

CLINICAL ENDOCRINOLOGY SYMPOSIUM

HOUSTON - MARCH 7 - 9, 2019

Thursday, March 7, 2019

5:00 pm **Welcome Reception – Non-CME – Refreshments sponsored by University Compounding Pharmacy**

5:30 pm	Compounds Used in BHRT – Non-CME	Dave Metayer	0.5 hr	
6:00 pm	What You Must Know About Female Hormones	Pamela W. Smith, MD, MPH, MS	1.5 hr	
7:30 pm	What You Need to Know about Male Hormones	Pamela W. Smith, MD, MPH, MS	1 hr	
8:30 pm	Close of Session			

Friday, March 8, 2019

6:30 am Registration and Continental Breakfast

7:00 am	What You Must Know About Thyroid Disorders	Pamela W. Smith, MD, MPH, MS	1 hr	
8:00 am	Pregnenolone and Melatonin	Pamela W. Smith, MD, MPH, MS	1 hr	
9:00 am	Female Sexual Function and Dysfunction	Jennifer Landa, MD	1 hr	
10:00 am	Break			
10:30 am	Common Female Problems Seen in a GP Practice	Jennifer Landa, MD	1 hr	
11:30 am	Testosterone Deficiency in Men: Treatment, Controversies and Current Studies	Ron Rothenberg, MD	1 hr	
12:30 pm	Lunch			
1:30 pm	Male Sexual Dysfunction	Ron Rothenberg, MD	1 hr	
2:30 pm	Lab Tests Used in BHRT – Controversies and Practical Model	Kris Hart, MN, FNP-RN-C	0.5 hr	
3:00 pm	Break			
3:45 pm	Optimizing Hormone Replacement – How to Prescribe Bio-Identical Hormone Replacement Therapy	Ron Rothenberg, MD	1 hr	
4:45 pm	Case Studies	Ron Rothenberg, MD Kris Hart, MN, FNP-RN-C	0.5 hr	
5:15 pm	Q & A – Panel Discussion	Pamela W. Smith, MD, MPH, MS Jennifer Landa, MD Ron Rothenberg, MD	0.5 hr	

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5:45 pm	Close of Session			
Saturday, March 9, 2019				
6:30 am	Registration and Continental Breakfast			
7:00 am	What You Need to Know About Compounding Laws	Rick Rhoads, PharmD	0.5 hr	
7:30 am	New and Innovative Compounding Formulas For Your Practice	Rick Rhoads, PharmD	0.5 hr	
8:00 am	Estrogen Metabolism	Jennifer Landa, MD	1 hr	
9:00 am	Break			
9:45 am	BHRT: A Clinical Systems Biology Application	Andrew Heyman, MD, MHSA	1.5 hr	
11:15 am	Stress and Hormonal Balance	Andrew Heyman, MD, MHSA	1 hr	
12:15 pm	Lunch			
1:30 pm	Case Histories in Hormone Replacement: PCOS, PMS, Perimenopause, and Menopause	Pamela W. Smith, MD, MPH, MS	1 hr	
2:30 pm	Connections: Hormones, Methylation and the Microbiome <i>Shedding New Light on Aging and Hormone Changes</i>	Dian Ginsberg, MD	1 hr	
3:30 pm	Break			
4:00 pm	Intricacies and other Considerations when Prescribing BHRT <i>Micro Hormone Dosing and Avoiding Pitfalls and Problems</i>	Dian Ginsberg, MD	1 hr	
5:00 pm	Q & A- Panel Discussion	Pamela W. Smith, MD, MPH, MS Dian Ginsberg, MD Andrew Heyman, MD, MHSA	0.5 hr	
5:30 pm	Close of Session			