

National Hispanic Medical Association 25th Annual Conference
Addressing Social Determinants and Well-Being

Marriott Gateway Hotel, Arlington, VA
March 24-27, 2022

Agenda as of 12.15.21

Thursday, March 24, 2022

7:30 am – 9:00 am **Continental Breakfast – Invitation only - Location**

8:00 am – 4:00 pm **NHMA Board of Directors Meeting - Invitation only - Location**

11:00 am -4:35 pm **NHMA-NIDDK Academic Career Development Workshop- Invitation only- Location**
Supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

12:00 pm – 1:00 pm **Lunch – Invitation only - Location**

2:00 pm – 6:00 pm **Registration – Convention Registration Desk**

5:00 pm – 7:00 pm **Opening Reception – Location**

Welcoming Remarks:

Sponsor Speakers - TBN
Nerieida Correa, MD, Chairwoman, NHMA Board of Directors
Mark Diaz, MD, Chairman, National Hispanic Health Foundation Board of Directors
Elena Rios, MD, MSPH, FACP, President & CEO, NHMA and NHHF
Maria M. Garcia, MD, MPH – CoChairs, NHMA Conference Committee
Minerva Romero Arenas, MD, Chairperson, NHMA Council of Young Physicians
Nicole Doria, MD, Chairwoman, NHMA Council of Residents
Karina Diaz, President, Latino Medical Student Association

Friday, March 25, 2022

7:30 am – 6:30 pm **Registration – Convention Registration Desk**

7:30 am – 11:00 am **NHMA Capitol Hill Visits – Breakfast/Orientation Session – Location– CME**
Buses Leave at XX from location

8:30 am- 10:00 am **Focus Group with Health Providers & HIV Prevention – Location**

11:00 am – 1:00 pm **Buffet Lunch – Exhibit Hall – Ballroom X**

11:00 am – 6:30 pm **Career Advancement Exhibit Hall - Ballroom X**

1:00 pm – 2:30 pm **Opening Plenary - Location– CME**
Welcoming Remarks & NHMA 2022 Priorities

Elena Rios, MD, MSPH, FACP
President & CEO
National Hispanic Medical Association

Federal Leadership for Hispanic Health

Moderator: Elena Rios, MD, MSPH, FACP
President & CEO
National Hispanic Medical Association, Washington, DC

Xavier Becerra - *Invited*
Secretary

US Department of Health and Human Services

Speaker – TBN

US Department of Health and Human Services

2:30 pm – 3:00 pm

Break in Exhibit Hall – *Ballroom X*

2:30 pm – 5:00 pm

NHMA-NIDDK Day 2 Academic Career Development Workshop- Invitation only- Location Supported by the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)

3:00 pm – 4:00 pm

Workshop A

A1. Medicare and Medicaid Updates for Medical Practice – Location – CME – supported by Moderator:

Speaker

Center of Medicare

Center of Medicaid

Centers for Medicare and Medicaid Services, US DHHS

Speaker

Social Determinants of Health Interventions CMMI

Speaker

Medicare Advantage Update

A2. Mental Health and Latinos - Location – CME

Moderator:

Disparities in Mental Health in Emergency Departments with Latinos

Ruben Olmedo, MD- *Invited*

Director, Division of Toxicology

Director, Customer Service and Wellness

Department of Emergency Medicine

Mount Sinai Medical Center

Dementia and Alzheimer's disease and Latino

Adriana Hermida- *tentative committee rec*

Mental Health and Resiliency among Latino physicians and health providers

Vanessa Calderón, MD MPP- *invited*

Department Chair and Medical Director

Emergency Department

Dignity Health St. Mary's Medical Center

A3. Latino Research – Location - CME

Moderator:

EGFR Mutations in US Hispanics with Lung Adenocarcinoma

Jonathan Villena-Vargas, MD -

Assistant Professor of Cardiothoracic Surgery

Weill Cornell Medicine

Prior Exposure to Non-Steroidal Anti-inflammatory Drugs Reduces the Rate of Organ Failure and In-Hospital Mortality in Acute Pancreatitis

Antonio Mendoza Ladd MD, AGAF, FACG, FASGE

Associate Professor of Medicine

Medical Director of Endoscopy

University of New Mexico Health Sciences Center

Description: This was a large scale retrospective cohort study that established an association between prior use of NSAIDs with improved immediate clinical outcomes in acute pancreatitis.

