



MAPP

METABOLIC ADVANCED
PRACTICE PROVIDERS
National Conference

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Agenda

Saturday, October 18, 2025

6:30–7:30 AM Breakfast and Registration

7:00–9:00 AM IMID and Obesity Bootcamp

9:00–9:15 AM Breakfast / Registration / Exhibit Hall

9:15–9:25 AM Course Director's Welcome
Wilantha Silva, FNP-C

Session 1 - Year in Review/ Hot Topics

9:25–10:10 AM Year in Review Panel Discussion

10:10–10:25 AM Q&A / Panel Discussion

10:25–10:40 AM Break / Exhibit Hall

Session 2 - Hypertension

10:40–11:00 AM What Are The National Guidelines / Overview
Theresa St. Philippe, DNP, MSN

11:00–11:20 AM How High is Too High? A Deep Dive into Hypertension
John Giacona, PhD, PA-C, CHC

11:20–11:40 AM Novel Drug Classes In Hypertension: Beyond ACEs and ARBs
Martine Altieri, PA-C, MHS

11:40 AM–12:00 PM Recognizing Symptoms and Proactive Strategies for Prevention & Management
Ron'Nisha Baldwin, DNP, APRN

12:00–12:15 PM Q&A / Panel Discussion

12:15–12:30 PM Lunch

12:30–1:15 PM Industry-Sponsored Event (Non-accredited)
Sponsored by Madrigal Pharmaceuticals

1:15–1:30 PM Break / Exhibit Hall



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Session 3 - Diabetes Mellitus

1:30–1:50 PM	What Are The National Guidelines / Overview <i>Karla Giese, DNP, NP</i>
1:50–2:10 PM	Making Diabetes Education Simple: Empowering Patients for Better Outcomes <i>Wilantha Silva, FNP-C</i>
2:10–2:30 PM	Innovations in Technology and Digital Health <i>Lisa Coco, MSN, CRNP & Jeremy Schmidt, FNP</i>
2:30–2:50 PM	Beyond HbA1c: The Role of GLP-1s and SGLT2 Inhibitors in Cardiovascular Protection <i>Annie Lu, ANP-BC</i>
2:50–3:05 PM	Q&A / Panel Discussion
3:05–3:25 PM	Break / Exhibit Hall

Session 4 - Lifestyle Medicine

3:25–3:45 PM	What Are The National Guidelines / Overview <i>Elizabeth Simkus, DNP, FNP-C</i>
3:45–4:05 PM	Food as Medicine & Movement as Therapy: The Power of Diet and Exercise <i>Marta Peimer, FNP-BC</i>
4:05–4:25 PM	Real World Evidence: What We Know About Managing Cardiometabolic Risk <i>Colleen Walters, DNP, FNP-C, CNE</i>
4:25–4:45 PM	The Hidden Impact: How Sleep, Stress, and Mood Shape Metabolic Health <i>Bradley Biskup, PA</i>
4:45–5:00 PM	Q&A / Panel Discussion
5:00–5:15 PM	Break / Exhibit Hall
5:15–6:00 PM	Industry-Sponsored Event (Non-accredited) Sponsored by Corcept Therapeutics
6:00–7:30 PM	Conference Reception



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Sunday, October 19, 2025

7:30–8:00 AM Breakfast and Registration

8:00–8:45 AM Industry-Sponsored Event (Non-accredited)

8:45–9:00 AM Break / Exhibit Hall

9:00–9:10 AM Welcome Back
April Morris, NP

Session 5 - Obesity

9:10–9:30 AM What Are The National Guidelines / Overview
Jennifer Hernandez Parra, APRN

9:30–9:50 AM Breaking The Stigma: Why Obesity Should Be Treated as a Chronic Disease
Jennifer Mackey, MSN, CNP, CBN

9:50–10:10 AM The Role of Behavioral and Lifestyle Modifications in Obesity Management
Nkechi Onyegasi, DNP

10:10–10:30 AM Advances in Anti-Obesity Medications and Their Clinical Impact
Ariana Chao, PhD, CRNP, FNP-BC, RN

10:30–10:45 AM Q&A / Panel Discussion

Session 6 - Steatotic Liver Disease

10:45–11:05 AM What Are The National Guidelines / Overview
Ann Moore, NP

11:05–11:25 AM NILDA
Kelly Smeester, PA-C

11:25–11:45 AM The Role of Hypercortisolism in Difficult To Control Type 2 Diabetes
Benito Lopez, BC-ADM, DMSc, PA-C

11:45 AM–12:05 PM Progression of MASH and Treatments
Samantha Ramirez, DNP, FNP-BC

12:05–12:20 PM Q&A / Panel Discussion



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12:20–12:35 PM

Lunch

12:35–1:20 PM

Industry-Sponsored Event (Non-accredited)

1:20–1:35 PM

Break / Exhibit Hall

Session 7 - Dyslipidemia

1:35–1:55 PM

What Is the Goal? What Are The National Guidelines / Overview

Theresa St. Philippe, DNP, MSN

1:55–2:05 PM

Q&A / Panel Discussion

2:05–2:15 PM

Adjourn