

Advances in Sleep and Circadian Science

February 1-4, 2019 | Clearwater Beach, Florida

Friday, February 1st, 2019		
3:00- 6:00 PM	Check-in/Arrival	
6:00-8:00 PM	Welcome Reception and Data Blitz	2018 Nobel Laureate, Michael Rosbash, PhD
8:00-9:00 PM	Poster Session	
Saturday, February 2nd, 2019		
7:00-8:00 AM	Breakfast	
8:00-10:15 AM	The Development of Sleep and Circadian Rhythms: From Molecules to Circuits	Kazuhiro Yagita, PhD Mark S. Blumberg, PhD Ines Wilhelm, PhD Sara J. Aton, PhD Mary A. Carskadon, PhD (Discussant)
10:15-10:30 AM	Break	
10:30-12:45 PM	Cause and Effect: Sleep and Circadian Disruption and Alzheimer’s Disease	Anne Eckert, PhD Sigrid C. Veasey, MD Matthew P. Walker, PhD Jeffrey Iliff, PhD David M. Holtzman, MD (Discussant)
12:45 PM	Lunch	
12:45-2:00 PM	Trainee Activity	
1:30-3:00 PM	Free Time	
3:00-5:15 PM	Mood and Arousal: The Intersection of Sleep and Circadian Rhythms	Samer Hattar, PhD Colleen McClung, PhD Gina R. Poe, PhD Gary Aston Jones, PhD Edward F. Pace-Schott, PhD (Discussant)
5:30-6:30 PM	Poster Session	
6:30-7:30 PM	Dinner	
7:30-8:30 PM	Plenary Sessions: The Future of Transdisciplinary Sleep and Circadian Science	Chiara Cirelli, MD, PhD Charles Czeisler, MD, PhD, FRCP
Sunday, February 3rd, 2019		
7:00-8:00 AM	Breakfast	
8:00-10:15 AM	Cross Talk Between Sleep and Circadian Circuits	Orie T. Shafer, PhD Christelle Anaclet, PhD Steven Brown, PhD Luis de Lecea, PhD Clifford B Saper, MD, PhD (Discussant)
10:15-10:30 AM	Break	
10:30-12:45 PM	Sleep and Circadian Mechanisms of Remembering, Forgetting, and Thoughts That Won’t Let Go	H. Craig Heller, PhD Giulio Tononi, MD, PhD Edward F. Pace Schott, PhD Jessica Payne, PhD Matthew P. Walker, PhD (Discussant)
12:45 PM	Lunch	
12:45-2:00 PM	Trainee Activity	
1:30-5:00 PM	Free Time	
5:00-5:30 PM	Data Blitz	
5:30-6:30 PM	Poster Session	
6:30 PM	Dinner	
Monday, February 4th, 2019		
7:00-8:00 AM	Breakfast	
8:00-10:15 AM	Molecular Regulation of Circadian Rhythms and Sleep	Hiroki R. Ueda, MD, PhD Paul Taghert, PhD Philip G. Haydon, PhD Russell Foster, CBE, FRSB, FRS, FMedSci Michael H. Hastings, PhD, FRS, FMedSci (Discussant)
10:15-10:30 AM	Break	
10:30-12:45 PM	Sleep and Circadian Influences on Metabolism and Aging	Eve Van Cauter, PhD Joseph Bass, MD, PhD Mimi Shirasu-Hiza, PhD Joseph Takahashi, PhD (Discussant)
12:45-2:00 PM	Networking Luncheon	
1:30-3:00 PM	Free Time	
3:00-5:15 PM	Responders or Regulators of Sleep and Circadian Timing?	Frank A.J.L. Scheer, PhD Satchidananda Panda, PhD Paul Franken, PhD Ketema N. Paul, PhD John Hogenesch, PhD (Discussant)
5:30-6:30 PM	Poster Session	
6:30-7:30 PM	Dinner	
7:30-8:00 PM	Awards Ceremony	Andrew Krystal, MD
8:00-9:00 PM	Plenary Sessions: The Future of Transdisciplinary Sleep and Circadian Science	Daniel Buysse, MD Joseph Takahashi, PhD