Improving eGFR Values in a Real-World Patient Cohort. Slowed Progression of Stage 3 Chronic Kidney Disease from A Two-Year Analysis of 1,528 Elderly Latino Patients in a Medicare Advantage Population.

Richard Aguilar, MD
Chief Clinical Officer
Cano Health
Miami, Florida

Description: Preserving kidney function is imperative to improve a broad range of health outcomes. Readily employable strategies are needed to prevent the decline of eGFR. In 2021, the Centers for Medicaid-Medicare Services (CMS) revised their ICD-10-CM code and CMS-HCC Risk Adjustment Model adding CKD Stage 3, thereby increasing its impact on Risk Adjustment Factor scores. In the current study, the CanoHealth care model showed a persistent slowing of the rate of decline in eGFR values over 24 months in 1,527 elderly patients new to the clinic with comorbid diabetes and CKD Stage 3 (with albuminuria between 300- 5,000 mg). We outline contributory factors leading to these results.

A4. COVID-19 Impact on Hispanics

The Impact of COVID-19 Pandemic in the Latinx Community

Johanna Vidal-Phelan, MD, MBA, FAAP- *Invited*
Senior Medical Director Pediatrics and Quality
UPMC Health Plan, Pittsburgh, PA

COVID-19 Outcomes Are Impacted By More Than Race And Ethnicity: A Look Into Disparities Between Latinos That Need Interpreter Services And Latinos Who Do Not

Susan Lopez, MD
Assistant Professor of Hospital Medicine
Rush University Medical Center
Chicago, IL

Description: This presentation will present results from a cross-sectional study on COVID-19 patients at an Academic Medical Center. While many studies have demonstrated differences in COVID-19 outcomes by race and ethnicity, few have explored differences among Hispanic patients by preferred language and the need for interpretation services. This study examined the outcomes between these two groups.

Determinates of Opioid Overdose Risk In The COVID- 19 Era

Speaker- *tentative committee rec Ruben*

4:00 pm – 5:30 pm

NHMA Meetings: Strengthening NHMA Networking

NHMA Chapter Leaders and Premier Members of NHMA – Location

Facilitator: Ricardo Correa, MD and Diana Torres-Burgos, MD

NHMA Council of Young Physicians – Location

Facilitator: Minerva Romero Arenas, MD

NHMA Council of Residents - Location

Facilitator: Nicole Doria, MD

NHMA Council of Anesthesiology – Location

Facilitator: Dr. Cesar Padilla, Co-Chair, Clinical Assistant Professor, Stanford University Medical Center and Dr. Felipe Perez, Co-Chair, Stanford University School of Medicine.

NHMA Council of Public Health – Location

Facilitator: Dr. Marlene Camacho-Rivera ScD MS MPH, SUNY Downstate Health Sciences University and Pierre Berastain, Chief Strategy & Operations Officer, District Alliance for Safe Housing.

NHMA Council of Surgery - Location

Facilitator: Dr. Melissa Alvarez-Downing, Co-Chair, Rutgers New Jersey Medical School and Dr. Jonathan Villena-Vargas, Co-Chair, Weill Cornell Medicine-New York Presbyterian.

Latino Medical Student Association – Location

Facilitator: Karina Diaz, President, LMSA

5:30- 7:30 pm

Reception in the Exhibit Hall

7:30 pm – 8:30 pm

Centene State Leaders Dinner – Location – Supported by Centene Corporation, *Invitation Only* required for Physicians and Residents to meet State Executives – CME

