEM Annual General Meeting / Assemblée générale annuelle de l'ACMSE	
19:00	Join CASEM for a Kitchen Party at The Lower Deck with Tribute	50\$



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Friday 8 June / Le vendredi 8 juin

07:45-08:45	WISM Breakfast - Relative Energy Deficiency in Sport	Kathryn Ackerman MD
08:45-10:30	Pediatric Session 1) Contact and Collision Practices in Football, Hockey and Rugby: Prevention Ideas and Strategies for Concussion and Sub-Concussive Events 2) Age-appropriate physical exercise 3) Exercise is Medicine for the Young Athlete with Chronic Health Conditions 4) Concerns for the Growing Dancer	Christina Atkinson MD Jerome Ouellet MD John Philpott MD Erika Persson MD
10:30-11:00	Coffee Break with Exhibitors	
11:00-12:00	Sandy Kirkley Research Session II	Moderator: Ken Trinh MD, PhD
12:00-13:15	Lunch	
13:15-13:45	Pre-hospital Care of the Trauma Patient	Ken Inaba MD
13:45-14:15	Journey to the Invictus Games - from injured soldier to elite athlete	Captain Pauline Godsell PT
14:15-15:00	Concurrent Workshops (45 minute workshops held twice) The following workshops are held concurrently. Delegates should plan to attend TWO sessions which best addresses their needs. No registration required. W1 Spinal Injuries and Return to Sport W2 Ketogenic Diet in Endurance Sport W3 Foam Roller Rehab W4 Wilderness Medicine , Blister care etc. W5 Reductions in the Field W6 Pilates class – limited to 20 participants	Neil Manson MD Laura Reardon MD Jessica Wade MD Debra Hammer MD and Ron Shute MD Bruce Davidson MD Martha Purdy PT and Leanne Whiting
15:00-15:30	Coffee Break with Exhibitors	
15:30-16:15	Concurrent Workshops Repeated	
19:00	CASEM Gala <i>Come out and celebrate the conference with all your colleagues dressed up to the nines. Look forward to an exquisite evening of entertainment, fine food and friends.</i>	\$85



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Saturday 9 June / Le samedi 9 juin

08:00-08:30	2 Minute 2 Slides	Kent Pottle MD
08:30-10:30	Medical Issues in Sport Medicine 1. Advances in Diving and Dive medicine 2. Lyme Disease Arthropathy 3. Bleeding Disorders, Anti-coagulation and Sport 4. Brachial Neurapraxia 5. Arthroscopy of the Knee Guidelines COA AAC Position Statement	Neal Pollock PhD Luke Gauthier MD Mary Margaret Keating MD Sonja McVeigh MD Brendan Sheehan MD
10:30-11:30	Sandy Kirkley Research Session III	Moderator: Ken Trinh MD, PhD
11:30-12:30	Who Wants to be a SEM Millionaire?	Ian Shrier MD Judges: Andrew Marshall MD Jessica Wade MD

SOCIAL

Welcome Reception	Wednesday June 6th—Mercredi 6 juin	5:00-8:00pm
Help us kick off the conference with a glass of wine or beer in the exhibit hall. Location: Halifax Convention centre, Convention Level, Room C2		
CASEM Kitchen Party	Thursday June 7th—Jeudi 7 juin	7:30pm-10:00pm
Come join us for a fun old-fashioned kitchen party at the Lower Deck (1887 Upper Water St, Halifax, NS B3J) with musical entertainment provided by Tony Quinn.		
CASEM Gala Dinner	Friday June 8th—Vendredi 8 juin	7:00pm-1:00am
Come out and see your colleagues dressed up to the nines to celebrate the conference. A lovely evening of entertainment, fine food and friends.		
CASEM 5km Charity Fun Run	Saturday June 9—Samedi 9 juin	