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[Pre-Conference: Women's Health Summit](#) (Weds)

[Session I: Diabetes Management](#) (Thurs)

[Session II: Obesity and Lifestyle Management in Cardiovascular Disease](#) (Fri)

[Session III: Dyslipidemia, Atherosclerosis, and Cardiovascular Disease Risk Reduction](#) (Fri)

[Session IV: Hypertension, Cardio-renal, and Heart Failure](#) (Sat)

Wednesday, October 24, 2018 <i>Pre-Conference "Women's Health Summit: Cardiometabolic Health Across the Lifespan"</i>			
Start	End	Session	Faculty
11:00 AM	11:10 AM	Introduction to CMHC Women's Health Summit	Pamela B. Morris, MD
11:10 AM	11:55 AM	Cardio-oncology: Overview and the Intersection Between Breast Cancer and Cardiovascular Disease	Ana Barac, MD
12:00 PM	1:00 PM	PME Lunch Symposium (Non-CME) Repatha® (evolocumab): Putting it into Practice <i>Sponsored by Amgen, Inc.</i>	Yehuda Handelsman, MD, FACP, FNLA, MACE
1:10 PM	1:15 PM	Welcome Back to Women's Health Summit	Pamela B. Morris, MD
1:15 PM	1:45 PM	Cardiometabolic Risk in PCOS and Implications for Management	Andrea E. Dunaif, MD
1:45 PM	2:15 PM	Impact of Pregnancy on CV Risk Factors and ASCVD Risk	Pam R. Taub, MD
2:15 PM	2:30 PM	<i>Nutrition Break</i>	
2:30 PM	3:00 PM	Choosing Wisely: Contraception in Women with Cardiometabolic Risk	Nieca Goldberg, MD
3:00 PM	3:30 PM	Updates on the Role of Postmenopausal Hormone Replacement Therapy	JoAnn E. Manson, MD
3:30 PM	3:50 PM	Women's Health Summit Expert Panel Discussion and Q&A	<u>Chair:</u> Pamela B. Morris, MD <u>Panelists:</u> Ana Barac, MD; Andrea E. Dunaif, MD; Nieca Goldberg, MD; Pam R. Taub, MD; JoAnn E. Manson, MD
3:50 PM	4:00 PM	Conclusions to CMHC Women's Health Summit	Pamela B. Morris, MD
4:00 PM	4:15 PM	<i>Mini Break</i>	
4:15 PM	5:15 PM	PME Light Bites (Non-CME) Gaining Access to PCSK9 Inhibitors: Using a Novel Mobile App <i>Sponsored by the American Society for Preventive Cardiology</i>	Seth J. Baum, MD, FASPC; Howard S. Weintraub, MD, FASPC
5:30 PM	6:30 PM	PME Light Bites (Non-CME) Long-Term Results of Treatment Across a Broad Range of Patients With Type 2 Diabetes <i>Sponsored by Janssen Pharmaceuticals, Inc.</i>	Serge Jabbour, MD
6:45 PM	7:45 PM	PME Dinner Symposium (Non-CME) Cardiovascular Disease Burden in the US and Clinical Evaluation of VASCEPA® (icosapent ethyl) <i>Sponsored by Amarin Pharma, Inc.</i>	Robert S. Busch, MD, FACE
Thursday, October 25, 2018 <i>Session I: Diabetes Management</i>			
6:30 AM	7:45 AM	CME Breakfast Symposium The Role of CGM in Individualization of T2DM Management <i>Supported by educational grants from Dexcom, Inc. and Medtronic.</i>	<u>Chair:</u> Anne L. Peters, MD <u>Presenter:</u> Irl B. Hirsch, MD