Saturday, March 26, 2022

7:30 am – 9:30 am	Breakfast – Exhibit Hall – <i>Ballroom X</i>
7:30 am – 5:30 pm	Registration – <i>Convention Registration Desk</i>
7:30 am – 4:30 pm	Health Career Advancement Exhibit Hall - <i>Location</i>
7:30am – 8:50 am	Breakfast Symposium: CDC Training Session on Infectious Disease Prevention and Control – <i>Location - CME – supported by CDC XXX Cooperative Agreement</i> Moderator: <u>CDC Frontline Project</u> Speaker Speakers - TBN
9:00 am – 10:20 am	Plenary: Physician and Media about COVID-19 – <i>Location - CME</i> Moderator: <u>MultiMedia & Partners; Vaccinate4All Campaign</u> Diana Torres-Burgos, MD, MPH - <i>Invited</i> Hispanic Health Advisor National Hispanic Health Foundation Chair, National Hispanic Medical Association NYC Chapter Daniel Lloveras-Turner, MD- <i>Invited</i> Assistant Professor, UCLA School of Medicine Ilan Shapiro, MD, MBA Medical Director of Health Education and Wellness AltaMed Armando De Alba Rosales, MD, MPH- <i>Invited</i> Assistant Professor, University of Nebraska Medical Center, College of Public Health Ricardo Correa, MD, EdD- Program Director, Endocrinology, Diabetes and Metabolism Fellowship University of Arizona College of Medicine
10:30 am – 12:30 pm	Scientific Educational Sessions B.1 – C.1: Cardiovascular Disease Educational Session – <i>Location – CME</i> <u>Review of Cardiovascular Disease and Latinos</u> Chair: Gladys Velarde M.D., FACC, FAHA- <i>Invited</i> Professor, Medical Director, and Program Director University of Florida Health Jacksonville Objective: To discuss the risk factors, prevention and treatment strategies for cardiovascular disease among Latinos. <u>Unraveling Obesity: Understanding The Link Between Nutrition, Heart Disease And Behavioral Health</u> Shiara Ortiz-Pujols, MD, MPH Medical Director of Obesity Medicine United Health Group, United Health Minneapolis, MN

Description: This talk will provide an overview of the complex etiology of obesity and its relationship with major drivers of morbidity and mortality in the Latino community.

Multi-Faceted Approach To Treating Obesity In The Latinx Community: Nutrition, Exercise, Sleep, and Medication Considerations

Sandra Sobel MD
Founder, CEO, Summon Health, Pittsburgh, PA

Smoking And Risk Factors for Cardiovascular Disease

Carolina Ramoa, PhD- *Invited*
Supervisory Pharmacologist, FDA Center for Tobacco Products

Cardiovascular Disease and Genetics and Precision Medicine

Bani Azari, MD, PhD - *Invited*
Medical Director
Program for Cardiac Genetics, Genomics and Precision Medicine
Northwell Health

Hypertension and Treatment

Speaker – *tentative selction committee*

MI Treatment

Julie Ramos- *tentative selction committee Lee rey*

Movement is Life

Minerva Villarreal Campos- *Invited*

Panel Discussion

B.2 – C.2: NHMA Clinical Trial Project for Latino Physicians– Location - CME

Welcome and Introductions

Chair:

Physicians in Practice conducting Clinical Trials – Lessons Learned

Ophthalmology

Joe Martel, MD- *Invited*
Assistant Professor of Ophthalmology, University of Pittsburgh School of Medicine
Sacramento, CA (NHMA Network)

Managening Clinical Trials

Fabian Sandoval - *Invited*
CEO & Research Director,Emerson Clinical Research Institute
– VA (NHMA Network)

Liver Disease, NASH -

Juilo Gutierrez – San Diego, CA

Ed Mena, MD-

Hepatologist and Medical Director
Pasadena Liver Center

AllofUs Research Program

Gregory A Talavera, MD, MPH
VP of Clinical Affairs
San Ysidro Health Center

COVID -19 Clinical Research and Latinos

Yvonne Maldonado, MD- *Invited*

Senior Associate Dean
Faculty Development And Diversity
Stanford

Panel Discussion

10:30 am – 11:30 am

Workshops B

B3. Diversity, Equity, Inclusion in Medical Education

Moderator:

HablaMos – (Hispanic and Bilingual Longitudinal Medical Studies)

