

## **PROGRAM**

### **HAND & WRIST COURSE 2023**

International faculty: Ole Reigstad, (Norway)

National faculty: Tjeerd de Jong, Niels Schep, Joost Colaris. Henk Coert

### **Monday, July 3th 2023**

09.30 Registration

#### **Part 1: Treatment degenerative finger joints**

10.00 Opening and welcome (*H. Coert*)

10.05 Fusion MCP, PIP and DIP joints (*J. Colaris*)

10.20 CMC, MCP and PIP arthroplasty (*T. de Jong*)

10.35 TMC: (hemi) resection trapezium w/o suture/tape, tendon, fusion (*N. Schep*)

10.50 Hemi-hamate arthroplasty PIP joint (*H. Coert*)

#### **10.50 Coffee break**

11.10 HANDS-ON session I

- Arthroplasty CMC, MCP, PIP joints
- Fusion MCP, PIP and DIP joints
- TCM (hemi) resection trapezium/fusion
- Hemi-hamate arthroplasty

#### **12.40 Lunch**

#### **Part 2: Treatment degenerative radiocarpal and distal radio-ulnar joint**

13.15 Partial wrist fusion (LCTH, LC, SC, RSL) (*N. Schep*)

13.30 Proximal row carpectomy (including resurfacing of capitate) (*J. Colaris*)

13.45 Distal radio-ulnar joint replacement (*H. Coert*)

14.00 Wrist fusion (*O. Reigstad*)

Wrist arthroplasty (total) (*O. Reigstad*)

DRU arthroplasty (*H. Coert*)

#### **15.30 Coffee break**

15.45 HANDS-ON session II

- Partial wrist fusion (LCTH, LC, SC, RSL: screws/plates)
- Proximal row carpectomy
- Wrist fusion, prosthesis (total hemi)
- DRUJ: partial and total

17.45 Evaluation (panel discussion)

**18.15 Closing remarks and drinks** (*H. Coert*)

Departure by bus for a dinner