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7:55 AM	8:00 AM	Opening Remarks	Jay S. Skyler, MD
8:00 AM	9:30 AM	FDA Update and Late Breaking Trials	<u>Chair:</u> Christie M. Ballantyne, MD <u>Presenters:</u> Deepak L. Bhatt, MD, MPH; Robert H. Eckel, MD; Keith C. Ferdinand, MD; Jay S. Skyler, MD
9:30 AM	10:15 AM	Keynote	C. Ronald Kahn, MD
10:15 AM	11:15 AM	<i>Morning Break and Exhibits</i>	
10:20 AM	11:15 AM	Small Group Workshops Insulin Biosimilars <i>Registration Required</i>	Anne L. Peters, MD
11:15 AM	12:00 PM	So Many Options - Dispelling the Confusion About Insulins <i>This session is supported by an educational grant from Novo Nordisk.</i>	Irl B. Hirsch, MD
12:10 PM	1:25 PM	CME Lunch Symposium A Management of T2DM Patients with Diabetic Kidney Disease: Effects of SGLT2 Inhibitors and GLP-1 Receptor Agonists on Disease Progression <i>Supported by educational grants from Janssen Pharmaceuticals, Inc., administered by Janssen Scientific Affairs, LLC. and by Boehringer Ingelheim Pharmaceuticals, Inc. and Lilly USA, LLC.</i>	<u>Chair:</u> Matthew R. Weir, MD <u>Presenters:</u> Robert D. Toto, MD; Lance Sloan, MD
12:10 PM	1:25 PM	CME Lunch Symposium B Advances in HFpEF: Addressing Diagnostic and Treatment Challenges <i>Supported by an educational grant from Novartis Pharmaceuticals Corporation.</i>	<u>Chair:</u> JoAnn Lindenfeld, MD <u>Faculty:</u> Keith C. Ferdinand, MD; Alanna A. Morris, MD
1:35 PM	2:20 PM	Where are we with Devices for Diabetes Management?	Anne L. Peters, MD
2:20 PM	3:20 PM	<i>Afternoon Break and Exhibits</i>	
3:20 PM	3:50 PM	How Many GLP-1 RAs do We Need and Why?	John B. Buse, MD
3:50 PM	5:05 PM	Multidisciplinary Case Consults in Diabetes Management	<u>Chair:</u> Jay S. Skyler, MD <u>Panelists:</u> John B. Buse, MD; Robert H. Eckel, MD; Davida Kruger, MSN, APN-BC, BC-ADM; Anne L. Peters, MD; Irl B. Hirsch, MD
4:00 PM	4:45PM	Small Group Workshops Real-world Digital Health Implementations to Improve Blood Pressure Control <i>Hosted in Collaboration with the American Medical Association.</i> <i>Registration Required</i>	Kate Kirley, MD, MS Janet Williams, MA
5:10 PM	6:10 PM	Welcome Reception	Christie M. Ballantyne, MD; Robert H. Eckel, MD
6:10 PM	7:10 PM	PME Light Bites (Non-CME) <i>Sponsored by Akcea Therapeutics</i>	

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7:15 PM	8:30 PM	CME Dinner Symposium Mastering the Prior Authorization Process to Meet Patient Needs <i>Supported by an educational grant from Sanofi US and Regeneron Pharmaceuticals.</i>	Chair: Pamela B. Morris, MD Faculty: Christie M. Ballantyne, MD; Kim K. Birtcher, PharmD; Joseph Bizier, PharmD; Matthew Stryker, PharmD, BCACP, CLS
Friday, October 26, 2018 Session II: Obesity and Lifestyle Management in Cardiovascular Disease			
6:30 AM	7:45 AM	CME Breakfast Symposium A The ABC Access Program: Overcoming Barriers to Access of Newer Cardiovascular Agents for High-Risk and Minority Patients <i>This activity is supported by an educational funding donation provided by Amgen and in partnership with the Association of Black Cardiologists, Inc (ABC).</i>	Chair: Keith C. Ferdinand, MD Presenters: Deirdre J. Mattina, MD; Catherine Davis Ahmed, MBA
6:30 AM	7:45 AM	CME Breakfast Symposium B Cardiovascular Risk Reduction in T2DM: Applying the Trial Data to Clinical Practice <i>Supported by educational grants from AstraZeneca and Novo Nordisk.</i>	Chair: Robert H. Eckel, MD Faculty: tbd
7:55 AM	8:00 AM	Opening Remarks	Robert H. Eckel, MD
8:00 AM	8:45 AM	Interventional Cardiology Delivered with a Fork	Stephen Devries, MD
8:45 AM	9:15 AM	Updates on the Microbiome and Metabolic Surgery	Mary-Elizabeth Patti, MD
9:15 AM	10:00 AM	Obesity and Environmental Influence: The Big Picture	James O. Hill, PhD
10:00 AM	11:00 AM	<i>Morning Break and Exhibits</i>	
10:05 AM	10:50 AM	Small Group Workshops Prevent Type 2 Diabetes with Digital Health: Effective and Realistic Solutions <i>Hosted in Collaboration with the American Medical Association.</i> <i>Registration Required</i>	Kate Kirley, MD, MS Janet Williams, MA
11:00 AM	11:45 AM	Day to Day Management of Obesity in Clinical Practice	Robert F. Kushner, MD
11:45 AM	11:50 AM	Closing Remarks	Robert H. Eckel, MD
12:00 PM	1:15 PM	CME Lunch Symposium A Identifying, Diagnosing and Managing Iron Deficiency in Patients with Heart Failure to Improve Outcomes and Quality of Life <i>Supported by an educational grant from American Regent, Inc.</i>	Chair: Eldrin F. Lewis, MD, MPH Faculty: Akshay S. Desai, MD, MPH; Gurusher S. Panjra, MD
12:00 PM	1:15 PM	CME Lunch Symposium B New Developments in Type 2 Diabetes Treatment to Decrease the Risk of Hypoglycemia	Chair: Robert E. Ratner, MD