Evelyn Vazquez, PhD- *Invited*

Assistant Researcher

University of California Riverside School of Medicine

Creating A Community College Pathway

Ramon Hernandez, DrPH - *Invited*

Associate Director for the Center for Community Health

Hispanic Center of Excellence

University of California San Diego School of Medicine

Patient Reported Outcomes In Diverse Populations

Leo Morales, MD, PhD, MPH - *Invited*

Chief Diversity Officer, Director, Center for Health Equity, Diversity and Inclusion

Washington School of Medicine

Co-director, Latino Center for Health School of Public Health University of Washington

B4. Physician and Provider Wellness

Moderator:

Promoting Wellness and Resilience

Vanessa Y. Calderon, MD

Chair, Emergency Medicine, Dignity Health St. Mary's Health Center, San Francisco, CA

Planning for Major Transition

Sergio Rimola, MD

Chairman, NHMA Washington, DC Metro Chapter

B5. Residents/Fellows Workshop: Financial Literacy Seminar for Medical Students, Residents, Fellows and Early Career Physicians

Description: Budget and Savings through early career

Retirement Savings: 401k, IRA, and other savings options

PSLF: Eligible student loan repayment options and should I do it?

Moderator

Nicole Doria, MD

Chairwoman, NHMA Council of Residents

Speaker

Stephanie Maestre, MD - *Invited*

Professional Development Chair

NHMA Council of Residents

B6. Medical Student Workshop: Selecting a Residency Program

Moderator:

Family Medicine Residency

Pediatric Residency

Speakers – from LMSA

Surgery Residency

Minerva Romero, MD- *Invited*

Assistant Professor of Surgery, Weill Cornell Medical College

11:30 am – 12:30 pm

Workshops C

C3. Medical Practice Success Strategies

Moderator:

Topic

Speaker

Promoting a Sustainable Work Environment in the Community Health Center

Loraine M Gutierrez MD

Associate Medical Director, Family Practice

La Maestra Community Health Centers

San Diego, CA

Description: The demands made on a Community Health Center by the needs of the community, the complexities of the patient population and funding constraints can often result in a work environment filled with stress and frustration for front-line providers. In this presentation, I will identify strategies a medical director can utilize to create changes within the clinic to promote a healthy workplace environment.

Health Literacy

Nereida Correa MD, MPH- *invited*

Chairwoman

National Hispanic Medical Association

C4. Resident/Fellows Workshop: The Language Barrier as a Healthcare Disparity - Location

Moderator:

Speakers

C5. Medical Student Workshop: Navigating Intern Year - Location

Moderator:

Speakers

12:30 pm – 2:00 pm

Luncheon: –Location– CME

Moderator:

NIH and The Common Fund – New Research across the Institutes with emphasis on SDOH, Health Equity
Speakers from NIH – the Coordinators of the Common Fund

Policy Presentations by NHMA Leadership Fellows –

COVID-19 - Speaker

Medical Education Diversity- Speaker

Mental Health - Speaker

Climate Justice – Speaker

2:10 pm – 3:10 pm

Workshops D

D1. Latina Health Strategies – Location – CME

Moderator:

Engaging Latinx Females to Participate in Women's Health Research: Insights Gained from the ELLAS Study

Maricela Castillo MacKenzie, MD, FAAFP, DipABOM

Assistant Professor

University of Michigan

Ann Arbor, Michigan

Torie Comeaux Plowden MD, MPH
Deputy Dept Chief, OB/GYN and REI Division Director
Walter Reed National Military Medical Center

Description: Women's health research specific to the Latinx community is severely lacking. Clinicians and others who lead research studies must be intentional when designing studies involving Latinx female. The Environment, Leiomyomas, Latinas and Adiposity Study (ELLAS) is a 5-year longitudinal cohort study that was developed to gain an understanding of the prevalence of fibroids among Latinx females and the association with obesity and glucose dysregulation. Six hundred and thirty-three (633) Latinx females were successfully recruited, which was above target. ELLAS revealed that community-engaged research principles can be successfully implemented in this population.

