



**Orthopaedic Institute**

### Thursday

8.30am *REGISTRATION & COFFEE - INSTITUTE OF ORTHOPAEDICS*

#### UPPER LIMB SESSION: Mr Pickard, Mr van Liefland, Mr Ford

8.50am **Shoulder / Brachial Plexus**  
Applied anatomy, anterior approach to the shoulder, posterior approach to the shoulder, approaches for brachial plexus injuries

#### **Arm**

Applied anatomy, anterior approach to the humerus, posterior approach to the humerus, approaches to the distal humerus

10.30am *COFFEE AND TEA - ARC*

#### **Elbow**

Applied anatomy, approaches to the cubital fossa, approaches to the radial head.

#### **Forearm**

Applied anatomy, anterior and posterior approach to the radius.

#### **Hand**

Hand incisions

1.00pm *LUNCH WITH VOUCHER – DENBIGHS*

#### LOWER LIMB SESSION: Mr Lewthwaite, Mr Hill, Prof Cool, Mr Bing

1.45pm **Foot and Ankle**  
Applied anatomy, anterior approach, lateral approach, postero-medial approach

3.30pm *COFFEE AND TEA - ARC*

#### **Tibia and Fibula**

Popliteal approach. Compartment decompression

#### **Hip and Thigh**

Applied anatomy, anterior approach, antero-lateral approach, posterior approach, medial approach

### Friday

#### THE SPINE: Mr Trivedi, Mr Jaffray

8.50am The anterior approach and applied anatomy of the cervical spine

10.30am *COFFEE & TEA - ARC*

The anatomy of a cervical dislocation and cord injury

The anatomy of a lumbar disc protrusion and a lumbar disectomy

The anatomy of spinal stenosis and a lumbar decompression

The anatomy of the pedicle and spondylolithesis

The anterior approach to the thoracic spine, thoraco-lumbar junction and the lumbo sacral junction

1.00pm *CLOSE*

*For details of further courses held at Oswestry  
Please visit our website [www.orthopaedic-institute.org](http://www.orthopaedic-institute.org),  
Telephone: 01691 404661 or  
Email [sian.jones36@nhs.net](mailto:sian.jones36@nhs.net)*

*The Institute of Orthopaedics (Oswestry) Publishing Group  
has the following publications for sale:*

*Basic Sciences for FRCS(Trauma & Orthopaedics)  
Oswestry Orthopaedics Clinical Examination  
Orthopaedic Classifications & Radiological Measurements*

*To obtain copies please contact Sandra Cank  
Tel: 01691 404474 (email [sandra.cank@nhs.net](mailto:sandra.cank@nhs.net) )*



## Orthopaedic Institute

The Robert Jones & Agnes Hunt Orthopaedic Hospital, Oswestry



## Anatomy and Surgical Exposures in Orthopaedics Course January and October

Convenors: Mr D Jaffray, Mr A Bing, Prof P Cool, Mr D Ford,  
Mr S Hill, Mr S Lewthwaite, Mr S Pickard,  
Mr M van Liefland, Mr J Trivedi

The Orthopaedic Institute is on social media



@OrthoInstitute



@OrthopaedicInstituteResearch