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		Supported by an educational grant from Sanofi US.	Faculty: Robert H. Eckel, MD; Davida Kruger, MSN, APN-BC, BCADM; Deborah J. Wexler, MD
Session III: Dyslipidemia, Atherosclerosis, and Cardiovascular Disease Risk Reduction			
1:25 PM	1:30 PM	Opening Remarks	Christie M. Ballantyne, MD
1:30 PM	2:20 PM	Targeting Inflammation: Updates on Pathophysiology and Clinical Outcomes <i>This session is supported by an educational grant from Novartis Pharmaceuticals Corporation.</i>	Peter Libby, MD and Paul M. Ridker, MD
2:20 PM	3:20 PM	Afternoon Break and Exhibits	
3:20 PM	4:10 PM	How Aggressively do we Lower LDL-C and for Which Patients?	Vera A. Bittner, MD and Marc S. Sabatine, MD
3:25 PM	4:10 PM	Small Group Workshops Don't Hit the Snooze on Sleep Disorders When It Comes to Cardiometabolic Health <i>Hosted in Collaboration with the American Academy of Sleep Medicine.</i> Registration Required	Lawrence J. Epstein, MD
4:10 PM	5:00 PM	Risk Assessment for Global Cardiovascular Disease: Imaging and Biomarkers	Matthew J. Budoff, MD and James De Lemos, MD
5:00 PM	6:00 PM	Multidisciplinary Case Consults in Lipid Disorders <i>This session is supported by educational grants from Amarin Pharma, Inc and Akcea Therapeutics.</i>	<u>Chair:</u> Christie M. Ballantyne, MD <u>Panelists:</u> Vera A. Bittner, MD; Robert H. Eckel, MD; Pamela B. Morris, MD; Margo B. Minissian, PhD, ACNP; Pam R. Taub, MD
6:00 PM	6:05 PM	Closing Remarks	Christie M. Ballantyne, MD
6:05 PM	7:05 PM	Closing Reception	Christie M. Ballantyne, MD; Robert H. Eckel, MD
7:15 PM	8:15 PM	PME Dinner Symposium (Non-CME) Advancements in the Management of Patients with Type 2 Diabetes: Results from a Large Cardiovascular Outcomes Trial <i>Sponsored by Novo Nordisk.</i>	Ronald D'Agostino, DO, FACC, FACP
Saturday, October 27, 2018 Session IV: Hypertension, Cardio-renal, and Heart Failure			
6:30 AM	7:45 AM	CME Breakfast Symposium Finding the Balance: Treatment and Management of Hyperkalemia in Patients with Heart Failure and Chronic Kidney Disease <i>Supported by an educational grant from Relypsa, Inc.</i>	Chair: George L. Bakris, MD Faculty: Keith C. Ferdinand, MD
7:55 AM	8:00 AM	Opening Remarks	George L. Bakris, MD

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8:00 AM	9:00 AM	Overview of the New 2017 Hypertension Clinical Practice Guidelines	George L. Bakris, MD
9:00 AM	9:30 AM	Comparing the Hypertension Guidelines - Where is the Equipoise?	Michael A. Weber, MD
9:30 AM	9:45 AM	<i>Nutrition Break</i>	
9:45 AM	10:45 AM	Patient Cases: How would you change the management of hypertension based on the new guidelines?	Aldo Peixoto, MD; Michael A. Weber, MD; Keith C. Ferdinand, MD
10:45 AM	11:15 AM	Prevention of Heart Failure: The Next Frontier	Peter A. McCollough, MD
11:15 AM	11:25 AM	<i>Mini Break</i>	
11:25 AM	11:55 AM	Integration of Biomarkers and Prediction of AKI and Cardio-renal Outcomes in Clinical Practice	Aldo Peixoto, MD
11:55 AM	12:25 PM	AKI and Heart Failure: How to manage compared to general population?	Peter A. McCollough, MD
12:25 PM	12:55 PM	Advanced CKD and Benefits from CVOTs	Jorge Plutzky, MD
12:55 PM	1:00 PM	Closing Remarks	George L. Bakris, MD