Birth Control Issues

Lillian Tamayo

President /CEO, Planned Parenthood - South, East and North Florida

Speaker - TBN

D2. Increasing Latinos in Prevention Services *Location – CME*

Moderator:

Growing Academic Alliances with vulnerable Hispanic and Latino Communities. South East

Pamela Cromer DNP, FNP-BC- *invited*

Professor/APRN Clinical Coordinator

Augusta University College of Nursing

Vacunate Kansas, Por Los Nuestros! – How Do You Vaccinate More Than 30,000 Hispanic in 2.5 Months?

Arminda "Mindy" Figueroa, MBA, CSA

Founder & CEO / Chief Marketing Connector

Latin2Latin Marketing + Communications, Fort Lauderdale, FL

Description: A Hispanic Covid -19 Vaccination Campaign commissioned by Governor Laura Kelly to address the low awareness and vaccination rate among Hispanics/Latinos in the state of Kansas. During this workshop we will present authentic, in culture and in language insights coupled with proprietary AI technology which allowed the Latin2Latin Marketing team to craft a “go to plan” predicting a 50% Vx rate among Latinos in month 3. Using three fundamental pillars – Educate, Empower and Engage: E3 , a comprehensive 3600 - campaign was set to engage local Kanseños to learn the facts and decide to get vaccinated. To date, Kanseños are over indexing in the Vx rate across all ages in the state of Kansas regardless of race/ethnicity. We are delighted to share the lessons learned and insights to help engage Latinos in your specific local community to get vaccinated.

The Central Role of Providers in Mitigating Risk of HIV/AIDS among Latino LGBTQ populations

Marisol McDaniel, DrPH, MPH - *Invited*

University of Austin Texas

D3. Improving Health Access with Technology *Location - CME*

Moderator:

Closing the Distance with the Pandemic. Returning Our Latino Patients to Regular Appointments: CanoHealth Proven Strategies and Successes

Efrain Antunez, MD

Senior Medical Director

Cano Health

Miami, Florida

Description: Continuity of care is paramount, even during challenging times. While some clinicians closed their doors during the COVID pandemic, others passively awaited for their patients to reinstate once visits at their own pace. This resulted in an undesired reduction in patient care which cause delays in the management of recent pathology such as angina or new tumors (undiagnosed neoplasms), social isolation leading to mental health issues, decreased medication compliance, and poor nutrition. To address this, CanoHealth employed multiprong approaches to ensure their predominantly Latin patient population received continuity of care during the pandemic

tay-at-home orders. Telemedicine, virtual medicine and home visits were key among these. Telemedicine and virtual medicine provide useful tools to reach patients – patients who are homebound, travel a great distance to the clinic, or, who have been given stay-at-home orders. A combination of in-person care and technology can achieve excellent management. Unfortunately, reduction in in-clinic visits, leaves many MediCare beneficiaries with Healthcare Effectiveness Data and Information Set (HEDIS) gaps that require visitation to offices to close. Several interventions are put forth that can be implemented to close these needed health care gaps that are required by the Centers for Medicare & Medicaid Services.

Telemedicine Effectiveness –Consejo Sano

Speaker – TBN

Topic

Speaker

D4. Leadership Institute for Medical Societies, Health Professional Associations, Patient Advocacy Organization Leaders – Location –

Moderator: Elena Rios, MD, MSPH, FACP

President & CEO

National Hispanic Medical Association, Washington, DC

Vision and Priorities for the Office of Minority Health

RADM Felicia Collins, MD, MPH, FAAP - *Invited*

Deputy Assistant Secretary for Minority Healthclim

Director, Office of Minority Health

U.S. Department of Health and Human Services

3:10 pm – 4:15 pm **Health Career Advancement Exhibits/Hispanic Health Research Posters (Judging) – Exhibit Hall**

3:15 pm - 4:15 pm **Focus Group with Health Providers & HIV Prevention**

5:00pm – 6:00 pm **NHMA International Medical Graduates (IMG) Group – Location**

6:30 pm – 7:30 pm **NHMA Gala Reception – Location**

7:30 pm – 11:30 pm **NHMA Leadership Awards Gala & Dance – Location - CME**

Master of Ceremonies:

