

# 50 OMT Techniques Every DO Should Know

October 19-21, 2017

22.5 of AOA Category 1-A credits

**Location:** Blumenthal Skills Lab – Unless otherwise noted

## Thursday, October 19 (8.5 of AOA Category 1-A credits)

|            |                                                                                  |
|------------|----------------------------------------------------------------------------------|
| 7:30 a.m.  | Breakfast                                                                        |
| 7:55 a.m.  | <b>Welcome</b>                                                                   |
|            | <b>Overview of Program</b>                                                       |
|            | <i>Eric Snider, DO, C-NMM/OMM*</i>                                               |
|            | <i>Brent L. Dixon, DO, '80*</i>                                                  |
| 8:05 a.m.  | Introduction to Treatment Techniques                                             |
| 9:00 a.m.  | OMT Techniques: 1-4                                                              |
| 9:55 a.m.  | Diagnosis – Part I                                                               |
| 10:50 a.m. | OMT Techniques: 5-8                                                              |
| 11:45 a.m. | Unanswered Questions and Discussion                                              |
| 12:00 p.m. | Indications – <b>lunch provided</b>                                              |
| 12:55 p.m. | OMT Techniques: 9-12                                                             |
| 1:50 p.m.  | OMT Techniques: 13-16                                                            |
| 2:45 p.m.  | <b>Adjourn to TINNING FOUNDER'S DAY OSTEOPATHY LECTURE</b>                       |
| 3:00 p.m.  | <b>Tinning Founder's Day Osteopathy Lecture</b>                                  |
|            | <i>The Witnesses Surrounding Us in Preserving Traditions, Planning Tomorrows</i> |
|            | <i>Fred C. Tinning, PhD</i>                                                      |
| 4:00 p.m.  | <b>Evening with the Stars</b>   Teaching OMT in the Clinical Setting             |
|            | <i>*Includes all program attendees (the "Stars")</i>                             |
| 5:30 p.m.  | <b>Session Adjourns</b>                                                          |
| 6:30 p.m.  | <b>KCOM Alumni Reunion Activities Begin</b>                                      |

## Friday, October 20 (7 of AOA Category 1-A credits)

|            |                                                                   |
|------------|-------------------------------------------------------------------|
| 7:30 a.m.  | Breakfast                                                         |
| 8:00 a.m.  | Adverse Events and Contraindications                              |
| 8:55 a.m.  | OMT Techniques: 17-20                                             |
| 9:50 a.m.  | OMT Techniques: 21-24                                             |
| 10:45 a.m. | <b>Adjourn to ALUMNI RECOGNITION CEREMONY</b>                     |
| 11:00 a.m. | <b>ALUMNI RECOGNITION CEREMONY</b> *No CME offered for this event |
| 11:45 a.m. | <b>Alumni/Board/CE Luncheon</b>                                   |
| 1:00 p.m.  | Diagnosis – Part II                                               |
| 1:55 p.m.  | Unanswered Questions and Discussion                               |
| 2:00 p.m.  | OMT Techniques: 25-28                                             |
| 3:00 p.m.  | OMT Techniques: 29-32                                             |
| 4:00 p.m.  | OMT Techniques: 33-36                                             |
| 4:55 p.m.  | <b>Session Adjourns</b>                                           |
| 5:00 p.m.  | <b>Still-a-Bration Activities</b>                                 |

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## Saturday, October 21 (7 of AOA Category 1-A credits)

|            |                                      |
|------------|--------------------------------------|
| 7:30 a.m.  | Breakfast                            |
| 8:00 a.m.  | Anatomy                              |
| 8:55 a.m.  | Diagnosis – Part III                 |
| 9:50 a.m.  | Unanswered Questions and Discussion  |
| 9:55 a.m.  | OMT Techniques: 37-40                |
| 10:50 a.m. | OMT Techniques: 41-44                |
| 11:45 a.m. | Unanswered Questions and Discussion  |
| 12:00 p.m. | OMT Efficacy – <b>lunch provided</b> |
| 12:55 p.m. | OMT Techniques: 45-48                |
| 1:50 p.m.  | Unanswered Questions and Discussion  |
| 1:55 p.m.  | OMT Techniques: 49-52                |
| 2:50 p.m.  | <b>Program Concludes</b>             |

*\*Program subject to change*

### ATSU-KCOM Faculty Speakers include:

|                                               |                                             |
|-----------------------------------------------|---------------------------------------------|
| Eric Snider, DO, C-NMM/OMM   Program co-chair | Brent L. Dixon, DO, '80*   Program co-chair |
| Karen Snider, DO, FAAO, C-NMM/OMM             | Brian Degenhardt, DO, C-NMM/OMM             |
| Stephen Bergman, DO, C-NMM/OMM, '06           |                                             |