



SCIENTIFIC PROGRAM - ESSM ADVANCED COURSE

Friday 14/11 INTRODUCTION DAY

- 14:00-15:00 Introduction and pre-test
F. Tripodi (Italy), Y. Reisman (The Netherlands), H. Pastoor (The Netherlands)
- 15:00-16:30 Assessment of Sexual Dysfunctions
Y. Reisman (The Netherlands), H. Pastoor (The Netherlands)
- 16:30-17:00 **Break**
- 17:00-19:00 Introduce yourself (frontal intro of all participants)

Saturday 15/11 SEXUAL DEVELOPMENT AND IDENTITY

- 08:30-10:30 Interactive session: how to think on treatment steps within the biopsychosocial approach
Y. Reisman (The Netherlands), H. Pastoor (The Netherlands)
- 10:30-11:00 **Break**
- 11:00-13:00 Hypogonadism and its treatment: principles and clinical cases
(G. Corona (Italy))
- 13:00-14:00 **Lunch**
- 14:00-16:00 Gender incongruence: treatment pathway and clinical cases
M.L. Pop (Denmark)
- 16:00-16:30 **Break**
- 16:30-18:00 Discussion with cases from participants
Y. Reisman (The Netherlands), H. Pastoor (The Netherlands)

Sunday 16/11 MEDICAL, SURGICAL AND PSYCHOLOGICAL TREATMENTS

- 08:30-10:30 Psychosexual therapy: treatments phases
H. Pastoor (The Netherlands)
- 10:30-11:00 **Break**
- 11:00-13:00 Tips and tricks in sex therapy and sexological interventions
H. Pastoor (The Netherlands)



- 13:00-14:00 **Lunch**
- 14:00-16:00 Cancer and sexuality: lessons from clinical cases
Y. Reisman (The Netherlands)
- 16:00-16:30 **Break**
- 16:30-18:00 Pedophilia and pedophilic disorder
T. Krueger (Germany)

Monday 17/11
NEUROBIOLOGY AND CHRONIC CONDITIONS

- 08:30-10:30 Sexuality after trauma and/or abuse
H. Pastoor (The Netherlands)
- 10:30-11:00 **Break**
- 11:00-12:00 PGAD
H. Pastoor (The Netherlands)
- 12:00-13:00 Body dysmorphic disorder and sexuality
H. Pastoor (The Netherlands)
- 13:00-14:00 **Lunch**
- 14:00-16:00 Compulsive Sexual Behaviour Clinical Cases
M. Lew Starowicz (Poland)
- 16:00-16:30 **Break**
- 16:30-18:00 Pedophilia and pedophilic disorder
M. Lew Starowicz (Poland)
- 16:30-18:00 Men's Sexual Health including LUTS
O. Cakir (Turkey)

Tuesday 18/11
COUPLE ISSUES AND SEXUAL THERAPY IN DIFFERENT CONTEXTS

- 08:30-10:30 Complex clinical cases through an integrated approach
A. Giraldi (Denmark)
- 10:30-11:00 **Break**
- 11:00-13:00 Working on sexuality with psychiatric patients
A. Giraldi (Denmark)
- 13:00-14:00 **Lunch**



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14:00-16:00 Genito-pelvic pain/penetration disorders: management of clinical cases
A. Padoa (Israel)

16:00-16:30 **Break**

16:30-18:00 The impact of infertility on couples: management of clinical cases
A. Padoa (Israel)

Wednesday 19/11

PAIN AND INFERTILITY TREATMENTS

08:30-10:30 Supervision of 2 clinical cases from participants
H. Pastoor (The Netherlands), F. Tripodi (Italy)

10:30-11:00 **Break**

11:00-13:00 The role of the partner in the assessment and management of sexual dysfunctions
F. Tripodi (Italy)

13:00-14:00 **Lunch**

FREE AFTERNOON

Thursday 20/11

SEXUAL DYSFUNCTIONS & UROLOGICAL SURGERY

08:30-10:30 Clinical case discussion (cases from the lecturers)
Y. Reisman (The Netherlands), F. Tripodi (Italy)

10:30-11:00 **Break**

11:00-13:00 Rare male sexual medicine disorders
Y. Reisman (The Netherlands), F. Tripodi (Italy)

13:00-14:00 **Lunch**

14:00-16:00 Workshop: How to work in intervision (2 groups, 1 mentor, in each group 1 participant presents his/her clinical case)
F. Tripodi (Italy), Y. Reisman (The Netherlands)

16:00-16:30 **Break**

16:30-18:00 Clinical case discussion (cases from the lecturers)
H. Pastoor (The Netherlands), F. Tripodi (Italy), Y. Reisman (The Netherlands)



Friday 21/11

FEMALE SEXUAL DYSFUNCTIONS AND WORKSHOPS ON SPECIFIC TOPICS

- 08:30-10:30 Lectures chosen by the participants:
1. Peyronie and penile disorders (including congenital curvature) O. Cakir (Turkey)
 2. Gynecological Surgery and sexual function L. Lowenstein (Israel)
 3. Sexual needs of people with physical disability: how we can help them - Y. Reisman (NL)
- 10:30-11:00 **Break**
- 11:00-13:00 Management of different types of sexual anxiety
E. Kirana (Greece)
- 13:00-14:00 **Lunch**
- 14:00-16:00 Workshops with cases (groups on a specific theme):
1. Psychological aspects of Erectile Dysfunction (E. Kirana, Greece)
 2. Chronic Pelvic Pain: clinical aspects (Y. Reisman, The Netherlands)
 3. Working with LGBT population (S. Neves, UK)
- 16:00-16:30 **Break**
- 16:30-18:30 Workshops with cases (groups on a specific theme):
1. Psychological aspects of Ejaculatory Disorders (E. Kirana, Greece)
 2. Management of transference and countertransference (H. Pastoor, The Netherlands)
 3. Navigating consent (S. Neves, UK)

Saturday 22/11

MALE SEXUAL DYSFUNCTION & GYNECOLOGICAL SURGERY

- 08:30-10:30 The diverse landscape of relationships
S. Neves (UK)
- 10:30-11:00 **Break**
- 11:00-13:00 Premature Ejaculation and Delayed Ejaculation: management of clinical cases
M. Fode (Denmark)
- 13:00-14:00 **Lunch**
- 14:00-16:00 Clinical cases on couple therapy
F. Tripodi (Italy)
- 16:00-16:30 **Break**
- 16:30-18:00 Clinical cases discussion (small groups, 3 different cases)
Y. Reisman (The Netherlands), H. Pastoor (The Netherlands)



ESSM

Advanced Course of Sexual Medicine



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Sunday 23/11

CLINICAL CASES

09:00-11:00 Management of Erectile Dysfunction - difficult cases
M. Fode (Denmark)

11:30-12:30 Post-test and closing
H. Pastoor (The Netherlands)

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