Welcome: Elena Rios, MD, MSPH, FACP

Keynote Speaker:

NHMA Hispanic Health Leadership Awards Ceremony

- Government
- Corporate
- Physicians of the Year – Academic and Private Practice
 - Posthumous Award to Raul De La Cadena, MD and E. Luis Aguilar, NHMA Fellows and Board Member
- Leaders from Council of Medical Societies, Hispanic Health Professional Associations and Health Advocacy Organizations and Outgoing Board Members

Dancing

Sunday, March 27, 2022

8:00 am – 11:30 am **NHMA 2020 Leadership Symposium (Breakfast): NHMA Medical School Liaison Program - Location-CME- supported by - RSVP**

Moderator: Elena Rios, MD, MSPH, FACP

President & CEO, National Hispanic Medical Association, Washington, DC

8:00 am	Breakfast
8:30 am – 9:00 am	<u>Welcome, Why NHMA should collaborate more closely with Medical Schools ?</u> Frank Fernandez, MD, Founding Dean, UT Rio Grande Valley- <i>Invited</i> Manuel De La Rosa, MD, Former Dean, Paul Foster Texas Tech SOM, El Paso- <i>Invited</i> David Carlisle, MD, PhD, President , Charles R. Drew University of Medicine and Science -<i>Invited</i>
9:00 am – 10:30 am	<u>Key Considerations for the Program</u> <u>Diversity - Undergraduate Medical Education, Graduate Medical Education</u> Reccomendation by Dr. Jane Binger TBD Francisco Cigarroa, MD <i>Invited</i> Professor, UT Health San Antonio Fidencio Saldana, MD <i>Invited</i> Associate Dean of Students, Harvard School of Medicine Maria Garcia, MD, MPH <i>Invited</i> Assistanat Vice Provost for Diversity Professor of Medicine University of Massachusetts Medical School <u>Priorities For Health Equity In Medical Education</u> Aletha Maybank, MD- <i>invited</i> Chief Diversity Officer AMA <u>Curriculum -- Cultural competency, Research</u> Ann-Gel S Palermo, Dr PH <i>Invited</i> Senior Associate Dean for Diversity, Equity, and Inclusion, Associate Professor, Medical Education Harvard? <u>Recruiting, Retaining, and Promotion of DEI Faculty</u> Maria Oliva-Hemker, M.D. <i>Invited</i> Director, Division of Pediatric Gastroenterology, Hepatology and Nutrition Stermer Family Professor of Pediatric Inflammatory Bowel Disease Vice Dean for Faculty, Johns Hopkins University School of Medicine, Baltimore, MD
10:30 am – 11:15 am	<u>Key Considerations for 2022</u> Visiting Lectureship Program Organizational Membership
11:15 am	<u>Next Steps</u>
8:00 am – 10:30 am	NHMA HIV and Latino Physicians Study - Advisory Committee Meeting – Location - CME Moderators: Ruth Zambrana, PhD Diane Torres Burgos, MD, MPH NHMA Chapter Coordinator

Additional Events:

Friday

- 3:30 pm – 4:30 pm **National Hispanic Health Foundation Board of Directors Meeting** (*Invitation only*)
- 4:30 pm – 6:00 pm **NHHF/NHMA Corporate Advisory Board Meeting** (*Invitation only*)
- 11:00 am – 7:30 pm **Exhibits on Health Career Advancement (for Physicians, Residents, Medical Students, Health Professionals and others)** – *Exhibit Hall*

Saturday

- 7:30 am – 4:30 pm **Exhibits on Health Career Advancement –Breakfast, Breaks** - *Exhibit Hall*
- 10:00 am – 2:00 pm **NHMA College Health Scholars Program**
supported by the U.S. Department of Health and Human Services Office of Minority Health Cooperative Agreement (#) – Location and Agenda
- 10:00 am – 12:00pm Lectures on Academic Preparation, Personal Development and Financing – *Location Professionals and Health Professional Student Speakers - List*
- 12:00 pm – 2:00 pm Recruiters from Medical, Dental, Nursing, Public Health, Science Graduate Programs – *Location*